



# CSSG Gazette

## Your Key Volunteers:

**Key Volunteer Coordinator:**  
(acting) Alana Havenstrite

**Key Volunteers:**

Dental Company:  
\*Alana Havenstrite

Engineer Company:  
K. C. Humphries

Headquarters Company:  
\*Diane Walker  
Mari Byrne

Maintenance Company:  
\*Heather Hudson  
Tammie Lockett  
Christa Mayville  
Amanda Ostrander  
Jodi Wall

Medical Company:  
(We need a volunteer!)

Transportation Support Co.:  
\*Carrie Hunter  
Heather Gregory

Supply Company:  
\*Amanda Burch  
Tricia Mancio  
Marlies Trimble

\* designates Company Coordinators

Advisors:  
Amanda Daniels  
Beth Harbison



Above: Some of CSSG-3's Key Volunteers pose with Colonel Harbison at the February meeting. Seated, L to R: Tricia Mancio, Marlies Trimble, Jodi Wall, and Amanda Burch. Standing: Carrie Hunter, Rebecca Gamboa, Sherry Riley, Colonel James Harbison, Alana Havenstrite, Heather Hudson, and K. C. Humphries.

## COBRA GOLD Takes Off in Thailand

Months of preparation by troops and families is now paying off as Exercise COBRA GOLD 2003 kicks off in Thailand. Troops from CSSG-3 have been designated as Brigade Service Support Group-3 (BSSG-3) for this annual exercise involving the other branches of the U. S. military, both Thai and Singapore troops, and observers from other nations.

BSSG-3 will support the Marines Corps' Air Combat Element (ACE) and Ground Combat Element (GCE) with food, water, power, maintenance, ammunition, and transportation.

All families were urged to attend a brief on 20 March in which the details of the Exercise were explained as a combined, multi-national air, land, maritime, civil and military, and special operations exercise.

## Send Mail to COBRA GOLD Troops at this Address with U.S. Postage

All mail sent to CSSG-3 troops deployed to COBRA GOLD should be addressed as follows with five lines of information:

RANK/NAME  
BSSG-3  
COBRA GOLD 2003  
SAMEASAN  
APO AP 96547

Below: Major Matthew Puglisi, alongside Colonel James E. Harbison, hands off the CSSG-3 organizational colors to Master Sergeant Steven Griffin at a formation of all troops on 17 April conferring the assignment of authority to Maj. Puglisi and MSgt. Griffin.



Below: LT Sepehr Rajaei, 21st Dental Co., and Cpl. Carol Oglesby, Supply Co., coax Nicholas Oglesby to open wide. See the story on p. 2.



## New Operation Iraqi Freedom Toll-Free Hotline for Families

HEADQUARTERS, U.S. MARINE CORPS, WASHINGTON, D.C. – The U.S. Marine Corps has established a single toll-free Marine Corps Operation Iraqi Freedom Hotline. The toll-free hotline number is 866-227-2708. This hotline does not provide information on current operations or information on Marine Corps casualties.

This hotline is intended primarily for concerned family members who are seeking accurate information, useful resources, and helpful referrals related to Marine Corps deployments. The general public is encouraged to go to the Marine Corps homepage at [www.usmc.mil](http://www.usmc.mil).

## MCCS “One Source” Number & Site in Place for Families

Marine Corps Community Services (MCCS) now has both a toll-free number and a website to assist families. Offerings include managing feelings of stress, anger, or fear; developing a family emergency plan; handling tension at work; and talking with your children about the war and deployments.

To speak with a consultant, call 1-800-433-6868 if in the U.S. The website is:

[www.mccsonesource.com](http://www.mccsonesource.com).

The user i.d. is “Marines.” The password is “Semper fi.”

### Combat Service Support Group-3

Commanding Officer:

Col. J. E. Harbison

Executive Officer:

LtCol. D. J. Liles

Sergeant Major:

J. F. Sandoval, Jr.

Acting Commanding Officer

(For CSSG-3 at MCBH)

Maj. Matthew Puglisi

Acting Sergeant Major

(For CSSG-3 at MCBH)

MSgt. Steve Griffin

CSSG-3 Officer on Duty (OOD):

808-257-5135

Family Readiness Officer:

LT David Schilling, Chaplain

808-257-1849

Acting Family Readiness Officer:

(During COBRA GOLD)

W.O. Leigh Williams

808-257-8593

The Key Volunteer Network newsletter is published with appropriated government funds to provide information of interest to service members, families of service members, Key Volunteers, and Family Readiness Officers and in no way shall be considered directive in nature. The contents of this newsletter are not necessarily the official view of, or endorsed by, the United States government or the Department of Defense. Any mention of commercial activity in this publication does not constitute endorsement by DoD for the product or services.

