

Hawaii MARINE LIFESTYLES

Hawaii Marine B Section

April 26, 2001



Mary Sele, an Asian Pacific regional initiative funds manager for CINPAC joint staff, keeps pace with Farley Simmon during the early stages of the 10-mile race Saturday morning.



Eric Hansen crosses the finish line in the 10-kilometer run category pushing his two-year-old son, Hollis, and accompanied by the family pet, Lou the Dog.

Races test competitors

Story and photos by
Sgt. Richard W. Holtgraver Jr.
Combat Correspondent

A tough course proved challenging early Saturday morning for almost 300 runners during 3rd Marine Regiment's 8th annual 10-mile/ 10-kilometer race sponsored by Marine Corps Community Services.

The race started and finished at Dewey Square, and attracted Marine Corps, Army, Navy and civilian runners from around the island to participate in a race that demanded intestinal fortitude, a good sense of direction and guts from its participants.

To keep everything as simple as possible MCCS started the runners eight minutes apart with the 10-kilometer runners leaving Dewey Square first.

"We wanted the course to be a challenge for the runners this year," said Jason Enrique, the event coordinator. "That's why we incorporated the flightline into the course, because of the wind over there."

In fact, the flightline proved to be more difficult for a small group of front runners in the 10-kilometer competition.

After the flightline, runners made their way

back to the road course that took them towards the back gate via 3rd and Selden Streets.

Upon reaching the intersection at Mokapu Road and Harris Avenue, 10-kilometer runners took a left turn and headed toward Dewey Square.

The 10-mile runners had to turn right at that intersection and head toward the back gate of MCB Hawaii, Kaneohe Bay before doubling back to the intersection. From there they ran out to the rifle range before making their way back to the finish line.

Still, with the challenge of the course layout, many runners enjoyed the view of the landscape that the race covered on K-Bay.

"It was a very scenic course with many twists and turns," said Lance Cpl. Rich Rogers, a cook for 1st Battalion, 12th Marines. "I look forward to doing this course next year, and winning it."

After all of the runners from the 10-mile race crossed the finish line, MCCS started a one-mile family fun run that children and parents could participate in together.

"It was a good race this year," said Enrique. "Participation was way up, and we hope more people will sign up for this event next year."



Little gold runners on top of the trophies await to be handed out to the deserved few who placed during the 8th Annual 3rd Marines 10-mile/ 10K race on Saturday.

Results

10 Mile Race

Men	Women
1st Place Chris Larson 1:00:17	1st place Mary Sele 1:03:47
2nd place John Mannle 1:00:35	2nd place Theresa Condron 1:12:37
3rd place John Hatala 1:02:42	3rd place Barbara Heiller 1:22:25

10K Race

Men	Women
1st place David Lemarr 46:32:60	1st place Susan Erb 52:04:60
2nd place Nicholas Hermes 47:04:40	2nd place Karen Blake 52:34:40
3rd place Thomas Elders 47:37:50	3rd place Andrea Kintop 53:31:60



At exactly eight minutes after the 10-kilometer race began, Marine Corps Community Services Athletics personnel released the 10-mile runners onto the course.

WANTED! Karaoke Contestants

Preliminaries for a karaoke contest will be held May 3 at the Windward Enlisted Club as part of Hawaii Military Appreciation Week 2001.

Winners from this contest will go on to compete in the Karaoke Contest Finals at Bishop Museum in Honolulu May 20.

All servicemembers and their spouses are welcome to compete in the Marine Corps preliminaries in Tun Tavern at the E-Club at 8 p.m.

Interested servicemembers and spouses should contact Lisa Thomas, E-Club manager at 254-7660, or Araceli Tezuka of K-Bay Catering at 257-0905 for more details.

The contest is sponsored by the Hawaii Chamber of Commerce.



MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Debbie Aisoff, MCCS Public Affairs



Volunteers, We Need You!

Volunteers are sought daily for a variety of island-wide projects. Volunteering your time will benefit you ten-fold. Here are the top five reasons you should volunteer today...

