

# Hawaii MARINE

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## Band heads to 'Nawlins' Mardi Gras

**Lance Cpl. Jason E. Miller**  
Combat Correspondent

"It feels really great to represent the Marine Corps at Mardi Gras," said Sgt. Martha Johnson, a flute player in the MarForPac Band.

"We are the best band here and we get a lot of face time with the public," added the Westminster, Md., native.

The band will be marching and performing in a series of parades and concert during the week.

One of the parades is slated to be more than 7 miles long, winding throughout the city's East Bank.

To practice for all of the concerts and parades, the MarForPac band spent two weeks marching around MCB Hawaii, Kaneohe Bay, executing precision drill movements and musical scores.

The band is slated to return Feb. 14.

**NEW ORLEANS, La.** — It's the first week of February and the streets of New Orleans are already packed.

Thousands of people have gathered in the French Quarter for the annual celebration known as Mardi Gras, a carnival period culminating with Shrove Tuesday.

The Marine Forces Pacific Band left for New Orleans on Wednesday to march and perform in a series of parades throughout the weeklong celebration of merriment and feasting.

Nearly 50 Marine musicians climbed aboard a C-130 for the flight from Oahu to San Diego, and then on to Naval Air Station Belle Chase.



Lance Cpl. Jason E. Miller

The MarForPac Band rehearsed their Mardi Gras routine on the road to the top of Kansas Tower just before departing for New Orleans Wednesday. The band will perform in several parades next week during the parades season in New Orleans.

## Inouye visits Cuba's X-Ray, inspects military's treatment

**Gerry J. Gilmore**  
American Forces Press Service

**WASHINGTON** — The 158 Al Qaeda and Taliban detainees under U.S. military control at Camp X-Ray are receiving considerate treatment by U.S. troops, Hawaii Sen. Daniel K. Inouye said here Feb. 1.

Inouye met with reporters downtown at the U.S. State Department's Foreign Press Center to discuss his Jan. 27 inspection trip to the camp, at the U.S. Navy base at Guantanamo Bay, Cuba.

"It is in the nature, I believe, of the

American people, to be a bit humane on matters of this nature. Watching our men and women treat these detainees was rather impressive, that they would go out of their way to be considerate," Inouye said.

"I don't think that Americans have received this type of treatment during World War II or any other war," the World War II Army veteran and Medal of Honor recipient added.

Inouye, chairman of the Senate Defense Appropriations Committee, told reporters that he and fellow senators Ted Stevens of Alaska, Dianne Feinstein of California and Kay

Bailey Hutchison of Texas, had been invited by Defense Secretary Donald H. Rumsfeld to inspect Camp X-Ray. The group, he said, spent about two-and-a-half hours at the facility.

The detainees, Inouye noted, are well-fed, being provided correct dietary meals, and they have access to shower and toilet facilities. He added that Islamic detainees have the opportunity to pray six times a day and are ministered to by two of the U.S. military's 12 Muslim chaplains.

"We're not the vengeful type as far as I'm concerned. The fact that we have 12 imams should indicate that we believe in what we declare

See XRAY, A-7



INOUYE

## MarForPac Marines will deploy to Bahrain

**Cpl. Jacques-René Hébert**  
MarForPac Public Affairs Office

**CAMP H.M. SMITH, Hawaii** — A headquarters element of approximately 200 Marines and Sailors from Marine Forces Pacific is scheduled to deploy to Bahrain to support Lt. Gen. Earl Hailston's task of coordinating several thousand Marines.

Bahrain, an archipelago located in the Persian Gulf, will be the site for the headquarters for Marine Forces Central Command. This will be the first time this headquarters has been forward deployed for operations.

According to Lt. Col. Patrick Sivigny, Public Affairs Officer, MARCENT, the general and his staff will control assigned forces, coordinate and sustain Marine activities in the region, and assist Gen. Tommy Franks, Chief-in-Command for U.S. Central

Command, in planning for any possible deployment of Marine forces in the region.

The staff will include operations, communications, logistics, administration and intelligence specialists, ready to support the commander.

Hailston's major responsibilities will include overseeing the Marine Expeditionary Units, which have been in the Arabian Sea or Persian Gulf since Operation Enduring Freedom began.

