

Hawaii MARINE SPORTS

Hawaii Marine C Section

July 2, 2004

Putting up their dukes

MCB Hawaii boxers prepare for Saturday BayFest Boxing bouts

Lance Cpl. Megan L. Stiner
Combat Correspondent

Although Kaneohe Bay has no official boxing gym, a group of Marines who are members of Marine Corps Base Hawaii's Fighters Unlimited Boxing Club dedicate time each week to train for upcoming bouts like the ones at BayFest, Saturday.

"We have three members boxing at BayFest this year," said Jack Johnson, club coach and former Golden Gloves competitor. "They all look really good, and we are looking forward to this opportunity to gain more experience."

The three fighters competing at BayFest are Amaury Torres, Thomas Jensen and Ronald Miller. Although they range in experience from six to 15 years, each says he feels confident and prepared for his upcoming bout.

According to Johnson, Jensen is expected to perform extremely well. He is fighting a two-time Hawaii state champion boxer that he competed against earlier this year.



Lance Cpl. Megan L. Stiner

Ronald Miller, a heavy equipment mechanic for Combat Service Support Group 3, spars with one of the Fighters Unlimited trainers in preparation for BayFest.

"I am looking forward to the festival and to the fight," said Jensen, who has 15 years of boxing experience dating back to his high school years in Marshall Islands, Mich. "But I am more excited about just training and staying in shape."

Jensen was an All-Marine Boxer at MCB Camp Lejeune, N.C., for three-and-

a-half years; he just recently got back into the sport.

"I would eventually like to get all three of those guys on the All-Marine Corps Boxing Team," said Johnson. "The more we train now, the better off their chances are of going. Right now we are more concerned with BayFest and training though."



"I feel real good, physically," said Miller, who began his boxing career at Akron High School in Ohio. "I come in and train every chance I get, and I am looking forward to the festival."

Torres, a Brooklyn, N.Y., native explained, although he is ready to compete, he is more excited about being able to provide entertainment to the individuals who come to enjoy the festival.

"BayFest is for people to enjoy," said Torres, who began boxing at age 17. "I am glad that people are going to come and watch the fights while they are at the festival; that's why we are doing this — for the people."

Johnson will gauge how the BayFest crowd react to the Fighters Unlimited boxers.

"We don't have a lot of opportunities to show people what our club is all about," Johnson explained. "We look at things like BayFest as kind of a chance to show off our skills and have a good time."



Pfc. Rich Mattingly

Competitors explode from the "blocks" as the air horn sounds, signaling the start of the 50-meter individual medley race at the "101 Days of Summer" Intramural Swim Meet, June 25 at the base pool.

MALS-24 locks on swim meet

Pfc. Rich Mattingly
Combat Correspondent

Marine Corps Community Services challenged units to take a dip at the base pool during the Base Intramural Swim Meet, part of the "101 Days of Summer" programs here, June 25.

The low turnout did little to quell the spirits of competitors who had gathered early for the event, so they could battle it out in several different events at the pool for competing swimmers.

"This year's swim meet is the second one we've put on in two years, and it's been very popular with the participants," said Harry Sprague, aquatics manager for the base pool.

Dan Dufrene, MCCS Sports Coordinator, added, "We've been fortunate to have some dedicated units who send people out to events like this out of a sense of camaraderie and team spirit."

The first race pitted Marines and Sailors from Marine Aviation Logistics Squadron against select swimmers from the Marine Corps Air Facility at Kaneohe Bay in a 50-meter medley relay. Despite the efforts of the otherwise flawless Charles Lawson, MALS-24 pulled ahead of MCAF to lock away its victory.

Lawson took wins in every other race at the event, including the 50-meter freestyle, backstroke, butterfly, breaststroke and individual medley.

"I felt I had a good day, and I love swimming," said Lawson. "It's just the best exercise going."

All of the competitors in the event said they had a great time.

"It feels good to get in the water any chance I get," said Thomas Cornett from North Carolina. Cornett has been competing seriously for two years.

Members of Base Safety and MCCS passed out medals to the exhausted winners after the last race.

"Swimming is just the best exercise going," said Sprague, "and the swim competitions help build team spirit."

