

# Hawaii MARINE SPORTS

Hawaii Marine C Section

August 6, 2004



Cpl. Jessica M. Mills

Maurice Fields, Patrol Squadron 47, leans away from defensive lineman Steven Stone, HMH-362, as Bryan Feliciano, HMT-301, leads with the block to help Fields get into the end zone during Marine Aircraft Group 24 team practice Monday.

## Tackle football on horizon

**Edward Hanlon V**  
MCCS Public Relations

As fall approaches, the minds of many aboard MCB Hawaii are focused not on elections, not on the holidays, but on football. It's not the NFL, but better — Marine Corps Community Services, Intramural Football; comprised of the toughest, roughest, hard-core warriors the sport has ever seen.

Although equipment will officially begin to be awarded to players on August 9th, these seven teams have been in cross training since last season. Each team is authorized to have 30 players, so if you're a Marine or Sailor stationed aboard Kaneohe Bay or Camp Smith, find out whom your unit's head coach will be this year, and get motivated.

"This year will be better than the last as far as the popularity of the league, the only thing that may hold the season back is all the different deployment cycles,"

### 2004 Intramural Football Teams

- 1st Battalion, 12th Marine Regiment
- Combat Service Support Group 3
- Marine Aircraft Group 24
- 3rd Marine Regiment
- Headquarters Battalion
- 3rd Radio Battalion
- Camp Smith

said Richard Hargrave, head coach of the Airwing Bandits from Marine Aircraft Group 24. "I don't like making bold statements about how we will fare during the season. Any team on this base is capable of winning. If my players execute what they have been taught, then we should put points on the board."

Last season, 3rd Radio Battalion,

Headquarters Battalion, Combat Service Support Group 3, 1st Battalion, 12th Marine Regiment, Marine Aircraft Group 24, Camp Smith, and 3rd Marine Regiment all competed for the championship title in a span of a few months that seemed like an eternity of football hall of fame feat.

This season promises to host even more awe-inspiring action between the hedges at Pop-Warner Field, every Monday, Wednesday and Thursday, at 6 p.m. beginning on September 8th. Mark your calendars!

"I believe that the teams should be more even this year because they're already practicing," said Intramural Football guru Joe Au. "They are taking the game even more seriously than in previous years, so I don't expect many blowouts this time around, and even more competition. We've got new bleachers that we hope to see filled ... see you at the ball game, Semper Fidelis!"

## Semper Fit introduces the "Spin Doctors"

**Ed Hanlon V**  
MCCS Public Relations

The Semper Fit Center, known as the "Ultimate Health & Fitness Club," according to local Marine Corps Community Services staff, has offered a new program to its already remarkable repertoire of services: Spinning.

Spinning is program that uses stationary cycles that are similar to riding bicycles. Only around since the early '90s, spinning has grown more and more popular as an exercise regimen for today's busy health enthusiasts.

Users can adjust the level of resistance to simulate numerous different riding environments they would face on the open road. Classes focus on these different scenarios, and gradually build up riders' strength and endurance.

The Semper Fit Centers' Spinning program allows patrons to cater their program to fit their specific needs, target problem areas, burn extra calories, or just to have fun while exercising.

Various classes are offered during the week:

- 6 to 7 a.m. on Tuesdays and Thursdays,
  - 11:30 a.m. to 12:30 p.m. on Tuesdays,
  - 4:45 to 5:45 p.m. on Mondays, Wednesdays and Fridays, and
  - 7:45 to 8:45 a.m. on Saturdays.
- Call the Semper Fit Center at 254-7597 for more information.



Pfc. Rich Mattingly

Victoria Stonesifer, fitness instructor, offers Dinah Horten encouragement during a spinning class offered at the Semper Fit Center.

## CPRW-2 rises in ranks during championships

**Cpl. Monroe Seigle**  
Combat Correspondent

The contest proved to be a battle until the bitter end when the Commander, Patrol Reconnaissance Wing 2 squared off against Combat Service Support Group 3 for a friendly game of softball during the playoffs for the base championship, here July 30.

