

Hawaii MARINE LIFESTYLES

Hawaii Marine B Section

February 1, 2001



Reggie Bledsoe winds up for the long-distance passing event at the NFL Military Challenge tryouts at Pop Warner Field aboard MCB Hawaii, Kaneohe Bay Jan. 20.



A contestant selects the ball he will use in the long-distance throwing event of the tryouts.



Gabriel Jaramillo cocks his cannon of a leg back for a 45-yard field goal attempt. Solid framing and a strong boot helped the football sail true.

Base athletes answer military challenge

Story and Photos by
Cpl. M. Trent Lowry
Combat Correspondent

Mud, grit, dirt and blood are the trademarks of the brutal warriors that meet each Sunday in Autumn months, so it's no surprise that a Marine Corps base would be an appropriate place for grooming potential gridiron combatants.

Marines and Sailors were up to the test of emulating professional football players when they set cleat to turf at the NFL Military Challenge Jan. 20 at Pop Warner Field.

The purpose of the competition aboard MCB Hawaii was to select a team to represent the base at the Feb. 2 event at Aloha Stadium. The six-man team from MCB Hawaii will take on teams from the other services in Hawaii in a battle for supremacy on the gridiron.

"This is an opportunity for the NFL to involve the military with the Pro Bowl week. They understand that the military is a big part of the population here in Hawaii, and they want to show appreciation for the services," said Jason Enrique, MCCS Semper Fit intramural athletics coordinator.

In order to make the team, the athletes had to battle other MCB Hawaii personnel Jan. 20 at Pop Warner Field in various physical feats.

"I came out because I figured I had a good chance to win a spot on the team. I knew that I could throw the ball far," said Reggie Bledsoe, an ordnance technician with Marine Aviation Logistics

Support Element, Kaneohe and the winner of the long-distance football throw.

In addition to the long-distance throw, the participants competed in the 40-yard dash, a field-goal kickoff and a receivers' route race. The MCB Hawaii athletes will face-off against the other services in six events: the Air-it-Out, 40-yard dash, field-goal kicking, Quarterback challenge, Down-and-Out and Long Snap events.

The participants of the Military Challenge tryouts have a positive outlook for the Pro Bowl week competition.

"Yes, sir, I think I can win. Most definitely," said Michael Glaze, a clerk with the Traffic Management Office. Glaze had the fastest time in the 40-yard dash at the tryouts.

"This is the opportunity to get out there in front of all the people at the Pro Bowl. For some of the athletes it might be the chance of

a lifetime," said Enrique.

The other members of the MCB Hawaii team, beside Glaze and Bledsoe, will be Garrett Hellinger, Lawrence Goss, Gabriel Jaramillo, Carlos Harris and Don Stevens. Harris or Stevens will get the opportunity to compete for the Down-and-Out receiver competition.

"I think we'll do fine. It's designed to be a fun competition. The athletes will be recognized for their abilities and get the chance to compete against the other services," Enrique said.

The athletes seemed to be excited and confident to be able to participate in the event.

"This gives me a chance to be a better person and more skillful," Glaze said.

Win or lose, the runners, passers, kickers and catchers will do their best as they get the chance to represent the Marine Corps at the 51st NFL Pro Bowl.



Michael Glaze, right, was able to outspurt the three other finalists in the 40-yard dash, despite wearing only running shoes compared to the cleats worn by his competitors.

More military runners wanted for annual Great Aloha Run

Sgt. Richard W. Holtgraver Jr.
Combat Correspondent

Marines, Sailors, their family members, retirees and Department of Defense employees are encourage to show their Aloha spirit on Feb. 19 and participate in the 17th Annual Great Aloha Run.

The race begins at 7 a.m. at the Aloha Tower in downtown Honolulu, and finishes a little more than eight miles away, at Aloha Stadium.

Each year the Great Aloha Run brings much support to many area organizations and as a result, many lives are affected by the proceeds accrued from the race.

"All of the money raised by the race stays in

Hawaii to aide local charities," said Claire Nakamura, a chairperson on the Great Aloha Run committee.

Deserving charities are not the only ones who benefit from the GAR. According to Nakamura, the GAR committee will contribute one dollar for every military registrant to their respective morale services including MCB Hawaii's MCCS.

To get a quick start on registering, people can pick up entry forms at Semper Fit Centers on MCB Hawaii, Kaneohe Bay and Camp Smith. The cost is \$17 for early entries, \$25 for late entries, \$30 at the GAR Exposition Center race day and all children and seniors may enter for \$15.

