

Hawaii MARINE SPORTS

Hawaii Marine C Section

April 5, 2002

K-Bay Marine takes on Turkish challenge Looks to participate in new USMC Regional Running Program



Courtesy of Lance Cpl. Rich Rogers

Rogers ran against some of the top military cross country runners from around the world and looks to participate in the upcoming Regional Running Program.

Cpl. Jason E. Miller
Combat Correspondent

One hometown hero from MCB Hawaii, Kaneohe Bay, recently ran at the chance to compete against some of the top runners in the world at an event in Europe.

Rich Rogers, a cook at Anderson Hall Dining Facilities aboard K-Bay, represented the Marine Corps and the U.S. at the 49th Annual World Military Cross Country Championships in Anatolia, Turkey.

The event, was different than any others he had participated in, marked his first time competing on the international level.

"It so different from anything that I've ever done before. The track, the runners and everything were completely different than the way they are over here and on the mainland," Rogers said.

In all, 29 countries sent their best

military runners to compete in the world class event. Some of the participants were past Olympians who joined the military as a way to run for a career.

The event, like the Olympics, featured elaborate opening and closing ceremonies to honor the athletes who had come from across the globe to compete.

"The ceremonies were really something to see," said Rogers. "All of the military guys were there in their 'class A' uniforms, and it was interesting to see all the uniforms from the other countries."

"They really loved the Americans over there."

Rogers' race, the men's short course, kicked off at 11 a.m., nearly a 12-hour time difference from Oahu. Adjusting to the schedule was one of the roughest parts of the race, said Rogers.

See ROGERS, C-6

VP-9 helps out school with car

Lt j.g. Mike Burke
Patrol Squadron 9

Among the 27 high school teams to enter their electric cars in the Electron Marathon March 23, at Ford Island, Kapolei High School had some special help.

The students, along with Sailors from Patrol Squadron 9, recently constructed a car to place in the event.

The school wanted to enter a team, but did not have an autoshop, tools, or engineers to assist and supervise the project. Counselors from the school turned to the Golden Eagles of VP-9 for help. Lt. j.g. Tom Mclendon and Navy Lt. Dave Perrin taught concepts, and assigned research on batteries, tires and car design. As the data was collected, the students developed communication and teamwork skills as they collaborated and compromised to find the best design solutions.

Petty Officer 2nd Class Alexander Jakhel and Petty Officer 2nd Class Erik Kloster taught safety techniques for welding, which allowed the students to take part in this exciting phase of construction. Petty Officer 2nd Class Douglas Agular and Petty Officer 1st Class Charles Anderson assisted the students with the manufacturing and assembling of the car.

While other schools had six years of previous racing experience to draw from, Kapolei High and VP-9 created their engineering marvel in just four weeks. The team piloted the electric racer through an exciting eight laps around the converted airfield, maintaining an average speed of 27 miles per hour, before minor technical difficulties knocked them out of the race.

The students were proud of their car.

The Golden Eagles were extremely proud of their students.



Courtesy of Lt. j.g. Mike Burke

Students and Sailors worked together on Kapolei High School's electric car.



Luke Telford, a navigational aids technician at MCAF and driver of the Marine Corps' car, races through 10 laps at the Electron Marathon. The Marines were able to pass the Navy early in the race, giving them the third place spot.

Electronic cars amp up on Ford Island

Story and Photos by
Cpl. Jason E. Miller
Combat Correspondent

The cars couldn't match the blazing speed that one might experience at the Daytona 500, but that didn't stop the Interservice rivalry at the Electron Marathon held at the Ford Island airfield March 23.

When it was all over though, the Air Force had managed to wedge out the Army passing them in the last minute to overtake control of the race and this year's military championship.

The Marine team from Marine Corps Air Facility at MCB Hawaii, Kaneohe Bay, which finished second last year, ended up in third place.

The Navy rounded out the rest of the competitors.