Right center fielder Richard Tejada with CPRW-2 started off the night aiming for the fence on his first swing, but came up a few feet short of a homer. It was only one out later that pitcher Brad Tyler threatened to put some numbers on the board when he cracked a double into left field.

Shortstop Joe Medina came to the plate to finish what Tyler started, but the CSSG-3 infield cut his drive off to end the top of the first with no runs on the board.

The bottom of the first was as uneventful as the top half when CSSG-3 couldn't get past the strong defense of



Cpl. Monroe F. Seigle

Kyle Eckleberry with the CSSG-3 softball team prepares to take a hard swing in the playoffs for base championship against the CPRW-2 softball team, July 30 at Riseley Field here.

the CPRW-2 outfield with a series of fly-outs.

Hoping to take the lead in the top of the second inning, CPRW-2 left center fielder Raymond Demarco proved to have a "good eye" when he walked to

first. First baseman Philip Manilla came to the plate swinging, hoping to move Demarco around the bases and back to home plate.

Manilla put the ball into left field, and tried to make a double out of the play,

but he was called out at second base, which put Demarco on third.

Demarco was left stranded when a ground out and two pop-ups brought the top of the second to a close.

The heat was turned on by CSSG-3 in the bottom of the second when first baseman James Caldwell lined a single into right field, followed by another single by right fielder Robert Bamm pushing Caldwell to third base.

With two outs posted on the board and runners on first and third, outfielder Marvin Jones lined a strong single that sent Bamm and Caldwell home, making the score 2-0 when the second inning came to a close.

Shaken, but not broken from the offensive attack by CSSG-3 during the bottom of the second, CPRW-2 came right back with some fire in its veins in the top of the third to avenge the previous attack against their offense.

Center fielder Chad Guerrero started

See **SOFTBALL**, C-5

# BASE SPORTS

**Edward Hanlon V**  
MCCS Public Relations

## August

### 9 / Monday

**NFL Preseason** — NFL preseason football and Direct TV is back. Check out the first game of the season, Denver vs. Washington, on the big screen at Kahuna's Sports Bar & Grill.

Monday Night football will be back soon, too; catch these games at Kahuna's also, your NFL headquarters.



### 14 / Saturday

**USA Boxing** — It's fight night in Kahuna's ballroom, and the cost is \$12 in advance and \$15 at the door. Food and beverages will be available for purchase, and boxing will begin at 6 p.m.

### 19 / Thursday

**101 Days of Summer Softball Tournament** — All hands are invited to enter a team in the 101 Days of Summer Softball Tournament, to be held at Riseley Field Aug. 19 - 22.

Your point of contact is Mr. Quentin Redmon, who can be

reached at 257-3900.

Participating teams are qualified to earn 101 Days of Summer points that could lead to earning additional unit party funds.

### 21 / Saturday

**Wrestling** — Hawaii Championship Wrestling will be taking over Kahuna's ballroom from 7 to 9 p.m., Aug. 21.

### 22 / Sunday

**All-Marine Rugby Training Camp** — The All-Marine Rugby Training Camp will be held at Marine Corps Base Camp Lejeune, N.C., from Oct. 10 through 17. Marines interested should submit their résumés with command authorization to Marine Corps Community Services Athletics no later than Aug. 22.

All-Marine Teams represent the USMC in military and civilian competitions worldwide. Participants need command authorization and documentation of competitive history for most events.

Call MCCS Athletics at 254-7590 for more information.

### 26 / Thursday

**Health & Fitness Fair** — Run, walk, bike or swim, if you can, to the Semper Fit Center's main gym from 10 a.m. until 2 p.m. when the Health & Fitness Fair takes place. As part of the 101 Days of Summer campaign, participants will earn points towards unit party funds.

All hands are welcome to come out and get info on MCCS & MCB Hawaii programs and activities relating to the field of health and fitness. Be sure to check out the many displays, goodies and giveaways too.

