

# LIFESTYLES

## May is Asian-Pacific Heritage Month

**Cpl. Jason E. Miller**  
Media Clerk

May is Asian-Pacific Heritage Month, a time of appreciation set aside by the federal government to honor the advancements and achievements of Asians and Pacific Islanders over the course of American history. Marine Corps Base Hawaii, which is surrounded by rich Asian-Pacific culture, will celebrate the month with numerous events to showcase appreciation of Asian-Pacific heritage.

Numerous Asians and Pacific Islanders have made substantial contributions to the United States, from the influx of Asian immigrants who helped build the foundation for the Industrial Revolution in the early 1900s to Medal of Honor recipients in America's wars. At nearly every defining moment in U.S. history, these Americans have made contributions.

In the military, and especially in the Marine Corps — with much of the Corps' history from wars fought throughout the Pacific — the heritage and achievements of Asians and Pacific Islanders are evident at every level of operations and in every clime, including here at Kaneohe Bay.

Recently retired Sgt. Maj. Filipo Ilaoa, the previous base sergeant major, is an example of an exemplary Marine of Asian-Pacific ancestry. After 30 years of honorable and faithful service (which

took him from the battlefield to the command deck of MCB Hawaii, as well as numerous duties in between), Ilaoa thanked his culture and the Corps for his success.

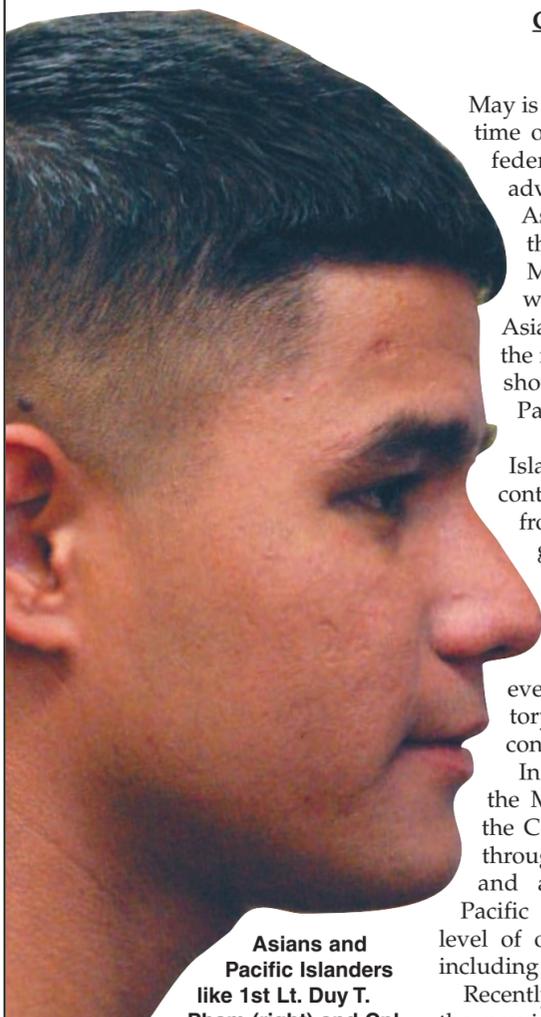
"My culture played a tremendous role in my career," he said. "I grew up in a very family-oriented environment, with strong Samoan cultures and customs in which we practiced the basics of leadership at a very young age."

To help spread understanding of the cultures of Samoa, Hawaii, Japan, greater Asia and the rest of the Pacific, the base will offer numerous educational and cultural events for the enjoyment of all in the community.

Heritage displays will be set up at the Marine Corps Exchange and other areas around base throughout the month, and K-Bay's Mega Video will provide discounted rental rates on all Asian-Pacific-related movies throughout May.

The Anderson Hall dining facility will host the Asian-Pacific American Heritage Month Luncheon on Wednesday, May 19, from 11:30 a.m. to 12:30 p.m., complete with traditional Asian-Pacific foods and a guest speaker. (Meal prices are \$2.85 for authorized E-4 and below military and families, and \$3.30 for all others, including DoD civilians and retirees.)

Further, children under 10 can enjoy cultural readings at the base library throughout the month of May. Call the library at 254-7624 for information about times and dates.



Lance Cpl. Michelle M. Dickson

Asians and Pacific Islanders like 1st Lt. Duy T. Pham (right) and Cpl. Jason Kawaihalau, continue to make a difference in the military.



Lance Cpl. Megan L. Stiner

## Modern-Day Asian and Pacific Islander Role Models



CORPUS

Capt. Jose R. Corpus, chief of staff for Carrier Group 5, was presented the Bronze Star Medal by Vice Adm. Robert Willard, Commander Seventh Fleet during a ceremony aboard the USS Kitty Hawk (CV 63) for his role in providing combat air support to U.S. and coalition forces and for his instrumental contributions in the planning and execution of all aspects of air defense and strike planning for three carrier strike groups

in the North Arabian Gulf. Corpus' forceful leadership enabled the embarked air wing to fly more than 2,200 combat sorties during the operation.

"When I was a boy in Quezon City, Philippines, I studied Filipino heroes like Jose Rizal and General Emilio Aguinaldo — but I never thought I would become a hero to other Asian-Americans," said Corpus, who is the highest-ranking Filipino-American naval officer. "My life ... has seen the encouragement of multiple cultures, the reflection of America itself."



INOUYE

First Lt. Daniel K. Inouye, now a U.S. senator, was awarded the Medal of Honor for heroism on April 21, 1945, in the vicinity of San Terenzo, Italy. While attacking a defended ridge, Inouye directed his platoon through a hail of automatic weapons and small-arms fire to capture an artillery and mortar post, bringing his men to within 40 yards of the hostile force — their advance halted by crossfire from three machineguns.

Inouye crawled up the treacherous slope to within five yards of the nearest machinegun nest and hurled two grenades, destroying it. He then stood up and neutralized a second machinegun nest with submachine gun fire.

Although wounded by a sniper's bullet, he continued to engage other hostile positions at close range, until an exploding grenade shattered his right arm. Despite intense pain, he refused evacuation and continued to direct his platoon until enemy resistance was broken and his men were again deployed in defensive positions.

## Mo'ō got your tongue? Learn the language

**Kristin Herrick**  
News Editor

Basic things like city names and street signs can look and sound pretty far from the norm when a newcomer arrives on the Hawaiian Islands. While the letters appear the same as in English, Native Hawaiian, with only 12 letters, is its own language. Learning and understanding Hawaiian requires the same discipline as an English speaker learning French or Spanish.

When Captain James Cook came to the islands in 1778, he and his missionaries developed a written language

based on the sounds made by the natives. Until then, the local people had passed on their history and told their stories either orally or with petroglyphs, carvings in the rocks. Since the missionaries couldn't distinguish certain sounds, the alphabet ended up with only 12 letters and an "okina", a symbol that looks like an

This transformed the language dramatically, by changing the way certain words are spoken, such as the word Honolulu, which was once pronounced "Honoruru."

From the mid 1800s, Hawaiian was spoken in government institutions such as schools, legislature and the courts. This lasted until the Hawaiian monarchy was overthrown in 1893.

By 1896, teaching the language was prohibited by the new government. Suppression of the Hawaiian language lasted through the state's annexation in 1898 and well into the twentieth century. As a result, only a few thousand people still spoke it fluently.

The 1970s brought a renewed interest in the Hawaiian language. In 1978, Hawaiian was named, along with English, as an official language of Hawaii. Today, Hawaiian is once again being taught in schools, and students are engulfed in history and culture in addition to the language skills learned in immersion programs.