The other service components have already uprooted from their peacetime stations to set-up headquarters and maintain a command presence in the area, leaving the Marine Corps to round out the team.

The headquarters of MarForPac, augmented by reservist Marines and Sailors, will continue overseeing Marine operations and exercises in the Pacific region.

## Gettin' physical



Staff Sgt. Jesus A. Lora

Students from Kailua Elementary School run alongside Sgt. Julius Venture, Ground Support Equipment, HMT-301, during the annual Run/Walk Technology Day Feb. 1. See page B-4 for more.

CHEF OF THE QUARTER

## Belli is named best in craft at K-Bay's dining facility

**Lance Cpl. Jason E. Miller**  
Combat Correspondent

The air was filled with the aroma of freshly cooked meals and the sounds of anxious people waiting to taste them.

The chefs stood proudly behind their creations waiting to serve them to the judges. Delights ranging from seafood to gumbo and stuffed veal were all on the menu and available to be served.

The best meal of them all would win its maker one of the biggest honors that can be earned at Anderson Dining Facilities, Chef of the Quarter.

Three Marines and 2 Sailors were up for this quarter's honors as Brig. Gen. Jerry C. McAbee, commander of MCB Hawaii, was on hand to



Lance Cpl. Jason E. Miller

Lance Cpl. Andrew Belli receives a trophy from Brig. Gen. Jerry C. McAbee for taking top honors as Chef of the Quarter.

try the food and present the award to the winner.

After all of the tasting and judging was over, only one chef stood as the winner.

His salmon dish must have hit a sweet spot with the judges as Lance Cpl.

See CHEF, A-7

## Party Gras is set for Feb. 15

More than a dozen bands are scheduled to converge on the MCB Hawaii, Kaneohe Bay, base marina area Feb. 15 and 16 during Marine Corps Community Services' Party Gras Music Festival.

The event will be open to the public and will offer musical entertainment on four separate stages.

Tickets for the President's Day holiday weekend festival are on sale now for \$4.

Proceeds will benefit the unit party fund of the ticket purchaser's choice and the Single Marine and Sailor Program at MCB Hawaii.

See page B-2 for the Party Gras band listing and points of contact for more information.



## MCBH NEWS BRIEFS

### NATIONAL PRAYER BREAKFAST, FEB. 21

The MCB Hawaii Base Chapel will conduct a National Prayer Breakfast ceremony, Thursday, Feb. 21 from 7 - 8 a.m. at the Anderson Hall Dining Facility aboard Kaneohe Bay. The event is sponsored to promote spiritual wellness, fitness and a healthy environment for military and civilian personnel who work and live aboard Kaneohe Bay and the surrounding community.

Colonel Joseph V. Medina, commanding officer of 3rd Marine Regiment, will be the guest of honor for this event.

The dining facility is located in Bldg. 1089, and doors will open at 6 a.m. for breakfast.

Cost is \$1.50 per person. Contact Cmdr. Jeffrey Rhodes for more details, at 257-3552.

### PARENT EDUCATION

A parent education seminar will be held at Kailua Intermediate School's library Tuesday from 3-5 p.m. for all parents, teachers and counselors of students who attend Kailua Intermediate, Kailua High School, Castle H.S., Kalaheo H.S., Kailua Elementary, Lanikai Elementary and Kainalu Elementary Schools.

The Department of Education would like as many parents as possible to attend this informative session. For more, call 263-1453.

### GSA CLOSURES, FEB. 25

The GSA Customer Supply Center at Hickam AFB will be closed from Feb. 25 through March 1 for inventory. The store at Schofield will be closed from March 4 through March 7 for its inventory. Call Maria Rodriguez or Rita Loring at 448-8937 or Mike Martin at 655-0280, for more details.

### CG SEEKS INPUT

If you have ideas for improving MCB Hawaii, write the commanding general and state what the base should be doing, shouldn't be doing, or could be doing better.

Remember, be sure to include a recommendation that will solve or help solve the problem or issue addressed.

Send your suggestions to:

Commanding General (Attn: CG Mail)  
MCB Hawaii  
Box 63062

MCB Kaneohe Bay, HI 96863 - 3002.

Your suggestions can also be emailed to CGMAIL@mcbh.usmc.mil or faxed to 257-3290.

