

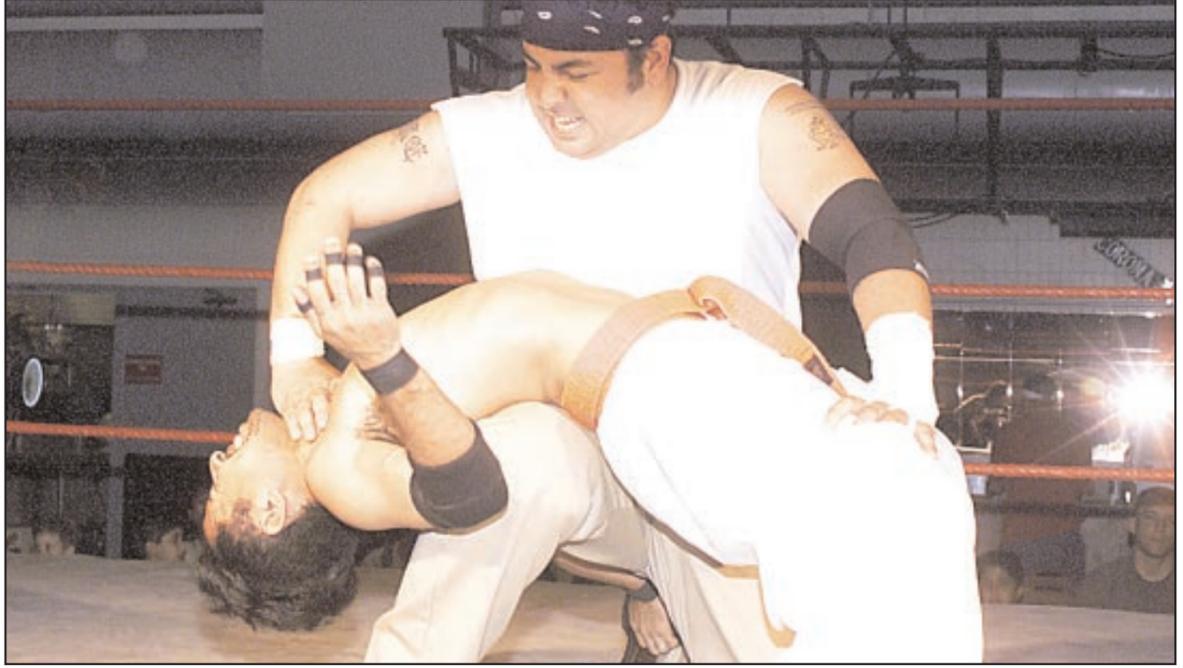
# Hawaii MARINE SPORTS

Hawaii Marine C Section

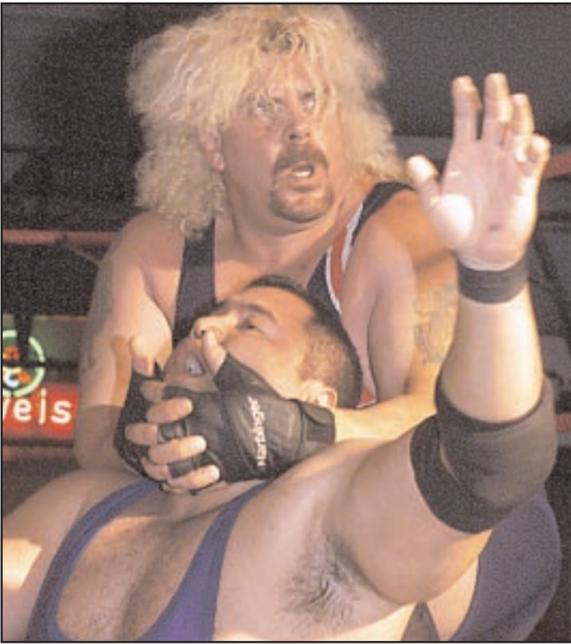
April 19, 2002



The Indonesian Kommando uses Johnny All Black's black belt to choke him, as he dangles from the top rope.



