

Easter Sunrise

Service brings joy



Lance Cpl. Monroe F. Seigle

An attentive audience listens to Chaplain (Navy Captain) Timothy Morita give the Easter message during the Easter Sunrise Service, Sunday.

Annual ceremony sheds light on K-Bay

Lance Cpl. Monroe F. Seigle
Combat Correspondent

Easter is the celebration of new life. It is also known as a day of joy and triumph of life over death. For many, it is a day for families to come together and celebrate.

An Easter Sunrise Service was held at the Range Training Facility aboard MCB Hawaii, Kaneohe Bay, Sunday at 6 a.m. Attendees enjoyed a variety of spiritual activities and scripture reading, while a beautiful Hawaiian sun cast the first rays of the day's light.

The service began with the sounds of bagpipes. Captain Justin Stodghill, assistant maintenance officer with Marine Helicopter Training Squadron 301, played the timeless classic "Amazing Grace," followed by the hymn "Crown Him with Many Crowns."

After an Easter prayer by Chaplain (Lt.) Winnie Walmsey, a base chaplain at MCB Hawaii, for service members overseas and here, Col. Richard Roten, deputy commander of MCB Hawaii, gave a scripture reading from the New Testament, John 20:1-9.

Stodghill's bagpipes next echoed the tranquil "Psalm 23 Medley."

"I loved the sounds of the bagpipes, and it set a great spiritual mood," said Lynda Arroyo, a family member aboard K-Bay. "This wasn't just any prayer service. We could all feel the spirit up on the top of that hill. It brought the families closer together."

Chaplain Navy Captain Timothy Morita, the Pacific Fleet chaplain, delivered the Easter message, telling the story of God's resurrection and why it was a time to celebrate.

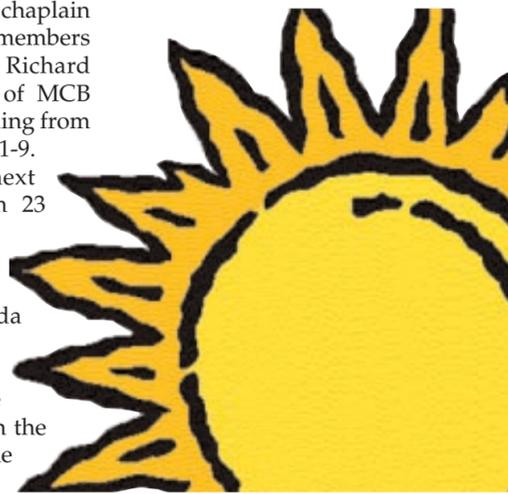
Already touched by the powerful message delivered by Morita, attendees rose to their feet for the closing hymn, "I Serve a Risen Savior," performed by the Marine Forces Pacific Brass Quintet. They departed to continue their Easter celebrations with their families and friends.

"This was a time for everyone who wanted to come together and celebrate God's resurrection of Jesus Christ," said Chaplain (Lt.) Cartus Thornton, Headquarters Bn., 4th Force Reconnaissance chaplain. "Everyone was able to rejoice and celebrate, and be thankful for another day that God has brought us."



Lance Cpl. Monroe F. Seigle

Chaplain (Navy Lt.) Winnie Walmsey, of Headquarters Bn., MCB Hawaii, sings "Crown Him with Many Crowns," the opening hymn during the Easter Sunrise Service, Sunday.



MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Edward Hanlon V and Bobbie Brock, MCCS Public Relations

APRIL

25 / Today

24/7's Fresh New Look — The 24/7 Marine Corps Community Services' publication 24/7 has been transformed with a new look. Now the magazine is called *The MCCS Activity Guide*.

In light of concerns that the name 24/7 was an incomprehensible title, MCCS has changed the name to reflect exactly what the magazine represents.

It is your guide to all of our activities, all of our events and all of the excitement available aboard MCB Hawaii.

If you have any comments, concerns or questions, don't hesitate to call the MCCS Marketing Department at 254-7679.

Going Off at Kahuna's Sports Bar & Grill — Battle your buddies in the newest of electronic entertainment to hit

the Kahuna's Sports Bar & Grill — "LAN gaming," from 6 p.m. – 2 a.m. While you're becoming the master of your game, compete one-on-one for awesome prizes.

Also, meet "Megadeath" band member Dave Mustaine, who will be available for autographs between 8 and 9 p.m. Afterward, enjoy the "World's Finest Entertainment" from 9 – 10 p.m.; get autographs from fighting champion Eagan Inoue and the Coors Lite Girls, plus participate in the ticket giveaway to Superbrawl 29 from 9 – 10 p.m.; wrap up the evening by grooving with DJ Victor Effler from 10 p.m. – 2 a.m.