The marathon began at around 9 a.m. with several bleachers full of spectators in attendance to see electric cars built by local



Before the race started, the Marines had a few problems with their car breaking down. Luckily, they got it up and running to defeat the Navy, whose car broke down during the race.

high schools and military services.

During the 10-lap military showdown, the cars — all built from scratch — averaged an astounding 30 miles per hour as they rounded the coned-off track.

The Marine team suffered some mechanical failures prior to the start of the race.

Some last-second mechanical engineering allowed the car to make it to the starting line just in time.

"We had a little tech trouble before the start, but luckily we were able to get it worked out before we had to go," said Luke Telford, a navigational aids technician at MCAF and driver of the Marines'

car. As the green flag waived to signal the start of the race, the Navy car shot to the front and gained space over the other three teams, who all jockeyed for position.

The Navy extended its lead until the third lap when mechanical failures

See ELECTRON, C-6

SPORTS BRIEFS

Splash Your Way to Fitness

Make a splash today and get ready for summer with Water Safety's Water Aerobics class offered at the base pool Tuesdays and Saturdays.

Classes are only \$2 per class, or purchase a \$15 coupon book (for 10 sessions) available at the pool.

This non-weight-bearing workout will sculpt and stimulate your entire body.

Water Aerobic classes are free for active duty military Wednesdays and Fridays from 11:30 a.m. - 12:30 p.m.

Water Safety is also accepting applications for ongoing children's swimming lessons.

For more details on the Water Aerobics classes, contact base Water Safety at 254-7655.

Make your Goals

Help turn your child's endless supply of energy into a goal-oriented arena.

Youth Activities is accepting applications for the Windward Community Federal Credit Union's Youth Soccer program through April 30.

The season registration fee for Youth Activity members is \$30, \$40 for non-members.

For age requirements, schedules and additional details, call Youth Activities at 254-7611.

Youth Soccer Registration

Get kicking with the base youth soccer team.

Starting Monday, at Youth Activities, parents can reg-

ister their children for the upcoming league.

Fees for the league are as follows, \$30 per child enrolled in Youth Activities and \$40 per child not enrolled in Youth Activities.

All base teams will play with the Hawaii Youth Sports League, consisting of teams from local communities.

Pool Closure

Recreation swim at the K-Bay pool gets temporarily interrupted Monday through April 26 as the Marine Combat Instructor Water Survival School will utilize the pool from 5 - 11 a.m. and 1 - 5 p.m., Monday - Friday.

Swimming lessons will be moved to the Hill Top pool.

This training will not affect lap swimming.

For more information, call Water Safety at 254-7655.

Melee at K-Bay

The Enlisted Club is proud to host another night of fights.

On April 13, the doors are opened for anyone who enjoys boxing to watch some of Oahu's top amateur boxers duke it out for supremacy in the ring.

The doors will open at 6 p.m. with the first bout starting a 7 p.m.

If boxing is not your favorite sport, then come out to support the Marines from Fighters Unlimited.

Last time, this boxing club won three out of their four fights; they plan on the same result again. Some of the

boxers in Fighters Unlimited have only just begun boxing.

Advance tickets can be purchased for \$12 by calling 253-6610.

Tickets can be purchased at the door for \$15.

Batter Up

Camp Smith is getting into full swing — with softball that is.

Camp H.M. Smith will host a Intramural Softball League beginning this May.

An organizational meeting is scheduled for Tuesday in Bldg. 9 Room 129 at noon.

All team rosters must be submitted to the Camp Smith Athletics Office no later than April 30.

A Spring Fling Softball Tournament is also scheduled at Camp Smith for April 27 and 28 aboard Bordelon Field at 8 a.m.

Entry fee per 15-player team is \$150. Awards will be presented to 1st and 2nd place.

The Spring Fling Softball Tourney is open to all authorized military ID cardholders who are 18 years and older.

For more information regarding the Intramural Softball League, the Spring Fling Softball Tournament or any other sports at Camp Smith; call Angela Pittman at 477-0498.