Papi Cholo works on the Judo Punk's back, just before slamming him to the mat for the win.



Joe Wolfen tries to get Tiki to submit, in an effort to retain his half of the Tag Team Championship Belt.

## Wrestlers wreak havoc at Leatherneck Square

Story and Photos by  
**Sgt. Roman Yurek**  
Sports Editor

Tensions mount inside the squared circle as two men weighing in at more than 200 pounds step through the ropes surrounding the ring.

Each wrestler comes to the ring decked out in attire that suits their names — whether it is masks, spandex, jeans or just long, nappy hair.

Before the referee can signal for the match to start, both titans charge toward each other at full speed, colliding with the force of an atomic bomb.

Scenes like this were offered to MCB Hawaii, Kaneohe Bay, April 6 at the Enlisted Club when the National Wrestling Alliance returned to the base for "Payback."

Seven battles were waged between these monsters of

the ring, and of those matches, three were for championship belts.

Fans cheered as their favorite wrestlers walked to the ring. When a "bad guy" approached the ring, he received an earful of "Boo's" and torment.

The first fierce title brawl commenced when The Jett and Yakuza went toe-to-toe.

Yakuza fought in dress pants and a button-down shirt and tie, but his identity remained hidden behind a mask.

His professional appearance had no effect on The Jett as he used Yakuza for a punching bag, showing off his martial arts superiority.

Eventually, the taunting crowds hit the last nerve of The Jett.

"You people need to shut up or I'm gonna leave,"

See PAYBACK, C-5

## 'Mc'Marines throw their weight around

**Cpl. Jason E. Miller**  
Combat Correspondent



Cpl. Jason E. Miller

Joel McCoy, a mechanic from HMH-363, hurls a large stone during the games.

WAIKIKI — Sounds of bagpipes erupted and scenes of men and women in plaid kilts heaving large objects surfaced Saturday, as Kapiolani Park hosted the 21st Annual Hawaiian Scottish Association Highland Games.

This year marked the first time that women could compete in the same events as the men — the only difference being a slight variance in the weights of the objects thrown.

Brandy Mulligan, a mechanic for Marine Heavy Helicopter Squadron 363, took nearly every event and the overall victory. She went home with the first ever female state championship at the Hawaii Highland Games.

"I was really proud of what I did out here," said Mulligan. "I had my command out here watching me. It was really nice to be able to win this in front of them."

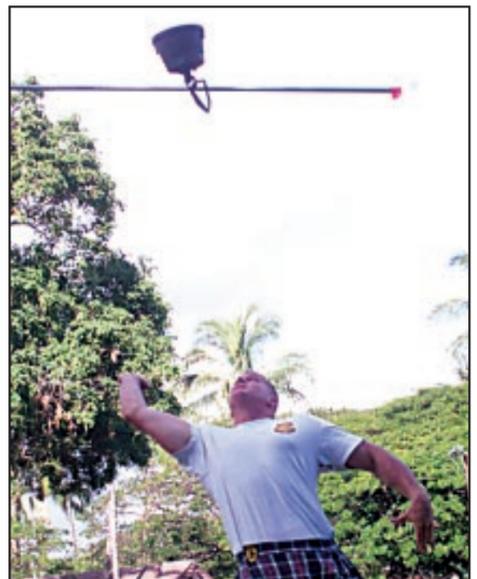
Mulligan set a state record in the "Weight for Height" segment of the competition when she heaved a 28-pound iron weight more than 13 feet.

"I just really shocked myself out there. It feels really great to be the first women's state champion."

Joel McCoy, a mechanic for HMH-363, and Nick Taylor, a welder, and Grant Settle, the metal shop chief, both from CSSG-3, also competed in the weekend celebration of Scottish heritage.

In a field of more than 25 male competitors, McCoy finished as the top Marine and third place overall. Despite the fact that he has only been practicing for a month and a half, McCoy had a major impact on the competition.