## CSSG-3’s 21st Dental Battalion Hosts Free Exams for Kids



Left: Marking National Children’s Dental Health Month with a check-up are (left to right) DT3 Nathen Compton holding his daughter Abigail ; DN Leslie Ann Toledo holding Katie Compton; Michael Walker; Diane Walker; and LT Sepehr Rajaei.

CSSG-3’s 21st Dental Battalion marked National Children’s Dental Health Month in February by offering free check-ups to MCBH families.

For the sake of their young customers, the suction machine became “Mr. Thirsty” and the polisher became “Mr. Tickle” according to dental hygienist Diane Walls.

LT Sepehr Rajaei, dentist, reports, “We were trying to make it a good experience and fun. We try to be nice and gentle because children can easily become traumatized when someone is working in their mouth. Next year, we’ll do the same thing around the February time frame.

DN Leslie Ann Toledo, Operative Dental Technician, “I was in charge of triage. We had some difficult children, but most of the kids were cooperative. It was fun; we should do it more often. It gives us the experience with kids that will be useful if we get out of the military.”

21st Dental Battalion has also visited Mokapu Elementary, Kailua Elementary, and St. Anthony’s Elementary schools and the Child Development Center to teach dental hygiene through puppet shows and fun games. They attended 3880 students and gave out 2500 toothbrushes.

**Attention CSSG-3 Spouses:**  
**A Spouses Night Out is being planned before**  
**troops return from COBRA GOLD.**  
**Call your Key volunteer for more information.**

Below: Sgt. Kenneth Knight , Headquarters Co., leads ConAd and S-1 Marines in discussing ethical dilemmas during CSSG-3’s Ethics Fitness Stand-down. Groups talked about what they would do in circumstance ranging from witnessing a crime to personal moral issues.



## Meet CSSG-3's Key Volunteers: Here's the Third Installment

### Heather Gregory

Rarely does a Key Volunteer come along who can understand both being a Marine and the personality of the unit as well as Heather Gregory. While still on terminal leave after serving as a Corporal in Maintenance Company, Heather completed K.V. training and reported back for duty as a K.V. for Transportation Support Company. She speaks from experience when she says, "Be patient with everything your spouse does with work. Hours may be long ...[but] when the situation comes, they are prepared to win the fight."

Volunteering is nothing new for Heather. She met her husband, LCpl. Patrick Gregory, at a barracks beautification party in August 2001. They make their home with a new puppy named Buster, who can join them for fun in the sun. Otherwise, Heather enjoys boogie boarding and karaoke. Music is a big interest, in fact, she originally the Marine Corps to be a clarinetist.

Recently, she enjoyed some time with her family back on Long Island, New York.

### Sherri Riley

Sherri Riley has been a K.V. for Supply Company for over a year. Currently, she is taking a leave of absence while she finishes up her bachelor's degree in Human Services at the University of Phoenix in Kaneohe.

The Marine Corps has taken Sherri and her husband, SSgt. Patrick Riley, to Camp Lejeune, NC, and Indianapolis, IN, before they landed on Oahu. They met their freshmen year in high school. Their daughter, Kayla, is 9, and their son, Chase, is 2. Sherri tells us that she enjoys spending time with her family and friends, going to the beach, and going to the gym. She reports that she finds shopping the most challenging thing on Oahu.

Sherri's advice is, "Surround yourself with friends; they come in handy when your spouse is away!"

### Christa Mayville

If you have stopped by ITT to buy tickets to anything on Oahu, you may have already met Christa Mayville, a K.V. for Maintenance Company. MCBH is her first duty station with her husband, Sgt. Armand Mayville, Jr., and she is an authority on the best Oahu has to offer. They have a 6 year-old daughter, Monica, a dog named Pepper, and a fish called Skittles.

Even though Christa hails from Fort Walton Beach, FL, and misses being away from her family there, she does enjoy the good weather of Hawaii. On top of all she does for her family, work, and CSSG-3, she enjoys solving puzzles, reading, and checking out the latest movies.

Recently, Christa led an effort to send a "Devil Dog" flag to Hawaii Marines in the Persian Gulf, autographed by troops and families here on Oahu.