Top 5 Reasons to Volunteer:

- Because you can.
- You're suddenly more attractive.
- It looks good on your resume.
- It beats hanging out at the barracks.
- You hold tremendous ability to inspire others.

SM&SP's What's Up...

Deep-Sea Fishing Frenzy, May 13, \$60. Price includes all equipment & bait.

Shank & Slice II, Golf Tourney, Friday. Tee time 12:30 p.m. \$20 per person. Prizes awarded on blind-draw. Spaces limited. Register today.

Flag Football Tourney, Sunday – Get busy in the end zone. Any branch, all active duty, \$12 per team. Pop Warner Field. Register now through April 27. Awards for top two teams.

Cinco De Mayo 5k Run, May 4, Pop Warner Field at 7 a.m. \$12 entry fee, which includes T-shirt. Open to the Public.

Maui Memorial Weekend Trip, May 26 – 28, \$205, includes airfare, shared accommodations & rental car. Limited to the first 20 people.

Oceanside Paintball, Be your own action hero! Saturday 9 a.m. – 4 p.m. Sun. noon – 5 p.m. Call for equipment rental fees.

Youth Sport Volunteer Coaches Needed, contact David Kawada at 254-7610.

For upcoming program information, talk your SM&SP unit representative.

For more information on the SM&SP program and events, call the SM&SP Coordinator, Dawn Williams at 254-7593.

Get to Know Your NCO

Lead by example. Lead your Marines and Sailors to the next NCO Appreciation Night at the Fairways SNCO Rocker Room, Friday night from 4 – 6 p.m. Plenty of free pupus and drink specials will be on-hand. Let the camaraderie commence.

All Staff NCOs will want to stick around the Rocker Room, as DJ Brian will be in the house, getting the weekend started off right. Beginning this Friday and every "Payday Friday," DJ Brian will Rock the Rocker Room. For more Fairways Staff NCO Club information, call Lynn Colville at 254-5592.

MarForPac Band Concert & Family Picnic

MCB Hawaii's families are invited to pack a picnic dinner and enjoy a free Marine Forces Pacific Band Concert at the Child Development Center's common playground, Friday from 5:30 – 6:30 p.m.

Located in Bldg. 6111, next to the Marine Corps Exchange, the CDC is offering this fun, free entertainment as part of its month-long events in honor of April – Month of the Military Child. The CDC gates will open as early as 5 p.m. Bring the family and meet some friends. For more information, call Coralie Kramer, the CDC Director at 257-1388.

Grand Slammin' Skills

Hit a homerun. Bring your child to Windward Federal Credit Union's Youth Diamond Skills Baseball Competition, Sunday from noon – 5 p.m. at the "C" Street Sports Field aboard MCB Hawaii.

The free Diamond Skills Baseball event is open to children ages 7 – 14 years old and is "The Official Skills Competition of Major League Baseball."

All participants will compete in four categories: Batting, Fielding, Throwing and Base Running. Winners from this competition will advance to the state level scheduled for May 3.

Children may register on-site between noon – 4 p.m. Parents must bring a birth certificate for the participating youth and fill out a registration form. For more grand-slam-

min' information, call Youth Activities at 254-7611.

Play Hooky

It's time to get "reel" at the Base Marina. MCCS and the Fun Factory invite all MCB Hawaii patrons to "Get Hooked on Fishing, Not Drugs," during the "Day on the Docks" held at the Base Marina, Sunday, May 6 at 10 a.m. This family fishing tournament costs \$10 for the first child, \$8 for each additional child. Registration includes a T-shirt, bait and lunch. All participants may register on-site at 9:30 a.m. the day of the event.

If you'd like to "fish" around for more information, call the Base Marina at 254-7667.

Slow Pitch & Slide Fast

All softball enthusiasts, it's time to batter up.

Round up your softball team and enter Camp H.M. Smith's double-elimination Spring Slow-Pitch Softball Tournament May 5 and 6 at Bordelon Field, Camp Smith. Teams may register at the Semper Fit Center, Bldg. 9 aboard Camp Smith, now through April 30. This event is open to the public and registration fee is \$175 per team.