The Marines, who also provided a color guard for the games' opening ceremony, made their presence known by placing well in competitions and displaying sportsmanship throughout the weekend-long Scottish festival.



Cpl. Jason E. Miller

Nick Taylor, a welder from CSSG-3, tosses a 56-pound weight over a measuring pole.

## MAG-24, MCCS host 6th Annual Sprint Triathlon on base

**Debbie Baker**  
MCCS Public Relations

The entire island is invited to compete in Marine Corps Community Services and Marine Aircraft Group 24's 6th Annual Sprint Triathlon

aboard MCB Hawaii, May 4 at 7:30 a.m.

Either as individuals or as three-person relay teams, the Sprint Triathlon is comprised of a 500-meter swim, an 11.1-mile bike race and a 3.5-mile run. Awards will be presented

to top performers and every participant will be entered to win a free FELT F65 Racing Bike valued at \$1,100.

The registration fee, which includes an exclusive Sprint Triathlon T-shirt, is \$20 for military ID cardholders, \$25 for

civilians and \$60 for 3-person triathlon teams. Interested patrons may call 254-7590.

Authorized military patrons may pick up Sprint Triathlon packets at the Semper Fit Center on May 2 and 3. Interested civilian patrons may

pick up packets at Island Triathlon & Bike on May 2 and 3.

All contestants enduring the biking portion of the triathlon must pass an on-site Island Triathlon & Bike safety inspection and must wear helmets.

# SPORTS BRIEFS

## Shank & Slice I, 2002

Get teed off at the first Single Marine and Sailor Shank and Slice Golf Tournament of the year, at 12:30 p.m. at the Klipper Golf Course April 26.

This is a scramble tournament open to all single, active duty military members.

The registration fee is \$22 for E-5 and below, and \$30 for E-6 and above. This fee includes green fees, a cart, sodas, pupus and prizes.

The prizes will be awarded on a blind draw.

Spaces are limited, and anyone interested is encouraged to make reservations now.

For more information, call 254-7593, or stop by the SM&SP office located in Building 219.

## Pool Closure

Recreation swim at the K-Bay pool has been temporarily interrupted until April 26 as the Marine Combat Instructor Water Survival School will utilize the pool from 5 - 11 a.m. and 1 - 5 p.m., Monday - Friday.

Swimming lessons will be moved to the Hill Top pool.

For more information, call Water Safety at 254-7655.

## Base Needs Hockey Players

The Intramural Sports division of Marine Corps Community Services is trying to start up a base Inline Hockey League.

Currently, there are 15 people interested, but the league needs another 15 to 20 players to get started on base.

If enough people join, the league will play on the weekends.

All interested players must be able to provide their

own equipment such as sticks, helmets, skates and pads.

The league will be open to anyone 18 years old and older. All Marines, Sailors, family members and base civilian employees are welcome to join.

For more information on the league, contact Chief Warrant Officer Dubois at 257-1581 or 254-2088.

## All-Military Surfing Showdown Rematch

All Pipeline Masters, wax your boards and get ready for another surfing showdown at Pyramid Rock Beach April 27.

All military ID cardholders are invited to compete. XCEL, Honu Hawaii and RNR Surf & Ski are ready to reward the top performers in various categories.

Call Water Safety, today, at 254-7655.

## Batter Up

Camp Smith is getting into full swing — with softball that is.

Camp H.M. Smith will host an Intramural Softball League beginning this May.

All team rosters must be submitted to the Camp Smith Athletics Office no later than April 30.

The Spring Fling Softball Tournament is scheduled at Camp Smith April 27 and 28 at Bordelon Field at 8 a.m.

Entry fee per 15-player team is \$150. Awards will be presented to 1st and 2nd place.

The Spring Fling Softball Tourney is open to all authorized military ID cardholders who are 18 years and older.

