



Veterinarians and volunteers guide the whales into the open water rehabilitation facility at Marine Corps Base Hawaii, Kaneohe Bay. After one whale's condition deteriorated and it was euthanized, the other whale was transferred into a smaller tank for further rehabilitation.

## Researchers learn key lessons from euthanized whale, try to save second

Vets: "With a weak heart, it was just the whale's time to go."

Story and Photos by  
**Sgt. Joseph A. Lee**  
Combat Correspondent

During the past two weeks, volunteers from the University of Hawaii Marine Mammal Research Program, and tenants of the base, have been caring for and monitoring two whales that were found stranded at the Hau'ula Beach Park Aug. 16.

After transferring the whales into a larger open-water rehabilitation facility late last week, one of the melon-headed whales — the weaker of the two known as the number two whale — didn't cope so well after the transfer. The weaker of the two whales was euthanized Sunday, after a determination by the attending veterinarian that the animal was suffering.

"Midday Sunday, the animal began having a hard time supporting himself and began sinking to the bottom," said Marlee Breese, animal care specialist with the Marine Mammal Research Program. "The veterinarians and other care personnel agreed that it was in the animal's best interest to end the suffering."

According to Breese, any time an animal strands, the long-term chances of survival are very poor.



Dr. Paul Nachtigall, director of the Marine Mammal Research Program, Hawaii Institute of Marine Biology, University of Hawaii, guides the first of the two whales out of the holding tank with the use of a U.S. Marine Corps crane. The whales were moved into a larger open water rehabilitation facility for further observation.

A necropsy, or animal autopsy, was performed on the animal in an attempt to learn as much as possible about what could have caused the whales to strand themselves.

"We learned that the animal had a weak

heart, which is something that is very hard for any creature to overcome," said Breese. "It was just his time to go."

After the number two whale was put down, the number one whale was moved back into the smaller holding tank for closer observation, and where more intensive care could be provided.

"The combination of heat and radical tides in the open-water facility was not helping our care situation, so we moved the animal back to the smaller pool," said Breese.

The caretakers have been feeding and medicating the number one whale, while observing his internal functions using new information learned from the necropsy of the other whale.

"The size of the bladder, and course of the intestinal tract, help us determine whether the other animal is well hydrated and is processing food properly," said Breese. "Hydration is very important in the animal's survival."

According to Breese, the number one whale has not shown any difference in behavior since the loss of his counterpart. Animal care specialists will continue to do everything they can for the survival of the remaining whale.



Brad Ryon, protected resources management liaison with the National Marine Fishery Service, guides the two whales around their new temporary home, an open water rehabilitation facility much larger than the holding tank the whales were previously held in.

# MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

## POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

### AUGUST

#### 30 / Saturday

**“Lan Slam Lock-In”** — Calling all players to the X-Box tournament and LAN gaming from noon, Saturday, until 10 a.m., Sunday, at the Kahuna’s Sports Bar & Grill ballroom.

The grill will be open until 1 a.m. and the bar until 3 a.m. A breakfast buffet will be served at 7 a.m.

To preregister or for more information, go to [www.lan.vision.net](http://www.lan.vision.net).

#### 31 / Sunday

**Officers’ Club Membership Sundays** — Be one of the elite and sign up for Officers’ Club membership.

This is your last chance to receive \$5 off Sunday Brunch (per immediate family member)

when you sign up for a First USA membership.

For more information, call 254-7650.

**Officers’ Club Champagne Sunday Brunch** — Treat yourself to a bit of decadence at the Officers’ Club Champagne Sunday Brunch from 10 a.m. – 1 p.m.

The club hosts a buffet that appeals to all senses, and you can complete your weekend with stunning views of the Pacific Ocean and an elegant dining ambiance, while you’re enjoying the assortment of palate-pleasing cuisine.

you’re in luck because the base theater is now showing Thursday evening movies.

Admission is \$1 for all ranks. Grab a quick snack and enjoy \$1 hot dogs, too.

Call 254-7642 for the movie schedule and times.

#### 5 / Friday

**Joe Budden Live in Concert** — Check out Def Jam Records’ quickest rising star at Kahuna’s ballroom.

Tickets are on on sale at the Information, Tickets and Tours office.