"CG Mail" is not designed to bypass the chain of command, and all responses must include your name and return address.

## Hawaii MARINE

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# Waterfront Ops guards, protects base, environment on Mokapu

Story and Photos by  
**Lance Cpl. Jason Miller**  
Combat Correspondent

The military police who guard the gates here at MCB Hawaii do an excellent job of keeping our roadways clear and safe, but what about the ocean that surrounds our base on three sides?

One K-Bay unit specializes in keeping the beaches and other waterfront areas safe and stands guard against hazardous materials incidents, intruder threats and hapless ocean-goers in distress.

Waterfront Operations, in conjunction with the military police, has been vigilantly patrolling the shores, keeping the base secure from any waterborne threat aimed at the base.

"We're a very small, but capable unit," said Lt. j.g. Kimberly Thornhill, officer in charge at Waterfront Ops.

Waterfront Ops provides mission and training support for many Marine, Navy and Coast Guard units aboard Oahu.

The 22 sailors assigned to the unit provide MCB Hawaii with waterborne search and rescue assets and enforce the prohibited area security buffer.

Waterfront Ops also pro-



Lance Cpl. Jason E. Miller

**Petty Officer 2nd Class Matt Weydert coils rope on the deck of one of Waterfront Ops' specialized watercraft. The craft is able to quickly deploy containment bouy material anywhere in the surrounding waters.**

vides K-Bay with a readily accessible environmental response team, in any case of a spill in the Kaneohe Bay area.

"We can be on the scene of a spill in Kaneohe Bay within minutes of the accident," said Petty Officer 2nd Class Matt Weydert, engineering leading petty officer for Waterfront Ops. "After that, it doesn't take long to get things under

control before cleanup begins.

"We have 10 special boats and specific equipment that can help us to contain and clean up spills and conduct rescue missions," added Weydert.

A 24-hour watch is manned and on-call for local mariners who experience problems in the Kaneohe Bay area.

Radio frequencies are al-

so monitored in case they give clues of any kind of incident.

"Our unit is constantly training. We just got finished going through all of our training instruction on safety and emergency procedures," said Thornhill.

"This unit, in conjunction with PMO (the Provost Marshal's Office) keeps the bay, and the base, safe," Thornhill added.

## COMMENTARY

### Reflect upon what some call 'social blur'

**Navy Lt. Robert C. Cain**  
Chaplain, 2nd Bn., 3rd Marines

I had recently read an article in a magazine about how the pace of change in our world has accelerated to the point where people can't keep up with it any longer.

Sociologists and business professionals have labeled it "social blur."

Has it come to the point where communications and electronic technologies have overwhelmed the senses of people such that they cannot control events in their lives?

Reflect for a time on the past few years — on what we have experienced in our homes, neighborhoods and towns and on the state of current events within our society and throughout the world.

#### Reflections

Basic, age-old social and moral problems have plagued humankind throughout time, yet now, perhaps with a contemporary twist.

With capitalism and secularism

controlling the world, with the ease of travel and the fast pace of life in general, there doesn't seem to be any long-term focus within societies.

Some people get the attitude that self-centeredness and immediate gratification are our goals in life. For them, if it feels good, do it; no one has the right to tell them otherwise. They say, if I want it, I want it now.

They also believe, if I'm depressed today, I'll pop a couple Prozac. If I'm tense and nervous tomorrow, I'll take a few Valium.

For them, today is all that matters.

#### Withdrawing

People can't keep up, so some take drugs to "escape." Some become self-centered or withdrawn as a defense mechanism to keep the world at bay. Others react violently to the pressures of life in this world.

Most people, however, survive the challenges and rigors of life, but because we want immediate gratification and things are happening so fast, it's very easy for people to lose focus

in their lives, to have bad attitudes about life in general.

Even worse, there are some who become numb and passive to the point that life has no meaning whatsoever.

Obviously, our spiritual lives are affected by all this.

#### Absolute Truths

There are truths, society tells us, but there is no absolute truth. Nothing is true or false — right or wrong on its own accord.

Absolute truth depends on whether or not it is true or false, right or wrong for the individual.

How can God remain close to us with such self-centered beliefs?