For more information regarding the Intramural Softball League, the Spring Fling Softball Tournament or any other sports at Camp Smith, call Angela Pittman at 477-0498.



Sgt. Robert Carlson

Racers make their way up to the MCB Hawaii Range Training Facility gate where the turnaround point for the bike portion of Sunday's Lanikai Triathlon was located.

## "Get Hooked" Fishing Tournament

The Base Marina invites all Marine Corps Base Hawaii families to "Rod & Reel," during the 4th Annual Day on the Docks family fishing tournament, May 5 from 10 a.m. - 1 p.m. at the Base Marina.

Onsite registration begins at 9:30 a.m. The registration fee is \$12 for the first child and \$10 for each additional family member.

With a paid registration, patrons will receive bait, an exclusive Day on the Docks T-shirt, lunch courtesy of Subway, and cake and ice cream during the awards ceremony.

The 4th Annual Day on the Docks family fishing tournament's theme is "Protecting Our Fragile Marine Environment."

Entertaining and educational displays from Water Safety, Mahalo Kai Fish and Dive Charters, U.S. Fish & Wildlife, and National Marine Fisheries, as well as a sidewalk sale featuring RNR Surf and Ski and Ocean Concepts — will lure all patrons.

Prizes, medals and ribbons will be awarded to fishing tournament participants in various age and theme categories.

For more fishing tales, call the Base Marina at 254-7666.

## Splash to Fitness

Make a splash today and get ready for summer with Water Safety's water aerobics class offered at the base pool Tuesdays through Saturdays.

Classes are \$2 per session, or purchase a \$15 coupon book (for 10 sessions, averaging \$1.50 per class) available at the pool.

This non-weight-bearing workout will sculpt and stimulate your entire body.

Water Aerobic classes are free for active duty military.

Classes are Tuesday through Thursday from 11:30 a.m. to 12:30 p.m. Evening classes are available Wednesday and Friday from 5 to 6 p.m. One class is also available on Saturdays at 10 a.m.

Water Safety is also accepting applications for ongoing children's swimming lessons.

For more details on the Water Aerobics classes, contact base Water Safety at 254-7655.

## Base All Stars

**NAME:** Dale "Bubba" Murray

**AGE:** 9

**SCHOOL:** Mokapu Elementary School

**POSITION:** Pitcher

**TEAM:** K-Bay Diamondbacks

**SPORT:** Baseball

• Murray pitched four innings straight in the season opener.

• During the season opener, he tagged a runner out at home in the fourth and pitched two consecutive strikeouts. Then, he struck out the final batter to end the sixth.

• Recently, he was a relief pitcher in the second game of the season for the team.



Lance Cpl. Jessica Mills

*"Baseball is a lot of fun and I love to pitch. I just try to do my best."*

# Windward Marathon Association hosts annual Kailua races

## Windward Marathon Association Press Release

The Windward Marathon Association (WMA) will hold their annual Holokiki O'Alele races in Kailua May 19.

A total of five different events will be held that can involve the whole family. In addition to the regular half-marathon and 5 Kilometer races, a 20 kilometer relay, a 1-mile Keiki Run and a 100-yard run for 3-5 year-old keiki has been added.

These annual races are sponsored by

the WMA, Castle Medical Center, and the Windward YMCA.

Starting times are as follows: half marathon 6 a.m., half marathon stroller division 6:10 a.m., 5K run 6:20 a.m., stroller division 5K 6:30 a.m., 20K relay 6:40 a.m., Keiki 1 Mile 8 a.m., and Keiki 100-yard 8:30 a.m.

Many parents jog with their children in strollers, so separate divisions with trophies has been added for them, too. Runners with strollers will start approximately 10 minutes after the lead pack starts, for safety reasons.

The new 20K relay event is loosely based on the Japanese "Ekiden" races which many US military have raced while stationed overseas in Japan.

The relay will have an Open Division, Military Division, and Employee or Corporate Division, each subdivided into Men's, Women's and Mixed Gender teams.