All preregistered entrants will receive a

postcard for free admittance to the Expo and free parking at the Neil Blaisdell Center. Children ages 12 and under, can get into the fun this year, by entering into the Keiki Great Aloha Fun Run and Circus Party taking place on Feb. 17.

The Keiki Great Aloha Fun Run begins at the Blaisdell Exhibition Hall and ends at the West Concourse facing Ward Avenue.

Last year's military participation during the run was not as large as originally projected, so this year the GAR committee has made a concerted effort to get more servicemembers involved.

Invitations sent to senior officers and senior enlisted within the Navy and Marine Corps contingency has the committee hoping it can

increase the Marine and Sailor participation, according to Nakamura.

There will also be awards geared towards the competitive nature of friendly inter-service competition. With trophies going to the fastest male, female and unit formation run times for servicemembers.

More than just another race, the Great Aloha run brings together people from all walks of life to be apart of something that involves great pride for the community and brings neighbors together for a common goal, said Nakamura.

For more information on festival events or registration, call the Great Aloha Run Festival Office at 528-7388 or go to the GAR website at <http://www.greataloharun.com>.

MCCS

MARINE CORPS COMMUNITY SERVICES
www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Debbie Aisoff, MCCS Public Affairs

Happy February. It's the month of romance. It's the month of Black History. It's also the month of Children's Dental Health, Human Relations, National Weddings Month—it's even National Cherry Month! That's quite a mouthful. Point is this, why do we need a "holiday" to do or celebrate something special? Make the most of everyday, now.

Marine Corps Community Services helps you make the most of everyday with a variety of sporting events, classes, activities for the entire family and more all while saving you some cash. We may not have a need to check for the Groundhog's shadow but Spring is dawning. Spring into something new today. You can start with clipping your coupons for "Double Coupon Day," at the 7-Day Store, Monday.

Peddle Pushers

For all of you biking enthusiasts who have a case of procrastination, this is your last chance to get involved in two of the best cycling races on the island.

It all happens this Sat. during the HQBN Mountain Bike Grueler and Criterium at Dewey Square.

This open-to-the-public athletic endeavor ignites at 8 a.m. with Mountain Bike Grueler. This race is complete with a 12-mile combination of both paved and dirt paths. Open to all ages, the race will begin in 30-second intervals partied by class.

Gatorade, Island Demo, Saturn of Honolulu and The Bike Shop sponsor the HQBN Mountain Bike Grueler. Information packets may be picked up at the Semper Fit Athletic Office Feb. 1 and 2 from 9 a.m. – 4 p.m.

Pacific Velo, Saturn of Honolulu and McCully Bicycle invite all to compete in the HQBN's Criterium starting at 11 a.m. Register for this speed heat event on site as early as 10:15 a.m.

Contestants for both races must pass a bike

safety inspection performed on-site prior to the races. A registration fee for both races applies. For more information, call 254-7590.

Spike This

Hey ladies, if you've got what it takes to Dig, Set and Spike, you may have a shot to join the ranks of the All-Marine Women's Volleyball team. Trials are scheduled April 15 – May 8, at the MCBH. Resumes are due to the athletic office by Feb. 13. All resumes must be command authorized for consideration. For more details, contact Steve Kalnasy at 254-7590.

Here's to You...

SNCOs, acknowledge the hard work, dedication and diligence your Marines continually perform—treat them to Appreciation Night at the Enlisted Club, Tues. Feb. 6 at 4 p.m. Call 254-7660.

Your Breakfast Way at Fairways

Your morning spirits will rise a little higher now that Fairways is open seven days a week and ready to serve a made-to-order first light feast. Drop in for a freshly brewed cup of coffee or try one of Chef Gordon Lum's delicious concoctions.

Stop in and enjoy a bite to eat and a breathtaking panoramic view of the Klipper Golf Course while you prepare for your busy day ahead. Fairways is located in Bldg. 3038. 254-5592. Fairways is operating under the follow-

ing new hours for a 60-day trial period:

Mon. – Thurs. 7 a.m. – 6:30 p.m.
Fri. Sat. & Sun. 6 a.m. – 6:30 p.m.

Education Know How

Sure, you've probably thought about going to college. But all of the paperwork, prerequisites and the overhaul of loans you need made you think twice. Go with your first thought—go to college. There is no better time to earn your degree to give you an edge on the workforce competition. Make it happen. The Joint Education Center can help you make it happen. Don't slam the door of education and opportunity, walk through it by attending the weekly one-hour Education Brief held every Wed. at the Joint Education Center, Bldg. 219, classroom # 1, at 11:35 a.m.