The concert kicks off at 9 p.m.

#### 8 / Monday

**Youth Activities Piano Lessons** — Get the youngsters involved in extracurricular activities by signing them up for piano lessons.

Thirty-minute classes are available for children 9 years and older. Classes are \$19 for a month of classes, once per week on Tuesdays or Thursdays.

To sign up, call 254-7610.

**Fix it Yourself at the Auto Skills Center** — Want to do a little work on your prized vehicle, but don’t have the space or tools to get the job done? Cruise on over to the Auto Skills Center located in Bldg. 3097, next to the 24-hour car wash, and get your baby back in top form.

Certified Hawaii Safety inspections are also available weekdays from noon to 6 p.m., and weekends and holidays from 9 a.m. to 3 p.m.

Keep an eye out for a deal at the sealed bid auto auction, which the Auto Skills Center

hosts from time to time.

Call 254-7674 for more shop information.

**Need a New Do?** — Marine Corps Base Hawaii has three conveniently located barber shops and a beauty salon.

The Mokapu Mall barber is in the mall next to the Main Exchange. Located right next door is a full-service beauty shop.

If you find the lines a bit long, head over to the base theater courtyard, Bldg. 244, to a smaller yet equally talented barber.

For those of you who work closer to the flightline, a shop is located in Bldg. 301.

For more information, call 254-6588.

**Looking for a Job?** — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality, fitness, child and youth activities, water safety, logistics and administration.

Stop by the MCCS Personnel office located in Bldg. 219 to get a job or career that suits your skills, schedule and style.

Call 254-7619 or visit [www.mccshawaii.com/jobs\\_listings.html](http://www.mccshawaii.com/jobs_listings.html), and find the position that’s just perfectly suited for you.

**Officers’ Club and Staff NCO Club Membership Benefits** — You’ve paid your dues and now you’re a member. So, what do you get by joining your club?

All Officer’s and Staff NCO Club members are privy to reciprocal club benefits, Marine Corps-wide check cashing privileges, quarterly “members only” events, a free birthday

meal, discounted food and pupus.

Other benefits include a monthly newsletter/calendar, monthly coupons, advanced sales for events, priority seating for events and discounted banquet room rentals.

Officers’ Club members also have reciprocal privileges with the Hickam Air Force Base Officers’ Club.

For more information, call 254-7650.

#### 17 / Wednesday

**MCB Hawaii Annual JEMS Job Fair** — Catch this job fair at 11 a.m. until 3 p.m. in the Banyans Club at Pearl Harbor.

The job fair is open to all military and DoD/Coast Guard I.D. card holders with base access, including spouses and family members, active duty personnel, retirees and reservists.

This is a great opportunity for those seeking local or federal employment to network with employers and other job seekers.

Bring your resumes and dress accordingly. Children will not be admitted.

For more information, call 257-7790 or 473-0190.

**Information, Tickets and Tours** — This is the perfect time to take that much-needed hiatus from excessive work.

Plan an outer-island excursion or take in some of the sites and activities on Oahu. Whatever your pleasure, Information, Tickets and Tours, and Leisure Travel can help you with reservations.

Stop by the office at Mokapu Mall or call 254-7563 for info.

### SEPTEMBER

#### 1 / Monday

**Officers’ Club Right Hand Man Lunch** — Call it a working lunch or just show your appreciation and invite your “right hand man” to the Officers’ Club for lunch.

Pay grades E6 and above are welcome every Monday from 11 a.m. – 1:30 p.m.

#### 4 / Thursday

**Staff NCO Karaoke Thursdays** — Are you the next Sinatra? Let your buddies be the judges.

Check out karaoke night in the Rocker Room every Thursday evening. The Club opens at 4:30 p.m. and closes at 8 p.m.

**Bargain Thursdays at the Base Theater** — Are you looking for something to do Thursday evenings? Well,

## SM&SP



All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

#### Upcoming Activities

**Sept. 13:** From noon until 5 p.m., you’re invited to come on down to Pyramid Rock Beach for the Single Marine & Sailor Beach Bash. This event is free to single Marines and Sailors as well as their guests.