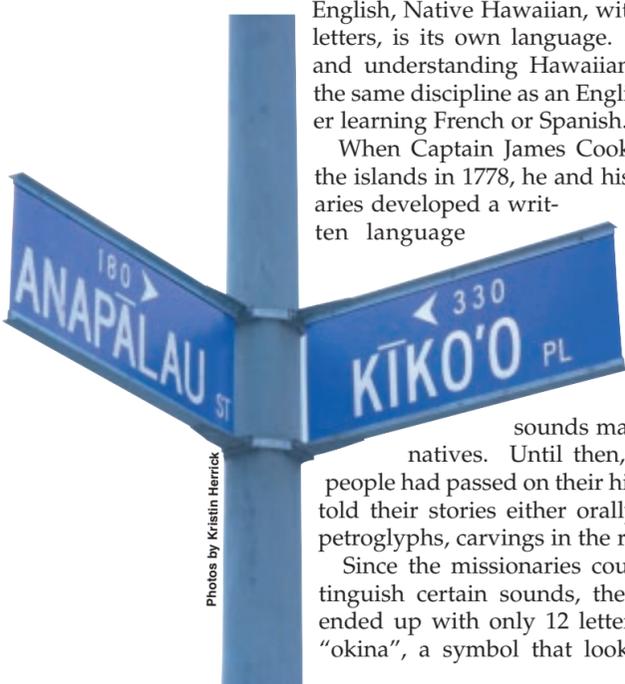
A person can definitely get by in Hawaii knowing no Hawaiian, but language is such a big part of a culture. Since Hawaiian words are all around, it isn't a bad idea to learn a little — or a lot. The native alphabet consists of five vowels:

a, e, i, o and u. Unlike English, though, they are pronounced "ah," as in father; "eh," as in ate; "ee," as in bee; "oh," as in bow; and "oo," as in food. Each vowel can also have a "kahako," a horizontal bar over the letter that indicates that its pronunciation should be elongated. There are eight consonants in Hawaiian, as the okina is considered a consonant along with the letters h, k, l, m, n, p and w. There are no consonant clusters in Hawaiian; every consonant is separated by at least one vowel.

Knowing the Hawaiian alphabet is only the beginning. As with learning any foreign language, there are countless nouns and verbs to put to memory and practice using.

Many classes are available for those who want to immerse themselves in the aloha spirit and the culture of Hawaii. Courses are offered through local community colleges, and beginning skills can be picked up through Web sites such as [www.geocities.com/~olelo/](http://www.geocities.com/~olelo/).

The Hawaiian language is unique to the islands and has lived on despite adversity. Marines, Sailors and their families stationed in Hawaii have a once-in-a-lifetime opportunity to learn a language many have never even heard spoken.



Photos by Kristin Herrick



# MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

## POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

### April

#### 30 / Today

**Subway Opening** — Your favorite place for lunch has just added a new location. Subway is now open at Mokapu Mall, where you can stop by for one of the new Atkins wraps, a tasty salad or world-famous sandwich.

**Wines in Paradise** — The Kaneohe Officers Spouses Club and the Officers' Club will provide an evening of fine wine, delicious food and live entertainment. This "Wines in Paradise" event will take place from 6 to 9 p.m., and a cash bar will be available.

Cost is \$25 for KOSC and O'Club members, \$30 for non-members. Purchase your tickets from your KOSC representative or at the O' Club. Call

254-7650 for more details.

**Adventure Night** — Moms, dads and children should take the night off! Parents of all Youth Activity's members, ages 5 to 9 years old, are invited to leave their children with qualified staff at Youth Activities for "Adventure Night." Without any worries, go enjoy yourselves from 5 to 9 p.m., when kids will appreciate crafts, activities and snacks at Youth Activities.

The cost is only \$8. For more info or to register, call 254-7610.

**LINKS Opening** — Are you committed? Do you want to serve your community? Then submit a résumé by today to Capt. Zachary Rogers, director of Marine Corps Family Team Building, via fax at 257-1808, or e-mail at RogersZ@mcch.usmc.mil.

Call more info, call 257-7774.

**Kennel Opens** — The Morale, Welfare and Recreation Boarding Kennel, located at the Halawa State Quarantine site in Halawa Valley, is open for cats and dogs. The cost to board a dog is \$12; a cat is \$10 per day.

Limited spaces are available for eligible patrons who include active duty, retirees and reserve personnel who are deploying, awaiting housing or just going on vacation, and DoD civilians.

For reservations or more information, call 368-3456.

**MCCS One Source** — The MCCS One Source Web site provides active duty, their families, reservists, sister services and service delivery staff with information and resources that can help improve many areas of their lives. From relocation to education needs, family sup-

port to health and wellness, financial matters to everyday issues, MCCS One Source is your one-stop resource to finding information, guidance and answers.

By using credentialed consultants, patrons have confidential access to prepaid educational materials and other reference resources, 24 hours a day, seven days a week. Registration is easy; create your own personal profile by logging onto MCCS OneSource.com, then enter "Marines" as your user name and "semper fi" as your password.

For more assistance, call a One Source consultant at 800-433-6868 in the continental United States, at 800-237-42374 for the overseas CONUS universal free phone, or at 484-530-5908 OCONUS collect. A TTY/TDD access is available at 800-346-9188.

**Got Coffee?** — Get your morning started on the right track with a tasty brew from the new Starbucks location by the base theater. A variety drinks, and pastries are served Monday through Friday from 6 until 11:30 a.m.

**Right Hand Man Lunch** — Calling all officers to the club on Monday through Thursday. Invite up to three of your E-6 staff noncommissioned officers to the club for lunch and show them your appreciation.

Get more of the Corps, camaraderie and chow, all at the Officers' Club from 11 a.m. to 1:30 p.m.

**Youth Activities** — The Home School Network is an excellent opportunity for home-schooled preteens and teens, ages 10 to 14, to meet other people. Educational and recreational excursions are sched-

uled every Tuesday, and teens enjoy destinations such as the Kualoa Ranch, a hike up Diamond Head and Hawaiian Waters Adventure Park.

For more information, call the Youth/Teen Club at 254-7648.

### May

#### 1 / Saturday

**ITT Brings Activity Expo** — Do you have family coming into town and need ideas on where to go and what to do? If you're not familiar with the activities and attractions offered here, this is your chance to get in the know.

The Island Activity and Travel Exposition will be held at Kaneohe Bay's Mokapu Mall, tomorrow from 10 a.m. to 2 p.m. Explore the many booths that offer a glimpse of the myriad of exciting attractions Oahu has to offer, including horseback riding, luau packages, dinner shows, shark adventure tours, resorts and hotels, cruises and much more.

Don't miss the opportunity to win door prizes including getaway packages, luau tickets, dinner cruises, catamaran sails, magic shows, an Elvis Show, ATV and horseback riding, shark tours, and more. You must be present to win.

Also, check out live entertainment on the main stage throughout the day. One act surely not to be missed is the Polynesian Cultural Center's Polynesian Revue, set to perform at 12 p.m. in the Mokapu Mall Courtyard.

For more information, call 254-7563.

#### 2 / Sunday

**Day on the Docks** — Make plans for a fun and educational experience for the entire family,

including free activities and a fishing tournament that will entertain the kids.

The tournament cost is \$12 for the first child and \$10 for each additional child. The fee includes a T-shirt, lunch and bait, and the biggest fish nets prizes.

Registration will go at 9:30 a.m. and casting at 10 a.m.

Just for parents, shop the Ocean Concepts sidewalk sale, browse information booths, or attend pollution awareness and water safety demonstrations — just a few highlights of the day.

