Hawaii Marine
LIFESTYLES
Hawaii Marine B Section July 18, 2003

Right — Staff noncommissioned officers from both the Navy and Marine Corps gathered outside the Staff NCO Club as Col. Richard Roten, deputy commander of MCB Hawaii; Sgt. Maj. Filipo Ilaoa, base sergeant major; Master Chief Petty Officer Campbell Hughes, Facilities maintenance chief; Mr. Dickson Alvarado, Staff NCO Club manager; and Mr. Vince Ching, a civilian contractor, joined to cut the lei officially opening the club.

Bottom — Staff NCOs and their families enjoy free pupus and drinks in the newly built dining room of the Staff NCO Club.

Above Photo by Cpl. Ida M. Gilbert

Above — Sergeant Maj. Arthur Taylor, sergeant major of Marine Corps Air Facility, enjoyed the selection of pupus provided at the grand opening celebration.

A complete facelift

Staff Club gets $1 million in remodeling

Story and Photos by
Cpl. Jessica M. Mills
Combat Correspondent

After 18 years without renovation, the Staff Non-Commissioned Officers Club aboard MCB Hawaii, Kaneohe Bay, reopened its doors July 11, to reveal a long-awaited $1 million facelift sponsored by Marine Corps Community Services.

The reopening ceremony began with remarks by leaders such as Col. Richard Roten, deputy commander of MCB Hawaii, and Sgt. Maj. Filipo Ilaoa, base sergeant major, as well as Mr. Dickson Alvarado, Staff NCO Club manager.

The crowd of onlookers stood in anticipation as Roten; Ilaoa; Master Chief Petty Officer Campbell Hughes, Facilities maintenance chief; Alvarado; and Mr. Vince Ching, a civilian contractor joined to cut the maile officially opening the club.

As the crowd filed in, remarks of awe and surprise were whispered and escaped from many guests.

"I think it turned out fantastic," said 1st Sgt. Mark Drinkwater, director of the Staff Noncommissioned Officer Academy and chairman of the Staff NCO Club board. "The turn out was expected; everybody was very excited to see the establishment after an 18-year lull."

In celebration of the reopening, all staff NCOs and petty officers were invited to the club to enjoy free pupus, drinks and music. BayFest rockers "Blue Fuse" entertained the crowd that evening, as well as the Navy Jazz Quartet during the afternoon.

Since the club had not had any renovations since 1985, the contractors had to do more than just a nip and tuck to bring it up to the 21st century standard.

The transformation began from the ground up, redesigning the exterior as well as the interior.

"We have made a million dollars worth of changes," said Drinkwater. "The place was completely gutted. It went all the way down to bare construction; even the walls were taken down."

The construction added a new 80-seat capacity dining room, intended for staff NCOs and their families. A dining facility had been requested numerous times by club members over the years, who found the only places they could go was the Officers' Club or out in town.

"The most critical change is the new dining area where staff NCOs and families can now enjoy a sit-down dinner and lunch," said Ilaoa. "It gives the staff NCOs a degree of conveniency that was not available to them previously. They can stay aboard the base to take their family out to eat. Or if they want to drink, they can walk home."

The dining room opened for lunch on Wednesday, for its first official serving. At the moment, the dining room will only be in operation for lunch and dinner Wednesday, Thursday and Friday of each week.

Though almost everything in the club was either upgraded or replaced, the renovation to the Rocker Room took the bulk of funds.

About $40,000 alone was dedicated to replacing the wet bar in the Rocker Room with one made completely of koa wood. More than $250,000 was spent on a state-of-the-art sound system, new plasma flat screen TVs, furniture and fixtures.

The club also hired an almost entirely new staff and chef to refresh the palette of its members.

As guests moved from room to room in the new establishment, they inspected the Hawaiian and Polynesian artwork and artifacts that adorned the walls, donated by the local community.

The staff has more changes in store, including live entertainment, new pool tables and dining hours.

"The staff NCOs and petty officers are one small family, and we need to know each other. We may be fighting next to each other one day," said Ilaoa. "Anyways, this is their place, and it's here to serve their needs.

"That is worth joining for," Ilaoa emphasized.

The Rocker Room was completely remodeled with a new dance floor, a $250,000 sound system, new plasma flat screen televisions, furniture and fixtures.

Right — The Navy Jazz Quartet performed for the staff NCOs and their families who attended the grand reopening of the Staff NCO Club.

Below — Gillian Taylor, administrative assistant with the Public Affairs Office, MCB Hawaii, Kaneohe Bay, enjoyed the entertainment, free drinks and pupus provided.

... is something to dance about

Everybody seemed to enjoy the new $40,000 koa wood bar that was built in the remodeled Rocker Room. Not only was the bar itself new, but everything inside was replaced, including the chairs, glasses and utilities.

MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

JULY

18 / Today

Kahuna's Hot Latin Nights — Salsa down to the club for a live performance by El Conjunto Tropical, plus dancing.

The club opens at 4:30 p.m. and entertainment starts at 10 p.m.

For more information, call 254-7661.

Staff NCO Club's New Hours — The Staff NCO Club has posted the following hours of operation:

Rocker Room
Sundays: Closed
Mondays: 4 p.m. - 2 a.m.
Tuesdays: 4 - 8 p.m.
Wednesdays: 4 - 10 p.m.
Thursdays: 4 - 8 p.m.
Fridays: 4 p.m. - 2 a.m.
Saturdays: 6 p.m. - 1 a.m.

Dining Room
Sunday Breakfast:
9 a.m. – 1 p.m.

Lunch:
Sunday through Tuesday:
Closed
Wednesday through Friday:
11 a.m. – 1 p.m.

Dinner:
Sunday through Tuesday:
Closed
Wednesday through Friday:
5 – 9 p.m.

Base Library Summer Reading Program — Through Aug. 9, get in the know with a little summer reading and earn special awards.

Children of all ages are welcome to participate in this program. As always, parents are encouraged to read with their children.

For more information, call the base library at 254-7624.

Information, Tickets and Tours — School is out and summer is here! This is the perfect time to take that much needed hiatus.

Plan an outer-island excursion or take in some of the sites and activities on Oahu. Whatever your pleasure, Information, Tickets and Tours, and Leisure Travel can help you with reservations.