Call 254-7636 or 254-7597 for more information.

### 30 / Monday

**Flag Football Registration** — Marine Corps Community Services' Youth Activities, Windward Community Federal Credit Union and Hawaii Youth Sports League are bringing football back to Kaneohe Bay. Youth born between '90 and '98 are invited to join one of the

leagues.

Cost is \$40 for YA members, \$50 for nonmembers, and the season runs from Sept. 11 until Oct. 30. Practice begins Aug. 30. Registration is underway now, so call YA at 254-7611 or stop by Bldg. 5082.

Volunteer coaches are still needed to make this program a success.

## September

### 1 / Wednesday

**Armed Forces Judo Team** — The Armed Forces Judo Team will compete in the CISM Judo Championships at Baku, Azerbaijan, in November. Marines who are interested in competing should submit résumés along with command authorization to MCCS Athletics no later than today.

Call 254-7590 for more information.

### 8 / Wednesday

**Intramural Football Season** — Head over to Pop Warner Field for the 6 p.m. official kickoff of the Intramural Football season.

Games will be played every Monday, Wednesday, and Thursday at 6 p.m. each night. Call MCCS Intramural Athletics at 254-7591 for more details.

### 22 / Wednesday

**Camp Smith 5-K Grueler** — The 8th Annual Camp Smith 5-K Grueler Run will begin at Camp H. M. Smith's Sunset Lanai at 11:30 a.m. The course will wind throughout the

rugged terrain of Camp Smith for approximately 5 kilometers.

Registration fees are \$15 for individuals, and \$60 for six-person teams before Sept. 14; late registration will be \$18 for individuals, and \$78 for teams.

Awards will be presented for first place in individual categories (ages 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & above), for the top three teams, and for the top three overall men and women divisions.

To register, call 254-7590/91 or look to [www.mccshawaii.com](http://www.mccshawaii.com) for online registration.

## Ongoing

**Youth Activities Cheerleading** — Registration is currently underway for Youth Cheerleading.

Numerous leagues are open for children born from '88 to '98 at a cost of \$40 for Youth Activities members, and \$50 for nonmembers.

The season begins in October, but practice begins in August. Volunteer coaches are needed, so give Youth Activities a call at 254-7611 to support base youth.

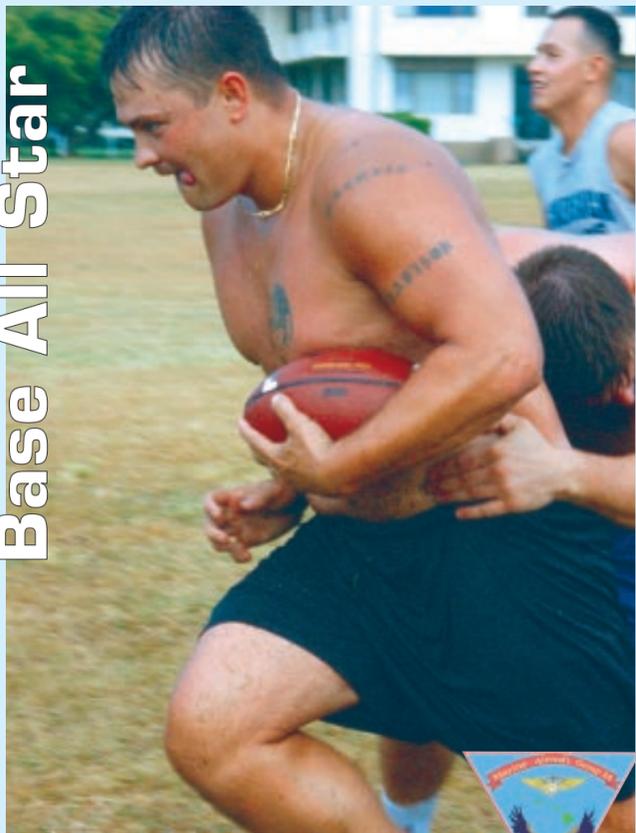
Mahalo is extended to the Windward Community Federal Credit Union that makes these Youth Activities events possible with its sponsorship.