MCCS hopes to keep spirits high at other upcoming 101 Days of Summer events, added Dufrene.

Soccer season kicked off Saturday

Lance Cpl. Michelle M. Dickson
Combat Correspondent

The Opening Day Ceremony of the Hawaii Youth Sports League Soccer took place at Pop Warner Field here Saturday morning.

Families from all bases around the island came to take part in this ceremony that officially established the opening of the soccer season, and the announcement of roughly 60 teams that are to participate.

David Kawada, the Youth Activities director with Marine Corps Community Services, gave opening remarks before the presentation of colors and Chaplain (Lt. Cmdr.) Paul Evers', chaplain for 3rd Bn., 3rd Marine Regiment, invocation.

"I have been doing this job for three years now, and of all the sports, soccer seems to be the most popular," said Kawada. "School is out for summer,

See **SOCGER**, C-5



Lance Cpl. Michelle M. Dickson

A Marine Corps Community Services volunteer assists with soccer practice at the Opening Day Ceremonies for the Hawaii Youth Sports League Soccer here Saturday morning.

BASE SPORTS

Edward Hanlon V
MCCS Public Relations

July 2 / Today

BayFest Sporting Events — Open from 5 until 8 p.m., try your hand at an abundance of contests and games at BayFest today: All in good fun, throw 'em hard to take down commanding officers and sergeants major at the Single Marine & Sailor Program's "Top-Dog Dunk Tank"; "Strike a Prize" for a dollar swing at SM&SP's "Striker" game; "Joust" competition; (service members only) and tackle the mechanical bull for fun and smack-talking rights.

These contests continue on Saturday from noon till 10 p.m. and Sunday from noon till 10 p.m.

Pau Hana League — The ini-

tial organizational meeting of the Pau Hana League will be today at 6 p.m.

This mixed league of foursomes is open to any combination of patrons who are 18 years and older. There is a one-time sanction fee for both men and women, and the weekly cost is only \$10.

Call K-Bay Lanes at 254-7664 for more information.

3 / Saturday

BodySearch at BayFest — Marine Corps Community Services is seeking the hottest of hot bodies to strut their stuff, live on stage at McKenna Motors BayFest 2004.

The Nutri-Fit BodySearch Fitness Challenge will be held Saturday at 3:30 p.m. on the main stage of BayFest.

Entry is free before the day of the event, but day-of-event registration is \$10. All participants

must be at least 18 years of age. The competition includes modeling fitness and full-cut swimsuit attire (no thongs allowed).

If you think you have the brawn and beauty for Body-Search, call 254-7597 or immediately register online.

BayFest Boxing Challenge — They will be bobbin' and weavin' at the BayFest Boxing Challenge.

Fighters are set to rock the ring Saturday, from 5 to 7 p.m. Come early and get a ring-side view or else the last one standing will be you.

Call 254-7591 for more details.

4 / Sunday

Strongman Competition — Eat your Wheaties, and get

pumped to enter the Castle Medical Center Strongman Competition, Sunday at 3 p.m.

The Strongman Competition consists of five-member teams competing in Truck Pull, Keg Stack and Axle Move categories.

Each team must not exceed more than 1,200 pounds combined total weight.

The Strongman Competition is free to the 12 teams that register for the event.

Call 477-0498 for more information.

7 / Wednesday

Sailing Away — Adults looking to take up a new hobby or sharpen up their rusty sailing skills can take adult evening sailing classes at the base marina. But, this great deal is only offered through the summer months, so sign up now.

The next session begins Wednesday and glides through July 11 from 5 to 7:30 p.m. Cost is based upon rank and varies from \$69 to \$99.

For more information, call 254-7666.

9 / Friday

All-Marine Women's Softball — If you're an active duty Marine or a spouse of an active duty Marine who is interested in playing on the base Women's Varsity Softball Team, contact MCCS Athletics today. The team hopes to make the All-Marine Trials that will be held from Aug. 21 through Sept. 12 at Marine Corps Air Facility New River.

Those selected to the All-Marine Team will go on to compete in the Armed Forces Championship at Peterson Air

Force Base, Colo., and Marines selected to the Armed Forces Team will compete at the Women's Nationals in San Antonio, Texas, from Sept. 24 to 26.

