

Hawaii MARINE SPORTS

Hawaii Marine C Section

August 27, 2004



Lance Cpl. Megan L. Stiner

The Headquarters Battalion football team is more intense than ever. The Marines are using motivation from last year's narrow loss in the semifinals to hopefully propel them into a winning season this year.

HQBN focused on strategy

Lance Cpl. Megan L. Stiner
Combat Correspondent

Last season Headquarters Battalion lost in the semifinals by one point; this year they refuse to have a repeat of that.

Members of the Headquarters Bn. football team had victory in sight last year, only to watch it slip away. This year the Marines intend to fight their way back into the light and climb back to the top, one inch at a time.

"We have the potential to win the championship this year," said Avis D. Tolliver, head coach. "We have already begun making adjustments at practice to prevent a

repeat of last year."

Tolliver said, this year the team is concentrating more on hitting at practice, beginning earlier in the year.

Both the defense and the offense are benefiting from the harder hitting drills, he explained. When it becomes game time they will be totally prepared for how it is going to feel and the impact won't throw them off.

Twelve of the 25 team members are returning players from last year's roster.

Gearold D. Provence, a free safety who played for Camp Smith last year, said this team is by far one of the closest teams he has ever been on.

"The entire team just clicks," he said, "we don't criticize each other. Instead, we critique one another and work toward one goal."

The team is more organized this year and the players are reacting well to the change.

Provence explained, "We want to be number one. That is our goal and I think we can do it."

According to Tolliver, this year's team has a better overall attitude than last year's, and with added cohesiveness, they should have no problem establishing themselves as the K-Bay football champions.

MALS-24 takes tourney by storm

Lance Cpl.
Michelle M. Dickson
Combat Correspondent

The second annual 101 Days of Summer eight-team softball tournament came to a close Aug. 21, with Marine Aviation Logistics Squadron 24 on top after dueling it out with Headquarters Battalion.

The three-day tournament, which started Aug. 18, was comprised of eight command-represented teams that played a total of 15 games.

"The whole thrust of this tournament and program is to deglamorize alcohol," said Dan Dufrene, health promotion coordinator for Marine Corps Community Services. "When people have idle time they may get into mischief, so we try to give the Marines and Sailors positive options for their free time."

The tournament itself was not part of the softball season, according to Gunnery Sgt. Kenneth J. Etheridge, MCCA substance abuse counselor. It gives the Marines and Sailors an opportunity to experience some friendly competition between commands.

"The command pride displayed was a valuable experience for all participants who competed for their commands," said Etheridge. "The sportsmanship and camaraderie between the teams throughout the competition was unbelievable."

See *SOFTBALL*, C-4

VP-4 rocks in 'Old Schoolers' competition

Cpl. Monroe F. Seigle
Combat Correspondent

The Navy Patrol Squadron 4 defeated Headquarters Battalion in a competitive game of basketball Aug. 18 during the 30 and over Old Schoolers matchup at the Semper Fit Center aboard MCB Hawaii, Kaneohe Bay, with a final score of 53-37.

When the competition kicked off at the Semper Fit Center, VP-4 set the pace for the entire game when they first took possession of the ball and stormed down court and sunk a three-pointer. Headquarters retaliated with a two-point layup by forward Rodney Daniels, but that would be the last chance they would score for the next two minutes of the game. VP-4 added nine points to the scoreboard with three-pointers and layups by point guard Anthony Tate and guard Keith Gaffney to make the score to 12-2 within the first four minutes of the game.

Headquarters was trying to formulate a plan to make a comeback against the strong offense of VP-4, but they managed to only get within four points of red-hot VP-4 during the entire first half of the game. By the time the first half came to a close, VP-4 had racked up 24 points and was showing Headquarters a hard time with VP-4 on top 24-18.



Cpl. Monroe F. Seigle

Patrol Squadron 4 forward, Artex Davis (center), swiftly moves around Headquarters Bn. defenders during an Old Schoolers matchup Aug. 18, where VP-4 came out on top, 53-37.