Stop by the office at Mokapu Mall or call 254-7563

19 / Saturday

Staff NCO Club '70s & '80s Jam Party — The Staff NCO Club Rocker Room is stayin' alive with an old school jam. Go back in time and pull those bell bottoms and platform shoes out from the back of your closet.

Dress up and compete for the best costume contest from 6 p.m. – 1 a.m.

Call 254-5481 or 254-5592 for more information.

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23 / Wednesday

Eliminating Stress and Anxiety — Hosted by Personal Services in Bldg. 216, you can attend the "Eliminate Stress and Anxiety" Workshop. Learn exciting new techniques that work with people of all ages to help them proceed stress-free.

To register, call 257-7780.

24 / Today

Bargain Thursdays at The Base Theater — Are you looking for something to do Thursday evenings? The Base Theater is now showing Thursday evening movies.

Admission is $1 for all ranks. Grab a quick snack and enjoy $1 hot dogs, too.

Call 254-7642 for the movie schedule and times.

27 / Sunday

Officers' Club Children's Pool Party — Cool the kids down at the Officers' Club Pool.

Snacks and exciting entertainment for your children will be provided by Marine Corps Community Services from 1 – 3 p.m.

BayFest memories

Cpl. Jessica M. Mills

Did you get a chance to attend McKenna Motors BayFest 2003? Not to worry, you can visit www.BayFestHawaii.com/ and check out the events that made 2003 a record-breaking year.

SM&SP

SINGLE MARINE & SAILOR PROGRAM

All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

Upcoming Activities

July 25: Enjoy the Shank & Slice Golf Tournament from 12:30 -6 p.m. Cost is $22 for E-5 and below, and $30 for E-6 and above.

Prizes, food and sodas will be supplied.

SM&SP Goes Online

Get more on SM&SP at www.MCCSHawaii.com under the "Semper Fitness" icon.

SM&SP Benefits

Single Marines and Sailors enjoy many bargains such as the following:

• At the Kaneohe Klipper Golf Course — Drive over to practice your swing with free range balls, club rental at $5 per set, 9 holes of play at $5, or 18 holes of play for $9.

• At K-Bay Lanes — Score with games at $1.50 each, free shoe rental (Mondays - Thursdays), and no-tap at $15 on Thursdays at 8:15 p.m.

• At the Base Theater — Catch the second showing of Friday and Saturday movies for free (E-5 & below).

•At the Base Marina — Enjoy free, unit "Adventure Training" with classes in scuba and much more.

New books hold promise for youth

NAPS
Featurettes

Children's Books

When you're looking for something that will instill positive values in your kids or grandkids, you may care to check out the two children's books authored by Alma J. Powell, co-chair of America's Promise: The Alliance for Youth.

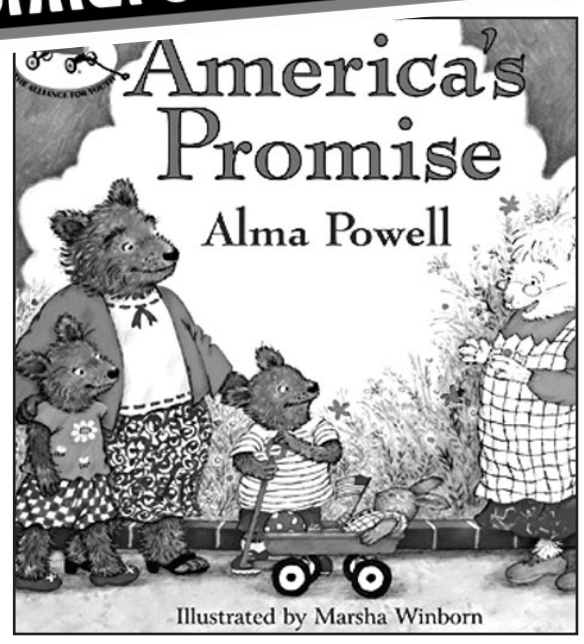
Powell wrote the books to reinforce the mission of America's Promise — to build the character and competence of our nation's youth — and in a fun-spirited way, encourage children to give back to their communities.

Powell's husband, Secretary of State Colin Powell, is the organization's founding chairman.

In *America's Promise*, aimed at children ages 4 to 8, two little bears, Honey and her younger brother, Benji, are new to the neighborhood. As they explore their town, they make friends and encounter a special lady named Mrs. Mayberry.

At the Mayberry Community Play and Learn House, they enjoy books, music, games and healthy snacks. And when a surprise visit from the town's mayor presents the kids with a special opportunity, determination and hard work help them reap the rewards of community service.

"Every child needs a caring adult role model in his or her life, a safe place to learn and grow, a healthy start and lifestyle, an opportunity to learn marketable skills through education, and opportunities to give back through community service," said Powell. "These are the resources that create opportunities for success.



NAPS

The organization America's Promise, founded by Secretary of State Colin Powell, will benefit from a new book by the same name penned by his wife, Alma J. Powell. The selection reinforces the organization's themes — character and competence. A little red wagon portrays the nonprofit's childhood symbol.

"In the book, Honey and Benji experience firsthand just how important these Five Promises are for positive youth development."

In *My Little Wagon*, the companion board book, toddlers meet a young bear as she explores the many uses of a little, red wagon, a timeless symbol of childhood and also the symbol of America's Promise.

"These charming books capture the very essence of what we're working to do in communities across the country," said Peter A. Gallagher, president and CEO of America's Promise. "Through community collaborations that connect kids to the resources they need to be successful, we want to ensure that every child enjoys the same positive experience that Honey and Benji share in the book."

Illustrated by acclaimed artist Marsha Winborn and available in both English and Spanish, the books are published by Harper Collins Children's Books, known for such classics as *Goodnight Moon*, *Where the Wild Things Are*, and *Charlotte's Web* — all of which are excellent children's books.

Powell is donating her proceeds from the sale of these books to America's Promise to help strengthen the group's community mobilization efforts nationwide.

America's Promise was launched at the President's Summit for America's Future in 1997 where Presidents G. H. W. Bush, Jimmy Carter, Bill Clinton and Gerald Ford, along with Nancy Reagan representing President Reagan, challenged the country to make children and youth a national priority.

For more information, visit www.americaspromise.org, or call 1-888-55-YOUTH.