A pre-event coaches' meeting is scheduled at Camp Smith's Semper Fitness Center May 2 at 6 p.m. Don't wait to pitch this to your teammates. Contact Dave Pablo for more information at 477-0498.

"Cuatro de Mayo 5k Medley"

Declare your independence a little early and enter the Single Marine and Sailor's "Pre-Cinco de Mayo 5k & Family Fun Run", May 4, at 6:30 a.m. aboard MCB Hawaii, Kaneohe Bay.

This spicy competition is open to both the military and the general public. Starting and ending at Dewey Square, the race encircles a scenic portion of the base, and will include road guards and medical personnel located at various key points.

Registration fee is \$12 at the Semper Fitness Center, Bldg. 3037, or register by phone by calling 254-7593. All registered contestants will receive an exclusive SM&SP Cinco de Mayo 5k T-shirt.

A free 1-mile Family Fun run will

be conducted at the conclusion of the 5k race. Any units or formations may enter the race for only \$1 to satisfy a physical training requirement. (T-shirts not included.)

Information packets may be picked-up at the Semper Fit Center on May 1 and 2 from 8 a.m. – 4 p.m.

The SM&SP Cinco de Mayo 5k & Family Fun Run is a fundraiser organized by MCCS. All race proceeds will enhance the programs and opportunities for MCB Hawaii's Single Marine and Sailor Program.

Keiki Corral

Sure, you may love kids. You may love spending time with them, taking care of them, playing with them. How would you like to turn this "love" into a lucrative career? Certified Family Child Care Providers are in demand—and this just may be for you.

In-home day care provides the flexibility to stay home while running and owning a business your very own, "Keiki Corral."

The Family Child Care department of Personal Services offers an on-going program to help get you certified. If you would like more information, call 257-7030.

May – Healthy Baby Month

To help prepare a couple for the joys of parenting, the Marines New Parent Support Program offers a free two-day child preparation class, "Dad's Baby Boot Camp & Mom's Basic Training," for all authorized military I.D. cardholders.

The next Dad's Baby Boot Camp & Mom's Basic Training Course is scheduled May 1 & 2 from 8:30 a.m. – 4:30 p.m. at the CREDO Compound. Reservations are required. Call 257-8803.

Cardio Curiosity

The Semper Fitness Center, Bldg. 3037, invites you to experience aerobic enhancements during its "Aerobithon," Saturday, May 5 from 9 – 11:30 a.m. in the Aerobic Room for only \$5.

During this "Cardio Curiosity," all authorized military I.D. cardholders may discover Kick Boxing, Yoga, Step and Hi / Low Impact Aerobics. For more Aerobithon information, call 254-7597.

Fair with Flare

Get a jump-start on your Mother's Day shopping. Camp H.M. Smith invites all MCB Hawaii residents to shop during their Mother's Day Craft Fair, May 3 from 7:30 a.m. – 2 p.m. in Bldg. 4 (opposite the MCX).

From homemade crafts to baked goods, you'll find that perfect something for your perfect mother. For more information, call 477-5143.

The Doc is In

The Doc is making a house call. Are you ready for your Rx? The Marine Corps Exchange invites you to attend its Dr. Martens' Trunk Show, Sat. May 5 from 11 a.m. – 3 p.m. in the shoe department. The first 50 visitors will receive a free gift.

All customers will have an opportunity to meet Dr. Martens' representative, Lisa Schmidt.

During this event, all customers will save 20% on all merchandise excluding special orders. Call 254-7522. for more information

Fashion in Motion

Have you seen these shoes? What's with the "wheels in the heels?" They are the latest footwear fashion by Heelys called the "Predator."

The Marine Corps Exchange invites you to watch the Heelys' Riding Team demonstrate how easy Heelys "wheelys" are on May 5 from 11 a.m. – 2 p.m. outside the main MCX entrance. For more information, call 254-7522.

The Fairest of Them All

Landing your dream job entails strategic planning.