The Old Schoolers representing Headquarters Battalion huddled into the corner of the Semper Fit Gym basketball court to try to motivate themselves for a much-needed comeback during the second half of the game, but VP-4's confidence was soaring high and they knew they were on the path for an easy victory.

Within one minute of the buzzer

sounding to kick off the second half of the game, VP-4 brought pain and agony to Headquarters Battalion by three layups and allowed Headquarters to penetrate their defense only twice to score layups as well.

Headquarters Battalion was trying everything they could to get close to VP-4 within the next seven minutes of the second half, but they could only manage

to get within five points of the relentless VP-4 team. When Headquarters Battalion called the first time-out at the eight-minute mark, they tried to come up with another plan to make a comeback from their 39-27 deficit.

After their quick time-out, VP-4 opened the floodgates and washed away any hopes Headquarters Battalion had of surmising a comeback. Tate sunk two three-pointers while forward Sam Easley hit them hard with a series of layups. With three minutes left in the game, Headquarters Battalion was behind 16 points and was getting desperate. As they tried to rally, the only thing they managed to do was rack up more fouls than a chicken factory. Headquarters Battalion was charged with 10 fouls in the next two minutes of the game, which helped VP-4 cushion their lead to 45-32 with only a minute to go in the game.

VP-4 decided that they would show no pity at all to the weary Headquarters Battalion, even though they had a comfortable lead and only one minute left on the scoreboard. Instead of letting the clock run out, Tate sunk two more three-pointers and small forward by the name of Randy O'Neal came alive and sunk

See *BALL*, C-4

BASE SPORTS

August

27 / Today

Women's Golf Clinic — Classes will be held five consecutive Fridays from 5 to 6 p.m. Course instruction includes basic swing fundamentals, long and short game skills, game strategy, etiquette, safety and rules.

The cost is only \$80 per student and is limited to 15 students. Call the Klipper Pro Shop at 254-1745/3220 to register.

28 / Saturday

Summer Invitational Softball Tournament — Although this will be a Class "C" softball tournament, teams may have three Class "B" players on their roster. The tournament begins Saturday and will end on Sunday.

Entry fee is \$200 per team. Register at the Semper Fit Center, or call 254-7590/7591.

September

1 / Wednesday

Résumés Due for Armed Forces Judo Team — The Armed Forces Judo Team will compete in the Conseil International du Sport Militaire Judo Championships at Baku, Azerbaijan in November.

Marines interested in competing should submit résumés, along with command authorization, to Marine Corps Community Services Athletics no later than today. Call 254-7590 for more information.

2 / Thursday

101 Days of Summer Fun Run Finale — A 4-mile fun run will be held for all base personnel to wrap up the 101 Days of Summer program 2004.

The race begins at noon at the field adjacent to the "The Lodge" Temporary Lodging Facility.

The entry fee is only \$1 per person, but unit representatives should collect fees from their personnel.

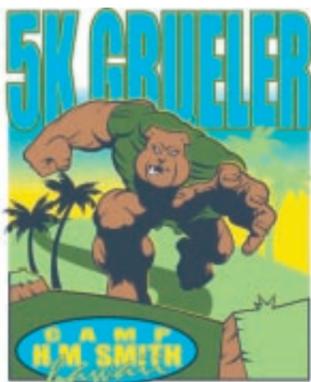
Call MCCS Health Promotions at 254-7636 for more details.

8 / Wednesday



Intramural Football Season Begins — Head over to Pop-Warner Field for the 6 p.m. official kickoff of the Intramural Football Season. Games will follow every Monday, Wednesday, and Thursday at 6 p.m. each night. Call MCCS Intramural Athletics at 254-7591 for more information.

22 / Wednesday



Camp Smith 5K Grueler — The 8th Annual Camp Smith 5K Grueler run will begin at Camp Smith's Sunset Lanai on Aug. 22 at 11:30 a.m.

Registration fees are \$15 for individuals, and \$60 for six-person teams before Sept. 14.