MOVIE TIME

Prices: Adults (12 and older) $3, Children (6 to 11) $1.50, Children (5 and younger) free. Matinee prices are $2 for adults, $1 for children. Parents must purchase tickets for "R"-rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is $1 for all patrons.

Show your I.D. at the box office. Call 254-7642 for recorded information.

Bruce Almighty (PG 13)	Today at 7:15 p.m.
Confidence (R)	Today at 9:45 p.m.
The In-Laws (PG 13)	Saturday at 7:15 p.m.
Wrong Turn (R)	Saturday at 9:45 p.m.
The In-Laws (PG 13)	Sunday at 3:30 p.m.
Bruce Almighty (PG 13)	Sunday at 7:15 p.m.
The In-Laws (PG 13)	Wednesday at 7:15 p.m.
Bruce Almighty (PG 13)	Thursday at 7:15 p.m.
The Italian Job (PG 13)	July 25 at 7:15 p.m.
Wrong Turn (R)	July 25 at 9:45 p.m.

In search of opportunity

Cuban Marine seeks citizenship, success in Corps

Lance Cpl. Monroe F. Seigle
Combat Correspondent

Sergeant Ivan Riano, assistant administration chief for Combat Service Support Group 3, has a story to tell.

It's a story of a young man's determination to overcome poverty and flee a country where communism rules with an iron fist.

Born April 17, 1977, in Santa Fe, Cuba, Riano lived right beside the ocean. He learned to sail at age 9 and attended a school away from home that taught sailing in the morning and then classroom instruction in the afternoon.

Although caring parents supported the young Riano, he decided that a life of communism was not for him. One night in August of 1994, he set his heart and his sails to the United States along with his

RIANO

father and his uncle on a homemade boat designed from stolen boat parts.

"At first, my dad told me I would die in the water," said Riano with a smooth Spanish accent. "Eventually, when he saw how determined I was, he decided he would go with me to the United States."

Boarding the boat with his father and his uncle, Riano was the only one who knew how to sail. They set out on the 90-mile journey with 40 boiled eggs, a few loaves of bread and several cans of Spam. It was to be a tough trip that proved only be the beginning to a grueling journey.

"I had to leave Cuba," said Riano. "I knew I had no future there. I wanted to be able to think for myself and be able to see the world. [But,] no one can legally leave Cuba."

It was a long 24 hours in the boat until the trio saw the promising lights of the United States. Along the way, several ghastly sights were permanently burned into the young Riano's memory.

Body parts of other Cubans were adrift in the water after they died trying to reach the land of opportunity. Others were seen on sinking rafts, desperate for help.

"We could not help anyone we saw along the way because our raft was barely big enough for the three of us," recalled Riano with sorrow in his deep, brown eyes. "They were in the same situation we were. They just wanted a better life.

"They called out for us, but we could not stop. We just had to leave them there and hope they would be alright."

Within minutes of the coast of Florida, a Coast Guard vessel intercepted the homemade boat and Riano, his father and his uncle were taken into custody and placed on a Coast Guard vessel where they were detained.

Once in custody, Coast Guard officials told Riano he was going to be taken to the United States, and he would be detained there. Even though he was going to be detained, Riano's only thought was that he would at least be in the U.S.

After being transferred to several different Coast Guard cutters, Riano was

See CUBAN MARINE, B-5

RECIPE CORNER

Summertime meals go Latin-themed for fun

NAPS
Featurettes

If you can't stand "el calor," get out of "la cocina." That's what's on the mind of many a summer chef, most of whom are looking for quick ways to move meals outdoors.

For a growing number of families, a Latin influence is pervading lunch and dinner menus, with the zest of salsa replacing the heavier sauces used in more traditional American fare. Moreover, south-of-the-border cuisine adds a tasty twist to your recommended daily servings of vegetables.

Perhaps the best part of Latin-themed meals, such as fajitas or tacos, is how fun mealtime is, with very little prep work and even less time in front of a hot stove.

The following recipe for Chicken Fajitas uses packaged soup mixes to save time and spice things up, along with chicken breasts and bell peppers for a simple and savory dinner.

NAPS

Latin-themed meals can be an easy-to-prepare option for any occasion-and a great way to spice things up such as with these tantalizing chicken fajitas.

Chicken Fajitas
(Prep Time: 10 minutes
Cook Time: 8 minutes)

2 tablespoons olive or vegetable oil
2 medium red and/or green bell peppers, sliced
1 pound boneless, skinless chicken breasts, sliced
1 envelope Soup Mix such as Lipton Recipe Secrets
1/2 cup water
Flour tortillas, heated

In 12-inch nonstick skillet, heat oil over medium-high heat, and cook red peppers two minutes. Add chicken and cook four minutes or until lightly browned.

Stir in soup mix blended with water. Simmer two minutes or until chicken is no longer pink. Serve in warm tortillas.

Makes 4 servings.

ON THE MENU

Anderson Hall will serve the following this week:

Today

Lunch
Pepper Steak
Southern Fried Catfish
Rice Pilaf
Potatoes Au Gratin
Sugar Cookies
Asst. Fruit Pies

Dinner
Beef Pot Pie
Roast Turkey
Buttered Potatoes
Steamed Rice
Sugar Cookies
Asst. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Pasta Bar

Saturday

Dinner/Brunch
Baked Lasagna
Chicken Parmesan
Pizza Slices
Garlic Bread
Marble Cake w/
Chocolate Icing
Asst. Fruit Pies

Sunday

Dinner/Brunch
Barbecue Beef Cubes
Baked Turkey & Noodles
Steamed Rice
Ginger Molasses Cookies
Spice Cake w/
Butter Cream Frosting

Monday

Lunch
Meat Loaf
Pork Ham Roast
Steamed Rice
Mashed Potatoes
Chocolate Chip Cookies
Asst. Fruit Pies

Dinner
Beef Brogul
Baked Cajun Fish
Mashed Potatoes
Steamed Rice
Chocolate Chip Cookies
Asst. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Pasta Bar

Tuesday

Lunch
Simmered Corned Beef
w/Mustard Sauce
Glazed Cornish Hens
Buttered Potatoes
Egg Noodles
Peanut Butter Cake w/
Peanut Butter Frosting
Asst, Fruit Pies

Dinner
Turkey Pot Pie
Sweet & Sour Pork
Steamed Rice
Buttered Potatoes
Peanut Butter Cake w/
Peanut Butter Frosting
Asst. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Taco Bar