For more Kahuna's information, call 254-7660.

MAY

1 / Thursday

Camp Smith Information Tickets and Tours Craft Fair — Stop by the Information Tickets and Tours' Mother's Day Craft Fair from 7:30 a.m. to 2 p.m. You'll find everything from homemade and Holiday craft items to baked goods.

The fair will be held at Camp H. M. Smith in Bldg. 4, which is opposite the Marine Corps Exchange, and crafters are still invited to join in on the fun by registering with ITT.

Call 477-5143 for more info.

Library Storytime — Every Thursday from now until June 5, the Base Library, Bldg. 219, will host a delightful Storytime

at 10 a.m.

Children and parents are invited to have a fun-filled hour of stories, activities and special events.

Come on down and spend some quality educational time with your children.

For more Storytime information, call 254-7624.

Helping Children Learn and Grow with Family Child Care

— Family Child Care is a home setting child care service provider operated by the Marine Corps Community Services' Personal Services department with certified providers trained in child development, nutrition, guidance and more.

Family Child Care provides a flexible schedule including evenings, weekends and overnight care.

To find a Family Child Care Provider, call the Children, Youth and Teen Programs officer at 257-7430.

Contact Family Child Care at 257-7030.

New Hours at the Officers' Club — Off duty hours are for relaxing, so stop by the Officers' Club and enjoy fantastic food and panoramic views of the Pacific during these hours:

• "Champagne Sunday" Brunch from 10 a.m. to 1 p.m., for \$18, or without champagne at \$15.

• "Right Hand Man Monday" lunch buffet from 11 a.m. to 1 p.m., with a la carte from 11 a.m. to 1:30 p.m.



• Daily (Mondays – Fridays) lunch buffet from 11 a.m. to 1 p.m.; a la carte from 11 a.m. to 1:30 p.m.; dinner on Thursdays through Saturdays from 5:30 - 8 p.m.

• Koa Bar on Wednesdays and Thursday from 4 - 9 p.m.; Fridays from 3 - 11 p.m.; and Saturdays from 5 - 8 p.m.

New Hours at Kahuna's — You've got the same awesome club, with even better hours. The Kahuna's Sports Bar and Grill will now be open as follows for your enjoyment:

Sundays: Closed
Mondays: 6 p.m. - 12 a.m.
Tuesdays: 6 p.m. - 12 a.m.
Wednesdays: 6 p.m. - 1 a.m.
Thursdays: 6 p.m. - 12 a.m.
Fridays: 4:30 p.m. - 2 a.m.
Saturdays: 6 p.m. - 2 a.m.

26 / Saturday

Dance Party at Kahuna's Sports Bar & Grill — Check out the dance group, "World's Finest Entertainment" from 9 – 10 p.m. and stay for DJ Victor Effler when he spins tunes from 10 p.m. – 2 a.m.

Plus, a LAN gaming tournament will go from 6 p.m. – 2 a.m.

For more information, call 254-7660.

2 / Friday

Cinco de Mayo Party at Fairways — Grab your sombrero and head over to the Fairways ballroom for una fiesta grande.

Doors open at 4:30 p.m. and pupus will be served from 6 – 8 p.m.

5 / Monday

Cinco de Mayo Poolside Party — Salsa down to the Officers' Club pool for Mexican food and refreshments, complete with live music featured by the "Kingpins."

For more information, call 254-7650.

Kahuna's Cinco de Mayo Bash — Featuring a special menu, contests, prizes and much more from 6 p.m. – 12 a.m. For more information, call 254-7660.

2 / Friday

Eliminate Stress and Anxiety — Eliminate stress and anxiety in 30 minutes. Attend the "Thought Field Therapy Workshop" to learn some exciting new stress-relieving techniques that work with people of all ages.

Hosted by Personal Services in Bldg. 216, catch a class any Wednesday from 1 – 2:30 p.m.

To register, call 257-7780.

SM&SP



All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

*Upcoming Activities

Thursdays: Enjoy free tennis lessons from 11 a.m. - 12:30 p.m. at K-Bay's tennis courts. Call 258-8081 for reservations.

May 17: Bring your buddies for a Saturday filled with fun at the Barefoot Splash Snorkel Cruise. For \$38, you can go sailing and snorkeling, and explore the underwater beauty of Hawaii.

Volunteer Opportunities

Make a difference by lending a helping hand. The Single Marine & Sailor Program is actively looking for volunteers for the following events:

Continuing: For Youth Sports and tutors at Mokapu Elementary School.

May 4: For the "Day on the Docks" event, from 9 a.m. to 1 p.m. at the Base Marina.

May 18: For the Windward Marathon, from 4:30 to 9:30 a.m. Call Bill Stone at 261-0808.