How can our focus in life be on caring and loving others when we wrap ourselves in the trappings and lifestyles of a secular society?

The apostle Paul once said to Titus, "If you have the mind of Christ, you will have the heart of Christ. If you have the heart of Christ, you will act like Christ."

#### Proper Focus

By keeping our focus on God, we will have the right attitudes in facing the challenges of life. Our perspectives will be properly balanced. The life we lead will be God-centered, not self-centered.

For most people who seek meaning in their lives, it takes time, patience and quite a bit of reflection to find the reason for our existence — to find out just what 'truth' is.

Unfortunately, time and patience are not attributes of our fast-paced society.

To sit quietly for 30 or 60 minutes in prayer and meditation can seem impossible. Yet, what we focus on — what our attitudes toward life, other people and God are on — will reflect what is inside of us.

#### May God Help Us

Let us hope God will help us to seek meaning and purpose in our lives. That he will help us to remember we cannot live in our own little world, closed off from him and others, without sacrificing our humanity.

## Environmental Affairs



Staff Sgt. Jesus A. Lora

**Stormy skies didn't deter visits from Kainalu and Mokapu Elementary Schools. Dr. Diane Drigot, senior natural resources management specialist, MCB Hawaii, Kaneohe Bay, introduced native and rare plants such as the Ma'o, Hawaiian Cotton, held by one of the students, at the Nu'upia Ponds aboard K-Bay Jan. 31.**

# Pegasus dons MOPP gear, hones skills



Pegasus Marines take advantage of the time they had while suited up in MOPP level 4 training-gear to do some primary maintenance on vehicles.

HMH-463 reviews, conducts NBC training at PMRF, to whet skills

Story and Photos by  
Sgt. Alexis R. Mulero  
Combat Correspondent

**BARKING SANDS, Kauai** — On Jan. 25, while deployed here from MCB Hawaii, Kaneohe Bay, Heavy Marine Helicopter Squadron 463, 1st Aviation Support Element, 1st Marine Aircraft Wing, decided to fulfill one of its annual requirements.

After several days of performing 50 caliber machinegun qualifications, HMH-463 put their aerial training on hold. The Pegasus Marines jumped at the opportunity to perform annual Nuclear, Biological and Chemical training — specifically, Individual Survival Measures training and MOPP level 4 training.

The training included a refresher on the identification of NATO/NTSC NBC markers, how to don and clear a gas mask; how to eat, drink, and go to the bathroom with MOPP level 4 gear; how to detect a chemical agent with a M256A1 kit; and how to react to a nuclear and chemical attack.

The Marines also conducted a Foreign Object Debris (FOD) sweep of the flightline area while wearing full MOPP level 4 gear.

It's not everyday we get to review our NBC training, said Sgt.

See *HMH-463, A-5*

## WORD ON THE STREET

### What are you doing for Valentine's Day?



"I'll be training out in the field with the rest of the battalion."

**Pvt. Alan Rye**  
Machine gunner  
Echo Co., 2/3



"There was 8 feet of snow at home in North Carolina. My wife and I will keep on enjoying the fun under the sun here in Hawaii."

**Maj. Gen. Jake Moore**  
Retired Marine



"I'll be treating my wife and son to a dinner and a movie."

**Cpl. Israel Ausua**  
Supply clerk  
Base Property,  
MCB Hawaii



"I'll probably be working, but if I don't, I'll go to the club with some of my 'homies'."

**Jen R. Strong**  
Frontline cashier  
Marine Corps Exchange



"I'll be trying to get my mom and my dad something real nice that they'll like."

**Patrick A. Morales**  
5th grader,  
Mokapu  
Elementary  
School



Above — Lance Cpl. Michael Boss, ground support equipment mechanic, HMH-463, is changing a nitrogen bottle during the squadron's MOPP level 4 training. Right — Sergeant Alvin C. Holloway, NBC coordinator, HMH-463, gives the Marines a final brief on how they performed throughout the NBC lesson taught.



Corporal Danny Cadra, air frame mechanic, HMH-463, carries away some of the nuclear, biological, chemical training gear the Marines used during their training.