This should be a lot of fun for the various military units who want a chance to compete against each other.

It's recommended that the faster runners join the Open Division. In the relay,

each of the four runners will complete a 5 kilometer lap around Enchanted Lake in Kailua. Those teams that have only three runners will need to have the last runner do two laps.

Each runner must fill out an application and indicate team name & team captain.

Register early to guarantee a T-shirt.

Applications are available at Marine Corps Community Services, or register online at [www.active.com](http://www.active.com) or request one by mail: Windward Marathon Assn., Box 4528, Honolulu, HI 96812.

# Grand slamming little leaguers start season

Story and Photos by  
**Lance Cpl. Jessica M. Mills**  
Combat Correspondent

Die-hard fans crowded the stands and surrounded their televisions this month, as they watched the first pitch thrown out, signaling the official start of the Major League Baseball season.

Keeping with the tradition and love of the past time, little league baseball teams aboard MCB Hawaii, Kaneohe Bay, also opened the season in full swing, fiercely striving to improve their game.

The Kainalu Little League is an off-base youth organization run by the Hawaii Youth Sports League, which offers a competitive game for base residents in which scores and standings count and the players are less restricted.

The Orioles, made up of K-Bay youth, competed in their second official game of the season here April 6 against the Diamondbacks.

"All the kids are developing rapidly,

and they were already knowledgeable to begin with," said Doug Kuhn, Orioles manager and MCB Hawaii Personal Services director. "We are very fortunate to play in this league; it allows the kids to play more games and refine their skills ... but sportsmanship is always our number one priority."

Both teams had their own strategy during the game, including stolen bases and double plays, so that by the bottom of the second, the scoreboard read Diamondbacks 9, Orioles 2.

"The Diamondbacks have been thinking really well on their feet; they've already had two double-plays this inning. Both teams seem to be enjoying the game," said Terry Zelko, Diamondback mother and psychiatric nurse.

The game ended with the final score Diamondbacks 12, Orioles 2.

"The Diamondbacks have one win, and one tie so far. We've been doing good all around. The kids heads are in the game, and they really want to play

baseball, and that's most important," said Tim Fedorika, a Diamondback coach and parent.

Both teams played their hardest and left the field with a better understanding of the game and what skills to work on.

Hawaii Youth Sports and Marine Corps Community Services sponsor a separate "military league," which is a non-competitive organization made up of teams from each of the military bases on Oahu.

The base leagues put less significance on winning, and more on how the children play the game. The league plays eight games during the season and has more restrictions regarding techniques and safety equipment.

"The overall goal for this program is to ensure that the kids have fun and learn the basics and techniques of the game," said Clark Abbey, sports coordinator for MCCS Youth Activities. "We want them to learn good sportsmanship first. If they win, we teach them to be gracious winners. If they lose, we show them how to lose gracefully."

The K-Bay Diamondbacks played their first game of the season here April 6 against the Schofield Indians — both teams from the 9 to 11-year-old league.

At the top of the second inning, the Indians had a six point lead over the Diamondbacks.

The pace continued the same until the bottom of the fifth inning when the Diamondbacks had a great comeback as Clifton Hughes, 9, hit a double with bases loaded, sending home three runners. Scoring himself on the next pitch, the score at the top of the 6th was Indians 15, Diamondbacks 10.

During the 6th inning, Diamondbacks pitcher Dale "Bubba" Murray, 9, held steady allowing only the Indians to score only one run and striking out the last bat-



**Diamondback's player, Patrick Morales, 11, races home to score before the catcher tags him out.**

ter to end the top of the inning.

At the bottom of the 6th, the umpire called time and the final score was Schofield Indians 16, K-Bay Diamondbacks 10.

"This league is a lot more about playing on a team and having fun. The coaches are going to teach them a lot about the fundamentals," said Navy Lt. Timothy Zinck, father of Diamondback catcher Kelsie, 9.