**Gone Fishin'** — Join Mahalo Kai Fishing Charters for a day beyond the bay. Located at the base marina, the charter contractor now has two different boats to accommodate all of your fishing needs.

Check out its newest boat, the Bill Collector, built for charter fishing at its finest. Call 254-7667 for more information.



## Base All Star



### Michael Scott

**Unit:** Marine Aircraft Group 24  
**Billet:** Aviation Electrician  
**Team:** Airwing Bandits  
**Position:** Linebacker, Fullback  
**Hometown:** Granbury, Texas

- Scott played linebacker for the MCB Hawaii All Star Football Team in 2003, and helped win the West Coast Championship against the team from Marine Corps Air Ground Combat Center, Twentynine Palms, Calif.
- He has played both high school and college football, but this is only his second year playing in the military.



## 30 & Over Basketball Standings

	Wins	Losses
CSSG-3	9	2
VP-4	9	2
Headquarters Bn.	4	7
CPRW-2	2	8

*Intramural Basketball standings are current as of July 27.*

# COMMUNITY SPORTS

### Boating & GPS Classes Begin Saturday

Coast Guard Auxiliary Flotilla 18 is offering a "How to Read Nautical Charts" course in the party room at McDonald's Uptown at Pearlridge Mall, tomorrow from 8 a.m. until 4 p.m. Cost is \$35 and includes a manual and exams.

This course meets U.S. Coast Guard, state and national boating law administrators' requirements. For more details, contact Rick Saltzman at 952-9696.

### State Offers Free Education

The Hawaii Department of Land & Natural Resources is offering education classes for the public.

Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Aug. 13 from 5:45 to 10 p.m. and Aug. 14 from 7:45 a.m. to 4 p.m. in Classroom #A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200.

### Bowling to Benefit Kids

The 18th Annual Bowl for Kids' sake fund-raiser will be held Aug. 14 at Aiea Bowl. Sponsored by Jack in the Box Foundation, proceeds go directly to matching Hawaii's keiki with Big Brothers and Big Sisters. Therefore, your help is needed in collecting pledges and bowling in support of Big Brothers/Big Sisters' one-on-one mentoring programs.

This year's event is sure to fulfill every bowler's dream with ono food, mega entertainment, tons of prize giveaways and nonstop fun for the entire family. Participants can select from five different bowling shifts of three hours duration, which run from 9 a.m. to midnight.

For more details, visit [www.bigs.honolulu.org](http://www.bigs.honolulu.org), or call 521-3811, ext. 231 or 229.

### Fishing Derby Scheduled

Big Brothers/Big Sisters is gearing up for some fun in the sun at its 12th Annual Fishing Derby and Beach Cleanup, sponsored by the Optimist Club of Honolulu, Sunday, Aug. 29 from 9:30 a.m. to 1:30 p.m.

This year's location will be at the beautiful Luke beach home in Laie, where participants can enjoy an action-packed day of swimming, fishing, con-

tests, awards, food and more.

Equipment and lunch will be provided to participants.

For more details, contact Nate Fong at 521-3811, ext. 225.

### Sports Racing Abounds

Solo II or Autocross racing will be held at the Hawaii Raceway Park at the Campbell Industrial Park on Oahu and costs \$25 per driver. About 70 to 90 cars normally compete, from stock vehicles to racecars. This event's purely amateur; anybody can participate. Each driver will receive four runs through the sports car course, and the driver with the single, fastest time in the class will win. Points acquired throughout the year accumulate for prizes and trophies by year's end.

Autocross races are scheduled Oct. 3, Nov. 7 and Dec. 5. For more details, call Curtis Lee at 262-5987.