This event is open to all military families, DoD civilians and their sponsored guests. For more information, call 254-7667.

#### 3 / Monday

**Board Game Bonanza** — Every Monday at 7 p.m., the Kahuna's Recreation Center will host a board game tournament with a myriad of games including Balderdash, movie mania, dominoes, Scattergories, chess, Pictionary and more. Scores will be kept weekly and prizes awarded at the end of each month.

#### 5 / Wednesday

**Cinco De Mayo** — Celebrate Cinco de Mayo at the Officers' Club with complimentary pupus, DJ entertainment and prize giveaways at 4:30 p.m.

Not wearing the shiny stuff? Head to the Staff NCO Club for a hot night of salsa and all your favorite Hispanic tunes, a margarita bar, \$1 tacos and 25-cent wings. The bar will open at 4:30 p.m.

Don't have a rocker? Then Kahuna's Sports Bar & Grill will be the place to be at 6 p.m. Leave your sombrero at home, though. You'll be celebrating with country music sensation Dita Holifield.

## SM&SP



All events are open to single or unaccompanied, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 1629, inside the Kahuna's Recreation Center. Get more details on activities at www.MCCSHawaii.com under the "Semper Fitness" icon, or call 254-7593.

#### Upcoming Events

•*May 29-31*: Get away to Maui, meet new people and explore another island with the SM&SP during the next quarterly off-island excursion this Memorial Day weekend. A \$100 dollar deposit is required to secure your spot and must be received no later than tomorrow; total cost is \$350 (due by May 15) and includes airfare and shared accommodations. This trip is limited to the first 15 people who pay their deposit, so register today.

•*TBD*: The SM&SP is looking for participants interested in a North Shore Shark Cage adventure, as well as a scuba diving certification course. If these sound like your kind of outings, call SM&SP and let your voice be heard.

#### Volunteer Opportunities

Marines and Sailors are needed to help support various activities and events, including the following:

•*Sunday from 9 a.m. to 1 p.m.*: Help provide face painting and set up and tear down of the bouncy house at "Day on the Docks."

•*May 16 from 5:30 to 9:30 a.m.*: Be a course marshal or help set up or man a water station at the Windward Marathon.

## Death, injuries to babes can be avoided

### New Parent Support Program

Press Release

In April 2003, a 2-year-old died of head injuries that the Honolulu medical examiner attributed to "shaken baby syndrome," a form of child abuse.

And, unfortunately, there are many other distressing accounts: a 2-month-old baby from Toledo, Ohio, dies as a result of head injuries from being shaken; a 29-year-old man shakes his girlfriend's 13-month-old, to stop her from crying, and she now suffers partial paralysis, visual impairment and speech delay; and with tears in her eyes, a 29-year-old mother admits killing one of her 8-month-old twins by shaking the infant, who dies of severe head injuries.

No one likes to hear a baby cry for a long time. The piercing sounds can quickly become irritating and frustrating. However, babies cry when they are wet, hungry or tired, or when they just want to be held. Crying is their form of communication.

Instead of shaking your child when he or she is crying, try any one of the following:

•Feed your baby slowly, being sure to burp your child often throughout the feeding process.

•Offer your baby a pacifier.

•Hold your baby against your cheek and walk or rock her/him.

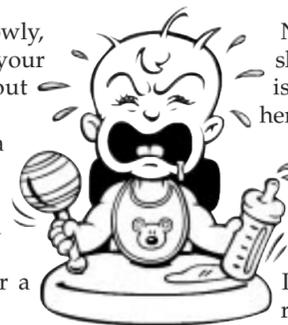
•Take your baby for a ride in a stroller or car.

•Have your baby checked by her/his pediatrician. A medical problem may be the cause of her/his crying.

•Most importantly, when your baby is crying, you should remain calm, as your child does not hate you or want to spoil your day.

If you feel that you are losing control of yourself, place your baby in a crib or somewhere safe, then take a break. Relax. Take a few, slow deep breaths.

If possible, have someone else take care of your baby. If you are alone, call a friend. If your friends are not home, call the crisis hot line at 832-3100.



No matter how angry you are, do not shake your baby. Letting your child cry is safer than shaking or punishing her/him.

Babies are extremely vulnerable to head injury because their heads are disproportionately large, and they do not have strong enough neck muscles to withstand whiplash motions.

Internal bleeding can occur and may result in death, cerebral palsy, severe motor dysfunction, communication impairment, blindness, visual impairment, dyslexia, attention deficit disorder, other learning disabilities, mental retardation or seizures.

Crying, fussy babies are a challenge to care for. At some time or another, all parents are pushed to the edge of their patience. It's how we react at that time that is the critical factor.

The New Parent Support Program is an organization that can help military families stationed aboard MCB Hawaii or that reside in the Windward area. Call the New Parent Support Program at 257-8803.

Remember, never ever shake your baby!

## MOVIE TIME

*Prices: Adults (12 and older) are \$3, children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16 years old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.*

*Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.*

Starsky and Hutch (PG-13)	Today at 7:15 p.m.
Calendar Girls (PG-13)	Today at 9:45 p.m.
Secret Window (PG-13)	Saturday at 7:15 p.m.
Hidalgo (PG-13)	Saturday at 9:45 p.m.
Agent Cody Banks 2 (PG)	Sunday at 3:30 p.m.
Twisted (R)	Sunday at 7:15 p.m.
Hidalgo (PG-13)	Wednesday at 7:15 p.m.
Calendar Girls (PG-13)	Thursday at 7:15 p.m.
Taking Lives (R)	May 7 at 7:15 p.m.
Secret Window (PG-13)	May 7 at 9:45 p.m.

# FCC providers offer flexibility

**September Jones**

*Director, Family Child Care*

Family Child Care offers special places for children to grow and learn. All certified providers at Marine Corps Base Hawaii, Kaneohe Bay, receive training in child development, nutrition, guidance and more. These talented people possess a love and joy for young children and provide a safe, fun and educational environment for all ages.

Child care in a home setting is especially beneficial for young children. They get the opportunity to learn and grow in a safe, nurturing environment, with a small child-to-provider ratio.

Each provider takes care of up to six children, allowing each child to have time and attention while making special friendships. Children of varying ages can work together, and learn to share with friends and siblings.

The first five years of a child's life are especially important in his/her growth and development. Family Child Care providers spend quality time with each child, supporting the self-esteem and social skills that promote success in school.

Providers enjoy the opportunity to engage each child in conversation, both individually and in informal group activities. By reviewing colors, numbers and letters through song and play, providers help prepare children for kindergarten.

One of the most valuable services Family Child Care providers offer is a flexible schedule. Many providers offer evening, weekend or overnight care. Regular enrollment options include full-day, part-day and hourly care. Individual providers set their own hours and weekly rates.

To find a child care provider, parents should check with Resource and Referral in the Children, Youth, and Teen Programs office or call 257-7430. This office can provide a list of available providers and the enrollment options each one offers.

Parents are encouraged to meet and spend time with potential providers, choosing one who shares the same goals and provides the most appropriate environment for their child.

For information on how to become a Family Child Care provider at MCB Hawaii, call the Family Child Care Office at 257-7030.



Edward Hanlon V

**Children enjoy a dolphin show and feed animals during a field trip to Sea Life Park arranged by certified FCC provider Melanie Majorie last month.**

## Provider Appreciation Day

Marine Corps Community Services will host "Family Child Care Provider Appreciation Day" on May 7. This special day, which has been celebrated since 1996, recognizes the importance of child care providers in the lives of young children and their families.