With the aid of the Joint Education Center's professional staff, they'll walk you through the education maze and steer you in the right direction toward your degree. Make the most of your time and get back to school. Call 257-6730.

Personal Services Showcase

What life-altering events are you going through? Getting married? Having a baby? Buying a car? Trying to balance your checkbook, (which only God knows why adding and subtracting seems to be so difficult!)

Everyday we're all bombarded with tremendous pressures both personally and professionally. Why not attend a free workshop from Personal Services that can help you get a han-

dle on or simply rejuvenate your life?

Upcoming Classes include:
Money and Checkbook Workshops, Monday
Time Management and Survival Skills for Healthy Families, Tuesday.
Daddy's Baby Boot Camp & Mom's Basic Training, Tuesday and Wednesday.
How to Handle Conflict & Manage Anger & Take Charge of Credit, Wednesday.
Sponsorship Training, Thursday.
Call to make your reservation now. 257-7790

Let's Go Glow

Bowling is back, and back "with attitude!" Try K-Bay Lanes' Xtreme Bowling. Black lights and hazers create a glowing, optical translucent environment and a synchronized light and music show make for the hottest "glow show" around. Practice for your league or just bring the family and friends in for some inexpensive fun. The best part is that the vintage bowling shoes are still in style! Xtreme Bowling is available at K-Bay Lanes, located in Bldg. 1666, on Wed., Fri., Sat. and Sun. Call for exact times and fees. 254-7664.

Couture Cobbler Trunk Show

What's your style? Are you casual, but demand quality, and comfort with a bit of an edge? For all the latest in fashion footwear, the Marine Corps Exchange invites you to attend the Skechers Trunk Shoe Show, Sat. Feb. 3, in the Shoe Department from 11 a.m. – 3 p.m.

Browse through the Skecher for Size selection and meet Dave Lee, Skechers' Territory Manager. Dave will be on-hand to give you footwear advice, tips and assist you with special ordering. While in this footwear fashion frenzy, enter to win a free pair of Skechers. You'll also receive a free gift with purchase while supplies last. Style is defined from head to toe—so get stylin' with Skechers Trunk Shoe Show.

See what's happening with MCCS ... online! for up-to-the-minute news on what MCCS is up to, logon to www.mccshawaii.com!

MCCS class helps money matters

Sgt. Richard W. Holtgraver, Jr.
Combat Correspondent

People who have a difficult time handling their finances can find help at Personal Services by taking their money management and check writing classes.

The classes are part of the Personal Services Financial Workshop and given every Monday morning and afternoon.

The money management portion of the workshop covers a wide range of financial responsibilities that are important to Marines, Sailors and their families, according to Paula Webster, the financial management specialist with Personal Services

Financial Management Program who teaches the workshop.

"We cover everything from reading and understanding an LES to completing a budget," said Webster.

One of the biggest eye-opening portions of the class for students is the "Who wants to be a millionaire?" section. This portion covers how much money a person must save, and at what age they need to begin saving, to become a millionaire by the age of 65.

Many people don't realize that in order to save money for their future they need to begin investing their money early when they are young, according to Webster.

"It might sound like of unimportant information at first, but when it came to put the numbers on paper it

made a lot of sense," said Sgt. Robinson Merchan, an accounting analyst for the Defense Finance and Accounting Services, Pearl Harbor. "The classes also contain important information for married service-members, as well as single Marines and Sailors."

The check writing class contains information ranging from how to balance a checkbook correctly to the consequences of bouncing checks.

Before working at Personal Services, Webster held a job at a check guarantee company. She uses much of the knowledge she acquired from that job to pass it on to the students.

"Many people don't realize how finance charges can build up when they write a bad check," said

Webster. "Not only does their bank charge them for insufficient funds, but the business that the check bounced for charges them also. One bounced check for \$20 or \$30 can easily add up to close to \$100 by the time they resolve the situation."

The value of the money management and check writing classes is not only educating for individuals who take the initiative to sign up for the Monday classes, but unit leaders can also get this important financial information to their entire units. Webster will set aside time to go to requesting commands, and teach the classes on a large unit level.

For more information on how to enroll for the money management and check writing classes, call Personal Services at 257-7780.

SM&SP



Vision Statement

To provide a forum that inspires, informs and unites the Navy, Marine Corps Team in the spirit of Aloha by improving the Quality-of-Life and Morale for both the military and civilian community.

Check the Benies...

