

LIFESTYLES



Lisa Jacobs quietly concentrates on creating her own unique serving platter at Kailua's Paint It Pottery studio.

All Fired up

Do-it-yourselfers enjoy easy pottery

Story and Photos by
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Sports Editor

A pottery craze has been sweeping the nation, and Hawaii residents are getting in on the action. Shops are popping up all around the island offering customers the opportunity to paint ready-made ceramics and not worry about getting supplies or firing their own pieces.

"Paint it Pottery" is a quaint shop located in the Kailua Village Shops strip mall where plain ceramics go from drab to fabulous in a few easy steps. Colorful tables and décor drum up creativity and fun for clients who want to create a personal masterpiece.

The process is simple: first a figure is chosen from a wide selection of unfinished ceramics, then it's painted using the shop's glazes and brush-

es. When finished, the Paint it Pottery staff will clear glaze and fire your work so it can be picked up in about five days.

Paint-your-own pottery parties are perfect for bridal showers and birthdays, but the hobby can also be a relaxing pastime performed in solitude.

"It really is a tension reliever," said Paint it Pottery owner Doreen Emerson. "You need to come here with a clear mind; you can't be thinking about work or anything."

The cost of ceramic figures ranges from \$7-\$80, depending on size and intricacy. Included in the price are the item, paint, clear overglazing and kiln firing.

Paint it Pottery also has a location in the Pearlridge Center, Aiea. Other similar studios located around Oahu are Fire it Up, near Diamond Head, and Color Me Mine, an international chain, in the Ward Center, Honolulu.

For those who

want to really get their hands dirty, Windward Community College hosts noncredit pottery classes for children and adults.

Students create art from a block of clay and follow the process through glazing and firing. This class gives participants the opportunity to not only paint, but also design their own piece.

"Play in Clay" is an adult class offered at WCC. The beginners' course instructs students on hand building, wheel throwing, glazing and firing. The cost is \$100, plus a \$20 lab fee.

Special classes for children and teens are also offered. These courses teach many of the same skills as the adult class, but with more focus on fun. A "Parent/Child Play in Clay" program allows families to work together on ceramics projects. Youth and family courses are \$60, plus \$10 lab fees.

Whether shaped from a lump of clay or just painted, unique art is being created all over Oahu, thanks to studios open to originality.

The santa ornament (above), snake (left) and shark box (right) are just three examples of fun ceramic pieces you can choose from.

Express

Follow these six easy steps to create your own masterpiece at your choice of pottery painting stores around town.



1 Select a piece to paint. There's a wide range of choices so don't be shy about looking around for your perfect piece.



2 Choose your glaze colors. The tiles beneath the bottles show what the paint will look like once it is fired.



3 Get comfortable. After you've found your piece and gathered your painting supplies, find a place to sit and paint.



4 Paint away! Clear your mind and don't be too critical on your design. The key is to relax and have fun.



5 Glaze and fire. When you're done painting, hand your masterpiece to a store employee to glaze and fire.



6 Enjoy! It takes a few days for the glazing and firing process so expect a return trip to pick up your finished work of art.



MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

DECEMBER

5 / Friday

Christmas Trees — Fresh Christmas trees are on sale in the parking lot across from the Marine Corps Exchange Annex. Regular lot hours are Monday - Friday from 11 a.m. - 7 p.m., and Saturday and Sunday from 10 a.m. - 6 p.m.

KOSC Tour of Homes — The lights are strung and the stockings are hanging, so join the Kaneohe Officers' Spouses Club and tour the decorated homes of Kaneohe Bay. Tickets are \$7 in advance and \$10 at the door, and this event is open to all hands.

The tour will begin at the Officers' Club with an optional

Mongolian barbecue dinner at 5 p.m.

For more information or to purchase tickets, call 253-0054.

Gift Wrapping at the Mall — The Message Center currently offers gift wrapping services weekdays from 11 a.m. - 2 p.m. and 5 - 8 p.m., Saturdays from noon - 8:30 p.m., and Sundays from 10 a.m. - 7 p.m. The service will be offered until Dec. 23.

Auto Skills Center Car Auction — The Auto Skills Center will be accepting sealed bids on the below vehicles through Monday.

Year	Model	Minimum Bid
'89	Nissan Sentra	\$450
'89	Nissan 240SX	\$850
'93	Ford Probe	\$550
'88	Acura Legend	\$1,000
'91	Ford Escort	\$500

(Note: All the above vehicles are running; however, some need body work.)