Late registration will be \$18 for individuals, and \$78 for teams.

First place awards for individual categories (Ages 19 & under, 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 & above), top three for teams, and top three overall for men and women.

The course winds through approximately 5 kilometers of rugged terrain on Camp Smith.

To register, call 254-7590/91 or look to www.mccshawaii.com for registration.

SM&SP Shank & Slice Golf Tournament — It's time again for the famous Single Marine & Sailor Program's Shank & Slice Golf Tournament. Play begins Sept. 22 at 12:30 p.m.

The tournament is open to all single active duty military personnel, ranked E5 or below.

The fee for the tournament is \$25 and includes golf fees, golf cart, pupus, sodas and prizes. Pre-registration is mandatory due to a high volume of registrants.

The deadline for registration is Sept. 17, before 4 p.m. All entry forms are to be delivered to the Single Marine & Sailor Program located in Bldg. 1629, the Semper Fit Center or the Camp Smith gym.

For more information, call Christianna Haberman at the SM&SP office at 254-7593.

Ongoing

Flag Football Registration Extended — Marine Corps Community Services' Youth Activities, Windward Community Federal Credit Union and Hawaii Youth Sports League are bringing football back to Kaneohe Bay.

Youth born between '90 and '98 are invited to join one of the leagues. Cost is \$40 for Youth Activities members, \$50 for nonmembers.

The season runs from Sept. 11 until Oct. 30, but practice begins Aug. 30.

Registration is underway now, so call Youth Activities at 254-7611 or stop by Bldg. 5082.

Volunteer coaches are still needed to make this program a success.

Youth Activities Cheerleading Registration Extended — Registration is currently underway for Youth Cheerleading.

Numerous leagues are open for children born between '88 and '98 at a cost of \$40 for Youth Activities members, and \$50 for nonmembers.

The season begins in October, but practice begins in August. Volunteer coaches are needed, so give Youth Activities a call at 254-7611 to support base youth.

NASCAR Sundays — Race to Kahuna's Sports Bar & Grill to catch NASCAR. The club opens with breakfast at 8 a.m. and serves selections from the grill menu until closing time at 8 p.m.

If you wear your favorite race driver's gear, you receive \$1 off chicken wings.

Gone Fishin' — Join Mahalo Kai Fishing Charters for a day beyond the bay.

Located at the base marina, the charter contractor now has two different boats to accommodate all of your fishing needs.

Check out its newest boat, the Bill Collector, built for charter fishing at its finest. Call 254-7667 for more details.

Commanders Cup Bowling League — The league just finished its first season, a successful one chockful of bowling fun for everyone. To learn more, give your input or just sign up, call 254-7693.

Sailing Classes — If you're looking for something fun to do

this summer, learn to sail your own boat and be your own captain.

Youth (from 8 to 18 years old) and adult sailing classes are available. The two-week classes run Monday - Friday, throughout the summer, from 9 a.m. until noon, or 1 until 4 p.m.

Cost is \$99 to become a certified sailor. For more information, call the base marina at 254-7667.

Inexpensive, Fun Entertainment — Look no further for economical entertainment, as Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game.

Call the K-Bay Lanes now to get the spin at 254-7693.



Base All Star

Megan Reica

Employer: Semper Fit Center, Marine Corps Community Services
Job Title: Personal Trainer

Hometown: Houston, Texas

- Reica was recently certified by the American Council on Exercise as a personal trainer.
- She studied through an ACE home study program for more than six months to pass the challenging certification exam, which covered anatomy, physiology, kinesiology, and program design.
- Reica really enjoys working with expectant mothers. She says it is important for both the health of the baby and the mother, that the mother stays active.



COMMUNITY SPORTS

5K Memory Walk/Run Saturday

The Alzheimer's Association presents a great walk/run event, Saturday, to help raise money for those individuals and families battling Alzheimer's disease.

Registration and preliminaries begin at 6 a.m. and the walk/run begins at 7 a.m.