To become a certified FCC provider, and make a positive impact on the children of MCB Hawaii, call 257-7030, or stop by the office in Bldg. 1391 (next to the Vet Clinic and Family Housing).

# Cinco de Mayo celebrates defeat of French Army

**Compiled by Sgt. Joseph A. Lee**

*Combat Correspondent*

Cinco De Mayo, "the fifth of May," commemorates the victory of Mexicans over the French Army at the Battle of Puebla in 1862. Cinco de Mayo is not, as many people think, Mexico's Independence Day, which is celebrated on Sept. 16.

Cinco de Mayo is primarily a regional holiday celebrated throughout the Mexican state of Puebla. The holiday is also observed in the United States, particularly in the U.S. military. But why?

Some credit the Mexican victory at the Battle of Puebla with halting French support of Confederate rebels. Some believe this helped to end the Civil War between the States and spurred the Union to provide Mexico with the arms necessary to expel the French from their country for good, according to various Web sites.

Is it a stretch to credit the survival of the United States to those brave 4,000 Mexicans who faced an army twice as large in 1862? Maybe, according to the Web site [www.vivacincodemayo.com](http://www.vivacincodemayo.com), but who knows?

Under Emperor Napoleon III, who detested the United States, the Web site contends, the French came to Mexico to stay. The French brought a Hapsburg prince (Maximilian) with them to rule the "new Mexican Empire."

Napoleon's French Army had not been defeated in 50 years. The French arrived to invade Mexico with the finest modern equipment and with a newly reconstituted Foreign Legion.

The French were not afraid of anyone, the Web site argues, especially since the United States was embroiled in its own Civil War. Hence, the French Army left the Port of Vera Cruz to attack Mexico City to the west. The French assumed that the Mexicans would give up, should their capital fall to the enemy.

Under the command of Texas-born Gen. Ignacio S. Zaragoza, however, the Mexican cavalry proceeded to the French flanks. In response, the French incurred a fatal military blunder, when they sent their cavalry to meet that of the Mexicans, who slaughtered the French, according to the Web site.

The Mexicans won a great victory that kept Napoleon III from supplying the Confederate rebels for another year. That delay allowed the United States to amass enough soldiers to defeat the Confederates at Gettysburg, essentially ending the Civil War, the Web site claims.

Mexicans never forget who their friends are, and neither do Americans, the Web site maintains. And that just might be why Cinco de Mayo is such a party, a party that celebrates freedom and liberty since the fifth of May, 1862.

## Soaring with the Eagles

**Thomas Roten began his rise to Eagle Scout when he joined Cub Scout Pack 39 in Fort Sheridan, Ill., in 1993 as a Tiger Cub. He earned the Cub Scout's highest award, the Arrow of Light, in 1997 before graduating to become a Boy Scout in Troop 63, Virginia Beach, Va. For his Eagle Scout project, he led Troop 425 in building a running trail on Marine Corps Base Hawaii, Kaneohe Bay. The troop cleared a path through the forest and coastal growth areas to create a trail wide enough to accommodate unit formation runs by the Marines. The trail is now named the "Eagle Scout Trail" and extends from mainside to Hilltop beach.**

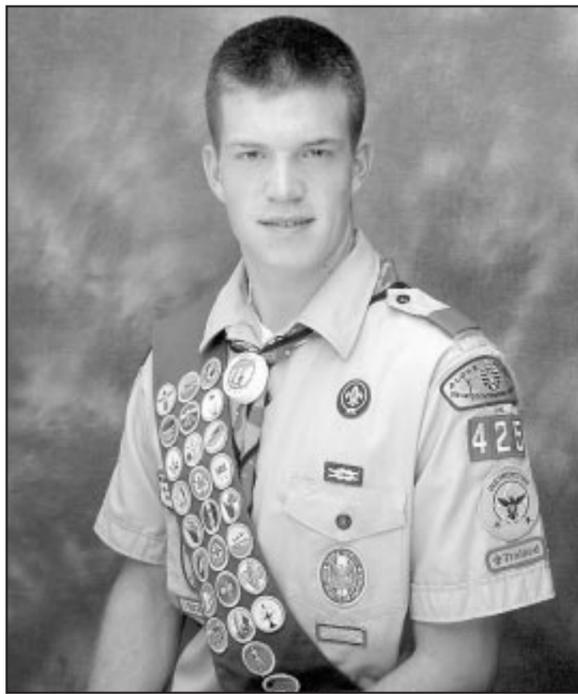


Photo Courtesy of Thomas Roten

# Ways to treat your 'mom' abound this Mother's Day

Rather than focus on just one restaurant this Mother's Day, I decided to discover a few ways you can spoil your mom, wife, sister, daughter, friend (or other relatives) this Mother's Day. As we all realize how difficult it may be to get reservations at busy holidays during the year, most of these options below are also available before and after Mother's Day, so you can treat your favorite someone to something special anytime.

fountain, the dessert bar boasts dozens of delicious and decadent desserts, including items like a chocolate tiramisu, chocolate cheesecake and, my favorite, chocolate tulip shells filled with a Grand Marnier sabayon.

Sam Choy's normally only offers the chocolate fountain and bar on Friday and Saturday nights, but Sam Choy's will display a chocolate fountain especially set up for Mother's Day. The chocolate fountain and bar is priced \$9.95, if purchased with your meal, but for those searching for a unique late night treat for that special someone, it can also be purchased à la carte for \$14.95.



Sam Choy's chocolate fountain

**Sam Choy's Diamond Head**  
449 Kapahulu Ave.  
Honolulu  
732-8645

**M**y first suggestion involves a key ingredient held dear to mothers globally — chocolate.

Executive pastry chef Fenton Lee from Sam Choy's Diamond Head captures the essence of the ingredient with Hawaii's first and only chocolate fountain and chocolate bar.

For those who have never experienced a chocolate fountain, it resembles a tiered wedding cake, except flowing, melted chocolate overflows the tiers. Diners use fondue style skewers and stud the skewers with fresh fruit, marshmallows, cake (or whatever), then immerse them through the cascading stream of pure sweetness.

In addition to the fun and fabulous



Tea at 1024's tea 'meal'

**Tea at 1024**  
1024 Nuuanu Ave.  
Honolulu  
521-9596

**I**f anything says, "pamper yourself" (or "pamper mother," in this case), it is enjoying a proper "afternoon tea." From the time "mom" was a little girl, she probably had a toy teapot she treasured. Re-pour and refresh her memories at Tea at 1024 in downtown Honolulu, where she can sip once again from porcelain cups and nibble small pastries,



Commentary

Island Flavors

Jim Williams

christopher.j.williams@navy.mil

sandwiches and delicate desserts.

Owner Michelle Henry said, when she created the tearoom, she wanted to encourage folks to just get away from everything and relax for a while.

Originally opened as a clothing boutique to sell Henry's own designs, she eventually added the tearoom for her customers. The popularity of an afternoon tea grew, and now the tearoom stays overflowing with both walk-in customers and large parties (it is a popular retreat for bridal and baby showers).

With prices ranging from around \$5 to \$15 (for a complete tea "meal"), the menu includes various types of tea sandwiches like chicken curry, tomatoe and cheddar, crab and black olive, and old-fashioned egg salad, as well as bowls of fresh-cut fruit, varieties of soups and salads and an assortment of pastries and scones, presented on tiered trays on stands.

The tearoom, open Monday through Saturday, as well as Mother's Day, also offers patrons the use of items like feather boas and hats to wear during tea time, if they would like to fully experience a true afternoon tea for Mother's Day.