The K-Bay Diamondbacks' next official game is scheduled for 9:30 a.m. Saturday, at the Aliamanu Military Reservation on Field 3.



**Ben Bargar, 9, hits a single to first base in the bottom of the first.**



**Diamondbacks player Nickolas Perdue takes a swing and a miss in the bottom of the second.**

## HEALTH &amp; FITNESS

## Camp Smith cardio with a kick

**Cpl. Luis R. Agostini**  
*Marine Forces Pacific Public Affairs*

**CAMP H.M. SMITH** — Although it's not Tae-Bo with Billy Blanks, Camp Smith cardio kickboxing with Gunnery Sgt. Theodus Williams has built quite a fan base, ranging from

junior Marines to Air Force colonels to military family members.

Held Mondays, Wednesdays and Thursdays from 11:30 a.m. to 12:30 p.m. at the Camp H.M. Smith Semper Fit Center, Williams' kickboxing has helped improve local Marine Corps readiness.

Williams, who has boxed since the age of 13 and educated his feet through Marine Corps close combat instruction, explained that the program has removed Marines from weight control and remedial physical training.

However, Marines aren't the only students in his cardio kick-

boxing class. Military family members often come to throw a double jab or swing a round-house kick, and there is even a 50-year-old Air Force colonel who can literally kick it with the rest of the class, explained Williams.

A typical cardio kickboxing session begins with an eight- to ten-minute stretch. After loosening the limbs, students begin warming up their joints with a wide array of punches and kicks for about 15 minutes. When that is done, the real workout begins.

The twenty-minute cardio kickboxing portion of the class is a high-impact, cardiovascular training session that includes punches, kicks, abdominal and buttocks exercises.

"Not everyone can maintain the same intensity throughout the workout, so students can work at their own pace,"

said Williams.

Williams took over the program in October 2000 and has received positive feedback, ranging from a simple thank you from a Marine off of weight control, to Air Force majors recommending he bring his class to town and make some money.

"I lost a lot of weight," said Sgt. Jeffrey Grounds, administration chief for the Marine Forces Pacific commanding general and sergeant major. "I lost about 15 pounds in two weeks. He is a motivating instructor. He makes you want to go to class. Everything we do, he does too."

Recognition of his excellent cardiovascular conditioning, lightening-quick hands and feet of fury have opened the door for Williams to bring his classes to other installations on the island.

He holds sessions on Schofield Barracks Wednesday nights and instructs at the Catlin Park Community Center Tuesday evening and Saturday mornings.

Although the thought of bringing his class to town may happen in the future, Williams says that he does it now for the right reasons.

"I do it for fun. I enjoy helping others stay in shape."



Cpl. Luis R. Agostini

Cardio kickboxers in Gunnery Sgt. Williams' cardio kickboxing class learn to deliver crushing blows, which Williams sustains through the aid of a padded glove.



Shin Ku clotheslines Kaimana early in the match. Though Shin had the upper hand throughout most of the match, Kaimana was able to pin the giant for the win.

### **PAYBACK, From C-1**

yelled The Jett.

In the end, The Jett silenced the crowd by ending the beating on Yakuza with his signature move called the Kookie Kutter, allowing him to retain his Junior Championship belt.

Following this display was a match for the Hardcore Championship. This type of match allows the fighters to use any means necessary, such as metal pans, lead pipes and even baseball bats, to win.

Kerry Royal, the current hardcore champion, faced Mr. Fitness.

Both men reached under the mat for a variety of objects. At one point during the match, Mr. Fitness knocked down Royal with his weightlifting belt.

Royal was down, but far from out. He soon took revenge by clocking Fitness with the Hardcore

Championship Belt. The weight behind the championship belt laid Fitness out cold, and Royal remained the hardcore champion.

The final title match and battle of the evening was for the Tag Team Championship Belt.

First to the ring was the East Coast Connection, consisting of Joe Wolfen and Sickdog, the current champs. They faced the Hawaii Gods of Destruction, Tiki and Bruiser.

