

# LIFESTYLES



About halfway through the ride, the group made its way along the North Shore and past legendary sites such as Pipeline, Haleiwa and Sunset Beach.

## Cycle enthusiasts promote awareness during "Aloha" ride

Story and Photos by  
**Sgt. Robert Carlson**  
*Press Chief*

The clouds opened up to reveal blue skies and sunshine as more than 30 motorcyclists from MCB Hawaii joined the commanding general on an Aloha motorcyclist awareness ride Sunday.

Brigadier Gen. R.E. Parker, Jr., commanding general, MCB Hawaii, and Dan Martyniuk, MCB Hawaii traffic safety specialist, led the group on an "around the island tour" in an effort to promote not only the enjoyment of the past time, but to help make automobile drivers on Oahu more aware of the presence of motorcyclists.

The group departed MCB Hawaii, Kaneohe Bay, at 9 a.m., and headed across the island on the H-3 to the H-1. From there, they headed toward the north shore on Farrington Highway. The riders took the Kolekole Pass up and over the mountains, and then followed "Snake Road" down through Schofield Barracks.

From Schofield, they headed north, through historic Haleiwa town and along the north shore, and wound down Kamehameha Highway back to Kaneohe.

Several stops along the way gave the riders a chance to enjoy the scenery and to refuel their motorcycles and bodies.

"It was an awesome day to go for a ride," said Lance Cpl. Josh Beebe, combat videographer at MCB Hawaii's Combat Visual Information Center. "I got to see some things on the island that I didn't know existed - and I've been here for a couple of years already."

Beebe said he also enjoyed the company he had along the way.

"It was great to see the commanding general

take some time out of his busy schedule to spend a Sunday riding his motorcycle with his Marines," he added.

Although the commanding general is scheduled to retire next month from active duty, he has no plans on retiring from riding.

"I look forward to many more outings such as we experienced Sunday morning," Brig. Gen. Parker said. "Of course, the ride itself was exciting, but the most enjoyable part was sharing it with the other Marines, Sailors, soldiers, spouses and even some of our civilian Marines."

Brigadier Gen. Parker said it's important for those who ride to help educate the automobile driving public about motorcycles and their characteristics such as reduced stopping distances. He added that even more importantly, it's essential for those who ride motorcycles to ensure they have been properly trained and ride responsibly.

"The Marines and Sailors at MCB Hawaii have an opportunity which exists no where else," Brig. Gen. Parker added. "We have a certified rider's course available to us right on the base and at no cost to the riders.

"Our chief instructor, Dan Martyniuk, is one of the best in his field and whether you consider yourself a seasoned rider or just want to learn how, his course is one of the most important things you can do for yourself and your family," Brig. Gen. Parker said.

For information about the motorcycle rider course on base, call the Base Safety Center at 257-1831.



Riders make their way through Schofield Barracks after negotiating the Kolekole Pass.



# MCCS

MARINE CORPS COMMUNITY SERVICES  
www.mccshawaii.com

## POSSIBILITIES IN PARADISE

By Debbie Aisoff, MCCS Public Relations

### Volunteer Coaches Sought

Youth Activities is seeking volunteer Flag Football coaches during the Windward Federal Credit Union's Youth Flag Football season that runs Sept. 29 – Nov. 17.

Practice begins Aug. 27. Anyone interested in a volunteer coaching position should contact Youth Sports Specialist, Clark Abbey, at 254-7611.

### Lively Luau

Officer Club members and their guests are invited to attend the Statehood Celebration Hawaiian Luau, Saturday, poolside and in the Lanai Ballroom at the O'Club.

Cocktail hour begins at 5 p.m. and dinner starts at 6 p.m.

This stately celebration will include a Lei greeting, poolside entertainment, a Hawaiian History comic briefing, a Polynesian Review and a Hawaiian-style buffet.

Reservations for members and guests are required. Ticket prices are \$19.59 adult, \$8 for chil-



Courtesy of MCCS

**K-Bay Lanes offers Xtreme Bowling, "Bowling with Attitude," Wednesday, Friday, Saturday and Sunday. For more information call K-Bay Lanes at 254-7693.**

dren 4 – 11 years.

For more information, or to make your reservation, call 254-7649.

### Sunset Sailing Classes

If you desire to learn the art of sailing but never have the time, the Base Marina has an evening class for you.