Part of the “101 Days of Summer Campaign,” units will get points by helping to set-up and by participating at this event.

The beach bash includes a volleyball tournament, surfing lessons, a sand sculpture contest, food, refreshments and entertainment with prizes and guaranteed fun.

Mahalo to AT&T In-Room Service for making this event possible.

**Aug. 30 - Sep. 1:** Fly out of here with SM&SP’s Big Island Bash. Fly off Oahu on this interisland, bargain trip and explore the island of Hawaii for only \$300.

#### SM&SP Goes Online

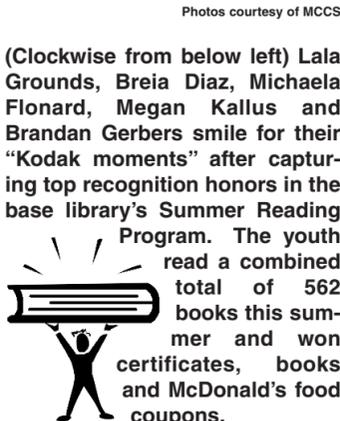
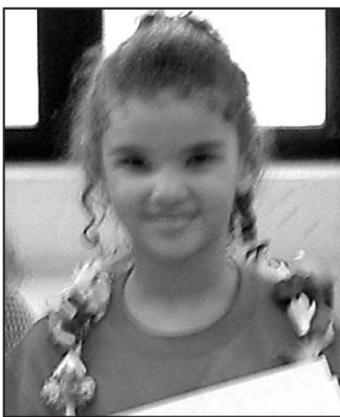
Get more on SM&SP at [www.MCCSHawaii.com](http://www.MCCSHawaii.com) under the “Semper Fitness” icon.

#### SM&SP Benefits

Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:

- You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. – 12 p.m. Call

## Base library rewards summer readers



(Clockwise from below left) Lala Grounds, Breia Diaz, Michaela Flonard, Megan Kallus and Brandon Gerbers smile for their “Kodak moments” after capturing top recognition honors in the base library’s Summer Reading Program. The youth read a combined total of 562 books this summer and won certificates, books and McDonald’s food coupons.

**Bobbie Brock**  
MCCS Public Relations

Every June, the MCB Hawaii base library kicks off the summer with with Ronald McDonald and its Summer Reading Program. Children ages 0 – 17 are encouraged to continue learning through reading books that are provided by the base library.

The program ran through the middle of August and finished with a wrap-up party on Aug. 16. A total of 42 children attended with their parents to receive their Gold Star Certificates and McDonald’s coupons.

“The children were proud to receive their certificates and McDonald’s coupons in front of everyone,” said Lori Zuttermeister, program coordinator. “For the parents, it really was a Kodak moment.”

See **READING**, B-3

## MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for “R”-rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Show your I.D. at the box office. Call 254-7642 for recorded information.

The League of XG (PG 13)

Legally Blonde 2 (PG 13)

Johnny English (PG)

How to Deal (PG 13)

How to Deal (PG 13)

The League of XG (PG 13)

Johnny English (PG)

The League of XG (PG 13)

Pirates of the Caribbean (PG 13)

Legally Blonde 2 (PG 13)

Today at 7:15 p.m.

Today at 9:45 p.m.

Saturday at 7:15 p.m.

Saturday at 9:45 p.m.

Sunday at 3:30 p.m.

Sunday at 7:15 p.m.

Wednesday at 7:15 p.m.

Thursday at 7:15 p.m.

Sept. 5 at 7:15 p.m.

Sept. 5 at 9:45 p.m.

**READING, From B-2**

A total of 111 children participated in five different age categories: 0 to 3 years, 4 to 6, 7 to 9, 10 to 12 years, and 13 and older.

Parents took a very active role in the program reading to younger children.

The total number of books read was 4,547.

This year, special recognition was given to the top reader in each age category. In the 0 to 3 age category, Lala Grounds was the top reader with 375 picture books read; Michaela Flonard read 71 chapter books for the 5 to 6 year olds.