Interested players must contact MCCS prior to the July 10 All-Marine Trials registration deadline. Submit your resume with your command's authorization to MCCS Athletics.

Call Coach Pagud at 753-5396 or Athletics at 254-7590 for more information.

10 / Saturday

All-Marine Golfers — MCCS Athletics is seeking resumes by July 10 for 72-hole medal play at the All-Marine Golf Trials on Sept. 11 – 18 at Marine Corps Air Ground Task Force Training Center, 29 Palms, Calif.

The top six men and top three women will then proceed to the Armed Forces Championship Sept. 19 – 25 at Fort Carson, Colo.

Interested Marines must submit resumes along with command authorization to the highest level of competition. Proof of handicap is required (4 and below for men, 14 and below for women).

Call 254-7590 for more details.

Ongoing

Splash Tuesdays — Take your kids out for an afternoon of fun in the sun at the Officers' Club pool.

Every Tuesday during the summer months, cool children down and enjoy a poolside barbecue with hot dogs, hamburgers, chips and drinks from 11 a.m. to 1:30 p.m.



Pfc. Rich Mattingly

Base All Star

NAME: Charles W. Lawson

UNIT: Aircraft, Rescue and Firefighting

BILLET: Marine Combat Instructor of Water Survival

HOMETOWN: Seattle, Wash.

- Lawson has won every swimming competition he has participated in as part of the "101 Days of Summer" program.
- He started swimming when he was only 10 years old.
- He also participates in water polo, track and soccer competitions.
- He has been trained as a Marine Combat Instructor of Water Survival since October of 2003.

"Swimming takes more out of you than anything else. The amount of physical exertion is unlike anything else."

Intramural Soccer Standings

	Wins	Losses
Headquarters Bn.	4	1
3rd Radio Bn.	2	0
1/12	2	1
3/3	2	1
VP-4	1	2
CSSG-3	1	2
MAG-24	11	8

Intramural Soccer standings are current as of June 25.

COMMUNITY SPORTS

Sports Racing Abounds Fourth of July Weekend

•Sunday, Solo II or Autocross racing will be held at the Hawaii Raceway Park at the Campbell Industrial Park on Oahu and costs \$25 per driver. About 70 to 90 cars normally compete, from stock vehicles to racecars. This event's purely amateur; anybody can participate.

Each driver will receive four runs through the sports car course, and the driver with the single, fastest time in the class will win. Points acquired throughout the year accumulate for prizes and trophies by year's end. Minimum participation in more than half of the year's races, however, is required to be in the running for points and the run-off championship.

Autocross races are also scheduled Aug. 1, Oct. 3, Nov. 7 and Dec. 5. For more details, call Curtis Lee at 262-5987.

•On the Fourth of July, Wheel-to-Wheel and Solo I regional sports car races will get underway at Hawaii Raceway Park. All drivers must pass a driver's school to obtain a competition license, as the cars are raced at a much higher rate of speed (up to 140 mph) and passing is permitted. Also, both the driver and vehicle must comply with a number of safety features before they are permitted race entry.

Wheel-to-Wheel races are also scheduled on Sept. 6 and Nov. 13. For more

information, call Ed Kemper at 524-0330.

Sunday, HTMC Hikes Waikane Ridge

The Hawaii Trail and Mountain Club might literally separate the men from the boys and the women from the girls on a nine-mile, challenging hike of the summit in Waikane Ridge, Sunday. If you think you can handle this serious hike, get in touch with coordinator Darrell Teruya at 227-4572.

A \$2 donation is requested from each nonmember, ages 18 and over, and a responsible adult must accompany children under 18. Firearms, pets, radios and other audio devices are prohibited on all hikes.

Hale Koa Sponsors Summer Fitness

Kids from 9 to 15 years old who can swim 200 yards are invited to join the Junior Lifeguard Program at The Point Health Club at the Hale Koa Hotel. Beginners can sign up for lessons to be held next week, July 5 – 9, and advanced swimmers can further improve during a July 19 – 23 class.

Each program is limited to 15 participants. Call 955-9155 for more details.