At the finish line, participants will enjoy food, prizes, and entertainment at Ward Warehouse. Entry fees are \$35 on race day.

HTMC to Hike Waimalu Uka, Sunday

Join the Hawaii Trail and Mountain Club for a 4-mile intermediate hike to Waimalu Uka located in Pearl Ridge.



Starting on the Waimalu Ditch trail, hikers follow it for only a short time before they leave it to wander up a side valley where a spectacular waterfall will be seen (if it is raining hard). From the top of the falls a steep scramble takes us to a ridge and an easy trail back to the cars.

Coordinator John Hall can be reached at 377-5442 for any questions.

Be sure to bring plenty of water and wear proper footwear. A \$2 donation is

requested from each non-member, age 18 or over.

Sunday Polo at Waimanalo

Gates open at 1 p.m. with games kicking off at 2:30 p.m. for the weekly matches at the polo fields across from Bellows AFS. General admission is \$3, keiki 12 and under are free. The ponies will be available for children to visit after the matches.

Fishing Derby Scheduled

Big Brothers/Big Sisters is gearing up for some fun in the sun at its 12th Annual Fishing Derby and Beach Cleanup, sponsored by the Optimist Club of Honolulu, Aug. 29 from 9:30 a.m. to 1:30 p.m.

This year's location will be at the beautiful Luke beach home in Laie, where participants can enjoy an action-packed day of swimming, fishing, contests, awards, food and more. However, this event is limited to the first 20 matches, but no fishing experience is needed. Equipment and lunch will be provided.

For more details, contact Nate Fong at 521-3811, ext. 225 or visit www.bigshonolulu.org.

Hale Koa Hosts Summer Fitness

If tennis is your sport, "do" the Labor Day Weekend Tournament, Sept. 4 - 5.

Call the Hale Koa Activities Desk for more details at 955-0555, ext. 546.

Also, be sure to ask about future happenings at The Point Health Club at the Hale Koa Hotel. Call the health club at 955-9155 for more information.

Range Challenges to 'Take Your Best Shot' at Hunger

Hunters, anglers and any outdoors enthusiast who cares about human and natural resources are encouraged to come out and celebrate the 33rd National Hunting & Fishing Day at Koko Head Shooting Range, (the first left past Hanauma Bay on Kalaniana'ole Highway, headed toward Waimanalo), Sept. 25 and 26 from 10 a.m. to 4 p.m.

Bring a canned food or cash donations for the Hawaii Food Bank, and for each canned good or \$1 donation, you will receive a free activity coupon to participate in skeet, .22 rifle or handgun, muzzle-loader, archery, airgun or a fish casting contest.

Lots of fun, demonstrations, food and prizes are planned, so come celebrate and feed the hungry in the process.

For more details, call Hawaii's Hunter Education Program at 587-0200.



State Offers Free Recreation

The Hawaii Department of Land & Natural Resources is offering education classes for the public.

Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Sept. 17 from 5:45 to 10 p.m. and Sept. 18 from 7:45 a.m. to 4 p.m. in Classroom #A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information, or to sign up for this course, call 587-0200.

Hawaii Marine Accepts Sports and Recreation Briefs

Advertise sports and recreational activities of general interest to the DoD community in the *Hawaii Marine*.

E-mail items to editor@hawaii-marine.com, or call the *Hawaii Marine* 257-8836 or 257-8837.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. Our two resident sports junkies welcome your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send "Readers Strike Back" comments to editor@hawaiimarine.com. Remember, "If you don't speak up, you won't be heard.")

Who will be the Co-National Champs?

Sgt. Joe Lindsay
The Goat

You can smell it in the air. It is that time of year again. The best time of the year, especially if you are married.

"Sorry, can't take out the trash right now dear, the game is on." "Yeah, honey, I'll mow the lawn later, but right now the game is on." The list goes on and on. And the best part is they are all valid excuses.

Plus, there are lots and lots of games, and each one is important in its own way. That's right. College football is back.