## HMH-463: At play in the sands of the PMRF

Story and Photos by  
Sgt. Alexis R. Mulero  
Combat Correspondent

**BARKING SANDS, KAUAI** — "Working hard; playing hard," that is the Marine Motto adopted by Marine units including Heavy Marine Helicopter Squadron 463, 1st Aviation Support Element, 1st Marine Aircraft Wing, MCB Hawaii, Kaneohe Bay.

After four days of working hard while deployed to Pacific Missile Range Facility here, the Pegasus Marines of HMH-463 gathered together for a unit cookout at Shenanigans, located at PMRF.

The cookout began at noon with amusing skits performed by the Marines of HMH-463 depicting some of the events that happen at the different shops around the unit.

At the end of the skits, the commanding officer presented the squadron sergeant major with a small scale CH-53D Sea Stallion model, in honor of the sergeant major's accomplishments with the unit.

Sergeant Major Arthur Taylor is scheduled to be reassigned to Marine Corps Air Facility in April. With the upcoming temporary additional du-



Private first class Damien Emholtz, an administrative clerk in HMH-463, wipes out in the surf during the squadron cookout.



While at the cookout, Cpl. Jonathan Arce, armorer, CSSG-3, spiked a point on the officer's team. The squadron's officer's surrendered very few points during HMH-463's beach volleyball games while at their cookout. June 26.

See *PLAY, A-5*

## MARKSMANSHIP

## K-Bay Marines complete revamped course



Sgt. Alexis R. Mulero

Corporal Jimmy Chiang, scout sniper platoon, Weapons Co., 2nd Bn., 3rd Marine Regiment, MCB Hawaii, Kaneohe Bay, is focusing on his objective and teaching the proper way to fire with an M16A2 service rifle as part of his EDIP portion of the course.

## Funds delivered



William Thomas

Jeff Jervik, president of Papa John's Pizza Hawaii, hands Lt. Col. Michael Williams, asst. chief of staff, Marine Corps Community Services, a \$500 check for money raised in a special Papa John's program designed to support the military community in the aftermath of the Sept. 11 attacks.

### MCB Hawaii is one of the first installations to get the training

**Sgt. Alexis R. Mulero**  
*Combat Correspondent*

Every Marine is a rifleman.

This is what all "leath-er-necks" are taught from their first day at boot camp through their separation from the Corps.

But, who trains every Marine to be a rifleman?

Professional marksmanship instructors are tasked with the goal of developing every Marine's marksmanship training to a combat-effective level.

After five years of testing different areas of marksmanship with both the M16A2 service rifle and the 9MM pistol, the Marksmanship Planning Management Section at Weapons Training Bn., Quantico, Va., and Marine Corps experts have accepted a new way of teaching the Marksmanship Instructor Course.

The new MIC is divid-

ed into three different phases and is being instructed by two different teams of instructors based out of WTBN, Quantico, Va.

The two teams are travelling to several sites in the Marine Corps to teach this improved course.

Hawaii and the Far East were the first areas to receive such training, which began Feb. 28.

Marines in Hawaii are training at Puuloa Range and will graduate from the new course today.

There have been many changes to the course, most notably with the pistol portion.

During Phase I, Marines develop a sound foundation of marksmanship knowledge and practice under close supervision.

In Phase II, the knowledge and firing techniques learned in Phase I are applied on a known distance (KD) range. Further development and refinement of these skills is achieved during a live-fire exercise.

In the final stage, Phase III, Marines from K-Bay

refined their techniques learned throughout the course until the techniques become instinctive.

"This phase will help develop confidence with the weapon and develop the combat mindset needed to be successful in the stressful and ever-changing combat environment," said Dex D. Conrad, staff noncommissioned officer in charge, 2002 Marksmanship Instructor Course detail, WTBN, Quantico, Va.

Although MCB Hawaii, K-Bay, was one of the first installations to receive the new training offered, it seems the news to take advantage of this opportunity did not get passed around. The instructors were expecting approximately 50 students, but the base only produced 10.

"It's a little disappointing that we couldn't teach more Marines," said Conrad.

"At least the Marines who are here will receive the best marksmanship training the Corps has to offer on a one to one basis," he added.



Sgt. Alexis R. Mulero

Gunner Sgt. Dex D. Conrad, staff noncommissioned officer in charge of the 2002 Marksmanship Instructor Course detail, WTBN, Quantico, Va., demonstrates to his students a more combat effective way of handling the 9MM pistol.