### Amanda Burch

If you are walking down Bauer Drive on base and smell something good baking, it's probably coming from Amanda Burch's kitchen. Amanda likes to bake and do crafts. The new K.V.C. for Supply Company, she is married to Capt. Ashley Burch and together they have a "fire team" of three boys, Dakota, 5; Hayden, 3; Gavin, 6 months; and their dog Ursa.

Amanda was raised in Louisiana. She and Ashley met in high school. They have lived at Quantico, VA, and Cherry Point, NC, before coming to MCBH. Of the good things about Hawaii, she says she likes the plumeria flowers best.

Amanda's word of encouragement is, "Get involved in as much as you can. This is the only way you can help yourself as well as someone else."



Above: In March, Tammie Lockett and Amanda Ostrander became Key Volunteers for Maintenance Company.



Above Left: Heather Gregory became a Key volunteer in January for Transportation Support Co. Above Right: Marlies Trimble became a K.V. for Supply Co. in January.

### Key Volunteer Training is Slated for:

Apr 22-24, 8:30 AM-12 PM  
 May 27-29, 8:30 AM-12 PM  
 June 24-26, 5:30-9 PM  
 July 29-31, 8:30 AM-12 PM

To register, please call 257-2410 or email the MCBH K.V. Trainer, Misty Stelly at: [stellymm@mcbh.usmc.mil](mailto:stellymm@mcbh.usmc.mil).

Spouses who have been trained as a Key Volunteer at other duty stations may attend a Refresher Course to qualify at MCBH. These are offered on:

June 12, 9 AM-12 PM  
 July 17, 5:30-8:30 PM  
 August 14, 9 AM-12 PM

## "Stop Loss" has no Effect on These New Arrivals



### Headquarters Company

Sgt. Maureen and Sgt. Joseph Dougherty, a daughter, Katelyn Elizabeth.  
 SSgt. Creighton and Elizabeth Scott, twins, a daughter, Lauryn Ray, and a son, Christian Paul.  
 W.O. Leigh and SSgt. Jay Williams, a son, Jacob Taylor.  
 Cpl. Karen and Cpl. Luc Cadet, a daughter, Giselle Kalena.  
 LCpl. Heather and LCpl. Kenneth Soto, a son, Darien Joseph.

### Maintenance Company

Sgt. Grant and Kendra Settle, a son, Glenn Dylan.  
 Cpl. Nolan and Kimberly MacPherson, a daughter, Kalyla M.  
 Cpl. Jarvis and Sharon Connick, a daughter, Jacilyn

### Transportation Support Company

Cpl. Jason and Candance Arquiteola, a son, Jason Herzog, Jr.  
 Cpl. Lana and Michael Bringardner, a son, Hunter Lane.

### Supply Company

Cpl. David and Melanie Taylor, a daughter, Nohealani  
 Sgt. Jace and Ryoko Peters, a daughter, Leah Jayna.  
 LCpl. Lorilynn and Gary McDowell, a daughter, Briean Lucille.

### L.I.N.K.S. is 19-22 May, 6-8:30 PM

Whether newly married or new to the island, L.I.N.K.S. will empower you to live at MCB Hawaii with confidence. All sessions happen at the L.I.N.K.S. House (Bldg. 3074). Call 257-2368 for reservations. Free childcare is available on site for all who ask. The June session is 17-19 June, 9 AM-12:30 PM

COMMANDING OFFICER  
COMBAT SERVICE SUPPORT GROUP 3  
BOX 63030  
MCBH KANEOHE BAY HI 96863

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**“Family readiness has become the cornerstone  
of military readiness....”**

J. L. Jones  
General, U. S. Marines  
Former Commandant of the Marine Corps



*Left: Marines from Transportation Support Company discuss ethical dilemmas during the CSSG-3 Ethical Fitness Standdown in January. CSSG-3 is the first Marine Corps unit to initiate this new III Marine Expeditionary Force (MEF) program.*

*Below Left: 1stLt. Gary Humphries tells Engineer Company and troops from Transportation Support Company what they did right in a debrief following a Nuclear, Biological, and Chemical (NBC) exercise during a week at Bellows Marine Corps Training Area in February.*

*Below: The top of Mauna Kea, Hawaii's highest mountain, was the site of Sgt. Alex Westerholm's reenlistment in March. Kneeling left to right: Cpl. Eric Stapleman and Cpl. William Kirklen. Standing: 2ndLt. Morgan Lynn, Sgt. Westerholm, Cpl. Angella Rascoe, and SSgt. Attiyah Shakir. The group hiked the final 30 minutes to the summit for the ceremony.*