Camp Smith Sunset Lanai — Get the gang together and relax at the Camp Smith Sunset Lanai. After a hectic day enjoy panoramic views of the Leeward Coast, free pool and darts and free pupus.

The club is open to all ranks Mondays, Wednesdays and Fridays at 4 p.m.

6 / Saturday

Main Exchange — Be inspired by a world famous marine life artist at the Main Exchange from 11 a.m. - noon. Wyland is coming to Kaneohe Bay to share his vision and creativity of the underwater world.

Purchase Christmas gifts for family members and friends and also have your favorite piece signed by one of the most

impressive artists of our day.

A Crafty Christmas — Children and parents are invited to a fun-filled hour of holiday stories, ornament-making crafts and treats. Yes, you can celebrate the holidays at your base library at 1 p.m.

Embroidery Services — Personalize that special gift at Taylour Made Embroidery, located in Mokapu Mall aboard K-Bay. Purchase any item from the Main Exchange and have it personalized by the professionals Mondays through Saturdays from 10 a.m. - 6 p.m., or Sundays from 11 a.m. - 4 p.m.

Holiday Bowling Sale — Check off your holiday list at the K-Bay Lanes Pro Shop. Find the perfect gift for the bowling enthusiast in your life.

All bowling balls, bags and shoes will be 10 percent off retail price, not to include previously marked-down items.

7 / Sunday

Brunch with Santa — Bring the family to the Officers' Club for Sunday brunch and a visit with Santa. Brunch will be served from 10 a.m. - 1 p.m.

For reservations and information, call 254-7650.

8 / Monday

ASYMCA Playmornings — Parents, day care providers and children under 5 years are invited to the Armed Services YMCA Playmornings, Monday - Friday from 9 - 11 a.m. The program is a free parent/child interactive playgroup where learning is active, sharing is practiced, cooperation is encouraged, social skills blos-

som, confidence is created and fun is mandatory.

For more information, call 254-4719.

All Hands Lunch — Looking for something different for lunch? The Staff NCO Club restaurant is now open to all hands for lunch, Mondays - Fridays from 11:30 a.m. - 1 p.m. Also, let someone else do the cooking this weekend and head to the Staff Club for its breakfast buffet served from 9 a.m. - 1 p.m. Cost is \$11.95 for members and \$5.95 for children.

For more information or to make reservations, call 254-5481.

13 / Saturday

Santa's Arrival — Watch for Santa in your neighborhood Saturday morning, and pay a visit to him in the Kahuna's Ballroom from 9 a.m. - 1 p.m. The Marine Forces Pacific Band will be performing from 9 until 10 a.m., so arrive early and catch some Christmas classics.

Patrons will also enjoy a hula show, Christmas crafts, prize drawings, and most importantly, a free picture with Santa (picture taking opportunities are limited).

Santa's Village — Personal Services invites you to share in the holiday spirit and help with Santa's Village on Dec. 13.

To lend a helping hand, call 257-7786.

14 / Sunday

Breakfast With Santa — All hands are invited to breakfast with Santa at the Fairways from 9 a.m. - 1 p.m. Bring the little ones and your camera, and capture the moment on film.

22 / Monday

Winter Adventure Program — Children in grades kindergarten through sixth are invited to the Youth Activities Winter Adventure Program underway from Dec. 22 through Jan. 2, 2004. The camp will be held from 7 a.m. to 5:30 p.m. at the Youth Activities Center, Bldg. 1391.

Children will enjoy arts and crafts, games, sports, field trips and much more.

The cost for this program is based upon family income and a maximum of 30 children may participate.

Call 254-7610, today, to secure a spot.

MCCS Leisure Travel — If travel is in your future, look to Information, Tickets and Tours Leisure Travel to book your next trip. Located in Mokapu Mall aboard K-Bay, Leisure Travel can arrange mainland flights, interisland packages and most recently, Norwegian Cruises.

Leisure travel is open Mondays - Fridays from 10 a.m. - 6 p.m.

For more information, call 254-7413.

Job Hunting — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality, fitness, child and youth activities, water safety, logistics and administration. Stop by the MCCS Personnel Office, located in Bldg. 219, to get a job or career that suits your skills, schedule and style.

Call the MCCS office at 254-7619 or visit www.mccshawaii.com/jobs_listings.html to find the position that's perfect for you.