Also, Wheel-to-Wheel and Solo I regional sports car races will get underway at Hawaii Raceway Park. All drivers must pass a driver's school to obtain a competition license, as the cars are raced at a much higher rate of speed and passing is permitted. Also, both the driver and vehicle must comply with a number of safety features before entry.

Wheel-to-Wheel races are scheduled

on Sept. 6 and Nov. 13. For more information, call Ed Kemper at 524-0330.

### Hale Koa Hosts Summer Fitness

If tennis is your sport, do the Labor Day Weekend Tournament, Sept. 4 - 5. Call the Hale Koa Activities Desk for more details at 955-0555, ext. 546.

Also, be sure to ask about future happenings at The Point Health Club at the Hale Koa Hotel. Call the health club at 955-9155 for more information.

### Range Challenges to 'Take Your Best Shot' at Hunger

Hunters, anglers and any outdoors enthusiasts who care about human and natural resources are encouraged to come out and celebrate the 33rd National Hunting & Fishing Day at Koko Head Shooting Range, (located on the first left past Hanauma Bay on Kalaniana'ole Highway, headed towards Waimanalo), Sept. 25 and 26 from 10 a.m. to 4 p.m.

Bring a canned food or cash donations for the Hawaii Food Bank, and for each canned good or \$1 donation, you will receive a free activity coupon to participate in skeet, .22 rifle or handgun, muzzleloader, archery, air gun or a fish casting contest.

Lots of fun, food and prizes are planned, so come celebrate and feed the hungry in the process.

For more details, call Hawaii's Hunter Education Program at 587-0200.





# THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. Our two resident sports junkies welcome your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send "Readers Strike Back" comments to [editor@hawaiimarine.com](mailto:editor@hawaiimarine.com). Remember, "If you don't speak up, you won't be heard!")

## What is Ricky Williams smokin'?

**Capt. K.D. Robbins**  
*The Professor*

In May of 1775, Benedict Arnold led a brigade that captured Fort Ticonderoga on Lake Champlain. Following his inspired leadership, he led his troops in assaults on Quebec, Canada's British capital and Saratoga, twice sustaining wounds to his leg.

Regardless of his bravery and heroism, Arnold is remembered solely for his betrayal of an aspiring nation. He is remembered as the man who shared military secrets, including maps and strategic routes, on the very fort he commanded, West Point.

Arnold, who ascended to the rank of major general in the Patriot army, cited in a letter to Washington that "love to my country actuates my present conduct..."

What a joke? Arnold betrayed his country for one thing: money. Miami Dolphin running back Ricky Williams

betrayed his team for one reason: He's a nut case!

OK. So, the comparison to the greatest traitor in our nation's history doesn't go much further than the title "traitor." However, the hypocrisy of Ricky Williams's quitting football mere days prior to preseason camp leaves the sports fan dumbfounded.

From the wedding dress on the cover of ESPN magazine to the failed drug tests, Ricky Williams has effectively gone from something and someone different, yet special, to something and someone all too common in professional sports — a selfish jerk.

Was it the marijuana that influenced Ricky to post the following journal entry on his Web site Run-Ricky-Run.com?

He said, "A good friend of mine who lives in L.A. told me a story last night about a school she visited. While at the

See *PROFESSOR*, C-6

**Sgt. Joe Lindsay**  
*The Goat*

Miami Dolphins star running back and former Heisman Trophy winner Ricky Williams quit his job as a professional football player the other week because it was starting to interfere with his one true passion in life — smoking weed.

"I didn't quit football because I failed a drug test," Williams told the world during his brief stopover in Hawaii while on his way to travels in Asia. "I failed a drug test because I was ready to quit football."

Nice Ricky. You know, The Goat applauds you for being honest and for stopping to take that burdensome masking agent before all your urinalysis tests. But how about having the decency to give your teammates, your coach, and most importantly, your employer — the Miami Dolphins, two weeks notice before deciding to walk

the earth like Caine in Kung Fu? Even two days notice would have given them a chance to rebound and land Eddie George or Antowain Smith. Too late for that now.