These teams each had a combined weight of more than 500 pounds and they threw their weight around the ring as if it was nothing.

The East Coast Connection showed how tight its connection is, as they pounded the Hawaiians out of the ring, allowing the current champs to maintain their title.

"There are times when I walk out to the ring and people are yelling and throwing things at me," said Wolfen after the match. "Then that night when I go out, I see some of the same people who were taunting me, and they say 'Man you are the best bad guy I have ever seen.'"

The Payback event was not the last time wrestling fans can see the NWA wrestlers. The next matches at the E-Club are scheduled for May 8.

Fans can see updates on the NWA and wrestlers at the NWA website, [www.ixwf.com](http://www.ixwf.com).

This is an all ages, public event. The price is \$5 at the door.

Come see the title champions attempt to defend their claims again, or just have a good time watching these professionals strive for wrestling excellence.

# O'Brien's footballers shooting for fourth consecutive bowl

**John Gunn**

*Special for the Hawaii Marine*

As the Boston College football team continues to gain more national recognition, Coach Tom O'Brien still approaches spring practice in the same manner.

"This spring will be no different than any other," says O'Brien, a Marine veteran who was a linebacker at Annapolis and on Quantico's last varsity team in 1972.

"The main thing we will try to accomplish is to get better as individuals.

It doesn't matter what year in the program you are in.

It's a time to get better at the fundamentals of the game of football and that means working on blocking, tackling, catching and throwing.

As individuals become better, we become better as a football team," according to the Boston College Web site.

O'Brien's Eagles have rebounded during his five years at Boston College

and played in a bowl game the past three years.

The Eagles were victorious in the 2000 Aloha Bowl over Arizona State and the 2001 Music City Bowl over Georgia, making Boston College just one of eight schools nationally to win bowl games the past two seasons.

The Eagles also finished the 2001 campaign ranked No. 21 in the final Associated Press poll and No. 23 in the ESPN-USA Today poll. They defeated Notre Dame, 21-17, and came within a bounce of upsetting national champion Miami (Fla.) in an 18-7 loss.

"The bowl games have helped this football team immeasurably in that we understand the work ethic you have to have to play at the highest level of college football," O'Brien says.

The Eagles return 40 letter winners from last year's team while 17 are lost, including All-America back William Green, who rushed for 1,559 yards last season; all Big East, second-team selection Marc Colombo at offensive tackle; receiver Dedrick Dewalt, who led the Eagles with 37 receptions for

539 yards; and defensive leaders Sean Guthrie on the line, Scott Bradley at linebacker and Lenny Walls in the secondary.

Boston College does have eight starters back on offense, including guards Augie Hoffmann and Chris Snee who shared a starting position, for a 12-game schedule.

On the defensive side, eight starters are back while both starters return in the specialist positions.

The players will be on display in the Jay McGillis Memorial Spring Football Game on April 27, at 1 p.m. in Alumni Stadium. Admission is free.

The BC program was in shambles when O'Brien arrived in 1997.

A gambling scandal led to the suspension of 13 players and other problems.

O'Brien then led the Eagles to a pair of 4-7 seasons before going 8-3 in 1999 and earning a trip to the Insight.com Bowl, where they lost to Colorado.

Boston College went 7-5 in 2000. Overall, he has a 31-27 record, a number of the losses to ranked teams.

## 2002 Boston College Eagles Schedule

**Aug. 31** CONNECTICUT

**Sept. 7** STANFORD

**Sept. 21** at MIAMI (Fla.)

**Sept. 28** CENTRAL MICHIGAN

**Oct. 10** VIRGINIA TECH

**Oct. 19** NAVY

**Oct. 26** at PITTSBURGH

**Nov. 2** at NOTRE DAME

**Nov. 9** at WEST VIRGINIA

**Nov. 16** SYRACUSE

**Nov. 23** at TEMPLE

**Nov. 30** RUTGERS