Wednesday

Lunch
Pork Adobo
Beef Yakisoba
Steamed Rice
Pork Fried Rice
Oatmeal Cookies
Strawberry Shortcake
Asst. Fruit Pies

Dinner
Steak w/Onions
Southern Fried Catfish
Mashed Potatoes
Steamed Rice
Oatmeal Cookies
Strawberry Shortcake
Asst. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Hot Dog

Thursday

Lunch
Turkey A La King
Beef Porcupines
Mashed Potatoes
Boiled Egg Noodles
Marble Cake w/
Chocolate Frosting
Pineapple Cake
Asst. Fruit Pies

Dinner
Braised Liver w/Onions
El Rancho Stew
Honey Ginger Chicken
Steamed Rice
Boiled Egg Noodles
Marble Cake w/
Chocolate Frosting
Pineapple Cake
Asst. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Taco Bar

A honey of an iced tea helps anyone cool off

NAPS
Featurettes

As summer temperatures rise, iced tea really hits the spot when you're thirsty. Whether sitting out on the porch or lying by the pool, honey-kissed iced teas are the perfect beverage to help beat the heat.

Honey is often added to hot tea to add extra sweetness, but it's also a perfect sweetener in cold brewed teas as well.

Making flavored iced tea is simple. Start with cold water, bring it to a boil and add either loose or bagged tea; then steep until desired strength. While tea is steeping, add sweeteners such as honey (there are more than 300 varieties available), spices or fruit juices.

The types of tea and honey abound, so have fun mixing and matching.

Spiced Honey Chamomile Cooler

4 chamomile tea bags
4 cinnamon sticks
20 whole cloves
1/2 cup honey
1/4 cup fresh lemon juice

Bring water to a boil in a medium saucepan; add tea bags, cinnamon and cloves. Let simmer for five minutes, then remove cinnamon and cloves. Stir in honey and lemon juice.

Spiced Honey Chamomile Cooler

Place in refrigerator until chilled. Pour over ice and garnish with fresh lemon slices to make four servings

For an extra kick, try these variations: for a fruity flavor, add 1 tablespoon of orange juice to each glass; or for a "spiked," cool version add 2 tablespoons rum or whisky to each glass.

For additional recipes, go to www.honey.com and get summer cooled down with the National Honey Board's recipes.

CUBAN MARINE: Riano earns American citizenship

From B-3

taken along with his father and his uncle to Guantanamo Bay, Cuba — though they thought they were in the United States.

"When we got to GITMO, we had no clue where we were," said Riano. "They had us handcuffed, and they marked our hand with a number and gave us a personal hygiene bag. Everyone would fight for food, and it was a horrible place.

"I did not care though. I was determined to go to the United States, and if I had to stay there for a while, I was going to do it."

While detained at GITMO, the 17-year-old Riano saw several U.S. Marines who were conducting background checks on the detainees, as the Marines needed to weed out the troublemakers from the crowd while trying to keep families together.

"The Marines seemed tough and they never smiled," said Riano with a warm smile on his light-brown face. Even though they were tough, they treated everyone fairly. And after a while, I was glad they were around."

Since Riano was under the age of 18, the Department of Immigration and Naturalization Services allowed him and his father to enter the U.S. After being detained at GITMO for seven months, Riano and his father landed at Homestead Air Force Base in Florida on March 3, 1995.

"When I walked out of the airport, my aunt was waiting for my father and I," recalled Riano with an emotional tone to his voice. I could not believe what I was seeing. It was beautiful.

"We went to a store on the way home. You could buy anything you wanted, and you did not have to show any kind of ration card to get it. People were laughing and smiling."

"We could not help anyone we saw along the way because our raft was barely big enough for the three of us."

Sergeant Ivan Riano
Administration Chief, Headquarters Co., Combat Service Support Group 3

Anxious to get on the road to success, Riano was immediately enrolled into school as a junior and worked part-time at McDonalds. At age 20, he graduated from high school.

"My high school was great; no one spoke English because most of the students were Cuban, and even the teachers spoke Spanish," Riano said. "I had a lot of my credits from school in Cuba transfer over, and I was able to graduate from the English Speakers of other Languages program, but my English was still horrible."

Three months after receiving his diploma, Riano was at a recruiting station with his resident-alien card and was in front of a Spanish-speaking Marine recruiter. Riano felt that the United States had provided him everything he could ever dream of and wanted to pay his dues.

The only way he thought he could do that as an immigrant was to join the military.

Remembering the Marines from GITMO, Riano knew the Corps would be challenge. However, with broken English skills and a whole lot of determination, he was on his way to Marine Corps Recruit Depot, Parris Island, S.C., to begin recruit training.

"All I could say about boot camp was that it was scary," Riano said with a laugh. "I only knew a few words of English and those guys [drill instructors] were always yelling and acting crazy.

"I just followed everyone else and did what they did, and when the drill instructor said something to me, I just yelled 'Yes, sir!'"

It was not long until the drill instructors realized Riano appeared to be lost. He had to have commands repeated several times before he could understand. But this did not stop the determined recruit from graduating boot camp as the "Iron Man," after he earned a max score on the physical fitness test and was able to do more pull-ups and run faster than the other recruits in his company.

"I couldn't believe I made it through boot camp," said Riano. "I was completely lost the whole way through, and I had to stay up many nights to study the Marine Corps history underneath my blanket with a flash light."

Riano has since been promoted to the rank of sergeant and earned the rank of corporal meritoriously. He takes pride in being one of "the few and the proud."

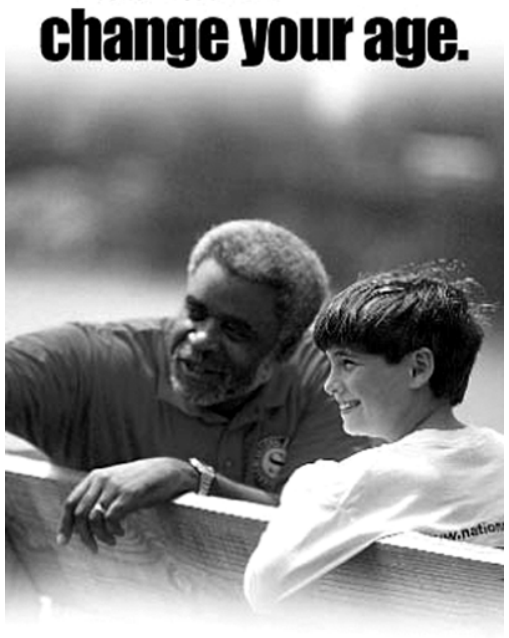
"I couldn't believe that as an immigrant and a noncitizen, I get treated the same as the others, and get the same benefits they do in the Marine Corps," explained Riano. "I love the Marine Corps, and it has been a great experience."