Sharing the Aloha of Health

The military community is invited to the 2002 Aloha Muscle and Fitness Extravaganza May 25-27 at the Hawaiian Convention Center.

Scheduled for the main stage is the "Slay the Dragan" event.

Dragan Radovich is a man who is world-renown for his physical and mental endurance.

He is 53-years old, stands at 6'3" and weighs 175 pounds. His exhibition is extremely physical, exciting, fun and challenging.

Dragan will challenge "teams" of up to eight people in a unique test of strength and endurance.

During this challenge, teams of up to eight people will compete against Dragan, one at a time.

The test consists of taking a 35 pound dumbbell in each hand, curling the weight to the shoulder and then proceeding to press it overhead and back to the starting position, and then doing the same with the other arm.

The catch is each teammate must keep cadence with Dragan. But, once competitors can't do any more reps, they trade the weights with another teammate.

The total combined number of repetitions by the entire time is the final count. If any team completes a combined number of reps greater than Dragan's, that team will be awarded \$10,000 in cash.

Another event is for military only.

Each service can supply two teams each day to compete against the other services, with teams competing for the most repetitions. The winning team will be awarded \$1,000 in cash to be donated to the winning branches' athletic facility.

There is no entry fee for any of the events, but teams must have a roster in by May 10.

The two mentioned events take place May 26 and May 27 at 2 p.m. in Exhibition Hall I at the convention center.

For more information or any further questions, call Keith Jones, president of the extravaganza, at 306-6321.

Base All Stars

NAME: Seaman Kenzie Moore

BILLET: Dental technician

UNIT: 21st Dental Co.

POSITION: Guard

TEAM: 21st Dental

SPORT: Basketball

HEIGHT: 6'1"

WEIGHT: 170 pounds

• **Moore began his involvement in basketball in third grade.**

• **Since his days on the court in elementary school, Moore claims his biggest accomplishment was being named MVP his senior year at Lynwood High School in California.**

• **Recently, Moore walked away with a trophy from the Slam Dunk contest at the Semper Fit Center. This is one of two dunking competitions he has won.**



Sgt. Roman Yurek

"I knew I would win this competition because I just won one in Okinawa"

Sports Ticker

Basketball

Slam Dunk Contest

Kenzie Moore 116 points
Kane Flowers 99 points
Tony Rogers 96 points
Kevin Small 96 points
Shawn Brown 92 points
Curtis Tate 87 points
Devall McCoy 60 points

Intramural Championship

Ole School 74
Dirty Third 62

Baseball

Teams and Vets

(Compiled by John Gunn)

Red Sox face the Royals next week at Fenway Park. The Boston manager is

Marine vet Grady Little. The Kansas City manager is Marine vet Tony Muser. The Giants host the Padres Friday through Sunday. The San Francisco manager is Marine vet Dusty Baker.

Other Marines involved in baseball include:

• Major League Baseball

Sandy Alderson, Executive VP baseball operations
Bob Watson, VP on-field operations
Jerome Holtzman, baseball historian

• Major League Baseball Coaches

Dave Duncan, Cardinals pitching coach
Charlie Hough, Mets pitching coach

Tug McGraw, Phils special spring-training camp pitching instructor

• Front Office

Larry Dolan, Indians owner-president
Mike Illitch, Tigers owner
John Madigan, chairman-CEO, Tribune Co. (Cubs owner)
Vince Naimoli, Devil Rays managing general partner-CEO
Dick Tidrow, Giants VP-player personnel
Chief Bender, Reds senior adviser for player development

• Minor League Managers

Bobby Floyd, Norfolk (International) (Class AAA)
Tim Johnson, Saltillo Sarape Makers (Mexican League),

Class AAA
Dave Cash, Bowie (Eastern), Class AA (Orioles)
Don Money, Beloit (Midwest), Class A (Brewers)