The only bad thing about college football is there can be no clear cut National Champion in this day and age. We are in the era of co-National Champs, and so, like the rest of society, the Bottom Line must also adjust to the times.

With that being said, here is the half of the Bottom Line that matters: The Goat's picks for the 2004 - 05 co-National Champions along with a few other teams that could sneak in for a share of the mythical title.

1. (tie). *USC* — The Trojans are back again after splitting the National Championship with LSU last year, and even though they lost 11 starters, they have more than enough firepower to repeat. Quarterback Matt Leinart is a Heisman candidate, and if his offensive line can hold up, coach Pete Carroll has all the tools to get it done once again.

(tie). *Oklahoma* — After literally throwing away the National Title last season by losing their final two games, the Sooners are poised to come out the gates this year much like they did last

See *GOAT*, C-4

Capt. K.D. Robbins
The Professor

It's time for college football's annual pre-season physical from the M.D.s at The Bottom Line. So, before we step between the hedges, sit in the arms of Touchdown Jesus or take a pilgrimage to Happy Valley, here's a look at The Professor's top five:

1. *Florida State* — One name: Lorenzo Booker. Quarterback Chris Rix is finally over his bout with insanity (i.e. parking in handicapped professor's spots). He is the most underrated QB in the nation and with all that speed on defense, FSU will win it all in 2004.

It's a raw deal, but we must endure the "Seminoles chant" for an entire season.

2. *Oklahoma* — Bob Stoops is the best coach in the country. Heisman QB Jason White and football's LeBron

James, freshman RB Adrian Peterson lead the OU offensive juggernaut. Offense? Wait a minute, OU has one of the best defenses in the nation. They get FSU in the BCS game, but they run out of gas from a schedule that includes Oregon, Texas, a surging Texas A&M team, nemesis Oklahoma State and the Big 12 championship game. Boomer Sooner? Well, almost.

3. *Georgia* — Aah, if Uga's boys didn't play the Gators, Vols and Tigers every season? Alas, they do. The Bulldogs make it to a BCS bowl, just not the big dance. Oh well, there's always the "world's largest cocktail party."

4. *Ohio State* — This just in — Jim Tressel can coach and Jim Tressel can recruit. The throwback gentleman coach, sweater vest and tie included,

See *PROFESSOR*, C-4

READERS STRIKE BACK

Dear Bottom Line,

**"Let the
NBA
champs go
to the
Olympics."**

I am glad that the Bottom Line tackled the issue of the Team USA basketball team in this week's issue.

I just got done watching the so-called Dream Team get outplayed, out-hustled and out-classed by Lithuania. The 2004 Dream Team is turning into a nightmare.

I am a patriotic American, but I truly hope the U.S. hoops team does not win the gold medal. That way maybe the Olympic selection committee will wake up.

The best advice I have heard anywhere

on how to solve the problem was from the Goat's column. It is a simple fix — let the NBA champs go to the Olympics.

The reason Team USA can't compete is that these other teams (Lithuania, Italy, Puerto Rico, etc.) have played together for years. The Olympics is the pinnacle of their careers. The U.S. fields nothing more than a glorified All-Star team looking to sweeten their endorsement deals.

I must admit in a perfect world I like the Professor's idea of sending the NCAA champions.

But, this is not a perfect world.

Connecticut would probably not be able to hang with the more experienced and stronger European Olympic teams.

There is no doubt in my mind Larry Brown would rather have his Detroit Pistons team in Athens right now rather than his All-Stars.

Remember what Larry Brown said: "You can't coach effort." Well, apparently he is right judging from the sorry state of Team USA basketball in the 21st Century.

Dan Lilly
Blackhawk, Calif.

GOAT, From C-3

year, when they won their first 12 games by an average margin of 35.2 points. Heisman winner Jason White is back at quarterback, and the experienced Sooners are eager to make up for last year's late season burn out.

2. *Georgia* — The Bulldogs have a tough schedule, but many of their big games are at home, including LSU and Tennessee. Georgia has 10 offensive starters back from last year's team that went 11-3. They also have a Heisman caliber quarterback in David Greene. The Dawgs have a solid chance.