**Star of Honolulu**  
Pier 8,  
Aloha Tower Marketplace  
Honolulu  
983-7827

**I**f you do decide to face the crowds and take mom out to lunch on Mother's Day, rather than take her to a stuffy, crowded restaurant, why not really spoil her by offering her a relaxing brunch with one of the island's best views.

The Star of Honolulu will host a special Mother's Day brunch cruise, offering views of scenic coastlines, Hawaiian cultural activities, live entertainment and a prime rib brunch buffet and champagne toast.

The 1,500-passenger cruise ship departs from the Aloha Tower Marketplace at 10:30 a.m. for a two-and-a-half-hour trip cruising to Diamond Head and back.

Its special Mother's Day buffet will feature prime rib carved onboard, as well as huli huli chicken, steamed mahi mahi with ginger butter sauce, lomi lomi salmon, loco moco, macadamia nut breads, fresh salads, haupia and a Mother's Day cake for dessert.

During the cruise, mom will also have the opportunity to enjoy activities including fish-feeding, lei-making, coconut-frond weaving, ukulele and hula lessons, and the ship's "Enchanting Waikiki" hula show, all providing mom a true Hawaiian experience for Mother's Day.

The normal price is \$41.95 for adults and \$25 for children ages 3 – 11, but the Star of Honolulu is offering a special kamaaina and military rate of \$31.50 for adults and \$20 for children, with valid ID.



Star of Honolulu's brunch cruise buffet

# 'Come and check yourself out'

## Self-checkout systems arrive at commissaries

**Bonnie Powell  
and Rick Brink**

*Defense Commissary Agency*

**FORT LEE, Va.** — Three commissaries in Virginia, Texas and California are the first to receive self-checkout lanes and an automated coupon verification checkout system that Defense Commissary Agency officials say increase shopper convenience and service.

The self-checkouts first appeared last month in the

Langley Air Force Base, Va., commissary, and have since been installed at the Fort Sam Houston, Texas, and McClellan, Calif., commissaries. Also, commissaries on Vogelweh and Ramstein Air Bases, in Germany, are slated to get them later this spring.

Langley store director Norman Brown reported customer use of self-checkouts grew from 10 percent of total transactions to more than 13 percent in less than a month.

"We've been very pleased with the level of customer acceptance for the new lanes," said Bob Vitikacs, DeCA's head of sales operations, adding that "one customer said using self-

checkout is like baking — it gets easier and easier the more you do it."

Self-checkouts are for customers with a few items who scan and bag their own groceries. An attendant monitors the lanes, checks shoppers' ID cards and provides assistance when needed. The system weighs the bags to ensure scanning is done correctly.

### Payment Options and Coupons

The method of payment — credit, debit or cash — is nearly the same as regular checkout lanes, and self-checkouts also have the capability to scan



coupons, although the attendant has to check expiration dates.

Coupon processing at all checkout lanes in the five commissaries receiving self-checkouts is becoming more convenient, thanks to a scanner software upgrade that validates coupon purchases. By gleaning information from coupon bar codes, the scanners validate whether a customer has actually purchased products represented by the coupons. This replaces the manual process conducted by cashiers.

"With our manual process, if

there are any questions about a coupon, our cashiers have to go back and look at the order or the register tape," said David Bradford, chief of DeCA's systems modernization. "Now the scanner will tell us automatically if a customer is redeeming a coupon on an item actually purchased. Cashiers only have to verify the coupon expiration dates."

The upgrade is being tested in the five stores, and it will eventually be implemented in all checkouts in all commissaries.

"Overall, it will improve the flow of customer checkout and increase our coupon redemption accuracy," said Bradford.

# Commissaries strive to lower vendor prices

## More shoppers means greater savings for all

**Bonnie Powell**

*Defense Commissary Agency*

**FORT LEE, Va.** — The 2004 Commissary Awareness Month shopping list is full, and included on the menu are case lot sales, single service member

tours, special Guard and Reserve events, the launch of the Commissary Connection customer newsletter, and the launch of a new marketing program: "Savings You've Earned."

"That's just a taste of what's in store for the month of May," said DeCA director Maj. Gen. Mike Wiedemer. "It really is like a shopping list, except we're shopping for customers!"

Not that there is any lack of customers at commissaries

worldwide, officials said.

"Customers are shopping more than ever," said DeCA deputy director Pat Nixon. "But sales are not really what we're all about."

Since DeCA sells groceries at cost, profit is not a motivation for increasing sales. But more business means greater savings for commissary customers. When business is up, commissary vendors are often motivated to offer lower prices — prices that DeCA passes direct-

ly to shoppers.

"That's really what we're about," said Nixon. "Our mission is to obtain the lowest prices on quality, name-brand products, so we can continue to save customers an average of 30 percent or more on their grocery bills."

"Commissary Awareness Month is all about savings and spreading the word to all authorized shoppers," said Wiedemer. "It serves as a focal point for celebrating the sav-

ings and celebrating the commissary benefit."

"Extreme" savings are a reason to celebrate for many customers as September's successful "World's Biggest Case Lot Sale" is expanded to a second worldwide sale during Commissary Awareness Month in May. Case lot sales routinely save customers 50 percent or more off regular prices for paper products, cereal, canned

See *COMMISSARY*, B-6



## ON THE MENU AT ANDERSON HALL

**Today Lunch**  
Seafood Platter  
-Fried Fish Nuggets  
-Fried Shrimp  
-Fried Scallops  
-Breaded Oysters  
Lasagna  
Baked Ravioli  
Macaroni & Cheese  
Chewy Nut Bar  
Yellow Cake Layer w/  
Butter Cream Frosting  
Asst. Fruit Pies

**Dinner**  
Roast Pork Loin  
Barbecued Chicken  
Mashed Potatoes  
Steamed Rice  
Chewy Nut Bar

Yellow Layer Cake w/  
Butter Cream Frosting  
Asst. Fruit Pies

**Specialty Bar**  
(Lunch and Dinner)  
Pasta Bar

**Saturday Brunch/Dinner**  
Herbed Cornish Hens  
Grilled Strip Loin Steak  
Rice Pilaf  
Mashed Potatoes  
Chocolate Chip Cookies  
Asst. Fruit Pies

**Sunday Brunch/Dinner**  
Yankee Pot Roast  
Baked Ham  
Mashed Potatoes  
Candied Sweet Potatoes  
Chocolate Cake w/  
Chocolate Cream Frosting  
Asst. Fruit Pies

**Monday Lunch**  
Meat Loaf  
Creole Pork Chops  
Mashed Potatoes  
Pork Fried Rice  
Apple Crisp  
Chocolate Chip Cookies  
Asst. Fruit Pies

**Dinner**  
Baked Turkey & Noodles  
Baked Fresh Fish  
Rice Pilaf  
Apple Crisp  
Chocolate Chip Cookies  
Asst. Fruit Pies

**Specialty Bar**  
(Lunch and Dinner)  
Pasta Bar

**Tuesday Lunch**  
Beef Sukiyaki  
Pork Chop Suey  
Egg Foo Young  
Chinese Fried Egg Roll  
Steamed Rice  
Pork Fried Rice

Chocolate Pudding  
Asst. Fruit Pies

**Dinner**  
Creole Macaroni  
Baked Fish Fillet  
Mashed Potatoes  
Noodles Jefferson  
Chocolate Pudding  
Asst. Fruit Pies