Klipper Golf Course
Free range balls
Club rental \$5
Play 18 holes for \$8

K-Bay Lanes

\$1.25 per game (Mon. – Thurs. before 5 p.m.)
Free shoe rental Mon. – Thurs.
No-Tap Program \$15 on Thurs. at 8:15 p.m.

FREE

2nd showing Fri. & Sat. movies at the Base Theater (E-5 & below)
30-minutes Internet Access at the Base Library

Program Preview...

Sky Surfing Glider

Are you looking for an adrenaline rush? All active duty singles and E-5 & below are invited to fly with the SM&SP Sat. Feb. 24. This event is a \$100 value that only costs the SM&SP participants \$30 per person. (They even throw in a BBQ lunch!) Register Jan. 20 – Feb. 24. Call Dawn Williams at 254-7593.

Youth Activities prices to increase

A Letter to Consumers MCCS

This letter is to inform program participants that effective 1 April 2001 there will be an annual membership fee to participate in Youth Activities Programs at Marine Corps Base Hawaii, to include Kaneohe Bay, Camp H.M. Smith and Manana. These youth activity programs include, but are not limited to, the teen center, sports, contracted classes, dances, Summer / Winter Adventure, DEFY, (Drug Education for Youth) and after school drop-off.

As is common practice at other military installations on island and throughout the Marine Corps, this annual fee will help offset existing program losses and aid in meeting the Marine Corps' goal of Youth Centers breaking even financially. Over the past several years, the operating expense of the Youth Centers at MCBH and Manana has exceeded revenues. Therefore, in order to maintain quality of life programs for our youth, this annual fee is required to offset such losses. The fee will be used to cover operating expenses in order to break-even, not to make a profit.

The annual fee will be \$25 for the first family member, \$15 for the second family member utilizing Youth Activity Programs.

Finally, as MCCS continues to work toward providing quality programs, an entirely new \$5 million Youth Center will be built in fiscal year 2003. This state-of-the-art facility will be equipped with all the modern amenities to fulfill the needs of youth and teens.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free.

Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Please show your ID at the box office. Phone 254-7642 for recorded information. Evening movies start at 7:15.

Miss Congeniality (PG-13)
Vertical Limit (PG-13)
The Family Man (PG-13)
Dude, Where's My Car? (PG-13)
Emperor's New Groove (G)
Proof of Life (R)
The Family Man (PG-13)

Friday at 7:15 p.m.
Friday at 9:45 p.m.
Saturday at 7:15 p.m.
Saturday at 9:45 p.m.
Sunday at 3:30 p.m.
Sunday at 7:15 p.m.
Wednesday 7:15 p.m.

EDUCATION

Beware of Scholarship Scams

Officials have warned college-bound students about companies that offer scholarship, grant or financial aid guarantees that are too good to be true. Many scams use high pressure sales pitches to guarantee scholarships in exchange for an advance fee, according to the Federal Trade Commission.

Often, even if the organization offers a "money back guarantee" to secure a scholarship or grant for a student, conditions of the contract make getting a refund impossible.

Some companies may provide nothing for the students'

fees, while others may tell students they have been selected as "finalists" for awards that require a fee. Sometimes, these companies ask for checking account or credit card information to "confirm eligibility" or "hold" the award, then debit the account without permission.

For legitimate scholarships, visit the Federal Government

Financial Aid Page at www.ed.gov/finaid.html and Free Application for Federal Student Aid website at www.fafsa.ed.gov. For more information on scholarship scams, go to: www.ftc.gov/bcp/online/edcams/scholarship.



Shank & Slice



Lance Cpl. Joshua P. Robin, a fiscal budget technician for MCB Hawaii comptroller office, takes up a little bit of turf on his tee shot on the 12th hole.



The Single Marine and Sailor Program's Shank and Slice tournament showcases the Kaneohe Klipper golf course, and the many benefits the course provides to Marines on the base. A golfer tees off at the 13th hole, considered by many golfers, the best hole of all the Department of Defense's golfing facilities. The program held the monthly tournament to promote morale amongst the single servicemember ranks Jan. 26.



Lance Cpl. Randy L. Brasher, a combat lithographer with the Combat Visual Information Center at Headquarters Bn., MCB Hawaii, watches his golf ball as it heads toward the hole after he makes his putt for par on the 10th green.



Here, the weapons of war on the fairways of the Kaneohe Klipper Golf Course standby idly, waiting to go into action, during the tournament.

Photos by:

**Sgt. Richard W.
Holtgraver, Jr.**

Camp Smith Rhino League promotes sports, builds spirit

Story and Photos by
Lance Cpl. Jacques Renee Hebert
MarForPac Public Affairs

CAMP H.M. SMITH – The Marines and Sailors of Marine Forces Pacific went nose to nose and toe to toe as they battled it out on the field of play Jan. 8 during the newly established Rhino League competitions.