SM&SP



All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more info.

SM&SP is relocating!

The new SM&SP office will be inside the Kahuna's Recreation Center, scheduled to open soon in the Enlisted Club facility. Come by and check out the activities and events available to all active duty Marines and Sailors aboard MCB Hawaii, Kaneohe Bay and Camp H. M. Smith.

The Recreation Center at Kaneohe Bay

Stay tuned for the grand opening date for your new, nonalcoholic club for active duty members of all ranks and their sponsored guests.

The facility will be located inside the Enlisted Club, Bldg. 1629, and will showcase a variety of activities to include Internet computer workstations, a mini-theater, consul gaming with PS2 and Xbox, private television viewing areas, table and board games such as air hockey, pool tables, darts, SM&SP and off-base info, and more!

Stop by the new center on December 17 at 10 a.m. for the grand opening and enjoy free cake and Starbucks's coffee.

Volunteer Opportunities

Marines and Sailors are needed to help support the following events:

•Dec. 13, 9 a.m. - 4 p.m.: At Santa's Village at the Enlisted Club, with set up and tear down.

•Dec. 13 at varied times from 2:30 to 11 p.m.: At the Special Olympics Jingle Bell Run, with set up and tear down, security.

•Feb. 5 - 8, 2004: At the Pro Bowl's halftime show.



Edward Hanlon V

Feasting on thankfulness

Fortunately for hundreds of single Marines and Sailors aboard MCB Hawaii, Thanksgiving did not have to be time spent alone. Thanks to the Single Marine & Sailor Program's Holiday Bash, held Nov. 26 at the Enlisted Club Ballroom, more than 350 patrons enjoyed a traditional Thanksgiving feast. The highlight of the evening was the Comics on Duty World Tour comedians that captured the audience from the very first joke. In addition, participants went home with giveaways compliments of many generous sponsors.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for "R"-rated movies in person at the box office for children 16 years old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your I.D. at the box office. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

Kill Bill Vol. 1 (R)	Today at 7:15 p.m.
Beyond Borders (R)	Today at 9:45 p.m.
Runaway Jury (PG 13)	Saturday at 7:15 p.m.
Lost in Translation (R)	Saturday at 9:45 p.m.
Good Boy (PG)	Sunday at 3:30 p.m.
Finding Nemo (G)	Sunday at 7:15 p.m.
Runaway Jury (PG 13)	Wednesday at 7:15 p.m.
Kill Bill Vol. 1 (R)	Thursday at 7:15 p.m.
Mystic River (R)	Dec. 12 at 7:15 p.m.
Lost in Translation (R)	Dec. 12 at 9:45 p.m.

Check online retailers before buying

NAPS
Featuring

Whether you're looking for a toy, or a travel deal, doing your holiday shopping on the Internet can be fun, easy and practical. At the same time, viewing a product on the screen can present different challenges than seeing it in the store.

When you're buying from an online retailer or an auction Web site, the

See **SHOPPING**, B-5

Bikers, Santa & Sparky to collect toys in Housing

Get your camera and listen up, so you can walk outside your front door and donate to needy children. When the MCB Hawaii Motorcycle Association joins the Marine Corps Air Facility, Santa and "Sparky the Fire Safety Dog" when they all travel through Kaneohe Bay's military family housing neighborhoods in search of new, unwrapped toys for this year's Toys for Tots program.

Listen for sirens beginning at 8:30, Saturday morning.

As an alternative, you can go to the Marine Corps Annex where the bikers, Santa and Sparky will end their charity ride and rally to receive more donations at 2 p.m.

Listen for sirens along the following streets en route to the annex:

- Starting from B Street, north to Mokapu Road (by the flight line)
- Left onto Reed Road, then left

onto Yarnell Road

- Yarnell to Nimitz Road
- Nimitz to Reeves Road
- Reeves to Manning Street
- Left on Lawrence Road (at the golf course)
- Right onto South Lawrence Road
- Left back to Lawrence Road
- Lawrence to Bancroft Drive
- Pond Road (small portion) to Daly Road
- Daly right onto Middaugh Street
- Middaugh left to Harris Avenue
- Harris left to Phillips Street
- Phillips to Moses Street
- Moses back to Mokapu Road (by the service station)
- Mokapu left to Harris Avenue
- Harris to right on Selden Street
- Ends at the Annex, Bldg. 1090.

(Editor's Note: Story compiled from press releases.)