Aug. 27 – 31 from 5 – 7:30 p.m. you can learn basic sailing skills. Class fees ranges from \$69 - \$99. Sailing licenses are valid for one year.

Call the Base Marina for details at 254-7667.

### Wicked Wing Wednesdays

The Staff NCO Rocker Room just turned up the heat and all Staff NCO Club members and their guests are invited to get a little hot under the collar.

Try out the new Wicked Wing Wednesdays featuring 25 cent hot wings from 5:30 – 9:30 p.m.

For more information, call 254-5592.

### A Healthy Investment

It's National Men's Health Month, and the MCCS Health Promotion department is hosting a Men's Healthy Lifestyle Expo, Aug. 29 from 10 a.m. – 2 p.m. inside Anderson Hall, jointly with Sandlin & Associates.

Featured health-related stations will include cholesterol, diet and nutrition, fitness, safe sex, drunk & drugged driving and more.

All active duty military are invited to attend the expo, get the facts and get healthy.

For more details about this event, contact the Health Promotions Coordinator, Dan Dufrene, at 254-7636.

### The Cutting Edge

It's back to school, so let the professionals at The

Cut Haircare create a new look for your kids while you save some cash.

Now through Sept. 30, The Cut Haircare offers a "Back to School" special featuring \$2 off a kid haircut, shampoo and style package.

The Cut Haircare is located in Mokapu Mall.

Appointments are recommended at 254-6585; however, walk-ins are welcome.

### Dinner Cruise & You

Now through Sept. 30, you can book a dinner cruise on the Star of Honolulu for \$85.95 per person through the Information Ticket and Tours Office, located in Mokapu Mall, (regular price is \$154.35).

Take someone you love. Take advantage of the Star of Honolulu's Five-Star Romantic Dinner Cruise. For more information, call ITT at 254-7562.

### Get Started

The Semper Fitness Center is gearing up for their next "Get Started Beginner Fitness Program," Sept. 18.

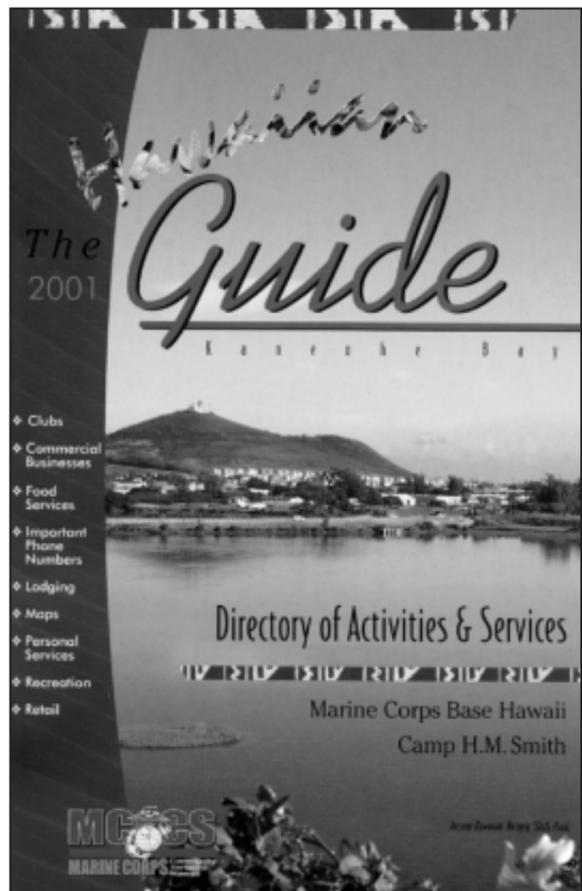
For eight weeks, in a 12-person class, participants

will train with a professional, certified athletic instructor in weight and cardiovascular training and proper techniques.

Evening classes will be held Tuesdays and Thursdays from 6 – 7:30 p.m. Day classes will take place Wednesdays and Fridays from 10 – 11:30 a.m.

A free orientation is scheduled for Sept. 6 at 6 p.m. at the Semper Fit Gymnasium.

The Get Started Beginner Fitness class costs \$60 and is open to all authorized military I.D. cardholders, 18 years and older. For more information, contact Leslie Graham at 254-7597.