May 26: For the USS Arizona Memorial Celebration.

*(Transportation is provided to all events scheduled above.)

SM&SP Goes Online

Get more on SM&SP at www.MCCSHawaii.com under the "Semper Fitness" icon.

Sunday Brunch is a 'must do' at O'Club

Bobbie Brock
MCCS Public Relations

Treat yourself to a bit of decadence at the Officers' Club Champagne Sunday Brunch.

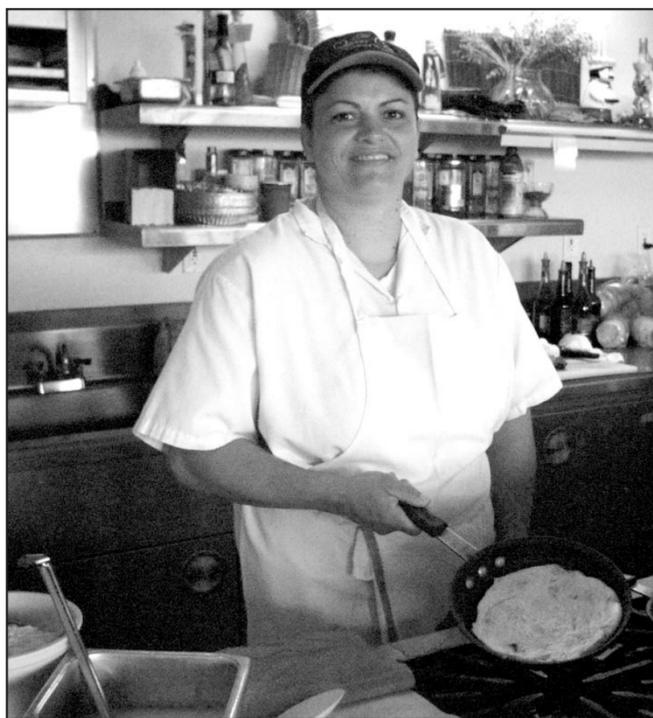
Every Sunday from 10 a.m. – 1 p.m., the Officers' Club hosts a buffet that appeals to all senses.

Complete your weekend with stunning views of the Pacific Ocean and an elegant dining ambiance — all while enjoying an assortment of palate-pleasing cuisine prepared by Chef Renato and his staff.

The astonishingly bountiful buffet consists of a variety of popular breakfast and lunch items, including an omelet station with the freshest ingredients from mushrooms, onions and cheese to shrimp and crab.

Steaming hot pancakes and waffles drizzled in maple syrup, accompanied by sausage patties and bacon make a satisfying combination.

Bagels with cream cheese and lox, and an assortment of fruits and melons, top the



Terry Kahanu, a cook at the Officers' Club aboard MCB Hawaii, Kaneohe Bay, creates appetizing, made-to-order omelets during the Champagne Sunday Brunch.

breakfast menu.

If it's lunch you crave, enjoy king crab legs with drawn butter, beef, chicken, pork and fish.

An assortment of salads, steamed rice, potatoes and fresh biscuits add nicely to an already overflowing plate. But be careful, you must save room for dessert.



Courtesy of MCCS

A variety of fresh fruit, bagels and other delectable breakfast favorites delight patrons at the O'Club's Champagne Sunday Brunch.

That's right, don't miss the dessert bar with a variety of freshly baked cakes, pies and pastries.

Choose from cheesecake, pecan pie, carrot cake or chocolate mousse, to name a few.

The Officers' Club Champagne Sunday Brunch has it all. From stunning ambiance, to deliciously prepared food, you won't be disappointed.

Plus, the value you'll receive is like no other.

Brunch, including champagne and orange juice, is \$18 per adult, without champagne \$15.

Children can enjoy the same buffet for only \$10 with orange juice.

Reservations are strongly recommended. Call 254-7650 to reserve your seating.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Show your I.D. at the box office, Bldg. 219. Phone 254-7642 for recorded info, 254-7641 for the theater manager.

Old School (R)
Daredevil (PG-13)
The Life of David Gale (R)
Dark Blue (R)
Dark Blue (R)
Old School (R)
The Life of David Gale (R)
Cradle 2 The Grave (R)
The Life of David Gale (R)

Today at 7:15 p.m.
Today at 9:45 p.m.
Saturday at 7:15 p.m.
Saturday at 9:45 p.m.
Sunday at 3:30 p.m.
Sunday at 7:15 p.m.
Wednesday at 7:15 p.m.
May 2 at 7:15 p.m.
May 2 at 9:45 p.m.

'Community Stewardship Day' needs volunteers

Shannon Wood

Interim President,
Windward Ahupua'a Alliance

The Windward Ahupua'a Alliance has set up a second Community Stewardship Day at Kawai Nui Marsh, tomorrow from 8 a.m. to 12:30 p.m.