# Senior leaders master close combat skills

Story and Photos by  
Lance Cpl.  
**Jason E. Miller**  
Combat Correspondent

All Marines must undergo close combat instruction by a certified instructor every year. Although this may seem like an ordinary task for most Marines, Staff NCOs and officers can sometimes find it difficult in their schedules to make time, since they normally are not trained with their Marines.

For four days in January, the 22nd through the 25th, some 50 senior leaders from the 3rd Marine Regiment finally had the chance to learn and be certified in the Marines Corps' martial arts program.

Much of the training in the Marine Corps Martial Arts Senior Leadership Course consisted of close combat classes and letting the Marines spar with each other throughout the day.

Training with M-16A2 service rifles and wooden sticks while wearing flak jackets and full combat gear was all part of a normal day for the Marines involved in the evolution.

"This course was designed to give these Marines a better understanding of what the Marine Corps' martial arts program is all about and what their Marines go through," said Gunnery Sgt. Michael Beltran, chief martial arts instructor for Regimental Schools here at K-Bay. "This course was



**Above — First Sergeant Lek Puampi, battery 1st Sgt. for Headquarters Battery, 1/12, and Master Gunnery Sgt. Garry Laws, S-6 chief for Headquarters Co., 3rd Marines, practice grappling moves on the ground in front of Regimental Schools. Below — 1st Lt. Jason Popowski of Headquarters Co., 3rd Marines, and 1st Sgt. Sylvester Daniels, Weapons Co., first sergeant, spar near the end of the 4-day long course.**

exactly the same as all other Marines go through."

All of the training came to a head on the last two days when the Marines had to demonstrate all that they had learned during the course.

The Marines had to run through body sparring drills, bayonet training and also do some grappling, all in full combat gear.

On the last morning, the Marines had to make their

way through the base's obstacle course.

"This was a pretty good course, because there's not a lot of opportunities for senior leaders to go through this kind of training," said Capt. David Baas, commanding officer of Combat Service Support Co., 3rd Marines.



"I've taken away a better appreciation of what Marines go through during this type of training."



**1st Lt. Jason Popowski and 1st Sgt. Sylvester Daniels spar with wooden sticks as part of the Senior Leaders Course.**

I've also gotten a better understanding of the intent behind the whole program."

"The hardest part of the course was the integration drill where everything from grappling, to bayonets and all the skills we were exposed to were put together into an event," Baas said. "Adding the fact that we were fatigued made it pretty difficult," he continued.

"Overall, these Marines have done an outstanding job. Motivation was always at a high level and everyone was willing and eager to learn," said Beltran.

## HMH-463, From A-3

Charles Holloway, the intelligence specialist who heads NBC training for HMH-463.

Making Marines aware of what they are to do in an NBC contaminated environment is essential for survival in wartime.



**Some HMH-463 Marines enjoyed the cookout by just playing a competitive game of spades.**

## PLAY, From A-3

ties for some of the Marines of the squadron, this might have been the last time the entire squadron will be gathered together.

After the presentation, some of the Marines played beach volleyball, while others encountered the Kauai waves by surfing and body board-

ing. In addition to sports and skits, the Marines exercised their vocal cords, as they sang karaoke until late that night.

The squadron's cookout was designed to increase morale, essential to a unit accomplishing its mission, said 1st Lt. Joel D. Jowers, S-5 officer and coordinator of the event. It was a success.



**"Ten ball on the side pocket," said one of the Pegasus Marines during their cookout June 26 while deployed to the Pacific Missile Range Facility, Barking Sands, Kauai.**

# EVERY CLIME AND PLACE

## 11th MEU trains with HABD, preps for unexpected

**Sgt. Brian J. Griffin**

*11th MEU Public Affairs*

**CAMP PENDLETON** — Marines from the 11th Marine Expeditionary Unit recently underwent Helicopter Air Breathing Device training Jan. 22 and 25 at the 53 Area training pool, located at Camp Horno.

The training, which has been taught here since March 2001, prepares Marines for the worst possible scenario—a helicopter crash at sea.