• Minor League Coaches

Bill Lachemann, Salt Lake (Pacific Coast), Class AAA (Angels)
Richie Hebner, Durham (International League) Class AAA
Carlos May, Cook County Cheetahs (Frontier) (Independent)
Wayne Terwilliger, St. Paul (Northern) (Independent)

• Minor League Executives

Naimoli, president-CEO
Orlando (Southern) Class AA

Illitch, principal owner, Lakeland (Florida State) Class A

• Scouts

Cal Ermer, special assignment, Twins
Bob Skinner, special assignment, Astros
Bob King, area scout for the Padres

• Announcers

Jerry Coleman, Padres radio broadcaster
Ernie Harwell, Tigers radio broadcaster
Rick Monday, Dodgers radio and TV broadcaster
Bob Murphy, Mets radio broadcaster
Tom Seaver, Mets TV broadcaster
Bill Schonely, Portland radio broadcaster

K-Bay leathernecks develop boxing skills

Story and Photos by
Sgt. Roman Yurek
Sports Editor

Two men stand toe to toe, while a mixture of sweat and blood streams down their faces. They throw fierce jabs, hooks and uppercuts at one another's head and body, hoping one blow will knock out the opponent.

The bell rings and both boxers freeze in mid swing, relax and move back to their respective corners.

Here at MCB Hawaii, Kaneohe Bay, beginner and experienced boxers can train under the guidance of Jack Johnson's Fighters Unlimited club.

Johnson has taken his 14 years of experience and put it toward developing new and old boxers.

"I will teach anyone who wants to learn how to box," said Johnson.

Fighters Unlimited is open to all active duty servicemembers and is free, with the exception that boxers must purchase their own hand wraps.

"I always wanted to learn to box, and thought this was a good opportunity, so I gave it a try," said Dustin Jones, a Marine boxer in Fighters Unlimited.

For one hour, three days a week, boxers develop basic boxing skills. After they grasp the basics, Johnson begins working on speed and power.

Currently, there are 13 boxers in Fighters Unlimited. Anyone who attended the "Rumble in the Tropics" on March 16, saw four of the fighters in the ring battle local fighters.

"Boxing is the best individual sport,

and it is safe," Johnson added.

To ensure that the boxers don't get hurt too badly, Johnson puts them through rigorous training that he claims to be similar to running, swimming and jumping rope, all at the same time.

Boxers start with shadow boxing, or simply throwing punches into the air and fighting an opponent that doesn't exist. For beginners, he shows them how to jab, and has them work on that.

After the warm up is over, he moves them into a rotation on a variety of stations.

These experienced and beginner fighters rotate from crunches to a punching bag. All the exercises they do help strengthen their muscles, increase their endurance and stamina, and allow each individual to work on technique.

While the newest boxers train, some of the more experienced fighters give them tips.

Boxers like Rian Torrance, a Marine who started boxing two years ago and currently holds a 5-3 record, trains with Fighters Unlimited and works with the other boxers.

With the experience at the gym, the newest boxer has the ability to learn from what others have experienced.

"I teach all levels," said Johnson. "I take the beginners and work with them to make them stars."

Anyone interested in boxing can attend the practice inside the first level of building 4012, Monday, Wednesday and Friday at 6 p.m.

It's not all training; there are days where Johnson will take his fighters to other gyms to spar with other boxers to build experience.

The biggest step to learning how to box is to come to a practice. Johnson openly invites anyone interested to join.

To see Marines of Fighters Unlimited in action, boxing fans can attend the "Melee at K-Bay," April 13 at the Enlisted Club.



Dustin Jones, a Marine boxer with Fighters Unlimited, practices his jabs during the hour long training. Dustin was one of three fighters who recently started boxing.



Richard Ranson, a Marine boxer with Fighters Unlimited, throws the right jab under the guidance of Jack Johnson, president of Fighters Unlimited.



Dustin Jones and Alex Delgado, both are Marine boxers with Fighters Unlimited, work on their jabs while warming up before practice.