While training with Marines from Combat Service Support Group 3 in April of 2001 at Marine Corps Training Area, Bellows, Riano was called out of the field and then sent to a ceremony to receive his citizenship.

Afterward, he returned to the field with his fellow Marines.

"I will defend this country and the Marine Corps because I am now a free man, and I have many opportunities to be someone," Riano said proudly. "If you work hard and have the motivation, you can do anything you want in life. No matter who you are or where you are from, you are treated equally in the Marine Corps.

"I can now say I am something — a U.S. Marine."



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Changing times require U.S. postal service to seek new approaches

By law, the Post Office provides mail to every community in the U.S.

Azeezaly S. Jaffer
NAPS Featurettes

The way most people do business has changed significantly since the 1970s, when few people envisioned the Internet as a widespread mode of communication, and there were few options for sending mail overnight.

Yet, one enterprise still has to provide service to the public at a competitive rate while being constrained by outdated regulations created over 30 years ago.

That enterprise is the U.S. Postal Service.

It is time for the Postal Service to be free of an outdated business model that no longer meets the needs of its customers.

The majority of mail routes do not have a sufficient volume of mail to cover the cost of delivery, but the Postal Service is obligated to provide delivery to every community as a public service.

The question is how do you fund mail delivery to every community at a uniform rate in the face of declining mail volume?

A Presidential Commission has been appointed to look at what changes are needed in the current law to improve the business model the Postal Service operates under.

Unlike its competitors, the Postal Service is not allowed to retain its earnings, making it harder to finance capital spending. It cannot close post offices solely because they are unprofitable.

And unlike its competition, the service does not and cannot arbitrarily increase rates at the beginning of each year. Instead, it must go through an 18-month-long process to change its rates — something no private sector competitor has to do.

The lack of pricing flexibility and the inability to give volume discounts to large mailers to increase mail volume are constraints that burden no private delivery company.

The world has changed. It is time for changes in how the Postal Service is allowed to run its business. Competition is good. But the shackles have to be removed to allow the Postal Service to compete without the outmoded regulations of yesterday.

(Editor's Note: Azeezaly S. Jaffer is vice-president of U.S. Postal Service Public Affairs and Communications.)

NAPS

The Postal Service provides delivery to every community, even if it is unprofitable to do so.

'Reach For Tomorrow' aims for success

Sgt. Joe Lindsay
Community Relations Chief

Students and adult volunteers from "Reach For Tomorrow," a nonprofit youth organization based in Washington, D.C., recently got a chance to visit MCB Hawaii, Kaneohe Bay, as part of the organization's effort to impact youth as they embark on their high school careers.

But this was no ordinary tourist visit.

According to Peter K. Underwood, RFT chairman and founder, "RFT is all about hands-on activities, and not a series of lectures or standard public affairs tours where students merely drive by the action."

For the 35 students and 12 adult volunteers who participated, the visit to MCB Hawaii more than maintained RFT's reputation for hands-on action, as the visitors competed in the obstacle course, got behind the controls of a VP-47 aircraft (albeit grounded), and fired on the Provost Marshal Office Indoor Simulated Marksmanship Trainer.

From there, it was on to a well-deserved meal at the Anderson Hall dining facility, where RFT participants got a chance to mingle and eat chow with Marines and Sailors.

Although the experience was new for many of the students, it was old-hat for the adult mentors.

According to Underwood, over the years "RFT has developed a unique relationship with the Department of Defense, which allows its students and adult mentors to receive hands-on experiences unlike any other organization. After all, the DoD has the best 'toys' our nation can produce."

Indeed, the events RFT members participate in are meant to be exciting and fun, but there is a deeper meaning behind their visits to military installations.

As Underwood explained in his original letter to MCB Hawaii requesting the base's support, RFT "targets middle of the bell curve, 'C' average, students who could go either way in high school – this is the largest and most-often-forgotten group.

"These are the students who have the ability, but have not performed consistently," he explained.

Since its founding by Underwood in 1993, RFT has been helping to mold these youngsters as they make the passage into adulthood.

"The results of the RFT program are quantifiable; the outcomes are improved attitude, attendance, achievement, and a resume," explained Underwood, a graduate of the U.S. Air Force Academy and a retired Air Force lieutenant colonel.

And though there are many former service members who volunteer their time and energy to RFT, including retired Air Force Maj. Gen. Don Shepperd and retired Navy Vice Adm. Mike Bowman, Underwood points out that RFT " is not a military recruiting program, but one that uses existing resources to expose youth to what is possible through higher education.

The goal is to remove any and all excuses for failure."

Courtesy of Reach For Tomorrow

Members of "Reach For Tomorrow," a nonprofit youth organization based in Washington, D.C., tackle the obstacle course aboard MCB Hawaii, Kaneohe Bay, during their recent visit to the base. Reach For Tomorrow was founded in 1993 by retired Air Force Lt. Col. Peter K. Underwood, and targets at-risk youth.

Courtesy of Reach For Tomorrow

Members of Reach For Tomorrow pose for a photograph with Sailors in front of a static display put on for them by Patrol Squadron 47.

Exchanging ideas

Cpl. Jessica M. Mills

Major Gen. Lee (left), the head of the Hawaii Army National Guard, speaks with Col. Richard Roten, deputy commander of MCB Hawaii, about collaboration efforts of the State of Hawaii and the Armed Forces during a joint military and civilian professional military education seminar held at the Officers' Club, June 27 aboard Kaneohe Bay.

Secrets to buying a used car disclosed

NAPS
Featurettes

When teens are ready for their own set of wheels, there are steps parents can take to put them on the road to safety.

Auto industry and safety experts offer advice on how to select a safe, affordable vehicle appropriate for novice teen drivers:

•**Safety:** Experts at Consumer Reports suggest choosing a vehicle with as many of the newer safety features — such as airbags and antilock brakes — as you can afford.