The idea for the league originated from Lt. Gen. Frank Libutti, the MarForPac commander, as a way to get out of the office and build inter-section camaraderie and esprit de corps.

At 11:15 a.m. on Wednesdays, the staff sections of MarForPac begin playing numerous sports such as volleyball, basketball, soccer, tennis, racquetball, bowling, golf, water polo, ultimate Frisbee, football, softball, horseshoes,

Tae Bo boxing, and rugby. The events last until 12:30 p.m., as different sections face each other in athletic competition.

“We saw a tremendous interest on the Marines’ and Sailors’ part,” said Lt. Col. John James, who is the head of the aviation budget branch and the head coordinator for the project. “Also, a lot of the troops had not played some of the sports like soccer and ‘combat Frisbee’ and it really gave many a chance to have those new experiences.”

The Rhino League builds, in part, on the long-standing tradition of MarForPac’s Warrior Wednesday, whose goal was to build esprit de corps through miscellaneous activities with each section of MarForPac. The league, however, builds on this by mixing all of the sections together.

“I really think it helps build teamwork between the differ-

ent sections,” remarked Cpl. Royce Kelley, MarForPac orders clerk. “Being a small command post, we just don’t have the brotherhood one would find on a larger base.”

Others mirrored these thoughts as well.

“We have something else to talk about with other sections,” said Sgt. Matthew Comejo, the security NCO in charge for the MarForPac security branch. “Activities such as these builds unit cohesion and make stronger bonds between both sections and individual Marines.”

Navy personnel offered similar opinions as their Marine brethren.

“The Rhino League not only strengthens the bond between sections, but helps fortify the Navy-Marine Corps relationship as well,” said Navy Petty Officer Third Class Joshua Barbosa, MarForPac battalion

medical representative. “That’s a crucial aspect in bettering job performance, especially in a combined service command post.”

According to one of the participants, the mission of the Rhino League is being accomplished in true Marine Corps style.

“I think the League helps young Marines not only observe how their superiors conduct themselves out of uniform, but it can give superiors a chance to observe how their young Marines conduct themselves as well,” said Lance Cpl. Daniel Martinez, an administration clerk for the MarForPac staff secretary’s office.

“It gives everyone an opportunity to see how time and experience in the Marine Corps help build leadership, sportsmanship, and esprit de corps,” Martinez added.



Marines from Camp Smith engage in basketball competition during Marine Forces Pacific’s Rhino League athletic events Jan. 10.



A Marine from Marine Forces Pacific leaps high to spike a ball in volleyball action, Jan. 8, while participating in the Rhino League sporting events at Camp Smith.

CORRECTION —

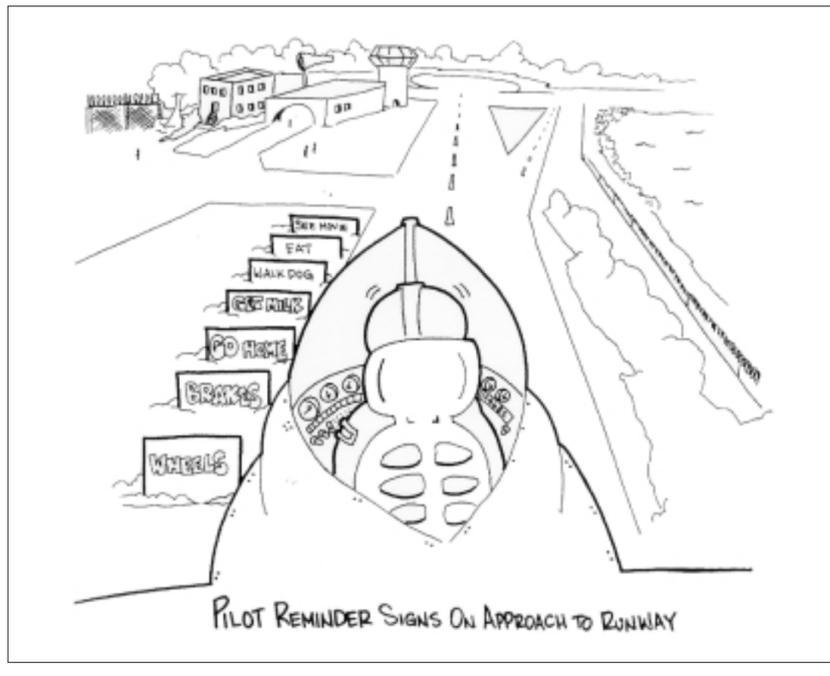
In last week’s front page Lifestyles Section feature on the K-Bay Lanes’ Xtreme Bowling, the writer mentioned that Xtreme Bowling costs about 1 dollar more than regular bowling. The actual cost to participate in Xtreme Bowling, which occurs Wednesday from 6-11:30 p.m., Friday from 11 p.m. to 3 a.m., Saturday from 2:30-5:30 p.m. and again from 8:30 p.m. to 3 a.m., Sunday from 6-11 p.m. and holidays from 2:30-11 p.m., only costs 25 cents more than regular bowling.