Photo courtesy of MCCA

Participants in previous Swamp Romps get cleaned off by a sprinkler before heading back into more mud and grime along the course.

Swamp Romp returns to K-Bay waters

8TH ANNUAL CSSG3



Debbie Baker
MCCA Public Relations

Hey Oahu, are you ready to Romp & Roll?

Marine Corps Base Hawaii challenges the entire island to assemble six muddy buddies and enter the 8th Annual Combat Service Support Group 3 Swamp Romp, Saturday, April 20 aboard MCB Hawaii, Kaneohe Bay.

The Swamp Romp is Hawaii's dirtiest obstacle course and team challenge on the island.

Entry fee is \$90 and includes a Swamp Romp T-shirt.

The first 225 six-person teams will be accepted.

Information packets may be picked-up at the Semper Fitness Center, Bldg. 3037, April 18 and 19.

Entry forms may be obtained at nearly every Marine Corps Community Services outlet.

Medals will be presented to the Swamp Romp teams who place 1st, 2nd and 3rd.

The Swamp Romp is one of nine athletic races that comprise the Commanding General's Semper Fitness Series on base.

Tenant commands competing in the Swamp Romp will be awarded Semper Fitness Points toward the Commander's Cup at the end of the year.

Mahalo to all of the Swamp Romp sponsors: Gatorade, Island Demo and Piranha Energy Drink.

The Swamp Romp obstacle course is organized by the Semper Fitness Department of MCCA.

All race proceeds enhance the quality of life for the Marine, Sailors and family members aboard MCB Hawaii.

So, if you don't mind getting a little dirty, or you're just looking for something new to do, join CSSG-3, MCCA and MCB Hawaii for the 8th Annual CSSG-3 Swamp Romp

For more information about the Swamp Romp, call the MCCA Sports Coordinator, Steve Kalnasy at 254-7590.

Championship proves to be another thriller

NAPS
Featurettes

Although David Bolstad is not a postman in his native New Zealand, he really delivered in Ketchikan, Alaska.

Neither the driving rain, 11 competitors or the gloom of the encroaching Alaskan night could keep him from his appointed round of winning the Stihl Timbersports Series championship.

Bolstad endured the cold, wet conditions of a late summer Alaskan squall to handily win the series championship by dethroning fellow countryman and four-time defending champ Jason Wynyard.

Australian Kerry Head placed third.

Bolstad jumped to an early, seemingly insurmountable lead, winning all three chopping events and tallying 36 points out of a possible 72.

But an uncharacteristic sixth place in

the Single Buck event left a glimmer of hope for Wynyard, who won that event and placed second in the Underhand Chop and third in the Standing Block.

Wynyard had also stumbled early, finishing a disappointing seventh in the Springboard; so after four events, the two dominating Kiwis were tied in points.

With the two machine sawing events left to go, the Stihl Stock Saw and Hot Saw contests, the eyes of a capacity crowd at the Great Alaskan Lumberjack Show arena were focusing on the last event the super-performing Hot Saws-for the championship showdown. But it was in the Stock Saw where the championship changed hands.

A bobble in the Stock Saw is what most observers agree cost Wynyard his unprecedented fifth straight title.

With an incredible 11th place finish and the

two points it carried, Wynyard effectively was out of the number one position for good.

All that could change the inevitable would be a Bolstad disqualification or last-place finish in the Hot Saw.