The breathing device, a seven-inch cylindrical tube, provides Marines and Sailors about eight life-sustaining breaths of compressed air in the event they are submerged underwater. It is worn near the waist, within easy grasp.

The HABD replaced the Helicopter Emergency Egress Device System, which the Commandant of the Marine Corps, Gen. James L. Jones, put into use after the crash of a CH-46 Sea Knight helicopter off the coast of San Diego in late 1999, which claimed the lives of six Marines and one Sailor.

"The crash claimed the lives of six outstanding swimmers," said Gunnery Sgt. Duane Dougherty, chief instructor and HABD coordinator, Special Operations Training Group, I Marine Expeditionary Force. "It

was clear at that point swimming skills weren't enough to get people out."

The 11th MEU's goal is to get as many personnel HABD trained as possible. It could save lives—should the unthinkable happen, said Capt. Christopher Aaby, assistant air officer, 11th MEU.

"We teach them how to use the HABD because it gives them sustenance when it comes to air. Enough air to get their bearing and get out of the vessel in one piece," Dougherty said.

Becoming aware of your surroundings might be harder than you think. The impact will probably knock the wind out of you and then the next thing you know, you're under water, Dougherty said. Your lungs won't be full of air, your senses will be rattled, your adrenaline will be rushing and fear might be setting in., he added.

The HABD may add precious seconds if not minutes to the situation, allowing you time to successfully escape from the helicopter and survive, he ex-



**Left — Exhaling water, Staff Sgt. Justin Surratt, military police chief, MSSG-11, 11th MEU, is brought back to the surface after a dunk in the Shallow Water Egress Trainer, Jan. 22 at the 53 Area training pool aboard Camp Pendleton. Right — Corporal John Wolf, Helicopter Air Breathing Device instructor, teaches Lance Cpl. Joseph Flores, a military police officer, MSSG-11, 11th MEU, HABD use.**



Sgt. Brian J. Griffin

plained.

And survival only comes with practice. Dougherty, with the help of his five instructors, has trained more than 3,000 Marines in the last 10 months.

Because some may be intimidated or fear the training, it is taught in steps.

First, students practice breathing off a regulator, which is an air-on-demand system instead of just breathing normally.

This requires Marines and Sailors to inhale with effort, releasing the regulator's diaphragm so air comes inbound, just as one would with the HABD.

Second, they are exposed to being inverted in the Shallow Water Egress Trainer, a device where a student is buckled into a seat and then dunked backward to simulate what might happen during a helicopter wa-

ter crash. This is to show them how it feels to be upside down and disoriented.

Then those two steps are combined and dry-land exiting drills are repeatedly performed so the escape actions are automatic and they don't have to think.

"We teach Marines that they've got to understand their lives are at stake and they only have one chance to do it right in a real world situation," Dougherty said. "There are no time outs in a real scenario."

Despite taking small steps throughout the HABD training, some Marines considered it challenging.

"I didn't know what to expect. I thought this was going to be a cakewalk—sit in a cage, hold your breath for three seconds and swim right out," Lance Cpl. Joseph Flores, military police officer, MEU Service Support Group 11, said.

"When you're getting dunked, it's hard to concentrate on your breathing. Having the HABD in your mouth gives you one more thing to think about, and it can get pretty confusing," said Flores.

"The training is awesome. It's excellent to prepare yourself for what might happen," Flores said. "I feel a lot more confident knowing that I could survive the unthinkable."

## MILITARY BLOTTER

### The Blotter

-A Sailor was apprehended by the Military Police Department for driving under the influence and driving without a valid driver's license after being observed breaking tracking in a parking lot.

-A Marine reported that unknown person(s) had entered his vehicle and stole numerous items from the vehicle, which had been left unsecured and unattended in his barracks parking lot.

-A Marine was apprehended for housebreaking after he entered another Marine's quarters without being invited.

-A Marine reported that unknown person(s) broke the window to the recreational room of his barracks.

-A Marine was apprehended by MPD for driving on base suspension, after being stopped. A records check revealed that the operator had been suspended aboard MCB Hawaii.

-A Marine was arrested by the Honolulu Police Department for a DUI after being stopped for unsafe backing. The suspect was further processed and held on \$500 bail.