This time, coordinators Jim and Shannon Wood are focusing on cleaning up Kapa'a Quarry Road and the off-road areas up to 20 feet in.

The staging area will be the Model Airplane Field, which is also where lunch will be served.

At the first Community Stewardship Day in March, the Kapa'a Quarry Road Project was one of five and certainly the least glamorous one. As a result, only seven people signed up for it — about 5 percent of the total number of volunteers. However, they still managed to clean up three-tenths of a mile and removed some incredible piles of junk, including 45 tires, more than 20 batteries

and more.

In order to clean the entire Kapa'a Quarry Road in a one-half-day blitz, 120 to 150 volunteers aged 12 years old and above will be needed. Volunteers need to be in good enough physical condition to bend down to pick up stuff such as paper, styrofoam, bottles, pieces of metal and other items including batteries, tires, broken furniture, and still other junk, which may need to be carried to the edge of the road.

Volunteers must also be agile enough to leap out of the way of drivers who are not paying attention to signs, cones, flashing lights and traffic control personnel.

Bulky items and abandoned vehicles will have already been cleared out. However, if work crews come across new stashes of refrigerators and old mattresses, volunteers will be asked to call them in to the spot.

Volunteers must wear closed-toed shoes with good gripping soles or boots.

It is highly recommended that volunteers also wear long pants, long-sleeved shirts and gloves because of the need to go into bushes. Volunteers should bring along bug spray, sunscreen and wear hats.

Church groups and other organizations are encouraged to volunteer as a unit, since six-to-eight-person crews will be assigned to cover specific sections of the road along its entire 2.6 mile length. Individuals or couples will be assigned to teams at the registration tables.



Lance Cpl Monroe F. Seigle

Students from Mokapu Elementary School aboard MCB Hawaii, Kaneohe Bay, work to clean up areas aboard the installation. The base has a long history of contributing to environmental causes.



Lance Cpl. Monroe F. Seigle

During cleanup projects March 24, Petty Officer 2nd Class Essex D. Motley (left), a work center supervisor at Waterfront Operations aboard MCB Hawaii, Kaneohe Bay, and Petty Officer 2nd Class Dennis Drake, a career counselor with Waterfront Ops, used ropes to bring a boat to shore, which had become entangled in massive amounts of salvinia weeds at Lake Wilson in Wahiawa. Service members and civilians also supported the Windward Ahupua'a Alliance in five other community projects March 22.

Everything will be supplied — sacks, gloves, brooms, collection pans, snacks, water, lunch and special safety precautions. Furthermore, there will be prizes for both individuals and teams, donated by local businesses, which will be awarded at lunch.

For more information and to let the organizers know how many people will be

coming, call 263-6001 or 223-5535 if you want to participate.

Send e-mail to j+swood@hoku.com and provide your full name, a day, evening or cell phone contact number.

Last-minute volunteers are also welcome, but they must check in to get an assignment.

For more details, call 263-6001.

RECIPE CORNER

Cajun seasonings may yield an 'egg-ceptional' appetizer for any meal

NAPS
Featurettes

April showers not only bring flowers but also the most popular time of year for eggs. More than 15,600 miles of eggs will likely have been sold during the Easter and Passover holidays, according to Wal-Mart Stores, Inc.

With the variety of recipes using eggs this season, be sure to prepare them with food safety in mind. Follow the four basic food safety messages to help fight bacteria:

- Clean** utensils, equipment and work surfaces with hot, soapy water before and after preparing food. Wash hands with soap and warm water.

- If possible, use one cutting board for raw meat, poultry and fish, and another for foods that are ready to be eaten.

- Separate** raw and cooked foods.

Store raw meat, poultry and seafood on a plate or tray, so raw juices don't drip onto other foods in the refrigerator.

- Cook** food to a safe internal temperature and use a food thermometer to measure.

Whole poultry should be cooked until it reaches an internal temperature of 180 degrees, ground beef and dishes containing eggs should be cooked to 160 degrees, and roasts and steaks to at least 145 degrees, on a food thermometer.

Fish should be cooked until it is opaque and flakes easily with a fork.

- Chill** meat, chicken, fish and perishables immediately.

Refrigerate leftover cooked egg dishes and use within three to four days.

To add variety to your next meal, try this cajun delight.

Cajun-Style Deviled Eggs (Serves 6)

- 6 eggs
- 3 tablespoons bottled Thousand Island salad dressing
- 1/2 teaspoon Cajun seasoning
- 1/4 teaspoon seasoned salt

Place eggs in medium saucepan in a single layer. Cover with cold water, and bring to a boil. Reduce heat.