Courtesy of MCCS

**Get a free copy of the MCCS Guide, which includes phone numbers, building locations, hours of operation. The MCCS Guides are available at most MCCS locations.**

## SM&SP



(All events are open to single, active duty military personnel.)

### Mahalo

Many thanks are extended to the Windward Community Federal Credit Union for making the SM&SP activities, trips and sporting events possible.

### Hawaiian Hop

Make your Labor Day an adventure with a Big Island Adventure Trip, Sept. 1 – 3. The cost is \$235 per person, which includes airfare, shared accommodations and a rental car. Hike to the lava flows, visit the black sand beaches and more. Space is limited so call 254-7593 today!

### Upcoming Events

- Sept. 15: Star of Honolulu Dinner Cruise, \$30.
  - Sept. 29-30: Fall Softball Classic Tournament
  - Oct. 13: Deep Sea Fishing Trip
  - Oct. 31: Halloween Formation Run
  - Nov. 17: 3 on 3 Food Drive Tournament
  - Nov. 21: Holiday Bash
  - Dec. 14: Shank & Slice Golf Tournament
  - Dec. 30 – Jan. 1: Outer Island Trip
- For more info, call the SM&SP Manager at 254-7593.

## K-Bay's Child Development Center maintains vital partnership with Honolulu Community College

New, experienced teachers benefit from sharing classrooms, knowledge, curriculum

**Bobbie Ihnen**  
MCCS Marketing

One year ago this summer, the Child Development Center aboard MCB Hawaii, Kaneohe Bay, partnered with Honolulu Community College to create an equally effective learning experience for teachers at the day care center and students of HCC.

The partnership provided an opportunity for students to acquire hands on experience and for CDC teachers to share their knowledge.

When HCC saw an increase in student spaces and limited classroom space, it was evident there was need for an off-campus site where students could observe and interact within an early education program.

CDC answered the call and opened its doors to Honolulu Community College in the Summer of 2000.

Once a week for a semester, students from the college observed four master teachers in a variety of interactions with young children. The teachers



Bobbie Ihnen

**Awards were presented to the individuals who worked so diligently to start the Child Development Center and Honolulu Community College partnership and to create a positive impact on the community. The ladies that made it all possible were (from left to right) Coralie Kramer, Child Development Center director; Susan Cleveland, an administrator with the Early Childhood Education Program; Rosemarie Considine, Lielani Paxton, Kai-Lee Berke and Amy Newman — all classroom leader teachers; and Kristen Darling, Training and Curriculum Specialist.**

provided an exceptional learning environment where students could observe, ask questions and participate.

Having had such a wonderful experience, the students invited a couple of the teachers to HCC as guest speakers.

"It was a wonderful year for all

of us to grow," said Coralie Kramer, CDC Director.

In an appreciation letter addressed to Brig. Gen. R. E. Parker Jr., commanding general, MCB Hawaii, one participant praised her experiences.

"I can say with sincerity that the program is one of the finest

I've had the pleasure of visiting," said Sherry Nolte, associate professor, Early Childhood Education. "The staff is well trained, curriculum is interesting and carefully crafted to meet children's interests and needs, and the facility is beautifully maintained."

## MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Please show your ID at the box office. Phone 254-7642 for recorded info.

- Laura Croft: Tomb Raider (PG-13)
- The Fast and the Furious (PG-13)
- Final Fantasy: Spirits Within (PG-13)
- Memento (R)
- A. I. Artificial Intelligence (PG-13)
- Crazy / Beautiful (PG-13)
- Cats & Dogs (PG)

- Friday at 7:15 p.m.
- Friday at 9:45 p.m.
- Saturday at 7:15 p.m.
- Saturday at 10:15 p.m.
- Sunday at 3:30 p.m.
- Sunday at 7:15 p.m.
- Wednesday 7:15 p.m.

# Hawaii MARINE SPORTS

## Marine takes USO race

**Pfc. Jason E. Miller**  
*Combat Correspondent*

The third annual United Services Organization Base Race Series, 10 kilometer run took place Aug. 1 at Wheeler Army Airfield and close to 700 runners took off to the sound of a cannon followed by the theme of "Rocky."

The six-mile race pitted some of the military's best runners against one another and against some of the best civilian runners in Hawaii.