Also, if tennis is your sport, make plans to "do" the Wimbledon Round Robin, July 10, and the Labor Day Weekend Tournament, Sept. 4 – 5. Call the Hale Koa Activities Desk for more details at 955-0555, ext. 546.

State Offers Free Recreation

The Hawaii Department of Land & Natural Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is July 9 from 5:45 to 10 p.m. and July 10 from 7:45 a.m. to 4 p.m. in Classroom #A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200.

MLS Soccer Camp is Coming

The Hickam/Pearl Harbor American Youth Soccer Organization (AYSO) is sponsoring a summer soccer camp by Major League Soccer Camps from July 12 to 16 at Hickam Air Force Base. Registration is open to boys and girls in ages 5 – 18. Session times and fees will vary by age.

Parents can surf www.aysoregion188.org to register online for this

camp, call 834-5645 or e-mail smithn013@hawaii.rr.com.

Also, AYSO will hold its final registration for fall youth soccer on July 31 from 2 to 6 p.m. at Hickam AFB's "BXtra." Registration is open to boys and girls ages 4 – 18 years old, and the season will run from August through early November. The AYSO registration fee is \$55, and proof of age is required for first-time registrants.

Parents can preregister by calling 834-5979 or e-mail registrar@aysoregion188.org for more information.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs.

For more information, call Turtle Cove at 259-4121. (Bring bottled water and sunscreen for outdoor activities.)

•Saturdays at 1 p.m., *History Tours by Van*: Learn about and see significant historical landmarks on Bellows Air Force Station.

•Sundays at 8:30 a.m., *History Tours by Bike*: Ride into off-limits areas on mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows AFS. Day rental of bikes and helmets is included; however, wear closed-toe shoes on this tour.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both.

Our two resident sports junkies welcome your e-mails of no more than 250 words. We will print the top comments of the week from our readers.

Contact Sgt. Lindsay at lindsayjb@mcbh.usmc.mil, or Capt. Robbins at robbinskd@13meu.usmc.mil. Remember, "If you don't speak up, you won't be heard!")

What are the worst sports movies ever?

Capt. K.D. Robbins
The Professor

Thanks to the likes of motivational speakers like Tony Robbins, or success coaches like Stephen Covey, American society has become one of optimism. However, neither Mr. Robbins, nor Mr. Covey could find a "glass is half full" way to justify the five worst sports movies of all time:

1) "Major League II" (1994) & "Major League: Back to the Minors" (1998): Yes, I can count; this represents two movies in one slot. But, neither rates a slot as an individual piece of cinematography. Getting rid of Jake Taylor (Tom Berringer), "Wild Thing" Ricky Vaughn (Charlie Sheen) and "Willie Mays" Hayes (Wesley Snipes)

takes all the star power out of this sequel.

In the third edition, movie-killer Scott Bakula ("Quantum Leap") guarantees "three strikes, you're out."

2) "Necessary Roughness" (1991): Scott Bakula returns to crush any hopes of sports movie success. NFL superstar Jim Kelly, heavyweight champ Evander Holyfield or former "Sports Illustrated," swimsuit edition, cover girl Kathy Ireland can't keep you in your seat. Watching them isn't "necessary roughness"; it is cruel and unusual punishment.

3) "Caddyshack II" (1988): What on earth was Chevy Chase thinking? Well, that might be taking it too far. After all, Chevy never saw a script he

See *PROFESSOR*, C-5

Sgt. Joe Lindsay
The Goat

There are a lot of terrible sports movies still out there. "Rocky V" was horrible. "Caddyshack II" makes you lose your faith in humanity, and "The Cutting Edge" makes you wish Tanya Harding were still on the figure skating scene.

But the five movies listed below had something that set them apart, a shared quality of sucking so bad that they have earned a spot on "The Bottom Line" tally of "Worst Sports Movies of All-Time List."

1) "Eddie" (1996): Any sports movie starring Whoopi Goldberg has to automatically be considered the worst sports movie ever made. Rosie

O'Donnell as her top assistant might have made it so bad that it was actually good. However, Rosie was not cast, and the movie only makes you hate the Knicks more.

The only bright spots are appearances by Dwayne Schintzius and Malik Sealy.