Usually, a midsize car from the last six or seven years would be a good choice.

•**Size:** Phil Berardelli, author of *Safe Young Drivers*, recommends avoiding trucks or SUVs with a high center of gravity, which tend to have a higher rollover rate for inexperienced drivers who may more easily lose control.

•**Condition:** Examine the vehicle for wear and tear. Edmunds.com tells consumers to check the tires as they tell a lot about a vehicle.

Is there adequate tread left? Are the wheels cracked or aging? If so, use this as a bargaining chip with the seller to cover the cost of the new tires it will need.

•**Insurability:** Vehicle type, in addition to the driver's age, is a factor in determining insurance rates, according to Cars.com.

Sports cars can equal higher insurance premiums. A station wagon may be a better choice for your teen financially, if not socially.

•**History:** Know the truth about a used car by obtaining a vehicle history report to be sure there are no hidden problems in the vehicle's past, says Carfax.com, which offers a safe teen driver program.

"A large part of our customer base is made up of parents concerned for their teenagers' driving safety," says Dick Raines, president of CARFAX and parent to three teenagers. The CARFAX Safe Teen Driver program aims to curb teen fatalities from motor vehicle crashes, the number one killer of teens, by educating parents and teens in safe driving principles.

To learn more, log on at www.carfax.com/teen.

WORD TO PASS

1st Rad. Holds Family Day, Today

With the return of so many personnel from Operation Iraqi Freedom, as well as two recent returns of Marine Expeditionary Unit detachments, 1st Radio Bn. will host a Family Day today from 10 a.m. to 3 p.m. for the 1st Rad. family, at Fort Hase Beach aboard MCB Hawaii, Kaneohe Bay.

Kaneohe 'Day on the Bay' is Scheduled July 26

Billed as an event to inspire and encourage healthy families and friendships, "Day on the Bay 2003" will be held, Saturday, July 26, from 9 a.m. to 3 p.m. at the Kokokahi YWCA located at 45-035 Kaneohe Bay Drive.

The community is invited to enjoy free family activities, live entertainment, Xtreme fun, craft fairs, pony rides, the petting zoo, food vendors, free kayaking and sailing, numerous resources, and much more at the YWCA's scenic Kaneohe Bay location.

Additionally, 150 volunteers are needed to help make this event a success. Volunteers are needed to assist with event set-up and cleanup, parking and traffic control, information, entertainment and stage support, and more.

To volunteer for Day on the Bay, contact Jennifer at the Kaneohe Community Family Center, 235-7747.

This event is sponsored by the Department of Parks & Recreation, the Honolulu Community Action Program, Kamaaina Kids, the Salvation Army, the YWCA of Oahu, and several other civic-minded organizations.

Hickam to Host 'Thunderbirds,' Aug. 9 - 10

Hickam Air Force Base will host the Thunderbirds — the U.S. Air Force's supreme aerial demonstration unit — along with entertainment, food booths, static displays and more, Aug. 9 - 10.

To find our all the exciting details, surf at www2.hickam.af.mil and click on "Friends and Neighbors Weekend."

Haiku Stairs Remain Closed

The City and County of Honolulu is asking the public to be patient and refrain from climbing the newly renovated Haiku Stairs until the facility has reopened.

Officials warn that police will arrest hikers who prematurely enter the popular attraction, which features 3,922 steps that lead to windswept ridge tops and breathtaking, panoramic views of Windward Oahu.

The stairs resemble a series of metal ladders, assembled end-to-end in 500 sections, and attached to the cliffs and ridge tops with long metal spikes.

Ascending these stairs is physically taxing, as hikers will climb roughly 2,400 feet and will be exposed to extremes of heat, wet and wind. The typical ascent can take two to two-and-a-half hours. However, the weather may be unpredictable, the mountains obscured by clouds, and the stairs extremely slippery when wet, adding hours to the climb.

Once the stairs reopen, hikers will again assume all risks of their own free will. For more information, contact the Public Information Division at 523-4385, or log onto www.co.honolulu.hi.us /newsroom.

McKinley High is Site of Mega Sale

Volunteers (which are still needed) have been packing and pricing all year long to help make the Friends of the Library of Hawaii 56th Annual Book Sale a huge success, today from 10 a.m. to 9 p.m. and Saturday from 9 a.m. to 2 p.m.

More than 3,000 boxes of books — from hardcover to paperback, including magazines, sheet music, records, CDs, DVDs, video and audiotapes, puzzles, maps, encyclopedias, and much, much more — will be available at bargain, basement prices. Many will go for under $1!

Items have been received from a variety of sources such as estates, donations and the Hawaii State Public Library System. All sale proceeds will go to help the Hawaii State Library System to purchase books and equipment, fund various programs, and provide continuing education grants for librarians, which are not funded for in annual budgets.

The Friends of the Library is a non-profit organization, whose aim is to support and promote public libraries. For more details or to volunteer, call 536-4174.

Kailua Baptist Invites Worshippers

"Love Grows Here" is the slogan and heartfelt message of all who attend Kailua Baptist Church at 1080 Kailua Road on Highway 61.

You are invited to attend Sunday School at 8:45 a.m. and the worship celebration at 10 a.m. A Children's Church and Nursery ministry are also provided.

Call 262-6938 for more details.

North Shore to Host Country Market, Tomorrow

Take a weekend drive to the North Shore (59-530 Kam Highway, between Sharks Cove and Ehukai Beach), and ex-

See WORD TO PASS, B-9

Base Chapel

Catholic Services
Sunday Mass at 9:30 a.m.
Holy Days of Obligation at 11:45 a.m. and 6 p.m.
Daily Mass at 11:45 a.m. (Tuesdays - Fridays)
Adult Choir Rehearsal at 6 p.m., Tuesdays
Saturday Mass at 5 p.m.

Protestant Services
Liturgical Worship at 8 a.m., Sundays
Children's Sunday School at 9:30 a.m.
Adult Sunday School at 9:30 a.m.
Contemporary Worship at 11 a.m. Sundays
Adult Choir Rehearsal at 7 p.m., Tuesdays

For more on Protestant Adult Sunday School, contact Chaplain Thornton at 257-3552, ext. 5.