**Specialty Bar**  
(Lunch and Dinner)  
Taco Bar

**Wednesday Lunch**  
Barbecue Spareribs  
Country Style Steak  
Steamed Rice

Mashed Potatoes  
Oatmeal Cookies  
Asst. Fruit Pies

**Dinner**  
Baked Chicken  
Beef Pot Pie  
Boiled Egg Noodles  
Mashed Potatoes  
Brownies  
Asst. Fruit Pies

**Specialty Bar**  
(Lunch and Dinner)  
Hot Dog Bar

**Thursday Lunch**  
Baked Lasagna  
Chicken Parmesan

Asst. Pizza Slices  
Garlic Toast  
Brownies  
Asst. Fruit Pies

**Dinner**  
Chicken Vega  
Simmered Corned Beef  
Parsley Buttered Potatoes  
Steamed Rice  
Apple Pie  
Oatmeal Cookies  
Asst. Fruit Pies

**Specialty Bar**  
(Lunch and Dinner)  
Taco Bar



# 'Newman's Own' seeks to award \$50,000

Groups that strive to improve military's quality of life qualify for grant

## Marine Corps Community Services Press Release

WASHINGTON — For the fifth consecutive year, Newman's Own, Fisher House, and the Military Times Media Group are sponsoring the "Newman's Own Award for Military Community Excellence." Volunteer organizations are invited to compete for a share of \$50,000 in grants.



If you are part of a group striving to improve the quality of life for military personnel and their families, then you need to go to [www.fisherhouse.org](http://www.fisherhouse.org) and submit your innovative plan or idea. The submission deemed most outstanding will receive a \$10,000 grant. The remaining \$40,000 will be allocated to other organizations by the judges.

Keep in mind that the judges are looking for good ideas that capture the spirit

of volunteerism. Organizations should primarily be those with volunteers rather than paid professional staffs. Parent/Teacher Associations, student classes, boy scouts/girl scouts, spouses' clubs, and similar community organizations, are invited to enter if they have projects supporting the military community that need financial support.

There are specific rules of eligibility. You can visit [www.fisherhouse.org](http://www.fisherhouse.org) or call (888) 294-8560 to find out specific details; however, all entries must be received by June 1.

The Newman's Own Award for Military Community Excellence is jointly funded through the sale of Newman's Own products at military commissaries worldwide, Fisher House Foundation and the Military Times Media Group.

World War II veteran and actor Paul Newman donates all profits from the sale of Newman's Own products to charitable and educational causes. Since 1982, Newman has donated more than \$125 million to thousands of charities.

Every purchase of a Newman's Own product at your local commissary benefits Fisher House and programs like the Newman's Own Award.

# Volunteer matching service launched in Hawaii

Web site helps volunteers find the right opportunity to improve their communi-

## Amanda Jones Aloha United Way

HONOLULU — United Ways in Hawaii have just launched a statewide volunteer matching service that allows people to search for volunteer opportunities online.

"Volunteer Hawaii" uses award-winning software to help individuals and groups find volunteer opportunities that match their interests.

"Getting people involved in volunteering is a key strategy for improving the quality of life in our community,"

said Irving Lauber, A UW president. "With this new service, Hawaii now has one centralized place for volunteers and nonprofits to connect. We're very excited about the possibilities."

Volunteer Hawaii is available at [www.volunteerhawaii.org](http://www.volunteerhawaii.org). A powerful search engine enables people to search by keyword, zip code, social issue or an even more advanced search to find opportunities. It also allows people to research the agency offering the opportunity before they volunteer. This is the first time this software is being used in Hawaii.

People without Internet access can call Aloha United Way 211 for assistance. The 211 specialists will search the Volunteer Hawaii database for callers. Also, 211 is a free call from all islands, 24



hours a day.

"Like many other nonprofits, volunteers are absolutely critical to the work of the Red Cross," said Coralie Matayoshi, American Red Cross, Hawaii State Chapter CEO. "Volunteer Hawaii is a great tool for recruiting volunteers because it's user-friendly, and at the same time, offers so many options in searching for an opportunity that interests them."

Volunteer Hawaii already has more than 100 volunteer opportunities listed in its database. Potential for growth is unlimited, and all legally incorporated nonprofits, government entities, schools, faith-based organizations and neighbor-

hood associations in Hawaii are encouraged to post their volunteer opportunities.

"Increasing volunteerism in our community is an initiative A UW is committed to over the next few years," explained Lauber. "Volunteer Hawaii is a great tool to help us get the community involved. It works because it's so easy for agencies and individuals to use."

Aloha United Way is a community leader, bringing individuals and organizations together to improve health and human services on Oahu. A UW is committed to maintaining and strengthening our community's safety net and ensuring services are available for people who need them.

For more information about Aloha United Way, visit [www.auw.org](http://www.auw.org).

## COMMISSARY, From B-4

goods, beverages, cleaning supplies and more.

Commissaries have the freedom to schedule their sales anytime during May, so customers should check their local commissary Web pages under the "Locations" link at [www.commissaries.com](http://www.commissaries.com) to find local case lot sale dates and hours of operation.

While visiting DeCA's Web site, customers can now sign up for the new "Commissary Connection" e-mail newsletter offering commissary news, tips, and "Hot Links" to Web sites that can steer them to more savings.

Commissary Awareness Month is also the time of year

when commissaries make a concerted effort to reach new customers through "show and tell" tours for single and new service members, and Guard and Reserve families.

Reserve forces were granted unlimited commissary shopping privileges by the 2004 Defense Authorization Act signed in November 2003.

"Our goal is to make sure every Guard and Reserve family gets the word that the commissary can put money in their pockets and food on their tables," said Nixon.

"Throughout the year, there will be welcoming ceremonies and outreach activities at U.S. stores, and many commissaries will conduct off-site case lot sales. Basically, that's when we

## May 14-15 – Case Lot Sales at Kaneohe Bay Commissary

take the store to the Guard and Reserve, offering a taste of what they can experience if they shop at their commissary. It's a way to introduce them to their benefit and encourage them to shop," he said.

Regular commissary shopping can save about \$2,700 annually for a family of four.

The annual single service member campaign in May is geared toward introducing new and single shoppers to their commissary.

"Many of our new and single military members don't realize they can save as much as \$700 a

year by shopping regularly for their personal items, vitamins and over-the-counter medicines, snacks and beverages and more," said Scott Simpson, DeCA's chief operating officer.

In the past, single service member campaigns have included programs such as "Better Opportunities for Single Soldiers, Single Marines and Navy Liberty." The Air Force doesn't have a formal single service member program, but for the first time, many First Term Airmen centers will be participating in Commissary Awareness Month tours. Overall, sign ups for the 2004 program have reached an all-time high of 75.

Commissary Awareness Month ends with a patriotic

splash Memorial Day weekend with the launch of "Savings You've Earned" on May 27.

"This is a brand new worldwide commissary signage and marketing program," said Simpson. "Savings You've Earned" should help customers easily identify what's on sale. The red, white and blue shelf signs, posters, banners and employee buttons will create excitement in commissaries worldwide — and reinforce commissary savings messages."

"We want to make sure our customers feel welcome in their commissaries and that they are taking full advantage of the savings," said Wiedemer. "It truly is savings they deserve: 'Savings They've Earned!'"

# McCormack awarded Social Worker of the Year

## Base worker is dedicated to improving others' lives

**Pfc. Rich Mattingly**  
*Sports Editor*

When she began to doubt the path her life and career as a social worker was on, it was a simple tarot card reading in Chiangmai, Thailand, that convinced her she should stay her course.

"I was questioning staying in social work. At the time, it was so draining, and I thought it was hurting my family life," said Arlene McCormack, program manager of base Counseling Services and the Family Advocacy Program.

"But when she [the fortune teller] told me that it was because of my job that my personal and family life was working well — rather than in spite of it — I knew then that I was doing the right thing."