Santa's Village invites one and all to a fun-filled holiday event

Ed Hanlon V
MCCS Public Relations

'Twas a fortnight before Christmas, and all through the base, not a creature was stirring, for they were at Santa's Village, for a pre-Christmas taste.

Mark your calendars, for Santa is making an early pit stop aboard MCB Hawaii, Saturday, Dec. 13 to satisfy your Christmas wishes.

Santa will make his grand appearance at the Enlisted Club Ballroom from 9 a.m. – 1 p.m. The base community is invited to receive a free photo with Santa. However, picture opportunities will be limited, so arrive early.

Children are welcome to participate in the 12 of Christmas Crafting, from face painting to ornament making, children will have numerous activities to keep them busy and in the holiday spirit.

Additional entertainment will include performances by the puka'ika puaokalani hula halau, a bouncy house, prize drawings, and a special performance by the Marine Forces Pacific Band from 9 to 10 a.m.

Last, but not least, everyone is welcome to enter the door prize drawing for the opportunity to take home great prizes including a 27-inch color TV from Salt Lake Self-Storage, Game boys from

United Benefit Financial Services, \$50 gift certificates to Baci Bistro, dinner sails aboard the Ali'i Kai Catamaran, Paradise

Cove Luau passes, a one-night stay at the Hawaiian Monarch Hotel and more.

There will also be a Book Fair presented by Us Borne Books.

Mahalo to all of the Santa's Village sponsors. For more information about the event, call MCCS Personal Services at 257-7786.



WORD TO PASS

'Festival of Trees' Begins Today

The Queen's Medical Center Auxiliary 49th Annual Festival of Trees holiday bazaar will feature thousands of unique, handmade gifts and quality art, today through Sunday. Notable local personalities will decorate miniature Christmas trees to be auctioned off in a silent auction fundraiser.

Located on the second floor of the Ward Warehouse, in the Kakaako and Kewalo Rooms, this year's fundraiser will support the purchase of new Neuroscience Unit equipment. A \$1 donation is requested of patrons; children 12 and under are free. For more details, call 547-4397.

Kailua High to Hold 'Santa Fair,' Tomorrow

The Friends of Kailua High School, a support group comprised of parents, students, administrators, teachers and community members, will hold their 20th Annual Breakfast, Santa Fair and Craft Sale at the high school, Saturday. Breakfast (scrambled eggs, fried rice, sausages, juice and coffee) will be served from 7 – 10:30

a.m., and the craft fair will begin at 11 a.m. Be on the lookout for Santa, who will make an appearance during the event with goodies.

Admission is free to the craft fair, and costs are \$3.50/adult and \$2.50/children under 12 for breakfast.

Kailua H.S. is located at 451 Ulumanu Dr. Call 266-7900 for more details.

Kaneohe Welcomes Christmas, Saturday

"All Creatures Great and Small" (this year's theme) are welcome to the Kaneohe Christmas Parade, tomorrow beginning at 9 a.m. from Windward Mall and traveling along Kamehameha Highway to Castle High School on Kaneohe Bay Drive.

USS Arizona Hosts Tours, Sunday

You're invited to travel through time when the USS Arizona Memorial hosts special interpretive tours around historic Ford Island, Sunday at 10 a.m., 11:30 a.m. and 1 p.m. The tours will last about an hour and give passengers many

chances to see the sites that played a significant role in the 1941 attack on Pearl Harbor. Further, National Park Service rangers will take time to honor the USS Utah, as well as conduct regular movie and shuttle tours of the USS Arizona from 10 a.m. to 3 p.m.

Tours are free; however, reservations are recommended by noon, today at 422-2771, ext. 128. Reservations will be taken on a first come, first-served basis, and guests are encouraged to arrive 30 minutes prior to scheduled departure. No bags are allowed in the Visitor Center due to heightened security.

'Sunset' Returns to Kapolei

The Kapolei Fairgrounds will be the place to be, Dec 13 and 14 from 11 a.m. until 10 p.m. for "Sunset on the Planes." This event will commemorate aviation and feature an air show, aircraft displays, food booths, crafts, keiki games, a health expo, plus a blockbuster movie.

Admission is free and \$1 parking will be available at the fairgrounds, located at the corner of Fort Barrette Road and Farrington Highway.

MARINE MAKEPONO

HAWAIIAN FOR "MARINE BARGAINS"

Vehicles

2002 Mazda MPV LX, sporty family van with 11,000 miles and in excellent condition. Asking \$19,500 or make an offer. Call Alex at 257-8833 or 254-4724.