2) "Rollerball" (2002): With its lightning-fast cuts and edits, this film will give you more of a post-movie headache than "The Blair Witch Project." Couple that with the fact that this movie is flat out boring, and that the "Rollerball" distinction as a sport is suspect at best, and it makes for an hour-and-a-half of pure migraine torture.

It makes it hard to believe director

See *GOAT*, C-5

READERS STRIKE BACK

To "The Bottom Line,"

"Who cares if Kobe Bryant and Shaquille O'Neal get along? Not everybody can."

In regards to last week's column ("Should the Lakers keep Shaq or Kobe?" June 25, page C-3), I must say I have to agree with The Goat when he said that the Lakers shouldn't worry about the happiness of their two star players. They should worry about winning a championship instead.

Who cares if Kobe Bryant and Shaquille

O'Neal get along? Not everybody can. That doesn't mean you don't have a mission to accomplish.

The Lakers could learn a lot from the Marine Corps, i.e., (1) Mission Accomplishment and (2) Troop Welfare. The mission is to win the NBA championship. Troop welfare is if Kobe and Shaq are happy.

Well, if the mission is accomplished, chances are they will both be happy about it. There is your answer. Keep them both.

Also, please don't worry about keeping or not keeping Karl Malone. He was once a great warrior, but now is too old to be effective on the basketball battlefield.

For the Lakers to be effective though, they definitely need both Kobe and Shaq in Lakers purple and gold.

— Sincerely,
Jaime Cortez
George West, Texas



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NAPS

Featurettes

One person dies of melanoma, the most serious form of skin cancer, every hour in the United States. As the most common cancer in the U.S., skin cancer is one of a few cancers of which we know the main cause: sun exposure. Yet, 92% of women report they do not always wear sunscreen when going outside.

Whether you are soaking in the sun at the beach or simply gardening on a cloudy day, the risks of day-to-day unprotected sun exposure are the same: an increased risk of skin cancer.

Melanoma is on the rise. According to the Skin Cancer Foundation, during the past 10 years the number of cases of melanoma has increased more rapidly than that of any other cancer. More than 1.3 million new cases of skin cancer are reported each year, and that number



continues to grow. "Incidental sun exposure, UVA/B rays you're exposed to during your daily routine, puts your skin at risk every time you're outside or even sitting near a window," said renowned dermatologist and member of the Skin Cancer

Foundation's Medical Council, Darrell Rigel. "Twenty-two percent of women report only using sunscreen when they sunbathe, but the sun's harmful rays are just as strong in your neighborhood as they are on the beach."

On average, a person receives close to two-and-a-half hours of sun exposure each day. That is nearly 18 hours in a week, 925 hours in just one year, both exposing skin to sun's harmful rays, which can result in damage from sunburn, freckles and wrinkles — to even certain skin cancers.

While 79 percent of adults (aged 35 and older) report applying sun protection on children when they play outdoors; only 31 percent use sun protection on themselves. However, whether you have a light or dark complexion, you are at risk for sun damage and should use sun protection.

How can I keep myself safe?

- 1) Apply a daily moisturizer with broad-spectrum sun protection every day before going outside.
- 2) Apply sun protection lotion liberally and uniformly, and reapply every two hours when outdoors, or after swimming or strenuous activity.
- 3) Avoid sun between 10 a.m. and 4 p.m., when ultraviolet radiation is most harmful. Wear wide-brimmed hats, long-sleeved shirts, long pants and UV-protective sunglasses.
- 4) Examine your skin head to toe at least once every month, to detect new or changing birthmarks, freckles and moles — possible indications of skin damage.
- 5) Teach children good sun protection habits early to help prevent adult skin cancers.

Overexposure can leave its mark on your skin

NAPS

Featurettes

The American Academy of Dermatology estimates that millions of people will experience a skin pigmentation disorder at some point in their lives. For many, this will result in emotional distress, embarrassment and feelings of premature aging.

Liver Spots

It's important to remember to protect yourself from the sun all year-round. Too much ultraviolet radiation may cause blotchy, sun-damaged skin.

A common skin condition resulting from overexposure to the sun is solar lentigo, also known as sun, age or liver spots. They appear as flat, medium-to-dark-brown freckles typically on the hands, forearms, chest and face, and are usually about one to five centimeters in diameter.