The Family Member Employment Assistance Program and the Joint Employment Management System, a division of MCCS' Personal Services Department, invite all active duty, retired and reserve military personnel, their family members and Federal Civilian Employees to attend the free 5th Annual Spouses Day Job Fair, May 11 from 9 a.m. – noon at the Enlisted Club Bldg. 1629 aboard MCB Hawaii, Kaneohe Bay.

For more information, call Jim Gardner at 257-7798.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Please show your ID at the box office. Phone 254-7642 for recorded information.

Say it Isn't So (R)
Down to Earth (PG-13)
Exit Wounds (R)
Miss Congeniality (PG-13)
See Spot Run* (PG)
The Mexican (PG-13)
Chocolat (PG-13)

* A mature teen comedy.

Friday at 7:15 p.m.
 Friday at 9:45 p.m.
 Saturday at 7:15 p.m.
 Saturday at 9:45 p.m.
 Sunday at 3:30 p.m.
 Sunday at 7:15 p.m.
 Wednesday 7:15 p.m.

Marines vie for All-Marine team

Sgt. Richard W. Holtgraver Jr.
Combat Correspondent

Volleyball players from around the Marine Corps have been trying out for the All-Marine volleyball team since April 15, here at the Semper Fit Center.

The 47 men and women are trying to bump, set, spike and block their way onto two 12-person teams that will compete in the All-Military Volleyball Tournament at Fort Shafter May 11 to 15.

Players from Iwakuni, Japan to Cherry Point, N.C., as well as some from MCB Hawaii, have been enduring two-hour practices twice a day since their arrival on Oahu.

In order to gauge the progress of the players, the coaches of the All-Marine teams have scheduled scrimmages against highly-skilled, local teams that range from high school all-stars to the Hawaii Pacific University Division II teams.

Both Marine teams have a long road ahead of them this year if they plan on doing well in the tournament next month, according to Master Sgt. Robert Kellum, coach of the All-



Sgt. Richard W. Holtgraver Jr.

Marines showed off their bumping, setting, spiking and blocking skills at the All-Marine volleyball tryouts last week at the Semper Fit Center.

Marine women's team.

"This year we have an uphill battle with both our men's and women's teams," said Kellum. "We only have four players from last year's women's team, and that lack of continuity is going to be a huge hurdle for us to overcome during the tournament."

Last year, the Marine women's team accomplished a feat they have never done before in the All-Military volleyball tournament's 30-year history by placing second overall.

That's an accomplish-

ment Kellum would like to repeat again this year.

This year's there are two coaches for the All-Marine teams, one for the men's team and one for the women's. Mens's coach, Gunnery Sgt. Jeffrey S. Patterson, is a bit more optimistic about the chances the Marine teams have in this year's tournament, and the caliber of players trying out for the team.

"They're looking great, and I think both teams are looking taller and more experienced across the board this year," said Patterson.

"In previous years we had a lot of 'junk-ballers' come out for the team.

"This year we can spend more time fine-tuning the team, and less time teaching volleyball," he added.

One of the players trying out for the female volleyball squad was recruited out of Marine Combat Training at Camp Geiger, N.C.

"Master Sgt. Kellum came out to the field to interview me because he heard from my series commander from boot camp that I played volleyball in high school," said Pfc. Rebecca Stover, a disbursing technician for 1st Force Service Support Group, Camp Pendleton, Calif.

"I'm really lucky to have this opportunity to tryout for the team, and it's awesome that I'm here on this beautiful island," said an excited Stover. "I've definitely had a lot of fun here."

For 23 of these players, one thing is certain — next week will mean a flight back to their commands. For the 24 players who will remain on Oahu as members of the All-Marine volleyball team, the future holds a battle in the middle of May at Fort Shafter.



Sgt. Richard W. Holtgraver Jr.

Corporal Brian Johnsen, a Light Armored Vehicle crewman for 3rd Light Armored Reconnaissance Bn., 29 Palms, hits a spike while off-balance during All-Marine volleyball team tryouts last week at the Semper Fit Center.