When McCormack was recently named "Social Worker of the Year for Family and Child Welfare Services" by

the Hawaii chapter of the National Association of Social Workers, it only reaffirmed her beliefs.

From the jungles of Honduras to the Windward side of Oahu, the painter, potter, eastern philosophy devotee (McCormack reluctantly reveals that she is also a black belt-wearing karate enthusiast) and rabid University of Connecticut fan has traveled far and wide trying to affect positive change in the lives of others.

"I started out as a recreational therapist in Connecticut, but after meeting a social worker from Hawaii, I started thinking that maybe there was a way I could be more involved in helping people help themselves. That social worker was doing all the things that I really admired," McCormack explained about her career path. "Social work was such a broad field in its scope, and I knew I'd be able to focus on what I wanted to do."

McCormack went on to describe why social work is so valuable to the process of repairing lives.

"In social work, people can get so

caught up in the circumstances of their relationships, of their situations, that they don't see that they could make changes that would make their lives better. We're here to support and aid, but it's always walking that line between being helpful and having them take accountability for their actions."

She has also focused her career on the importance of social work and the effect that a team of dedicated individuals can make in the lives of those they try to reach.

McCormack's own staff nominated her for the honor. She said that made winning the award that much more gratifying. A huge basketball fan, she values the functional team environment in her office over one in which individual accomplishments are praised.

"This award represents a collaboration; it's really about learning from each other. They are such experts in their fields, and they are a modest group of people. It's good to know that they see me as part of the team and not just the supervisor."



Photo Courtesy of Arlene McCormack

**Arlene McCormack, program manager of base Counseling Services and the Family Advocacy Program, was recently recognized as Hawaii's "Social Worker of the Year" for Family and Child Welfare Services.**

## PERSONAL TECHNOLOGY

# PIECES of you

Personal information can be acquired quickly and cheaply

By Duane D. Stanford  
Cox News Service

ATLANTA, Ga. —The bits and bytes of Darryl Blake's life are on sale for \$79. Log onto the Internet, type in your credit card number, and his history is yours.

Get his past addresses going back 20 years. Phone numbers. Relatives. Past and current neighbors. The price of his home. His birth date. All in a neat e-mail report.

For \$130, you can get a psychological profile of Blake. For an extra \$39.95, have it rushed to your e-mail in-box in a day.

"They have all my past information," Blake said, thumbing through the reports. "This information is available to anybody who just wants it."

Compiling comprehensive dossiers used to require weeks, even months of legwork, and the cost involved was often prohibitive, especially for the opportunistic criminal or the casual snooper.

Technology changed the game. Entrepreneurs began gathering personal information from court-houses, government offices and credit bureau files, storing it in easy-to-use databases. Initially, only private investigators, police and newspapers tapped such services.

But today, the services once used by a select few are widely available. Obtaining detailed information takes minutes or hours to obtain, and the cost is relatively small.

Your neighbor, right now, could

be looking at your life on a computer screen. A potential employer could be using a downloaded background report to decide whether you get the job. Or much worse — the prying eyes could belong to someone who wants to steal your identity or stalk you.

Blake had little idea how much of his life is on file. To find out, "The Atlanta Journal-Constitution" pulled reports from three companies advertising background searches over the Internet — Docusearch Investigations, Case Breakers and Abika.

The reports show three U.S. addresses where Blake, an Army veteran who now works as a network administrator for the Social Security Administration, has lived. They give specifics for his home in Georgia, as well as for houses he has owned and rented elsewhere in the United States. The reports are enhanced with census data of residents in his neighborhood.

The reports also list a house Blake made an offer on in Washington state but never purchased. The address has become a permanent part of Blake's digital history, most likely by way of his credit report.

Blake's wife is listed along with her partial Social Security number, its state of issue and her birth date. The same information is provided for several of her relatives, including her mother and two cousins.

The criminal record search

included with the reports turned up a traffic offense in North Carolina. According to the reports, Blake pleaded guilty to driving the wrong way on a one-way street in 1982. Blake recalls the guilty plea but said he actually admitted to speeding. He said no one-way street was involved.

Other than that, Blake said the accuracy and detail of the reports are generally good, if disturbing.

"If someone wanted to steal my identity, they would have all my past information," Blake said.

#### Information restricted

Dan Cohn is director of the Virginia-based Docusearch Investigations. He said the company releases sensitive information, such as Social Security numbers and unlisted telephone numbers, only for specific uses, such as debt collection. Most of his clients are private investigators and attorneys.

Docusearch this year settled a lawsuit by the family of a woman shot to death by a former classmate as she left work one day in 1999. The man paid Docusearch for the woman's birth date, Social Security number and employment information. The subcontractor Docusearch hired to get the victim's work address is alleged to have employed a controversial technique called "pretexting," in which she lied about the purpose of a telephone call seeking information.

Docusearch taps a half-dozen privately maintained databases to compile its reports. One, for example, might be strongest when it comes to updated criminal records but weaker on address histories.

Cohn stressed that a background search is only as good as the database from which it is compiled. He said it's up to the customer to verify details in the report.

"There's a lot of information in there," he said. "Not all of

it can be relied on."

Another company, France-based MotherK, advertises a \$230 "enhanced dossier" that includes the person's Social Security number. The Journal-Constitution placed an order for the report Feb. 10 but did not receive it. MotherK representatives did not respond to e-mails from the newspaper inquiring about its order. No other contact information was listed on the company's Web site.

#### Digging deeper

Some online companies don't stop at simple background searches.

The "Journal-Constitution" ordered a psychological profile of Blake from South Dakota-based Abika, which provides everything from e-mail tracing to "sexual orientation checks."

The newspaper provided Blake's Social Security number, birth date and address. It got back 47 one-sentence bul-

See PROFILE, B-9



## Your story is on sale for \$79.95

A standard background search by an Internet data company typically returns this information:

- Name, partial Social Security number, aliases, birth date
- Current and past addresses
- Current and past phone numbers
- Home purchase price and year, bedrooms/bathrooms, market and assessed values, year built, square footage, book and page number for deed, zoning, taxes imposed, construction details
- Spouse's name, partial Social Security number, birth date
- Relatives' names, birth dates, phone numbers, addresses, partial Social Security numbers
- Neighbors' names, birth dates, addresses, phone numbers, partial Social Security numbers
- Federal Aviation Administration certifications, such as private pilot's licenses
- Businesses owned, phone numbers, addresses, business license filing dates
- Bankruptcy filings

Darryl Blake questions assertions made in a psychological profile of himself, ordered from a company selling dossiers and psychological profiles online. Though there were a few inaccuracies, Blake said the bulk of the facts within the dossier was disturbingly accurate.



Cox News Service

### PROFILE, From B-8

let points claiming to sum up Blake's character, including his sexual tendencies.

The profile said Blake "does not like restrictions on his freedom and strict rules and regulations," despite the fact that he had a long military career.

Abika also rated six areas of Blake's psyche on a 100-point scale. The poorly worded category headers are "cheating," "short attention span," "leadership," "decisive,"

"jealousy" and "possessive." Only a score is provided, with nothing to support the assertion.

Blake scored in the 80s on most categories. He scored a 73 for an alleged "tendency to cheat" on his wife of 18 years. Blake said the assertion was ridiculous.

Blake questioned the credibility of the Abika report.

"What input do they have about jealousy, for example?" he asked. "They're getting paid to do it, they'll spit out anything."