Cover and simmer for 15 minutes; drain. Run cold water over eggs to cool them.

Peel eggs and halve lengthwise. Put yolks into small bowl; place whites on plate.

Mash yolks with a fork and mix in the salad dressing and Cajun seasoning. Pipe or spoon mixture into egg halves.

Lightly sprinkle tops with seasoned salt. Cover and chill in refrigerator 45 minutes.



CAJUN STYLE DEVILED EGGS

ON THE MENU

Anderson Hall will serve the following this week:

Today

Lunch

- Pepper Steak
- Southern Fried Catfish
- Rice Pilaf
- Potatoes Au Gratin
- Sugar Cookies
- Asst. Fruit Pies

Dinner

- Beef Pot Pie
- Roast Turkey
- Paprika Buttered Potatoes
- Steamed Rice
- Sugar Cookies
- Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Pasta Bar

Saturday

Dinner/Brunch

- Baked Lasagna
- Chicken Parmesan
- Pizza Slices
- Garlic Bread
- Marble Cake w/ Chocolate Icing
- Asst. Fruit Pies

Sunday

Dinner/Brunch

- Barbecue Beef Cubes
- Baked Turkey & Noodles
- Steamed Rice
- Ginger Molasses Cookies
- Spice Cake w/ Butter Cream Frosting

Monday

Lunch

- Meat Loaf
- Pork Ham Roast
- Steamed Rice

Mashed Potatoes

Chocolate Chip Cookies

Asst. Fruit Pies

Dinner

- Beef Brogul
- Baked Cajun Fish
- Mashed Potatoes
- Steamed Rice
- Chocolate Chip Cookies
- Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Pasta Bar

Tuesday

Lunch

- Simmered Corned Beef w/ Mustard Sauce
- Glazed Cornish Hens
- Parsley Buttered Potatoes
- Egg Noodles
- Peanut Butter Cake w/ Peanut Butter Frosting
- Asst. Fruit Pies

Dinner

- Turkey Pot Pie
- Sweet & Sour Pork
- Steamed Rice
- Parsley Buttered Potatoes
- Peanut Butter Cake w/ Peanut Butter Frosting
- Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Taco Bar

Wednesday

Lunch

- Pork Adobo
- Beef Yakisoba
- Steamed Rice
- Pork Fried Rice
- Oatmeal Cookies

Strawberry Shortcake

Asst. Fruit Pies

Dinner

- Steak w/ Onions
- Southern Fried Catfish
- Mashed Potatoes
- Steamed Rice
- Oatmeal Cookies
- Strawberry Shortcake
- Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Country Bar

Thursday

Lunch

- Turkey A La King
- Beef Porcupines
- Mashed Potatoes
- Boiled Egg Noodles
- Marble Cake w/ Chocolate Frosting
- Pineapple Cake
- Asst. Fruit Pies

Dinner

- Braised Liver w/ Onions
- El Rancho Stew
- Honey Ginger Chicken
- Steamed Rice
- Boiled Egg Noodles
- Marble Cake w/ Chocolate Frosting
- Pineapple Cake
- Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Taco Bar



QUOTABLE: "Make all you can, save all you can, give all you can ." — John Wesley

Even 'admin separations' can impact livelihood

(Editor's Note: This article educates Marines and Sailors about administrative separations. The information provided is a brief synopsis about the process and rights available. Marines and Sailors should consult an attorney for complete details.)



Richard Kirby
Protocol Officer

Unfortunately, each year the Navy and Marine Corps lose service members who are separated with less than honorable discharges.

Marine Corps Base Hawaii lost 240 Marines and Sailors in 2002, through administrative discharge. Of that number, 183 admin separations were because of some form of misconduct, the majority of the cases resulting in the respondent receiving an other than honorable discharge.

Marines and Sailors do have rights, even when pending administrative separation. However, armed with the facts and knowledge that an administrative separation can affect them when they depart the military, hopefully, service members will avoid becoming involved in the process.

The Administrative Separation Process

Depending on the type of misconduct committed, you may find yourself pending trial by courts martial rather than pending administrative separation.

Besides courts martial, there are nonjudicial punishments, competency review boards, page 11 counseling entries in your service record book, and other adverse administrative actions that can be administered in response to an incident.

Due to the complexity of the military justice system, it is always advisable for you to speak with an attorney concerning your legal situation.

Administrative Rights

What I believe to be the most important right of all

is the right to consult with counsel.

Even the notification letter that the commanding officer signs indicates it is in your best interest to consult with counsel, prior to waiving any of your rights.

This right to consult with counsel is at no cost to you, if you use military counsel. You may still decide to waive all rights, after consulting with counsel. However, you will have done so with a full understanding of the rights you have available.