The Hawaii Marine apologizes for any inconvenience.



WORD TO PASS

Semper Toons By Staff Sgt. Charles Wolf



DeCa Scholarship

High school students of active duty, reserve component, and retired military members can win scholarship awards worth at least \$1,500 each thanks to the new Scholarships for Military Children program sponsored by the Defense Commissary Agency (DeCA) and the Fisher House Foundation.

The American Forces Press Service reports that students need a minimum 3.0 high school grade-point average to apply and must write a short essay on "What Being a Military Dependent Means to Me." Completed applications and essays must be returned to the student's local commissary before Feb. 15, 2001.

Store officials will validate applications. More than 280 awards totaling over \$400,000 in college money will be presented. Interested students can pick up instructions and applications at commissaries or download them from the DeCA Website at <http://www.commissaries.com>.

Ft. Shafter Arts and Crafts Shop

The Ft. Shafter Arts and Crafts Shop is open to all active duty, retired servicemembers, DoD civilians and their family members. Facilities, instruction and supplies available at the shop are: wood working, ceramics, pottery, stained glass, polymer clay, lei making and children's classes.

The shop is open Fridays from 4 p.m. to 10 p.m., Saturdays from 9 a.m. to 5 p.m. and Sundays from 11 a.m. to 5 p.m. For more information, call the shop at 438-1071 during their hours of operation.

Society of Military Widows

The Society of Military Widows meets the first Friday of the month at 6 p.m. at MCB Hawaii, Kaneohe Bay Officer's Club for an informal Mongolian Barbeque. They also meet every third Saturday of the month at different locations. For more information, call 262-7953.

Rod and Gun Club

The Kaneohe Rod and Gun Club meets on the first and third Tuesdays of each month at the Bachelor Officer's Quarters conference room. For more information, call Wally Heyer at 254-5739.

Mustang Club seeks members

The Mustang Association is trying to increase its membership. If you were enlisted and made it to the officer ranks, you are eligi-

ble for membership. Marines, active duty or reserve, male or female, retired and honorably discharged are welcome to join. For an application write to MCMA Inc., P.O. Box 1314, Delran, N.J., 08075-04121.

Year 2001 Stuhr Scholarships

The Board of Trustees of the Cmdr. William S. Stuhr Fund for military sons and daughters announces the availability of its year 2001 scholarships for the sons and daughters of active duty or career members of each of the five branches of the U.S. Armed Forces.

Five scholarships will be awarded to high school seniors, one for each service. Each scholarship is for \$4,500 divided equally over four years.

To be eligible, students:

- Must be a 2001 high school senior.
- Must have a junior year and first half of senior year in the top 10 percent of his/her class.
- Must have evidence of extra-curricular activities and demonstrated leadership.

- Must be a bona fide dependent of an active duty or retired career military member, either officer or enlisted.

- Must be planning to attend a four-year credited college.

- Must be prepared to be our guest with parents at a scholarship awards function given in late May or early June.

Application criteria may be obtained by:

- Writing and enclosing a self-addressed envelope to the Executive Director, Cmdr. Stuhr Scholarship Fund, 1200 Fifth Avenue, Suite 9-D, New York, N.Y. 10029.

- Sending your request with your name and address by e-mail to stuhrstudents@earthlink.net.

- We cannot respond to phone inquiries.

The scholarship is not available to students already attending a college or university or to family members of reservists. Completed applications must be received by Feb. 15, 2001.

Community Garage Sale

A community yard sale is scheduled for Feb.

17 from 7 a.m. to noon at Moanalua Terrace Community Center aboard NB Pearl Harbor. Military members and their families may rent a space or table for \$5 to sell their items. The sale will be open to the public. To reserve a space or for more information, call 423-0714 or e-mail the MTCC at mtca_bm@hotmail.com.