## WORD TO PASS

### Hilton Hawaiian Celebrates the Arts, This Weekend

Artists and crafters can mingle with poets, actors, dancers and musicians this weekend when Hilton Hawaiian Village transforms into an arts mecca. Hilton Hawaiian will celebrate Hawaii Arts Season today through Sunday with an array of free public performances including poetry readings and storytelling, ballet and modern dance, and jazz and classical music, as well as an art fair with more than 40 local artisans selling their works.

For more details, visit [www.hiltonhawaii.com/artsseason](http://www.hiltonhawaii.com/artsseason).

### Humane Society to Honor Military

Military personnel can enjoy free pet microchipping throughout the month of May at the Hawaiian Humane Society, with the presentation of a valid ID card, in honor of Hawaii Military Appreciation Month. For more information, call 946-2187.

### Chamber Posts HMAM Events

The Military Affairs Council of the Chamber of Commerce of Hawaii recognizes the many contributions of the military and has designated the month of May as "Hawaii Military Appreciation Month 2004." The business community will sponsor and host a variety of activities and events to show appreciation and lift the spirits of Hawaii's military ohana.

•Saturday: The Commanding General, 25th Infantry Division (L), will host the traditional military "Twilight Tattoo" at Fort DeRussy from 4 to 6 p.m. The Tattoo will feature ceremonial performances by military bands, as well as the Royal Hawaiian Band, Celtic Pipes and Drums of

Hawaii, and performances by Hawaii's top ROTC drill teams. The public is invited to attend this free event.

•Sunday: A day full of entertainment, food booths, rides and a variety of fun-filled activities await guests of "Family Sunday Military Day" at the Bishop Museum. The family fun is scheduled from 9 a.m. to 5 p.m., and military are invited free of charge, as well as museum members and children under 4. Admission is \$3 for kamaaina.

Among the day's festivities will be the grand opening of "What In The World Is It?" a giant maze filled with mystery stations for kids; entertainment by Polynesian dancers; the ever-popular "Military Working Dog" demonstration; demos by the Birds of Paradise radio-control flyers; models of airplanes, tanks and ships; displays of hot rods, motorcycles and choppers; and fun activities for keiki such as face painting, puppetry and a petting zoo with pony rides.

Bishop Museum is located at 1525 Bernice Street and is open daily from 9 a.m. to 5 p.m. For more details, call 847-3511, or visit [www.bishopmuseum.org](http://www.bishopmuseum.org).

•May 1 - 8: Paradise Cove will host "Military Appreciation Nights" from 5 to 8:30 p.m. The event will feature a buffet dinner, games and a Polynesian show. Discounted tickets for military will be available only through on-base military Morale, Welfare and Recreation; Information Tickets and Tours; and Information, Tickets and Registration offices.

•May 11 - 16: The Honolulu Academy of Arts will honor all active duty and retired military personnel, and their family members, with a special discounted rate of \$10 to view its

upcoming landmark exhibit featuring European and Japanese modernists.

Advance tickets are recommended and may be obtained by calling 532-8719. The exhibit will be open through June 6. The Academy will be the only venue in the world to show this spectacular collection of impressionist artists, many never seen before outside of Japan.

Military can enjoy free admission to other exhibits on the first and third Sunday of every month. Located at 900 S. Beretania St., call 532-8701 for recorded information, or visit [www.HonoluluAcademy.org](http://www.HonoluluAcademy.org).

•Throughout May: Catch specials at the Battleship Missouri Memorial on Ford Island, and at Atlantis Adventures in Waikiki. Also, be sure to get your JN Chevrolet Special Discount Book from a participating Hawaii business, the military exchange or base commissary.

### Base Chapel Reaches Out to Community

Marine Corps Base Hawaii residents, workers and patrons are invited to participate in several community outreach projects with the base chapel aboard Kaneohe Bay. Simply drop by the chapel and fill out a volunteer form three days prior to the event. For more info, call Joshua Kimble at 257-3552, ext. 28.

•Today: Help feed the homeless in Honolulu. Call Sonya at 254-6443 for details.

•Tuesday at 2:30 p.m.: Assist with "Elderly Fun" by playing board games, talking and listening to seniors at the Ann Pearl Nursing Home.

•May 10 from 6 to 7 p.m.: Help at the Hawaii Youth Correctional Facility.

### Even 'Real Men' Invited to Square Dance

Registration is underway through Wednesday for new dancers — whether singles, couples, teenagers, men or women — to come out and hoe down to a few square dance steps in weekly classes to be held from 8 to 9:30 p.m.

For more information, call David Lemon at 456-8465.

### New Baby Expo Arrives May 15

Hawaii's largest prenatal to preschool expo with more than 100 exhibitors will touchdown at the Neal Blaisdell Exhibition Hall, May 15 and 16, from 10 a.m. to 5 p.m. Special events include Meadow Gold Dairies' "Baby Crawling Contest," Hawaii's largest baby shower for all expectant mothers, an infant and toddler play area, and more.

Tripler Army Medical Center will host an exhibit entitled "Family Centered Care" to provide information to eligible beneficiaries and their families. Also this year, moms will be treated to a free massage!

A new high-tech 4D ultrasound product, called "First Look Sonogram," will bring the first 4D ultrasound for consumer use (\$99 for a 15-minute session, only at the expo) to Hawaii. Any mother who is at least 28 weeks pregnant can now get that precious preview of her baby — with clearly distinguished facial features — and check her baby's heart rate, position and gender. This ultrasound package provides a videotape, DVD or photographs of the experience.

For more information, contact Anna Lau-Parish at 239-7777, e-mail [info@newbabyexpo.com](mailto:info@newbabyexpo.com), or surf [www.newbabyexpo.com](http://www.newbabyexpo.com).

## MARINE MAKEPONO

HAWAIIAN FOR "MARINE BARGAINS"

### Automobiles

'98 Dodge Grand Caravan SE, loaded, dual sliding doors, new tires, clean, 61k miles. Asking \$9,500 OBO. Call 224-2172.

'99 Mercedes Benz E320, black/tan, loaded, excellent condition. Leaving the island. Must sell. Asking \$22,000. Call 477-8858.

'00 Ford Mustang convertible, A/C, CD, automatic, with 54k miles. Asking \$11,000 OBO. Leaving the island. Must sell. Call 236-3825.

### Motorcycles

'90 Harley Davidson Sportster, 12,500 original miles, chrome extras, runs great. No mechanical problems. Asking \$4,500. Call Gunnery Sgt. Baughman at 261-1425.

'95 Suzuki Intruder VS 1400 cruiser, after-market seat, windshield, exhaust, saddlebags, new tires and brakes. Asking \$4,000. Call 224-2172.

### Yard Sales

Saturday, from 7 a.m. to noon at Hilltop housing by the Officers' Club. Lots of bargains! No early birds, please.

### Miscellaneous

'02 Kawasaki Bayou 250 Quad, two available, runs great, one green, one red. The red one has minor cosmetic damage. Both reduced for quick sale. First \$5,000 takes both. Call 262-7980.

12 x 16 feet Stainmaster carpet, light beige, in good condition. Asking \$100 OBO. Call 254-0094.

Child care service, available in the Waianae area. We provide a safe home environment with lots of tender loving care. Call Gilda at 668-9128.

Household goods for sale, three A/Cs, queen and full mattress sets, kitchen table with four chairs, portable dishwasher, desks, dressers, futon with new mattress, small appliances, large mirrors and lots more. Leaving the island. Must sell. Call 477-8858.

Trolling gear, three Penn 9/0 reels, two Penn 30 - 50 pound trolling rods, 10 miscellaneous trolling lures. Asking \$400, firm. Call Alan at 253-5745.