1997 Chevy Venture, extended van, 65,000 miles. Excellent condition. Asking \$7,000. Call 254-2135.

1986 Honda Spree moped, electric start. Runs good. Asking \$250 OBO. Call 254-0468 or 257-3688.

Pets

Lost cat on Nov. 19, named "Biao," gray/brown with tiger stripes, short-haired, small and solid, 5-year-old female, notched right ear, 9 pounds. Reward for return. Call 254-0203.

Furniture

Race car toddler bed, with mattress. Asking \$50. Call 254-2135.

Full-size bed, four-drawer dresser, free to good home. Also, 13-inch TV, asking \$25. Call 488-6616.

Miscellaneous

Tool box with 13 drawers, Waterloo TRX5013R model, 51" w x 18" d x 35" h, capacity is 21,448 cubic inches. Asking \$700. Call 386-0609.

Conn upright piano, in good condition, includes bench and dehumidifier. Call 254-5351.

Ads are free and will appear in two issues of the Hawaii Marine.

The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication.

Call 257-8836 or 257-8837 for more information.

'Tis the season to spend within your budget

NAPS

Featurettes

There's no reason that making merry during the holiday season should leave you with a financial hangover. There are many ways you can stay out of debt — and even save — this holiday season. The experts at Novadebt, a national non-profit social service agency dedicated to helping consumers regain financial stability, suggest the following tips.

- Purchase gifts with cash rather than

on credit so you are not trapped into six more months of bills.

- Give gifts of your time and talent — these are worth more than anything that can be bought at the store. Consider a certificate of free baby-sitting for someone with small children or driving or cooking for the elderly.

- Decide in advance how much you can spend and stick to it. Make a list of whom you need to buy gifts for and how much you will spend on each gift.

- Homemade gifts such as baked

goods or knitted items make unique gifts that cost little and are something that money can't buy.

- Have a plan to pay off all holiday credit card purchases by April 30 of the following year.

- Go to wholesale stores for food items for holiday parties.

- Have your children make holiday decorations (string popcorn, cut out snowflakes) rather than buying them.

- If you overspent in past years, write down how you felt in January when the

bills came and post it on the fridge. Look at it before you go shopping.

- Use unique, cost-effective material such as sheets and tablecloths to make beautiful, reusable gift bags.

- Buy next year's wrapping paper, cards and decorations after the holidays when they go on sale. Make gift cards out of last year's holiday cards.

- If money is tight and you will be spending less, explain to your children. They will be more likely to understand than you might imagine.

SHOPPING, From B-2

Federal Trade Commission (FTC) — the nation's consumer protection agency — wants you to keep the following tips in mind.

Internet Shopping Tips

1) Know who you're dealing with. Confirm the online seller's physical address and phone number so you can contact it if you have questions or problems. If you've never heard of the seller, check its reputation with the Better Business Bureau or the state attorney general

where the company is located.

2) Know exactly what you're buying. Read the seller's description of the product closely, especially the fine print. Words like "vintage," "refurbished," "close out," "discontinued," or "off-brand" may indicate that a product is in less-than-mint condition. Some name-brand items with "too good to be true" prices may even be counterfeits.

3) Comparison-shop. Check out Web sites that offer price comparisons on similar items from different manufacturers or different Web sites. Some price

comparison sites favor their advertisers' products, so it's a good idea to look at more than one. And remember to compare "apples to apples."

4) Check the privacy policy. The company's privacy policy should let you know what personal information it is collecting, why, and how it's going to be used.

5) Pay with a credit card, as it offers you the most protection as a consumer. Don't send cash.

6) Use a secure browser. Look for an unbroken key or padlock at the bottom of your Web browser window to ensure

that your transmission is protected. Buy only from Web vendors that protect your financial information.

7) Remember to factor in the shipping and handling costs and choose the delivery option that best meets your needs and budget.

8) Print records of your online transactions. Save the product description and price, the online receipt and copies of every e-mail you send or receive from the seller.

9) Understand the return policy before you buy. If necessary, can you return the item for a full

refund? If you return it, are you required to pay shipping costs or a restocking fee?

10) Check delivery dates. An FTC rule requires sellers to ship items when they say they will or within 30 days after the order date, when no specific date is promised. If the vendor can't ship the goods within the promised or 30-day deadline, it must notify you, give you a chance to cancel your order and provide a full refund if you've chosen to cancel.