Probably, your second most important right is the right to an administrative discharge board. However, this right does not apply to all administrative separations.

Separations that provide for an administrative discharge board are so indicated both in

“Misconduct discharges include minor disciplinary infractions, a pattern of misconduct, sexual perversion, drug abuse, and commission of a serious offense and civilian convictions.”

Richard Kirby
Protocol Officer

the commanding officer's notification letter and in your acknowledgement of rights letter. These letters specifically detail all the rights available to you if you elect a board.

If you elect an administrative discharge board, there are numerous rights that accompany your decision.

Basically, the purpose of an administrative discharge board is to review your entire package, hear both the government and your side of the case, and then determine if you should be separated.

If the board determines you should be separated, it also determines with what type of characterization you will be separated.

For a complete listing and to fully understand all of your rights before an administrative discharge board, again, it is ad-

visible to consult with counsel who will go through each of the rights with you, to ensure you understand them.

Another important right is your ability to obtain a copy of documents that will be forwarded to the "separation authority" supporting the proposed discharge.

I recommend that anyone who is processed for administrative separation always elect this right.

In a nutshell, you get a copy of your discharge package handed to you. So, if you ever decide to petition the Naval Discharge Review Board or the Board for Correction of Naval Records, you have the discharge package to assist you in doing so.

Paragraph 6210 of the *Marine Corps Separation and Retirement Manual* indicates that for mis-

conduct discharges, "Characterization of service normally shall be under other than honorable conditions."

Misconduct discharges include minor disciplinary infractions, a pattern of misconduct, sexual perversion, drug abuse, commission of a serious offense and civilian convictions.

Paragraph 1004.2a(2) of the same manual, charges commanders and separation authorities with ensuring that undeserving Marines receive no higher characterization than is due them.

Marine Corps Base Hawaii's 2002 administrative discharge statistics indicate that if you are processed for administrative discharge for misconduct, it is highly likely you will receive an other than honorable characterization of service.

In some cases, former service members have discovered that the resulting stigma of receiving this characterization has been devastating.

Unfortunately, once you are the subject of the administrative separation process, the odds are stacked against you.

Service members must make noble decisions when faced with unscrupulous alternatives, if they hope to earn an honorable discharge and a smooth transition into civilian life.

Protecting Our Children

Base law prohibits 'unattended kids,' Hawaii law governs curfew hours here

Master Sgt. Dean Jordan
Services Chief, Military Police
Department, MCB Hawaii

The Provost Marshal's Office received six complaints of unattended children in 2002. However, a majority of those reports were based on misunderstandings, or not knowing the base regulation regarding the control of children, which states that all children 5 years of age and younger must be supervised at all times. Although recommended, children ages 10 and above need not be supervised.

The most common reports were those of children playing at a playground without parental supervision for a period of time. Yet, leaving children unattended may cause unwanted stress for parents, as they will be contacted by the Military Police.

Additionally, MPD has received complaints from juveniles acting irresponsibly at Mokapu Mall. The Military Police Department is asking parents of children above the age of 10 to ensure that their children conduct themselves in an appropriate manner while in public places.

Parents must also ensure that children comply with the Hawaii curfew laws. As stated in the base regulation, "parents are responsible for their children at all times."

According to Hawaii state law, juveniles are children who are 17 years of age or younger. The law states that children under the age of 16 will be clear of all public places and streets between 10 p.m. and 6 a.m.

Juveniles who are between the ages of 16 and 17 are required to be clear of public places and streets between midnight and 6 a.m. However, juveniles are allowed a 30-minute grace period when returning from scheduled events. But, all efforts should be made to ensure the grace period is not needed.

Scheduled events include extracurricular activities, school-sponsored events, and any base sponsored events.

Currently, many facilities are being erected or are in the process of reconstruction or renovation aboard the installation. Therefore, it is important that parents understand what areas are considered forbidden play areas.

These areas include streets, nonresidential parking lots, industrial and construction areas, dumpsters, sewers, condemned buildings, vacant buildings — to include housing areas — the golf course and any other dangerous or prohibited area.

According to the base regulation, anyone observing an unsafe condition or violation of parental responsibilities can immediately report the offense to MPD.

The Military Police Department wants to ensure the safety and security of all residents aboard MCB Hawaii, especially children within military family housing.

Chapter 1, Section 1006, of Base Regulation 5500.15A addresses the supervision of children. All parents are encouraged to review the directive for more information. Call the Military Police Department at 257-7114 for more details.

Receiving kudos



Cpl. Jason E. Miller

Volunteers from the Navy Marine Corps Relief Society gathered at the Officers' Club for the quarterly NMCRS Volunteer Awards Luncheon, April 14. Mrs. Margaret McAbee (third from left), spouse of MCB Hawaii's commanding general, was among the special guests who presented awards to volunteers whom provided extra, exemplary service to the Navy Marine Corps Relief Society during the first quarter of 2003.