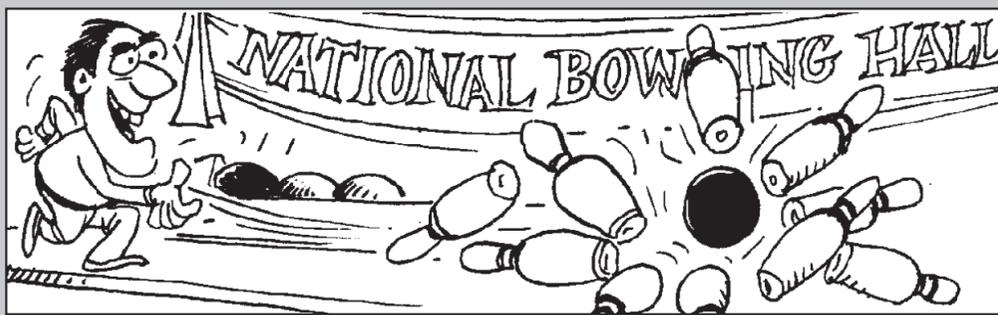
But it was not to be. Indeed, even though Wynyard won the final Hot Saw event, Bolstad placed a solid third, earned 10 points and cinched his first Timbersports championship.

"I just really wanted this. I think that's what the difference was this year," Bolstad said. Wynyard bested Bolstad last season in a saw-off after they finished regulation competition tied in points. "I trained hard all year and I was very determined and very motivated to do better."

Bolstad took home a new Next Generation Dodge Ram Truck and prize money. Wynyard, for the first time in five years, took second place. Kerry Head took third. Fellow Aussie Dale Ryan took fourth place and Dave Jewett from New York gave the American contingent their best finish this year in fifth.

All competitions filmed in Branson, Mo., and Ketchikan will air this season. View a full schedule of ESPN and ESPN2 show airings, or check your local listings.

Did you know?



Courtesy of NAPS

The National Bowling Hall of Fame and Museum was founded in Greendale, Wis., in 1973.

HEALTH & FITNESS

Eating breakfast: Key behavior to staying slender

NAPS
Featurettes

A study published in the journal *Obesity Research* shows that eating breakfast every single day is a key behavior among people who average a 60 pound weight loss and have kept it off for six years.

The study cites cereal as a favorite choice for breakfast.

Researchers who monitor the 3,000 participants of the National Weight Control Registry — an ongoing study of successful maintainers of significant weight loss in the United States — have discovered that nearly 80 percent eat breakfast everyday as part of their routine to stay slender.

Of the study participants who eat breakfast, 60 percent said they “always” or “usually” eat a bowl of cereal.

“It is striking that such a high proportion report eating breakfast every day of the week,” said the study’s lead researcher, Jim Hill of the University of Colorado, who is co-director of the National Weight Control Registry (NWCR).

“I’m not surprised that starting the day with a bowl of cereal for breakfast has proven to be one of the key components in successful weight loss and maintenance: it worked for me,” said study participant Jani Bielenberg of Denver, who lost 50 pounds and has kept it off since 1985.

The study involved researchers from the University of Colorado, University of Pittsburgh and Brown University and was made possible by grants from the National Institutes of Health and General Mills, maker of Cheerios,

Wheaties and Total.

To qualify for the National Weight Control Registry, a person must have lost at least 30 pounds and maintained that weight loss for more than one year; however, the 3,000 registry participants average a 60 pound weight loss and have kept it off for an average of six years.

Data from Nielsen’s National Eating Trends Survey, presented at the annual conference of the North American Association for the Study of Obesity, shows that women who are frequent cereal eaters (those who eat cereal more than seven times in a two-week period) weigh about 8 pounds less on average than women who eat cereal infrequently or not at all.

Those who do not eat cereal frequently are more likely to be overweight or obese. Among women, infrequent cereal eaters are 16 percent more likely to be overweight than frequent cereal eaters, and male infrequent cereal eaters are 12 percent more likely to be overweight or obese.

Researchers involved with the NWCR study say the possible reasons regular breakfast eating may be an essential behavior for weight loss maintenance are: 1) eating breakfast may reduce hunger later in the day that leads to overeating; 2) breakfast eaters are able to better resist fatty and high caloric foods throughout the day; 3) nutrients consumed at breakfast may help people be more physically active.

A typical strategy for people who want to lose weight is to skip breakfast, which, along with obesity, is significantly increasing as a trend in the United States, according to the study.