If you feel you've been misled or deceived, file a complaint online at www.ftc.gov.

Treat your holiday guests to dressed up fare

NAPS
Featurettes

Planning for holiday parties can sometimes be overwhelming — especially if you want to be sure your guests aren't bored by the same old fare. These tips can help you plan the right mix.

First, consider how much time you want to spend on food preparation. Do you want to prepare everything yourself? If so, identify your "signature" dishes — the items that friends and family expect, the party staples — such as a spinach or crab dip, or a special salad. Use

these dishes to begin your planning, and add additional items from there.

If you don't have the time or desire to prepare anything from scratch, start with some substantial prepackaged favorites like frozen chicken wings or the new refrigerated appetizers in microwavable tubs.

Another trick is to take a favorite item and dress it up a bit. For example, start with Hillshire Farm Lit'l Smokies, but rather than serve them in barbecue sauce, use them in a

RECIPE BOX



NAPS

kebob with colorful vegetables.

Once you have your signature dishes or main party food set, fill in with additional items like chips, dips, vegetables and sweets to complete the table.

Lit'l Smokies Kebobs

- 1 red or green pepper, cleaned and chopped into one-inch squares
- 1-pound Hillshire Farms Lit'l Smokies
- 1 pound asparagus, cleaned

- and cut into two-inch pieces
- 1 can pineapple chunks, drained
- 3-dozen cherry tomatoes (optional)
- 1 bottle prepared sweet-and-sour sauce
- Toothpicks

Skewer one piece each of pepper (squared), Lit'l Smokie, asparagus, pineapple and tomato per toothpick.

Place on baking tray and, with a pastry brush, apply sweet-and-sour sauce.

Bake at 350 degrees for 15 minutes.

ON THE MENU AT ANDERSON HALL

*Assorted Fruit Pies will be served daily, except on Sunday

<p>Today <u>Lunch</u> Pepper Steak Southern Fried Catfish Rice Pilaf Potatoes Au Gratin Black-Eyed Peas Sugar Cookies</p> <p><u>Dinner</u> Beef Pot Pie Roast Turkey Paprika Butter Potatoes Steamed Rice Sugar Cookies</p>	<p><u>Specialty Bar</u> Pasta Bar</p> <p>Saturday <u>Brunch/Dinner</u> Baked Lasagna Chicken Parmesan Pizza Slices Garlic Bread Marble Cake w/Frosting</p> <p>Sunday <u>Brunch/Dinner</u> Barbecue Beef Cubes Baked Turkey & Noodles Steamed Rice</p>	<p>Ginger Molasses Cookies Spice Cake w/Frosting</p> <p>Monday <u>Lunch</u> Meatloaf Pork Ham Roast Steamed Rice Mashed Potatoes Chocolate Chip Cookies</p> <p><u>Dinner</u> Beef Brogul Baked Cajun Fish Mashed Potatoes Steamed Rice</p>	<p>Chocolate Chip Cookies</p> <p><u>Specialty Bar</u> Pasta Bar</p> <p>Tuesday <u>Lunch</u> Simmered Corned Beef Cornish Hens Parsley Buttered Potatoes Egg Noodles Peanut Butter Cake</p> <p><u>Dinner</u> Turkey Pot Pie Sweet & Sour Pork</p>	<p>Steamed Rice Parsley Buttered Potatoes Peanut Butter Cake</p> <p><u>Specialty Bar</u> Taco Bar</p> <p>Wednesday <u>Lunch</u> Pork Adobo Beef Yakisoba Steamed Rice Pork Fried Rice Oatmeal Cookies Strawberry Shortcake</p>	<p><u>Dinner</u> Steak w/Onions Southern Fried Catfish Mashed Potatoes Steamed Rice Oatmeal Cookies Strawberry Shortcake</p> <p><u>Specialty Bar</u> Hot Dog</p> <p>Thursday <u>Lunch</u> Turkey A La King Beef Porcupines Mashed Potatoes</p>	<p>Boiled Egg Noodles Marble Cake w/Frosting Pineapple Cake</p> <p><u>Dinner</u> Liver w/Onions El Rancho Stew Honey Ginger Chicken Steamed Rice Boiled Egg Noodles Marble Cake w/Frosting Pineapple Cake</p> <p><u>Specialty Bar</u> Taco Bar</p>
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