Too late for Miami to do anything now but suck it up and deal with the fact that they need to revamp those psychological profile tests they give to players before signing them.

Wait a second. Wow. The Goat is feeling really angry as he writes this. The Goat doesn't even particularly like the Miami Dolphins. Not since Larry Csonka left anyway. Maybe the Goat just needs to lean back and chill a little bit. You know, emancipate himself from mental slavery. After all, none but ourselves can free our minds.

Maybe instead of trying to be Mickey Spillane with an M-16 and a BFA, The Goat could try to write more like Ziggy Marley, or better yet, his

See *GOAT*, C-6

## READERS STRIKE BACK

"...I about fell out of my chair on some of the things The Goat said about Lance Armstrong. Absolutely hilarious..."

Dear Professor and Goat,

Thank goodness that "The Bottom Line" was there when we needed them most to offset all of the hype surrounding Lance Armstrong ("Is Lance Armstrong overrated?" July 30, page C-3). Anybody who could actually sit through watching the entire Tour de France has some serious issues.

I enjoyed both columns in different

ways. The Professor seems so serious, but I like his style and The Goat is obviously a jokester.

I can't remember the last time I laughed so hard reading something. I about fell out of my chair on some of the things The Goat said about Lance Armstrong. Absolutely hilarious.

I am PCSing [making a permanent change of station move] from Hawaii in two weeks, and will definitely

miss "The Bottom Line" articles.

Thanks for keeping it real.

Signed,  
Darnell Capers  
New York, N.Y.

(Editor's Note: The Hawaii Marine may be accessed online, anywhere and anytime, at [www.mcbh.usmc.mil](http://www.mcbh.usmc.mil). Follow the link under the photograph for current and archived editions.)

*SOFTBALL, From C-1*

off the comeback with a solid single followed up by a double from second baseman Curtis Magee, putting runners on second and third bases. Extra hitter Robert Mercer racked up two RBIs when he lined a single sending Guerrero and Magee home to make the score 2-2.

To continue the onslaught against the CSSG-3 offense, shortstop Joe Medina came to the plate and lined another single with runners on first and third sending one home, to make the score 3-2.

With a chance to add to the lead, Phillip stepped to the plate, but came up short with a lineup to bring the top of the third to a close.

It was obvious that CSSG-3 was having a hard time recovering in the bottom of the third, after the offensive beating it took in the top of the inning. Batters were sent away in the order they appeared, and the inning came to a close, 3-2.

In the attempt to add more insult to injury, CPRW-2 came on hot and heavy in the top of the fourth inning, lining two singles by Guerrero and right fielder Roger Keppen.

With Keppen on first and Guerrero on third, things looked quite promising for Magee when he stepped up to the plate. With a powerful swing and a huge war cry, he sent the ball sailing into center field, and over the fence for a three-run homer to increase the CPRW-2 lead, 6-2.

Before the bottom of the fourth inning, CSSG-3 huddled up to motivate one another with hopes for a comeback. Jones started off the inning with a single, and left center fielder Lou Sbrizza came to the plate and gave a lumberjack swing. Sbrizza sent the ball into home run territory to close the gap, 6-4. That proved to be the only offensive comeback for CSSG-3 that inning. Batters were sent away empty-handed as the bottom of the fourth closed.

The fifth and sixth innings were completely uneventful when no runners from either team made it to home plate.

The last bit of action came in the seventh and final inning of the game when Tyler scored off a sacrifice fly from Magee to make the score 9-4.

The bottom of the seventh would be CSSG's last chance to claim victory. Jones lined a single with two outs followed by two singles off the bats of Bamm and Kyle to send him home to make the score 9-5. Anxious to declare victory, CPRW-2 sent away the last batter after he popped up to the pitcher's mound.

"We played great considering we were missing a few players," said Deherrera. "The homer and the teamwork was what clinched the victory. Now that we are 3-0 in the playoffs, we are looking forward to the last games of the season, and hope to take all in the Base Championship Series."