Honors go to Tripler's Red Cross volunteers

Margaret Tippy
Tripler Army Medical Center

HONOLULU — "Volunteers are so important," said Rita Salvanera, Tripler Army Medical Center's Red Cross station coordinator. "They are vital to the everyday running of the hospital."

To honor these valuable volunteers, Tripler held a Volunteer Recognition Ceremony, to recognize them for contributing 27,791 hours to TAMC in 2002.

Teresa Ann Micheletti was named Volunteer of the Year for 2002, in recognition of her exemplary service to the medical library located on the 11th floor.

More than 50 volunteers and many Tripler staff members attended the annual event, including physicians, nurses and administrative volunteers.

The volunteers are an assortment of students receiving academic credit for time spent at the hospital, full-time mothers or housewives, and individuals

wanting to experiment with a new career.

Major Gen. Joseph G. Webb Jr., TAMC commander, attended the ceremony and presented "Coins of Excellence" to Tom Mastin, Alice Hiromasa, and Karin and Max Kaneshiro. Max, a dog, is one of Tripler's 27 pet therapists.

Colonel Anne Compton, honorary chairman of volunteers, and Salvanera, presented certificates of appreciation and yearly awards.

Having served longer than any other current volunteer, the audience applauded Paula Fredeluces for 23 years of volunteer service to Tripler.

Presidential Teen Awards went to Zane Thompson, 18; Andrew Hoover, 17; Tanya Faumuina, 18; Shelby Denmeade, 17; and Lucas Tanigawa, 15.

Special Citation for Exceptional Volunteer Service Awards were present-

See RED CROSS, B-7

**RED CROSS,
From B-6**

ed to Eloise Monsarrat, Lawrence Heyenga and Bernice Oshita.

Outstanding Volunteer Awards were presented to Vivienne Edwards and Ruth Rosado. Arnold Morgado, who wasn't able to attend, will also receive an Outstanding Volunteer Award.

Last but not least, sponsors of the medical facility received special recognition for their donations. They included Watanabe Floral Inc., for beautiful flowers; Pearlridge Mall Cookie Corner; and Hal Asari for making and donating the beautiful cake for the recognition ceremony, Salvanera said.

"The ceremony is a way to acknowledge the importance of these volunteers," Salvanera emphasized. "Many of them don't expect anything in return, but they're happy to be recognized."

According to Salvanera, volunteers are always in demand at Tripler Army Medical Center. Interested applicants must be at least 14 years old, and they are welcome to stop by and pick up an application packet at Tripler's Red Cross office, which is located on the first floor in Room 1B109 — across from the Oceanside dining facility.

Red Cross office hours are from 9 a.m. to 1 p.m., weekdays, and Salvanera may be reached at 433-6631.

(Editor's Note: The Military Affairs Council of the Chamber of Commerce of Hawaii recognizes the many sacrifices made by service members and their families, especially during these difficult times when we face the threat of global terrorism.

In recognition of the U.S. military's contributions to America and the free world, the chamber sets aside the month of May, each year, to pay tribute to service members and their families, with Hawaii Military Appreciation Month.)

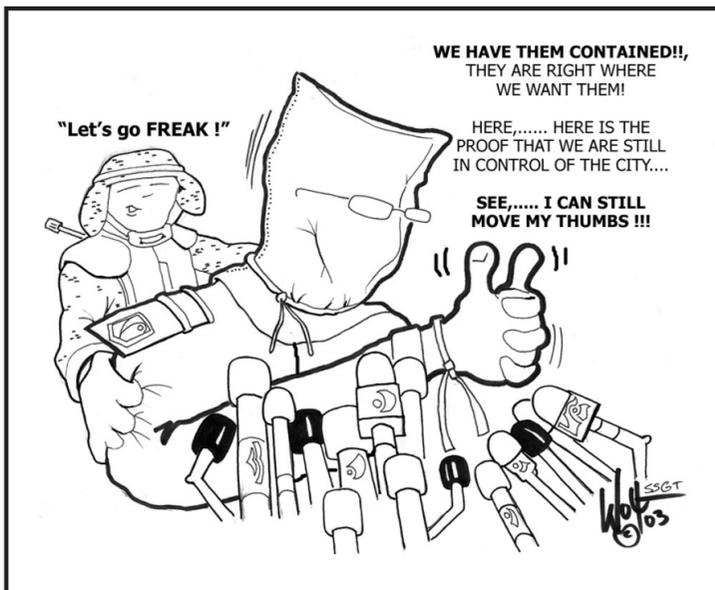
•JN Chevrolet is the corporate sponsor for this year's HMAM special discount book that will be filled with special offerings from participating Hawaii businesses. The books will be distributed on all military bases.