A Marine was arrested by HPD for a DUI after being stopped for a minor traffic violation, the suspect was further processed and held on \$500 bail.

-A Marine reported that unknown person(s) shattered the front window of his

family housing quarters.

### Lost and Found

If you're missing valuables, or other items, contact the Military Police Department's Lost and Found NCO, Cpl. Gordon Scott, at 257-2103, ext 315.

Lost and Found has had many valuable items turned in. Items on hand include bicycles, wallets, keys, cell phones, and miscellaneous jewelry.

**XRAY, From A-1**

— freedom of religion, freedom of choice. These 12 chaplains were selected long before Sept. 11; it was not a reaction to that," Inouye said.

"So, as an American, it makes me rather pleased that we have been sensitive to this type of requirement," he added.

The detainees' good treatment, however, doesn't come at the expense of necessary security precautions, Inouye said. He said he was satisfied with camp security. U.S. military members at Camp X-Ray, Inouye noted, "have to be very careful" around dangerous Al Qaeda and Taliban members.

The senator said the detainees are hooded and shackled en route to Guantanamo and the camp to prevent possible escape attempts.

"That's, I think, the duty of a prisoner, to escape," he explained. "We didn't want to provide that opportunity." Inouye noted the hoods are removed when the detainees enter the compound and the shackles come off when they enter individual holding units.

Although the detainees aren't told where they are, Inouye believes those who can read English "certainly saw the license plates" of the vehicles that go in and out of the compound.

"So, I must assume that all of them know that they're in this place in Cuba called Guantanamo," he said.

Inouye described the weather in Guantanamo as "a little warmer than Hawaii," and lush.

"If I were a detainee," he noted, "I'd rather be detained there than in Kabul."

The 158 detainees at Camp X-Ray, Inouye said, are housed in 8-by-8 units surrounded by wire mesh. They sleep on 4-to-5-inch-thick mattresses with sheets and blankets. The mattresses are on the floor, as is Afghan custom, he noted.

Razor wire and watchtowers surround the com-

pound. Inouye said guards inside the compound carry no weapons, to prevent detainees from possibly capturing weapons. The guards outside the compound are armed.

Detainee in-processing and questioning at Camp X-Ray have been limited to such subjects as basic name, place of birth, time of birth, name of parents, siblings and education, Inouye said, adding that more in-depth interrogations would start soon.

He noted that the Al Qaeda and Taliban detainees represent a new dimension in warfare.

"I cannot see how one can suggest that these detainees were part of an organized army or an organized country, especially the Al Qaeda members," he explained. "This war is very important, because it is new and there are no textbooks on this. We have no Army manual on how to deal with terrorists.

Secondly, unlike the wars of the past "where you can focus your attention to 'Country A or Country B,'" Inouye said, the war against global terrorism is just that.

"At this moment there are those who admire and follow the dictates of (Osama) bin Laden residing in the Philippines, and in Indonesia, in Saudi Arabia, and Yemen, and Bahrain, and all over the place, in Pakistan, and even in the United States," the Hawaii senator said.

"And so, it's not an easy thing," Inouye remarked. "Where would I send my reconnaissance patrols? Where would I send my combat patrols? These are all new things that we are, frankly, not prepared for.

"And the fact that these 19 men, at the cost of \$150,000, were able to wreak havoc of the dimension that we experienced on Sept. 11, should scare the bejesus out of us," he emphasized.



**CHEF, From A-1**

Andrew Belli of 1st Bn., 12th Marines, was chosen as having the best meal of any of the competitors, and so was chosen as the first Chef of the Quarter for 2002.

All of the chefs nominated for the award received certificates of commendation. Lance Cpl. Belli left the ceremony with a trophy, a certificate of commendation, a garnishing set, a dinner cruise for two and the chance to work with a professional chef for two weeks.

"It's really hard to make good food," said Lance Cpl. Belli. "You just have to keep on practicing and practicing. Luckily I was good enough to win a competition."

Even though only one person was chosen for the award, all of the chefs worked extremely hard on their meals and deserved the praise and attention they got.

"Any one of these chefs could have been the winner," said McAbee.

**Anderson Hall Dining Facility staff noncommissioned officers acted as judges, tasting all of the food in order, to pick who should be named Chef of the Quarter.**