All Catholic and Protestant services are located at the Base Chapel, Bldg. 1090, behind Dunkin' Donuts.

Religious education programs are held in the adjacent Religious Education Facility in Bldg. 1090.

Contact the Base Chapel at 257-3552.

Golden Eagles of Patrol Squadron 9 host families of fallen heroes

Lt. j.g. Lauren Ihrig
Patrol Squadron 9

On June 14, Patrol Squadron 9 hosted family members of four maritime veterans who were killed in action during the Vietnam War in 1968. The deceased aircrew members were assigned to Observation Squadron 67 at the time of the mishap.

The son and daughter of Cmdr. Delbert A. Olson, the plane commander of the mission; the wife of Lt. j.g. Denis L. Anderson, naval flight officer on the crew; and the sister of Petty Officer 2nd Class Michael L. Roberts, crew ordnanceman, were in Hawaii to retrieve the remains of their loved ones, recently recovered in a remote area of Laos.

Thirty-five years have passed since the crew disappeared during their ill-fated mission from Nakhon Phanom Royal Thai Air Base. Through developments in recovery techniques and the families' dedication to the recovery effort, the remains of the OP-2E Neptune crew were finally located and identified.

The Central Identification Laboratory Hawaii (CILHI) sent multiple recovery teams to the crash site beginning in March 2001. The wreckage was located at 4,400 feet elevation on an isolated mountainside, deep in the Laos wilderness.

Petty Officer 2nd Class Johnnie Robbins

Family members join the VP-9 crew for a keepsake photograph before taking a tour of the squadron.

The challenging terrain and adverse weather conditions had hindered earlier rescue efforts. But finally, in March 2002, members of a CILHI recovery team extracted the last of the remains.

When VP-9 was notified that the family members of the former Golden Eagles who flew in the Vietnam War wanted to visit, the squadron jumped at the opportunity.

Olson, who was known to have made the aircraft's last radio transmission before the aircraft struck the mountainside, served as the executive officer of VP-9 prior to his assignment to VO-67.

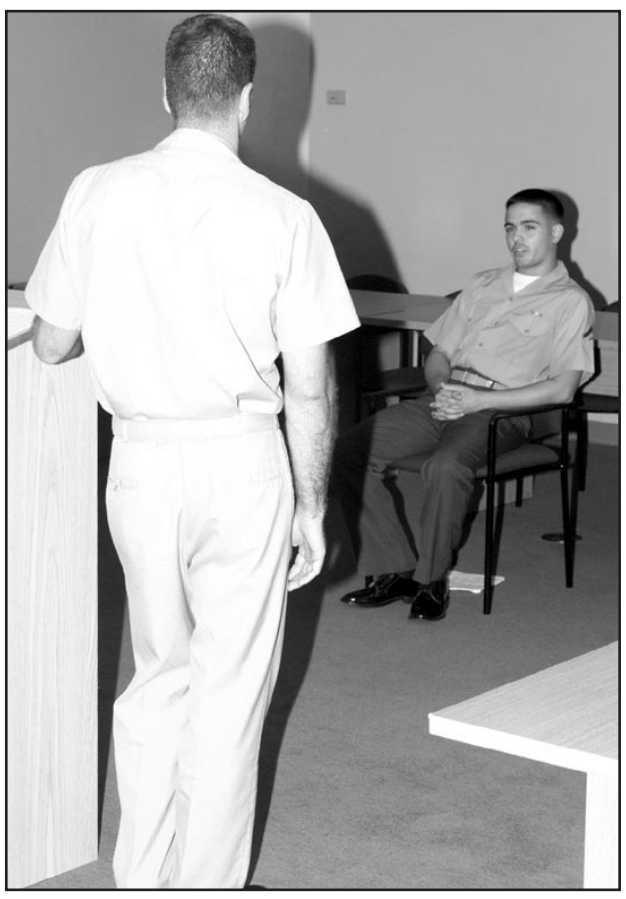
The families received a short brief on the current Maritime Patrol mission and VP-9's most recent 7th Fleet deployment, and then a tour of a P-3C aircraft. Throughout their visit, the family members expressed the importance of the crew's recovery. The rescue of the remains finally gave them closure after years of uncertainty.

This engagement with the families of the repatriated aircrew personnel was a memorable experience for the Golden Eagles.

As Cmdr. Rod Urbano, executive officer of VP-9, commented, "This opportunity to host the families of fallen comrades was very special to the Golden Eagle family. First, it was a sobering reminder to our Sailors how dangerous this business of naval aviation is, and it gave them a tangible link to patrol and reconnaissance heroes of the past.

"Lastly, and more importantly, this visit from these heroes' families clearly demonstrated that this great nation does not forget its fallen heroes, and will do everything in its power to never leave anyone behind."

Trial, defense counselors sharpen skills in court



Lance Cpl. Monroe F. Seigle

Attorneys questioned Lance Cpl. David Reinman, a legal assistance clerk with the Base Legal Services Center aboard MCB Hawaii, about the details of a murder he was convicted of during a mock trial June 25 at Pearl Harbor.

Lance Cpl. Monroe F. Seigle
Combat Correspondent

A love triangle turns deadly with a web of lies and deception, and one Marine ends up behind bars and another one stands trial in connection with the murder. Unfortunately, real cases like this one are often heard in courtrooms aboard military installations all around the world.

On one side of the courtroom is a trial counsel, who prosecutes those charged with crimes. On the other side is a defense counselor protecting the defendant.

The love triangle, and the web of lies and deception, were all part of a mock courtroom setting in which a Marine had been convicted of murdering his girlfriend's husband. He was now testifying against the girl who arranged the murder.

It was the job of the lawyers to make the convicted murderer's story sound unbelievable and prove the innocence of the widow.

While the mock court was in session, the minutes were videotaped. Defense counselors from all branches of the military were tasked with unraveling the web of lies as the videotape recorded everyone's actions.

Lance Cpl. Monroe F. Seigle

Defense counselors from each branch of the military were tasked with finding holes in a convicted murderer's story and proving a widow's innocence in a connection with the murder of her husband, during mock trial training scenarios June 24 - 27 aboard Pearl Harbor.

As the training proceeded, several experienced lawyers took notes and pointed out the good and the bad to the officers in training June 25.