•Throughout May for military and their families, the Battleship Missouri Memorial will offer special rates of \$8 for adults and \$4 for children under 12. Military in uniform will be admitted free.

•Paradise Cove will extend Military Appreciation Night from May 1 - 7. Contact Information, Tickets and Tours for tickets to the Hawaiian Luau Buffet, Royal Ali'i Service and Deluxe Luau Package #1, with prices starting from \$18 for children to \$28 for adults. Oceanic Time Warner Cable and the Hawaiian Electric Company have joined with Paradise Cove to make this great offer possible.

•The 25th Infantry Division (L), will host the 7th Annual Twilight Tattoo May 2. This traditional ritual is free and open to the public, and will feature military bands from the Army, Navy, Marine Corps, Air Force and Hawaii National Guard. Also, the Royal Hawaiian Band will be participating for the first time, and joining the Celtic Pipes and Drums of Hawaii as the civilian entries.

Bring out the family and enjoy the park-like atmosphere at Ft. DeRussy's Kuroda Field, located



across from the Hale Koa Hotel in Waikiki.

•The Honolulu Academy of Arts will offer free admission to the military on the first Sunday of each month beginning May 4. Military I.D. is required. Free admission days for the military will also include May 7 and 17.

•The Bishop Museum joins with corporate sponsor AIG Hawaii to open its doors to the military and their families on May 4 for "Military Family Day Sunday" from 9 a.m. to 4:30 p.m. Military families can enjoy learning about the history of the hula; listen to live music on the Great Lawn; view the largest collection of rare Hawaiian, Pacific and Asian artifacts; explore the depths of outer space at the planetarium; and see the array of military displays and demonstrations. This event is free for military with valid military I.D. cards.

•The Polynesian Cultural Center will host Military Appreciation Night May 16 and 17. Military will be treated to a 50 percent discount from normal ticket prices, to include on admission, the center's island shows, IMAX theater showing,

dinner buffet and its evening show. Obtain tickets from ITT.

•AT&T Hawaii, with its team from AT&T Wireless and AT&T Government Services, will once again host the Combined Military Band Concert at the historic Hawaii Theater starting at 7 p.m. on May 17.

The concert will feature top musicians from Navy, Army, Marine Corps, Air Force, Coast Guard and Hawaii National Guard bands. Attendees can enjoy music from Broadway musicals to military marches to pop songs at this free concert.

Tickets will be available at the Hawaii Theater Box Office and the Chamber of Commerce of Hawaii beginning May 2. However, seating is on first come, first-served basis, with doors opening at 6:45 p.m.

•Marine Aircraft Group 24 will hold its 7th Annual Sprint Triathlon on MCB Hawaii, Kaneohe Bay, May 17. Check in will be at 5:30 a.m., and the race will start at 7:30 a.m.

This event is open to the public and features a 500-meter swim, 11.1-mile bike ride, and a 3.5-mile run. Awards will be presented to

the top three finishers in 10 men and women age groups, and the top three finishing teams.

Points of contact are race director Steven Kalnasy at 254-7590, and MAG-24 triathlon officer Maj. Brian Hall at 257-7706.

•The U.S. Army Museum of Hawaii will host 200 years of military history when it presents "Living History Day" on May 17 from 10 a.m. to 3 p.m. at Ft. DeRussy. Free of charge, this event is presented for the education and enjoyment of the public.

•The Hale Koa Hotel will host its "Salute To The Military Luau" on May 19, starting at 5:30 p.m. The evening will feature an authentic Hawaiian luau, complete with an exciting show; door prizes; a grand prize featuring a trip for two to the Big Island, with airline tickets and a deluxe cabin at the Kilauea Military Camp in heart of the Volcanoes National Park.

Call the Activities Desk at 955-0555, ext. 546 for more details.

•First Hawaiian Bank and A&B Hawaii will host this year's military luncheon at the Sheraton Waikiki Hotel, May 21 beginning at noon. Walter Dods, chairman and CEO of First Hawaiian Bank, and Allen Doane, president and CEO of A&B Hawaii, will recognize seven of Hawaii's outstanding soldiers, Sailors, Marines, airmen and guardsmen. The Military Retired Officer's Association will recognize the outstanding retired military officer of the year.

Awards will be provided by Aloha Airlines and Kilauea Military Camp, and Dr. Richard Kelly and the Outrigger Hotels and Resorts will receive a special tribute for their aloha spirit and many contributions to the military.

The luncheon will feature addresses by Governor Linda Lingle and Admiral Thomas Fargo, commander, U.S. Pacific Command.