The favorite to win the race from the beginning was Lance Cpl. Rich Rogers, a cook with Headquarters Bn., MCB Hawaii, Kaneohe Bay.

Rogers didn't disappoint those cheering for him. He finished the race at the head of the entire field in a time of 32 minutes, 26 seconds.

"It feels good to win. I've had a lot of practice lately. I'm part of a running crew sponsored by Fila right now and I'm training to compete for the World Track and Field Military

Games this year. I'm also part of the All-Marine cross country team," Rogers said.

A male and female mixed team of Marines from K-bay and Camp H.M. Smith, led by Master Gunnery Sgt. Fernando Coelho, director of the Corporal's Course at K-Bay, took first place in the mixed team competition.

"The team did a great job out there today," said Coelho after the race.

The day ended with an awards ceremony hosted by retired Brig. Gen. Dick Vercauteren, race director and vice president of activities for the USO. All the top finishers were presented with medals.

"USO's are locally funded, so this is one of the biggest fundraisers of the year for us," said Brig. Gen. Vercauteren.

"This is a great event every year. The runners all say that they love the course, and everyone's just out to have a good time. Plus it's all Koa Na Malama. That's our logo. It means for the troops," Brig. Gen. Vercauteren said.



Pfc. Jason E. Miller

**Lance Cpl. Paul Bracey, an armorer at Camp H.M. Smith, was the third Marine on the team to finish the race.**



Pfc. Jason E. Miller

**Lance Cpl. Rich Rogers, Headquarters Bn., MCB Hawaii, Kaneohe Bay,, sprints through the final leg of the race, taking first place in a field of nearly 700 competitors.**

## Tee it up "fore" tots Golf Tournament

**Toys for Tots**  
*Press Release*

The Kaneohe Klipper Golf Course on Marine Corps Base Hawaii will host a Two-man/woman Scramble with a blind draw on Oct. 11, 2001, to benefit Toys for Tots. All proceeds will be used to purchase new toys for the children of Hawaii.

Prizes will be awarded on all par 3's for closest-to-pin, with a long drive competition on the ninth hole for women, and 10th hole for men. Food and prizes will be provided at the award ceremony at the end of

the tournament.

Sign up early and don't miss out on a chance to play one of the premier military golf courses in the world. All paid registrations must be completed by Sept. 26. Checkin begins at 10:30 a.m. Oct. 11, and the tournament begins at 12:30 p.m.

For more information, call Staff Sgt. Ruben Villarreal at 257-1077 ext. 233 or email at villarrealre@mfr.usmc.mil.



### Entry fees:

E-5 and Below	\$35
E-6 to O-3	\$45
O-4 and Above	\$50
DoD Employee	\$60
Civilian	\$75

Military retirees will be charged the price of their retiring.

### TEE IT UP "FORE" TOTS ENTRY FORM

Name: \_\_\_\_\_  
Last name, first name, M.I.

Rank: \_\_\_\_\_

Address: \_\_\_\_\_  
City, state zip code

Phone: ( ) \_\_\_\_\_

E-mail address: \_\_\_\_\_

NAME: \_\_\_\_\_  
Last name, first name, M.I.

Rank: \_\_\_\_\_

Address: \_\_\_\_\_  
City, state zip code

Phone: ( ) \_\_\_\_\_

E-mail address: \_\_\_\_\_

# Summer Reading Program treats participants to Hawaiian style party

**Pfc. Jason E. Miller**  
*Combat Correspondent*

The MCB Hawaii, Kaneohe Bay, Library Summer Reading Program Wrap-up Party, complete with hula dancers and live music, took place Sat. Aug. 18 at the base theatre.

The party was held to recognize the 116 children who participated in the eight week program, designed to help encourage reading among

children of servicemembers stationed at K-Bay.

"This is a culmination of what these children have been working for all summer. We want these children to have fun and learn at the same time," said Lori Zuttermeister, library programmer for MCB Hawaii.

The party consisted of live hula dancers, a Hawaiian band and several free give-aways. Children who participated also got coupons for free food from McDonalds and a certificate for completing the program.

The program sponsor, McDonalds, gave the participants a gift coupon for one free meal everytime they turned in a book.

This is an annual program put on by the library every summer to help keep kids in the practice of reading, and to help establish life-long readers.