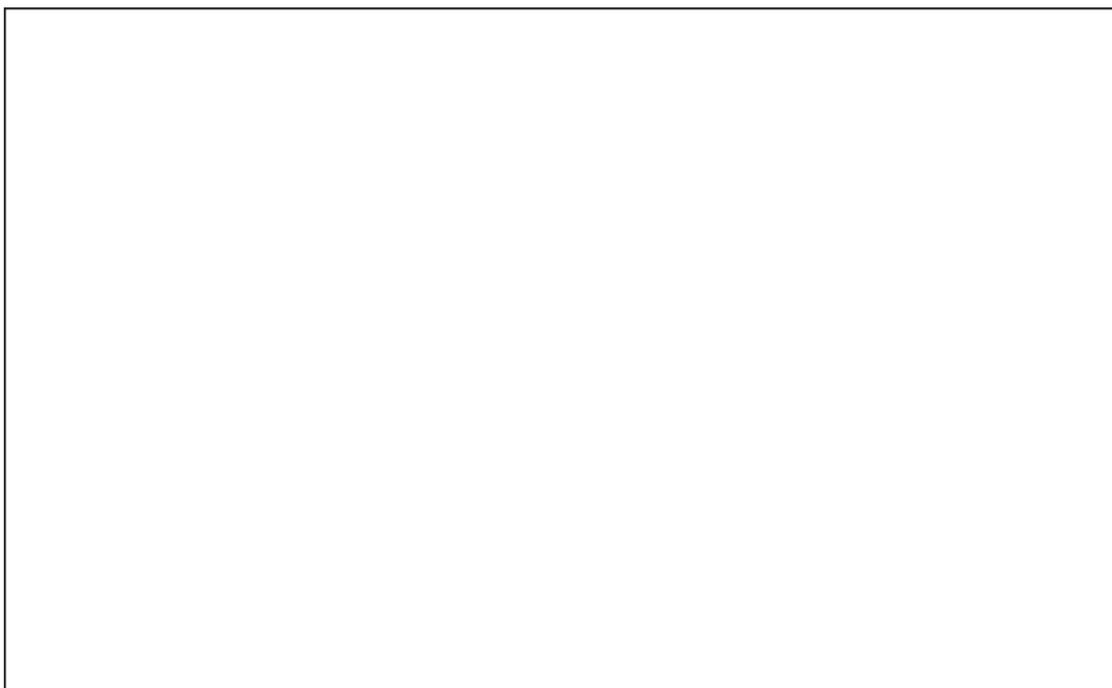
The 7 to 9 top reader was Megan Kallus with 72 chapter books; Brandan Gerbers read 24 chapter books for the 10 - 12 category; and in the 13 years and older group, Breia Diaz won top reader recognition having read 20 chapter books.

All five top readers received an additional special certificate and McDonald's coupons, and books to keep.

McDonald's of Hawaii and generous individuals who donate books to the base library supported the Summer Reading Program.

Marine Corps Community Services and the base library extend a big "mahalo" to all supporters.

# A more beautiful Fort Hase beach



Marines and Sailors with Medical Co., Marine Aircraft Group 24, 1st Marine Aircraft Wing, worked together Aug. 21 as they spent the day picking up litter along the shores of Ft. Hase Beach aboard MCB Hawaii, Kaneohe Bay. Approximately 10 large trash bags full of debris were removed from the beach's shores. Units as well as other concerned individuals aboard the installation, periodically police the grounds of all the beach areas at K-Bay, to ensure the environment and landscape reflects the beauty that all have come to expect in the Hawaiian islands.

Lance Cpl. Monroe F. Seigle

# A helping of safety will be vital during Labor Day barbecues

**NAPS**  
Featurettes

Families across the country will continue to fire up the grill even after summer's close. Luckily, cooks can protect their outdoor meals by sticking to a few easy food handling and preparation steps.

"Consider your grill, tailgate party and picnic basket an extension of your kitchen," said Carolyn O'Neil, registered dietitian and national spokesperson for the ADA/ConAgra Foods Home Safety program. "Remember to apply the same home food safety techniques whether eating meals inside or out."