Welcome Booklets Available

The CPRFP Spouses Club is selling their Malihini Guide. It is useful for island information to help newcomers find their way and become acquainted with the culture here. It also includes recommended restaurants, family outings and shopping. The cost is only \$5 per book and all profits benefit local charities. For more info, call 254-1677.

Semper Fit Massage

Massage is available by appointment at the Semper Fit Center. Choose from Michelle Narhi, who specializes in Swedish, Deep Tissue, Aromatherapy and Reiki; Akua Lum, who specializes in Swedish Esalen, Trigger Point, Deep Tissue, Stretching and Connective Tissue; or Johanna Chung, who specializes in stress reduction table massage using Reiki, Swedish, Acupressure and Body Mobilization Techniques. Cost is \$40 per hour or \$25 per half hour. Call Semper Fit at 254-7597 for an appointment.

Island Tour

Learn about the history and culture of Hawaii. This free, day-long tour begins and ends at Personal Services, Bldg. 216. Bring a lunch and sun protection. To reserve a space on the tour, call MCCS Personal Services at 257-7790.

Transition Assistance Class

The Family Member Employment Assistance Program provides resume assistance, job referrals, federal job assistance, monthly workshops and one-on-one counseling – all at no cost. For more information call 257-7790.

ITT Tickets and Tours

Information, Tickets and Tours offers a variety of discounted tickets for activities island-wide, including cruises, luaus, movies and more. The ITT hours of operation are Mondays through Saturdays from 9 a.m. to 7 p.m. and Sundays and holidays from 9 a.m. to 5 p.m. For more information on ITT, call 254-7563.

MARINE MAKEPONOS

HAWAIIAN FOR "MARINE BARGAINS"

The deadline for submitting Marine Makeponos ads is 10 a.m. Friday the week prior to publication.

Makepono ad forms may be filled out Monday through Friday from 7 a.m. to 5 p.m. at the MCB Hawaii Public Affairs Office located in Bldg. 216.

Ads must be submitted in person and will be accepted only from active duty and retired military personnel, their family members and MCB Hawaii civil service workers.

Ads are free and will appear in two issues of the Hawaii Marine consecutively, provided that space allows.

Marine Make-ponos may be used only for noncommercial classified ads containing items of personal property offered by and for individuals authorized to use this service. Such ads must represent incidental exchanges not of a sustained business nature.

Ads are run on a first-come, first served, space-available

Auto

1988 BMW 636 automatic, 2 door, sunroof, new tires, good condition. No stereo, no antenna. \$8,000. Call 254-1018.

1997 Jeep Wrangler, dark green, four cylinder, five speed. After factory rims, tires, CD. Great stereo. \$10,500 OBO. 254-2306.

1990 BMW 525, white w/ black leather, automatic, power seats, locks, windows. Sunroof, 95K miles. \$10,500 OBO. K-Bay lemon lot. 254-4968.

1998 KX 125 Bought new in May 1999. Low hours, in like new condition. Always kept inside, some extras. Must see, first \$3,600 takes it. Call 254-9295.

2000 Mazda 626 LX, chestnut 4 cyl, AM/FM/CD, power driver set, power windows/locks. Alloy wheels tinted glass. Call Ron or Juanita. 254-3006. \$17,000.

1999 Dodge Stratus, 17K miles, like new condition, power everything, C/C, A/C, 6 yr/80K miles bumper-to-bumper warranty, 24-hour roadside assistance. Only asking payoff of \$16,999. 254-1724.

1996 Nissan Maxima, fully-loaded, leather seats, wood grain, sunroof, CD player. Power locks, A/C, \$10,000 OBO. Contact Jeremy at 375-8689.

1997 Jeep Grand Cherokee, limited 4 wheel drive, V-8, automatic, fully loaded, excellent condition, leather, 4 DR, \$19,500. Call 254-3112.

1986 Kawasaki Ninja 600R, good shape, \$1,500 OBO. Call 262-5922 for more information.

1991 Suzuki RMX 250 rebuilt engine w/ new piston and cylinder. Lots of new parts, \$1,500. Call 262-5922.

1998 Harley Davidson XL1200S Sportster. Black beauty with many extras. Drag bars, jetted pipes and more. Only 4,000 miles. A steal at \$8,200. Must sell! Call 685-4895 or 257-5284.

Gary Fisher hardtail, 1997 Ford Ranger, leather shooting jacket, Kenwood home stereo system. 387-9153.

2000 Ford ZX2 fully loaded, asking payoff, only \$11,800. Please call 254-8052 or 780-3982.

1995 Chevy Conversion, runs great, clean, seats eight or seven. Loaded, dual A/C, radio, alarm, TV/VCR \$9,500 OBO. Call 253-0817.