Twenty-five percent of Americans



Courtesy of NAPS

Jani Bielenberg, 44, of Denver lost 50 pounds and has kept it off since 1985. She says eating a bowl of cereal everyday to keep the pounds off, “worked for me.”

now skip breakfast, and overweight and obesity rates have nearly doubled over the past decade.

“When I skip breakfast, I get so hungry that by lunch time I’ve either eaten junk food or I overeat,” said Janet Wilson of Fort Myers, Fla., who says she is a typical “yo-yo” dieter.

On the other hand, Bonnie Chapman, a NWCR participant who has lost 50 pounds and has kept it off for six years, said, “Eating cereal for breakfast helps me not only lose weight, but helps me maintain my weight by keeping me full and preventing cravings.”

The National Weight Control Registry was established in 1994 by James Hill and Rena Wing to investigate the char-

acteristics and behaviors of individuals who have been successful at achieving their goal of losing weight and keeping it off long-term.

The scientific journal *Obesity Research* is the official journal of the North American Association for the Study of Obesity.

The study falls on the heels of Surgeon General David Satcher’s “call to action” to prevent and decrease the overweight and obesity epidemic in the United States. More than 61 percent of adults are overweight or obese.

Qualified individuals who would like to participate in the ongoing NWCR study should call 1-800-606-NWCR or visit www.nwcr.ws.

Eliminate heart disease health risks with low cholesterol



NAPS
Featurettes

According to a recent American Heart Association (AHA) survey, the majority of Americans recognize the importance of having desirable cholesterol levels.

However, more than half do not know their own cholesterol levels or realize that the desired total cholesterol level for healthy adults is anything below 200 mg/dL.

Additional survey findings reveal that only one-quarter of respondents believe that they are at “high” or “very high” risk for

heart disease.

Yet more than half reported having two or more risk factors, putting them at increased risk for heart disease.

“Clearly the findings demonstrate a knowledge gap,” said Roger S. Blumenthal, director of Preventative Cardiology and associate professor of Medicine at Johns Hopkins Hospital in Baltimore, Md. “This is particularly disturbing in light of all the recent news surrounding the revised government guidelines urging Americans to manage their cholesterol more aggressively. By adhering to these newer guidelines for cholesterol levels, more people will benefit.”

To urge Americans to reduce their risk for heart disease, the AHA encourages all Americans to get their cholesterol checked and to “Take It Personally” as part of The Cholesterol Low Down, a national education and awareness program, currently in its fourth year. The program encourages Americans to monitor and manage their cholesterol and identify their individual

risks for heart disease — the leading cause of death for both men and women in the United States.

“Having two or more risk factors increases a person’s risk for coronary heart disease,” said Blumenthal. “Reducing cholesterol levels to healthy numbers and managing other risk factors will reduce your risk of heart disease and stroke. It’s important that you work with your doctor to identify your cholesterol goals and other personal risk factors for heart disease.”

According to AHA, more than 100 million Americans have total cholesterol levels at or above the designated government guidelines (200 mg/dL for adults).

The AHA has been working with Pfizer to bring The Cholesterol Low Down to people throughout the U.S. To date, the campaign has traveled to 36 cities and screened more than 20,000 people.

Free materials about cholesterol and heart disease are available by calling 1-800-AHA-USA1 or visiting www.americanheart.org/cld.



Courtesy of Lance Cpl. Rich Rogers

Lance Cpl. Rogers stands with Turkish security guards who were assigned to protect the international athletes during their visit to the competition.

ROGERS, From C-1

The start of the race also differed from most domestic competitions. Normally, the sound of gunfire signals the start of the race. The Turks blew a whistle and competitors immediately shot off the starting line and dashed for the woods.

"The start was a lot more aggressive than the way it is here. People were pushing and shoving during the race. That was an entirely new experience for me."

Rogers finished the race in 36th place. Morocco's military team took home the gold medal.