When it comes to safely preparing foods for outdoor dining and/or the grill, a recent survey (Impulse Research, 2003) by the American Dietetic Association and ConAgra Foods found that while a few play it safe, most of us are striking out. For example, a majority of respondents (56 percent) don't know what temperature favorites like hamburgers and chicken should be cooked to for safe eating. And, when it comes to leftovers, one-third report leaving foods out unrefrigerated for more than an hour in hot weather (90 degrees or above) — an environment that allows harmful bacteria to quickly multiply.

Following these simple home food safety tips from ADA and ConAgra Foods will help guard your grill and protect your picnics.

## Outdoor Grilling Tips

- *Suds up the barbecue.* Be sure to scrub the grill, outdoor utensils, coolers and other containers with hot soapy water before cooking or packing up your favorite outdoor dining foods, and your hands too.

- *Prop with purpose.* Make home food safety a topic of conversation at your outdoor celebrations by incorporating colorful, thematic coolers, cutting boards, plates and aprons that not only fit the party theme, but also serve an important safety purpose for your guests.

- *Separate treats for backyard feasts.* Keep raw meats and ready-to-eat foods separate. Pack extra plates — always use a separate plate for raw foods and another for cooked foods to prevent cross-contamination. This holds true for your refrigerator, too; store raw meats on lower shelves to prevent raw juices from running onto other foods.

- *Stay in tune with temps.* Favorite outdoor eats can be harmful if not fully cooked. Use a meat thermometer to make sure hamburgers are cooked to 160 degrees, chicken to 170 degrees and hot dogs reheated to 160 degrees. Never partially grill meat or poultry to finish cooking later.

- *Get it made in the shade.* Stock coolers with plenty of ice and/or ice packs to keep foods refrigerated at temperatures below 40 degrees. Drop a refrigerator thermometer in your cooler to make sure foods are stored at a proper temperature. Transport foods in the back seat of your air-conditioned car instead of the hot trunk. Once at your outdoor dining destination, try to keep foods out of direct sunlight. Set up camp in the shade to make sure your food and guests stay cool.



## ON THE MENU

Anderson Hall will serve the following this week:

| Today   | Monday   | Tuesday  | Wednesday   | Thursday   | Saturday  | Sunday   |
|---|--|--|---|--|---|--|
| <p><u>Lunch</u><br/>Beef Balls Stroganoff<br/>Baked Fish Fillets<br/>Macaroni &amp; Cheese<br/>Steamed Rice<br/>Raisin Drop Cookies<br/>Asst. Fruit Pies</p> <p><u>Dinner</u><br/>Tacos<br/>Chicken Enchiladas<br/>Chili Conquistador<br/>Burritos<br/>Refried Beans<br/>Mexican Rice<br/>Raisin Drop Cookies<br/>Asst. Fruit Pies</p> <p><u>Specialty Bar</u><br/>(Lunch and Dinner)<br/>Pasta Bar</p> | <p>Butter Cream Frosting<br/>Asst. Fruit Pies</p> <p><u>Lunch</u><br/>Beef Stew<br/>Baked Fish Fillets<br/>Baked Macaroni &amp; Cheese<br/>Steamed Rice<br/>Oatmeal Cookies<br/>Asst. Fruit Pies</p> <p><u>Dinner</u><br/>Italian Veal Steaks<br/>Braised Pork Chops<br/>Boiled Egg Noodles<br/>Steamed Rice<br/>Oatmeal Cookies<br/>Asst. Fruit Pies</p> <p><u>Specialty Bar</u><br/>(Lunch and Dinner)<br/>Pasta Bar</p> | <p><u>Lunch</u><br/>Southern Fried Chicken<br/>Beef Ball Stroganoff<br/>Parsley Buttered Potatoes<br/>Boiled Egg Noodles<br/>Oatmeal Raisin Cookies<br/>Asst. Fruit Pies</p> <p><u>Dinner</u><br/>Braised Beef Cubes<br/>Cajun Fish Fillet<br/>Boiled Egg Noodles<br/>Steamed Rice<br/>Oatmeal Raisin Cookies<br/>Asst. Fruit Pies</p> <p><u>Specialty Bar</u><br/>(Lunch and Dinner)<br/>Taco Bar</p> | <p><u>Lunch</u><br/>Chili Macaroni<br/>Roast Turkey<br/>Grilled Cheese Sandwich<br/>Mashed Potatoes<br/>Brownies<br/>Asst. Fruit Pies</p> <p><u>Dinner</u><br/>Meatloaf<br/>Pork Ham Roast<br/>Mashed Potatoes<br/>Tossed Green Rice<br/>Brownies<br/>Asst. Fruit Pies</p> <p><u>Specialty Bar</u><br/>(Lunch and Dinner)<br/>Hot Dog Bar</p> | <p><u>Lunch</u><br/>Salisbury Steak<br/>Barbecue Chicken<br/>Rice Pilaf<br/>Oven Browned Potatoes<br/>White Cake w/<br/>Lemon Cream Frosting<br/>Asst. Fruit Pies</p> <p><u>Dinner</u><br/>Beef Yakisoba<br/>Pork Adobo<br/>Steamed Rice<br/>Pork Fried Rice<br/>White Cake w/<br/>Lemon Cream Frosting<br/>Asst. Fruit Pies</p> <p><u>Specialty Bar</u><br/>(Lunch and Dinner)<br/>Taco Bar</p> | <p><u>Dinner/Brunch</u><br/>Turkey A La King<br/>Baked Stuffed Pork Chops<br/>Steamed Rice<br/>Boiled Egg Noodles<br/>Spice Cake w/<br/>Lemon Cream Frosting<br/>Sugar Cookies<br/>Asst. Fruit Pies</p> | <p><u>Dinner/Brunch</u><br/>Swiss Steak w/<br/>Mushroom Gravy<br/>Rock Cornish Hens<br/>Rice Pilaf<br/>Cornbread Dressing<br/>Mashed Potatoes<br/>Yellow Cake w/</p> |