3. *West Virginia* — The Mountaineers might not be in the same class with USC, Oklahoma and Georgia, but with Miami out of the ACC, their schedule has all the makings for an undefeated season. If West Virginia gets past Maryland at home and wins their bowl game, they

PROFESSOR, From C-3

has just what he likes this year; a team with few expectations. With Wisconsin, Penn State and Michigan at home, the schedule keeps QB Justin Zwick comfortable in the friendly confines of the Horseshoe. Side note: A Buckeye is a nut. What the heck kind of mascot is that?

5. *Michigan* — A dark horse to run the table. Even with the best receiving corps in college football, they won't get past the Buckeyes. Weak schedule equals a one-loss season. Lloyd Carr remains most underachieving coach in college

could grab a slice of the title.

4. *Cal* — People forget the Bears were the only team to beat USC last season. Eight defensive starters are back, and there hasn't been this much optimism in Berkeley since Nixon resigned.

Bottom Line — There are a lot of tough teams out there as the 2004 - 05 college football season gets underway, but they're not the ones you think.

Miami, Florida State and Florida can't just live off their big time names, a lesson Penn State has learned the hard way. They have to get it done both by recruiting in the off-season and cultivating what they already have.

Toledo, Clemson, Utah and TCU could do some damage this year, but as far as getting a piece of the proverbial pie, you've got to be wearing a Trojan helmet to get anything past Norman, Okla., these days.

football. To lose with the talent on the Wolverines roster is criminal.

Bottom Line — "Bookends." That is what the Seminoles must conquer. Miami and Florida. They open the season with former UF QB Brock Berlin and his Miami Hurricanes. Then they get QB Chris Leak, the guy who ran Brock Berlin out of Gainesville in the season finale.

Expect the Seminoles to beat both Gator recruits. Expect Bobby Bowden to look even older. Expect at least five fights and numerous criminal violations. Most of all, expect a title in Tallahassee.

SOFTBALL, From C-1

The voluntary competition was open to everyone with no experience necessary, said Etheridge. If you signed up, you could play.

The top three finishing commands of the tournament received trophies, money and points toward their command's overall sport's standings, said Dufrene. The money can be used to help the commands pay for events, such as the Marine Corps Birthday Ball.

"I think as more and more commands hear about what the winner receives, and how much fun they can have doing it, a lot more commands will continue to come out," said Dufrene. "I know our participation has already grown significantly since last year's tournament. I expect next year to have an even greater outcome."

It was the second year for Combat Service Support Group 3 player Nick Chapman to take part in the tournament.

"The first time I came out and

BALL, From C-1

two layups.

As the final seconds ran out on the clock, VP-4 came out on top 53-37 over the baffled Headquarters Battalion.

"This game was all about the defense and us putting pressure on them that they could not handle," said Tate. "The pressure caused a lot of turnovers and our teamwork was real-

played the tournament, it was an awesome experience," said Chapman. "Everyone who participated gave it their all, and the same thing happened this year."

The Lafayette, La. native has been playing softball for three years.

"I've been playing baseball since I was nine years old, but found out CSSG-3 didn't have a team for it," said Chapman. "I tried softball out and it's working out pretty well for me."

CSSG-3 made it to the semi-finals this year, but plan to get the win next year.

"It was hard for us this year because we only had time really to get one practice in there," said Chapman. "People on the team had to work odd hours and we couldn't get a consistent practice time. We will just be able to make up for it during the upcoming football season."

"This year it [101 Days of Summer] was such a huge success," said Etheridge. "I just really look forward to next year's campaign, it should be bigger and better than this year."

ly strong. We knew we had what it took to win and we went out there motivated. This was our best game in a long time."

In the final game of the competition, VP-4 squared off against the Combat Service Support Group 3 and suffered a narrow loss.

CSSG-3 went on to claim the title of the "Old School" 30 and over basketball champions.