"I want to be a lawyer when I get out of the Marine Corps," said Lance Cpl. Dave Reinman, a legal services clerk at the Base Legal Services Center, MCB Hawaii. Reinman played the role of the convicted murderer. "I got to see firsthand how difficult it can be for the legal officers to work with all the technicalities and try to uncover the truth in a real case."

Hurricane awareness

Above Illustration Courtesy of Cameron Read Smith

Cpl. Jessica M. Mills

Cameron Read Smith, 10, received a Certificate of Appreciation, presented by Col. Richard Roten, deputy commander of MCB Hawaii, for participating in the base's 2nd Annual Hurricane Preparedness Contest, and winning first prize. Smith also received a safety coin, a first aid kit and an activity book. His poster is located at key locations throughout Kaneohe Bay to continuously remind all of the many dangers posed by hurricanes and to be prepared.

WORD TO PASS, From B-7

perience the fun and importance of keeping up the country at the Mid-Summer Mele, Saturday from 8 a.m. to 5 p.m.

This one-day celebration will include food, entertainment, local produce, crafts and fun for the entire family. Be sure to also delight in the freshness of the on-site Imu cooking of Kalua pork, ham and turkey, and Hawaiian food plates.

Hawaiian, rock 'n roll, reggae, Christian punk, live DJs and special performances spotlight the variety of entertainment to be available. Plus, keiki and adults can participate in fun and interactive demonstrations and activities such as jewelry making, live theater, cooking and origami.

For more information, call the North Shore Country Market, a nonprofit organization, at 638-7172.

MDA Seeks Telethon Volunteers

The Muscular Dystrophy Association is seeking volunteers to participate in the 2003 Jerry Lewis MDA Labor Day Telethon "Catch-a-Cure" program. Volunteers will be collecting funds Aug. 30 - 31 at various locations.

The Catch-a-Cure program will be highlighted during the telethon to raise additional funds to support research, public health education and services for people affected by any more than 40 neuromuscular diseases. The telecast will run from 10 p.m. to midnight, Aug. 31, and 8 a.m. to 5 p.m., Sept. 1 on KITV Channel 4.

To volunteer or for more details, call the MDA office at 548-0588.

Hosts Needed for Hospitality Day

Volunteers are being sought to help provide a "Day of Hospitality" for the Mexican Navy, Saturday, July 26, when the officers and crew of the naval ship Usumacina dock for a one-day stop at Oahu.

The International Hospitality Center — a private, volunteer community organization that provides services for international exchange students, government and foundation grantees and foreign military — is sponsoring this event and asks volunteers to escort members of the crew on sightseeing excursions, beach picnics, recreational activities and backyard barbecues.

To make "citizen diplomacy" a part of your weekend, call the International Hospitality Center at 521-3554.

Hale Koa Hotel Lists Events

Fort DeRussy's Armed Forces Recreation Center, the Hale Koa Hotel in Waikiki, will provide patrons a summer jam-packed with exciting, relaxing or adventurous activities — whatever's your pleasure.

Call the Activities Desk at 955-0555, ext. 546, to find out more details on this events.

•*Tuesdays:* Beginning at 6 p.m. in the Banyan Tree Showroom, military members and their families can treat themselves to mystery, fantasy and refreshing comedy, as the Hale Koa Hotel has opened a new Magic in Paradise show. Your evening will start with a bountiful all-you-can-eat buffet, and then it's show time with one of Hawaii's hottest magicians. Tickets cost $20.95 for adults and $12.95 for kids under 12, plus a 10 percent gratuity.

•*Aug. 5 -12:* Back to School Magic Shows in the Banyan Tree Showroom will offer mind-boggling illusions by one of Hawaii's favorite musicians and an all-you-can eat buffet complete with fried chicken, pizza and spaghetti for little ones. Doors will open at 6 p.m.; the reduced kids' price is $9.95 (under 12, excluding infants), adults $20.95, plus 10 percent gratuities.

•*Aug. 25:* Tickets go on sale for Oktoberfest, happening Sept. 24 - 28. The traditional German event celebrates authentic food, drink, music and dancing. Admission will be $8 per ticket, and the menu will be ala carte.

•*Daily:* Groups of 20 or more planning to use the park space need to contact Parks & Recreation. Park rules prohibit stakes, tents and tarps; alcoholic beverages or additional grills; bicycles, skateboards and rollerblades; and animals.

Word to Pass Receives Faxes

If you would like to announce activities or events of general interest to the military or DoD community, fax them to the *Hawaii Marine* at 257-1289, at least two weeks in advance of the event.

MARINE MAKEPONO

Vehicles

2001 SE Intrepid, automatic, A/C, power windows & steering, excellent showroom condition. Asking $11,000 OBO. Call 239-3973 or 778-3979.

2000 Mazda MPV ES, fully loaded, leather seats, multi-disc CD, only 47K miles, much more. Asking $13,000 ($2,000 below Blue Book). Call 254-9542.

Motorcycles

1999 Kawasaki Ninja, 250cc, green, runs great, excellent condition. Asking $2,300 OBO. Call 778-3979 or 239-3973.

Boats

Ski Boat, 16-foot, with 48HP Evinrude motor, trailer, garage stored, many extras. Asking $8,800 OBO. Call 254-8150 or 429-8150 (cell).

Appliances

Whirlpool washer/dryer, only two years old, with one-year extended warranty, only asking $400 for both. Call 254-8526.

Maytag portable dishwasher, $200 OBO (paid $580 new); Roper washing machine, $150 OBO; Westinghouse dryer, $150 OBO. Call 254-8080.

Furniture

Dining room table, solid oak w/four chairs. Paid $500; asking $250 OBO. Call 254-2350 or 721-7721.

Yamaha digital piano, tons of extras, excellent condition. Paid $1,200 new; asking $850. Call 254-0521

Real Estate

2/1 for rent in Kailua, 10 minutes from MCBH, one parking, stove, refrigerator, washer, second floor unit. Available Aug. 7. Call 261-1828.

Wanted

Merchandiser, part time, days only, 85 hours per month. Service MCCS retail outlets. Exchange knowledge a plus. Must have own transportation. Call Mark Douglass at 533-8825

Miscellaneous

Kid's jeep wrangler, never used, $125 (retails at $250). Call 254-8526..

Scuba tanks, regulators, weights, BCDs, lights and much more. Take a look and make an offer. Call 254-8150 or 429-8150.