"I was very happy with how I did in my first-ever international

race. It was good just to get a taste of the competition. I plan to do a lot better and be in there with the top guys next year in France."

To assist Rogers and other Hawaii Marine runners, the Marine Corps is establishing a Regional Running Program.

Identified in MarAdmin 171/02, the regional running program will identify competitive runners, provide training and coaching expertise, and enter teams in regional competitions.

Look for more information and coordinating instructions on this program in upcoming editions of the *Hawaii Marine*.



The Marine Corps' entry races to a third place finish in the Electron Marathon.

ELECTRON, From C-1

forced the car to the side of the track.

The Army gained a comfortable lead over the Air Force and the Marines throughout much of the race. The Navy car fell to last and never recovered.

As time came for the final lap, the Air Force car seemed to get a second wind and caught the speeding Army car.

The two vehicles tightly whipped through the

turns and attempted to maneuver to capture the lead.

The Air Force car made a quick movement to the right and got around the Army car as it rounded one of the final turns before the checkered flag waived in the air.

The Marines followed and the Navy managed to finish the race about a lap behind.

"We're going to make some major improvements to the car," ex-

plained Telford after the race. "Next year we are going to win."

Although the services were at battle on the race-track, it was a different story in the pits altogether.

Teams loaned each other tools and parts and talked amongst one another before and after the race. The day of competition showed the ability of the four services to utilize joint teamwork once again.



Marines removed the body of the car to figure out why it was breaking down before the race started. By the time the green flag flew, the car was on the go and as the checkered flag dropped, the Marines finished third.

Eichelberger collects \$217,500 for winning first PGA event

John Gunn

Special for the *Hawaii Marine*

Dave Eichelberger won his first Senior PGA Tour event in three years Sunday when rain wiped out the final round of the Emerald Coast Golf Classic in Milton, Fla.

The Marine veteran opened with consecutive 5-under 65s for a two-stroke victory over Doug Tewell (also an Oklahoma State graduate), still two back after 10 holes when the final round was called off due to rain, reported the Associated Press.

The victory was worth \$217,500, and he qualified again for the U.S. Senior Open.

Eichelberger had his 12th career hole-in-one in the first round, using a 7-iron on the 185-yard eighth hole.

"That turned out to be the difference," Eichelberger said. "I never knew it at the time; first time I've ever had anything like that make a difference."

It was Eichelberger's sixth Senior Tour victory, and he is the seventh different winner this year.

At 58, he is the oldest winner since Jim Colbert won the 2001 SBC Senior Classic at 60.

His last victory was July 1999 at the U.S. Senior Open in Des Moines, Iowa.

Play was suspended Sunday because of lightning at 1:47 p.m. and the final round — to be carried by CNBC — was canceled after just over an inch of rain soaked the course, the AP reported.

"I don't know, I'm just swinging better somehow," Eichelberger told the Pensacola News Journal, giving post-round assessment Saturday of his turnaround. "I'm excited."

This season, he had placed in the top 10 of only one tournament and finished out of the top 25 in all other full-field events. But the weekend 10-under-par victory moved him into the Top 10 for Charles Schwab Cub points.

"A couple weeks ago, I started playing

better," said Eichelberger. "I could just tell from the ball flight, the driver going on line, working the ball the way I want to. I could just tell by the way I was hitting the ball."

Entering the tournament, he was 44th in Senior Tour money earnings with just over \$84,000. His best finish was a tie for eighth at the SBC Senior Classic.

One of his playing partners, John Jacobs, said Eichelberger played a good round, the News Journal reported.

"He has to play good,"

Jacobs laughed. "He has two little kids. He has to get the money. He has mouths to feed."

Eichelberger has 4-year-old twins, Emalia and Davis, with his wife, D.C.

"I've got to keep playing," Eichelberger said. "They'll be going to college in about 14 years. They keep me running, and their Momma running."

Marine veteran Lee Trevino collected \$5,365, firing a 70-71 — 141.