**QUOTABLE:** "The best way to enhance freedom in other lands is to demonstrate here that our democratic system is worthy of emulation."  
— President Jimmy Carter

## WORD TO PASS

### MDA Seeks Labor Day Weekend Telethon Volunteers

The Muscular Dystrophy Association is seeking volunteers to participate in the 2003 Jerry Lewis MDA Labor Day Telethon "Catch-a-Cure" program. Volunteers will be collecting funds Saturday and Sunday at various locations.

The Catch-a-Cure program will be highlighted during the telethon to raise additional funds to support research, public health education and services for people affected by any more than 40 neuromuscular diseases. The telecast will run from 10 p.m. to midnight, Sunday, and 8 a.m. to 5 p.m., Monday on KITV Channel 4.

To volunteer or for more details, call the MDA office at 548-0588. Military participants should wear civilian attire.

### Mighty Mo to Commemorate World War II 58th Anniversary

As a tribute to the heroism of all U.S. war veterans, the USS Missouri Memorial Association, Inc. — caretaker of the battleship Missouri — will hold a commemoration ceremony marking the 58th anniversary of the end of World War II, Tuesday at 8:45 a.m., on the deck of the historic battleship.

The annual commemoration will last approximately one hour and is open to the public.

The ceremony will feature a traditional military salute, patriotic music by the U.S. Pacific Fleet Band, and a keynote speech from the 20th and 23rd captain of the USS Missouri (and the ship's last commanding officer before its final decommissioning in March of 1992), Navy Capt. Albert Lee Kaiss.

Free trolley service to the memorial will be provided to the public from 7:45 - 8:45 a.m., Sept. 2.

Affectionately referred to as the "Mighty Mo," the USS Missouri first captured worldwide atten-

tion, Sept. 2, 1945, when 2,000 Marines and Sailors stationed aboard the juggernaut jammed into every possible observation area to watch when representatives of 10 nations — including U.S. Gen. Douglas MacArthur — assembled onto the deck in Tokyo Bay, Japan, to receive surrender documents from Japanese officials.

The USS Missouri Memorial Association was formed in 1994 and includes a cross-section of leaders from Hawaii's business, civic, political and retired communities. Former President George Bush is the memorial's honorary Chairman of the Board.

For more details about the commemoration, call 423-2263, or visit the USSMissouri.org Web site.