"The parents really appreciate having something for their kids to do. They like the fact that we're trying to establish life-long readers. We want the children to read things they enjoy. It's not like school. It's a relaxed way for them to learn and keep their reading skills over the summer," Zuttermeister said.

More important than parties and free food, the children can really benefit



Pfc. Jason E. Miller

**Emily Carlson, winner of the age 10 and older category, poses with Grimace during the party. Carlson read 20 books to claim the victory.**

from reading. It really helps kids learn and build an imagination.

"If you can read, you can go anywhere and do anything," she said.



Pfc. Jason E. Miller

**A local hula group entertained the children and parents at the party. One of the dances was the Poi Hula, where the dancers twirl poi balls around their heads in unison.**



# MARINE MAKEPONOS

HAWAIIAN FOR "MARINE BARGAINS"

**Autos**  
**1974 Mercedes**, blue, must sell, moving soon. Best offer. Call Pete at 256-5753.

**2001 Honda CBR 600 F4I** silver/black, 375 miles, fender kit and cover included, \$7,400 OBO. Please call Ryan at 780-5024.

**1991 Ford Explorer Sport** 4X4 loaded — in beautiful condition, \$4,500. Call 778-3198 or 254-9458,

**1998 Honda Accord**

\$500 OBO must sell, needs clutch. Call Marisol at 349-2627.

**Miscellaneous**  
**Bass car speaker** for sale. Quality sounding car speaker. Asking \$150 OBO. If interested call 254-2007.

**Yard Sales**  
**Just moved in**, too much stuff. Good things must go. Saturday dawn to

dusk, 6448 B Webb Ct., off of Cochran, across from the new construction site.

**Furniture**  
**Infant wooden crib** and mattress. Excellent condition, \$50. Call Debbie at 254-7570.

**Child Care**  
**Needed a part-time** babysitter for afternoons, two to three hours. Two kids, 34

months and 20 months old. If interested call 254-2007.

**Wanted** loving and caring person to babysit 30-month-old child at your Kaneohe Bay home. Please call 375-1410 and leave a message.

**Real Estate**  
**Room for rent**, female preferred. \$400 for 3 bedroom condo in Makiki (near Waikiki). Call 528-1095.

*The deadline for submitting Marine Makeponos ads is 10 a.m. Friday the week prior to publication.*

*Makepono ad forms may be filled out Monday through Friday from 7 a.m. to 5 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216.*

*Ads must be submitted in person and will be accepted only from active duty and retired military personnel, their family members and MCB Hawaii civil service workers.*

*Ads are free and will appear in two issues of the Hawaii Marine.*

*Marine Makeponos may be used only for noncommercial classified ads containing items of personal property offered by and for individuals authorized to use this service. Such ads must represent incidental exchanges, not of a sustained business nature.*

*Ads are run on a first-come, first served, space-available*

## WORD TO PASS

### Women's Soccer

All-Marine Women's Soccer is still accepting resumes. The All-Marine Trial Camp will be held Aug. 19 to Sept. 18 at MCAS New River. Those who make the All-Marine team will continue on to Ft. Eustis, Va. for the Armed Services Championship game. Command authorization is required to be considered for the team.

### Running Team

All-Marine Ultra Running Team is accepting resumes. A 10-person team will be selected to compete in the John F. Kennedy 50-mile race, Nov. 17 in Washington D.C. The top five finishers for the team count for the cumulative team time. Marines interested are encouraged to submit resumes for consideration. Command authori-

zation is required to be considered.

### Camp Smith 5k Grueler

The date for the Camp Smith 5K Grueler race has been changed from Aug. 25 to Oct. 6.

### Road to Long Term Care

A free long term care seminar called "Road to Long Term

Care," is being sponsored and held at the Aiea Branch of Edward Jones on August 29. Seating is limited. Call at 487-5066 for reservations.

### Financial Workshop

A two week course designed for individual investors interested in learning more about how to establish realistic investment objectives is available Aug. 28

and 30 from 6 to 7:30 p.m. at the Aiea Branch of Edward Jones. Call 487-5066 for reservations or more information.

### Copperfield Returns

David Copperfield returns to the Blaisdell Concert Hall for a limited engagement Aug. 24-26. Tickets are on sale at the Blaisdell Box Office. To charge by phone, call 526-4400.

**The Buck Stops Here**