## SPORTS AROUND THE CORPS

# Marines battle for Corps' top team

**Lance Cpl. Ruben D. Calderon**  
*MCAS Iwakuni*

**MARINE CORPS AIR STATION IWAKUNI, Japan** — Two people circle around on a mat, crouched with their arms tucked closely to their bodies but fingers spread and tensed. Then the clinching of their bodies: looking for an opening to get a hold.

The sport of wrestling can trace its origins back 15,000 years ago through illustrations found in caves in France. In Babylon, relics depict wrestlers using holds and takedowns much like today's sport. It too held a major place in legend and literature in ancient Greece and was the top contest of the Olympic Games of the time.

"It's a sport very much like how gladiators used to battle," said Andre C. Dixon, 21-year wrestler. "Nobody can help you. It's just you and your opponent."

Present day, wrestling is very much a part of American pop culture. High schools and colleges take it just as seriously as football or basketball.

And it is a sport that the Marine Corps accommodates through the Marine Corps Wrestling Team.

"The Marines that tryout have experience, from high school and college and are familiar with the different styles of wrestling," said Dowd, wrestler for the team and coordinator for the tryouts.

There are three basic styles of wrestling: collegiate, Greco-Roman and freestyle. Freestyle and Greco-Roman are contested on worldwide levels. Collegiate is a style particular in North America — common at universities, high schools, and athletic clubs.

The Marine Corps Wrestling Team not only competes against other services, but it also competes against colleges and universities, said Dowd.

"Marine wrestlers have also partici-

pated in the Olympic Games," added Dowd.

But before Marines can serve their country at the Olympics as wrestlers, they must first tryout and attend a conditioning camp in Quantico, Va.

"It's like a training camp where Marines are evaluated," said Dowd. "They stay there, in Quantico, for four to six months, and train."

Dixon has been affiliated with wrestling since the age of 7. The 28-year-old is looking forward to be a part of the team.

"I love wrestling and it's very much like the way the Marine Corps is," said the New Jersey native. "It's mind over matter. When you're in the ring with someone, you get to the point where your body is tired, it's fatigued. But then your mind takes over. You have to be strong in mind."

For more information on tryouts, contact the Semper Fit Center at 257-7590.

*PROFESSOR, From C-3*

school, she noticed a vocabulary lesson with my name in it.

“The class was working on words, and one of the words was ‘aggressive.’ The little girl wrote, ‘Rickey plays football very aggressively.’

“When I heard this story, I was overcome with a sense of disappointment. Not disappointment over the fact that she spelled my name wrong, but I was disappointed at myself for sometimes forgetting my real fans, like that little girl.”

**Bottom Line:** Ricky, you are an example to all little girls.

You admit to frequent use of illegal drugs. You admit to taking masking agents to conceal your use and maintain your million-dollar salary and endorsement deals. You betray your teammates, coaches, fans and, worst of all, you betray the integrity of the game that has given you so much and asked so little in return.

So, as you think about that “little girl” while you traipse around Asia hoping to score your next dime bag of hash, just remember that Run-Ricky-Run meant with a football in your hand — not a pile of money in your backpack.

*GOAT, From C-3*

dad. What’s wrong with spreading a little positive vibration?

Maybe Ricky is on to something with this philosophy of quitting work at the worst possible moment and leaving the others to pick up the shattered pieces.

**Bottom Line:**

No, Ricky, no cry.

No, Ricky, no cry.

No, Ricky, no cry.

No, Ricky, no cry.

Said, said, said.

Goat remembers when Ricky used to play in the football stadium in ‘Orleans, Oba, obaserving the linebackers as they would try to tackle the good running backs they meet.

Good games Miami won, oh, and good games they lost along the way.

In this great future, you can’t forget your masking agent. So dry your tears, I seh.

No, Ricky, no cry.

No, Ricky, no cry.

‘Ere little Dolphins,

Don’t shed no tears.

No, Ricky, no cry.