### Windward Hoolaulea Happens Sept. 6

Windward Oahu's block party, called a "Hoolaulea" in Hawaiian, is scheduled for Sept. 6 from 10 a.m. to 10 p.m. on "The Great Lawn" at the Windward Community College.

The public is invited to the festivities, which will feature two entertainment stages, arts and crafts, food vendors, displays, exhibits and much more. Plus, the public is invited to view the many new additions to the campus.

Opportunities still exist for volunteer support. Call the Kaneohe Business Group co-chairs for more details: Ms. Ogumat 261-1740 or Mr. Machado at 845-4111.

### Aloha Festivals are Upcoming

Mark your calendars to enjoy the following Aloha Festival events that celebrate Hawaii's art and culture. (The Marine Forces Pacific Band, stationed at MCB Hawaii, Kaneohe Bay, will participate in the Floral Parade.)

•Sept. 12 at 6:30 p.m.: Downtown Hoolaulea (block party)

•Sept. 13 at 9 a.m.: Floral Parade at Moana Beach Park to Kapiolani Park in Waikiki

•Sept. 19 at 7 p.m.: Waikiki Hoolaulea on Kalakaua Avenue

### Hale Koa Plans Oktoberfest

Germany's favorite party comes alive at the Hale Koa Hotel from Sept. 24 - 28, when staff will turn the Banyan Tree Showroom into an old-world tavern high in the Bavarian Alps.

Executive Chef Rolf Walter's own home-country sauerbraten, knaokwurst, eisbein and black forest cake; an impressive selection of German spirits; popular sing-alongs, including polka and chicken & snake dances; contests; and much more will entertain guests.

Admission is \$6; call the Activities Desk at 955-0555, ext. 546, for more details, or visit [www.HaleKoa.com](http://www.HaleKoa.com).

The Hale Koa Hotel is open to active, retired, reserve, National Guard, DoD and family members.

### Joint Women's Conference Scheduled for Oct. 17

The ninth annual Joint Women's Conference will gather 500 women from the military community to share their military life experiences.

This year's conference will take place at the Hickam Air Force Base Officers' Club, Oct. 17 - 18 and offer more than 50 workshops, in addition to keynote speakers.

Women who register to participate will enjoy a variety of workshops designed to educate, motivate, enlighten and strengthen their personal roles as spouses or military members.

Registration begins Tuesday and ends Sept. 30; apply at [www.JointWomensConference.org](http://www.JointWomensConference.org).

## MARINE MAKEPONO

### HAWAIIAN FOR "MARINE BARGAINS" Vehicles

**2002 Mazda MPV** van, blue, automatic, air conditioning, only 9K miles, in great condition. Asking \$19,000. Call 254-4724.

**2001 Jeep Wrangler Sport**, dark blue, automatic, 4WD, 6 cylinders, soft top, 31K miles. Asking \$14,000. Call Linsie at 222-2988.

**1998 Ford Explorer**, burnt orange (red in day and orange at night), V-6 engine, two 15-inch subwoofers, CD player, tinted windows, 2DR, great condition and smells good. Asking \$16,500. Call 780-9689.

**1992 Geo Storm**, automatic, air conditioning. Asking \$1,200 OBO. Call 216-7193, 257-8839 or 253-0322.

*Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees. Ads are free and will appear in two issues of the Hawaii Marine, if space is available.*

*The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication.*

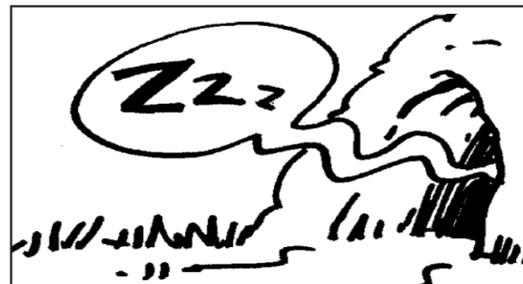
*Forms may be filled out Monday through Friday between*

*7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216 aboard Kaneohe Bay.*

*Makepono may be used only for noncommercial classified ads containing items of personal property. Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first-served basis.*

*Call 257-8836 or 257-8837 for more details or assistance.*

## Catching some z's



NAPS

The opening to the cave in which a bear hibernates is always on the north slope.