1993 Nissan Sentra, \$3,900. Mint engine, no leaks, air, cruise, AM/FM cassette, automatic, always maintained. Reliable — never broken down. Call 254-5362.

1997 Honda Accord LX p/w, p/l, p/m, automatic, 4 door, CD player, AM/FM. 45K miles, A/C. Good condition, \$13,000 OBO. Must sell! Call 254-8014 or 256-7529.

1996 Jeep Cherokee A/C, 4 door, CD/AM/FM, V-6 engine, Kenwood sound system, \$11, 500 OBO. Call 254-8014.

Miscellaneous

Stereo: 110W, Surround Sound CD player, cassette, equalizer, timer. Polk audio speakers. \$350. 254-6220.

Sports cards, baseball/basketball/football/racing/hockey cards from 1960s to the present. Great prices. Call 254-8052 or 780-3982.

Computer desk, \$20, Smith-Corona word processing typewriter w/ two ribbons and extra print wheel, \$50. Color HP Jet Ink 660C printer, \$50. Call 254-0225 for more information.

Kitchen Table set, chairs need work, \$60. Call 254-2485.

1995 Kenmore Refrigerator no ice maker, frost-free. Excellent condition, w/ owner's manual. \$200. Call 235-3405.

Interested in starting a playgroup for 14-16 month olds. To meet once a week in Capehart housing area. Call 254-0225 if interested.

Commercial Vita-Mix Maxi 4000. Complete with cookbook and "How to ..." video. Retail \$379, will sell for \$185 OBO. Call 253-0090.

Commercial Osterizer Blender. Complete with cookbook and attachments. Retail \$160, will sell for \$85 OBO. Call 253-0090.

Jacket/Leather Celtics NBA, never worn size XL, retail \$350 will sell for \$195. Call 253-0090.

Basketball Trading Cards. SKV (box) 1990-'91, \$10. Hoops 1989-'90, '90-'91, \$30. Upper Deck 1991-'92, \$20. Fleer 1988-'91 (four complete sets) \$555. Call 253-0090.

Baby/toddler clothes, girls and boys (boxes), sizes 0-3 months to 2T -- name brands \$65 each. Call 253-0090.

12,000 and 10,000 BTU A/Cs \$100 each. 20" color TV, \$75. Call 254-6349.

Nursery Monitor (Gerry), \$20. Call 253-0090 for more information.

Coffee Table and two endtables, \$20 (set of three.) Call 253-0121.

Two Roadmaster tricycles, \$15 each. Call 253-0090.

WebTV Plus with wireless keyboard and remote. Internet without a computer! Call 254-2114.

Sofa 7', pastel pattern, \$250. Call 253-0090.

Sewing machine, Nelcor mdl #5102FSB \$150. Call 253-0090.

AKC Registered Mini-toy Yorkshire Terrier, female, two months old with vaccinations. Really sweet, \$1,300. Call Sonia 253-0009.

Two piece entertainment set, \$75, Bissell Big Green Machine, \$50. Wodden Korean hat box, TV/VCR stand and storage chest, antique dresser. Call 456-7557.

Sears ProForm 580SI spacesaver treadmill. Six preset programs, auto incline. Four years old. \$150. Call 282-2048.

Cannondale R300 road bike, yellow with black trim, Shimano Sora components, 54cm frame, comes with clip in pedals, AREO bars and bike shoes included size 43CM (size 9), 7 months, \$800 invested, asking \$725 OBO. Call 254-1724.

Wanted: Swingset. Metal or wood. Please call 254-1056.

Gateway Computer System, 733MHz PC, CDROM, DVD, Cambridge soundworks speakers, color printer, microphone, 17" monitor, lots of software. 8 months old — like new, must see! \$1,200 OBO. Call 254-8014 or 256-7529.

Pinewood Derby



Gunnery Sgt. Daniel Hongell

Cub Scouts of Pack 225 and their families gathered at Mokapu Elementary School Jan. 20 for the annual Pinewood Derby at which the scouts raced cars that they fashioned from a peice of pine wood. The scouts raced their cars against those of others in their respective dens. The top three competitors from each den then faced those of other dens until only six winners remained to represent Pack 225 at the Makahiki Scouting Event April 7 at the Blaisdell Center: 1st Place, Bert Miller; 2nd Place, Dalton Miller; 3rd Place, Tyler Bixler; 4th Place, Hunter Johnston; 5th Place, Charlie Yarbrough and 6th Place, Logan Kerzie.