By the time they've reached the age of 60, nearly 90 percent of light-skinned people develop this skin pigmentation condition, but few seek the advice of a dermatologist.

Melasma

Beyond exacerbating a pre-existing condition, the sun is also a key trigger factor in the onset of a skin pigmentation disorder called melasma. Melasma is characterized by dark spots or blotches on the face, forehead and neck. It results from excess melanin being deposited into the dermal or epidermal layers of the skin.

Hormones also play a role. Melasma, or the "mask of pregnancy," occurs in 50 to 70 percent of pregnant women and five to 34 percent of women taking birth control.

Treatment

Long-term management of these conditions involves sun avoidance, regular use of sunscreens (dermatologists recommend daily use of SPF 30 with frequent reapplication) and the use of nonhormonal methods of birth control. Intense or chronic exposure to the sun will worsen or precipitate recurrence.

In addition to a rigorous sun protection program, doctors may recommend a "depigmenting" topical product that may lessen the appearance of lesions on the face, forearms and hands. To find out more about such treatments, speak with a dermatologist.

SOCCER, From C-1

and this gives the kids a chance to remain active year-round.”

The average age of players here ranges from 5 to 16 years, and they are divided into different sections by their teams, said Kawada. All teams play a different service and team each week.

“There are no scores kept throughout the season, and no all-star are chosen,” said Kawada. “That is not our main focus here. We stay focused on learning the skills of the game and enjoying the participation.”

The Honolulu native also said the sport is well received by base children, especially by the younger ones as the game does not require a great deal of difficult coordination for them.

“This encourages fitness for them, even at a very young age,” said Kawada. “The sportsmanship they learn out here is great.”

Soccer season will continue until the end of August, with games on different bases each Saturday. For more information, contact your base’s youth sports coordinator.

PROFESSOR, From C-3

didn’t like.

Ty Webb is back, be it in a limited role, and Jonathan Silverman (of “Weekend at Bernie’s” fame) wastes any and all acting/comedy efforts to entertain us, as Caddyshack II is a definite slice into the water.

4) “The Karate Kid Part II” (1986), III (1989) & IV (1994): Mr. Miyagi is the only stability in this sequel to Daniel Laruso’s quest for martial arts glory. From the “crane” technique to beating drums in Okinawa, and Mr. Miyagi versus two Goliaths, Confucius says, “Don’t waste your time or money.”

5) “Rocky V” (1990): It stands alone. Heavyweight bust Tommy Morrison plays Tommy Gunn. After Stallone’s string bean son wins a

street brawl against some Philly thugs, you will wish you had a “tommy gun” to put you out of your misery.

Bottom Line: Every warrior lives for the draw and eventual dethroning of Apollo Creed (Carl Weathers). Somehow, the Italian Stallion then loses Mickey to a heart attack while losing his title to Clubber Lange (Mr. T) in the same night.

But, never staying down, his old buddy Apollo saves the day and quickly reteaches the southpaw how to fight — ghetto style. Later, he avenges Apollo’s death against our Cold War nemesis, Russian Ivan Drago (Dolph Lungren).

“Rocky V” only proves that no Apollo means no joy. Instead of the “Eye of the Tiger,” keep your eyes closed.

GOAT, From C-3

John McTiernan used to be respected.

3) “Celtic Pride” (1996): This Tom DeCerchio-directed film — starring Dan Aykroyd and Daniel Stern as fanatical Boston Celtics fans who kidnap an opposing team’s star player (Damon Wayans) to ensure Celtic victory — sounded like it would be funny.

It wasn’t.

4) “Kazaam” (1996): A Disney film that tries to rip off another Disney film (“Aladdin”), this farce starring Shaquille O’Neal is nothing more than a marketing ploy trying to get kids brainwashed into wanting M&Ms and Pepsi via none-too-subtle product placement shots.

The Goat still likes Shaq, but this film was moronically offensive, at best.

5) “Cool Runnings” (1993): At least it’s not another terrible basketball film. Instead, it is a

terrible bobsledding film.

Too bad this movie butchered what was otherwise a good story, the Jamaican Olympic Bobsledding Team. This one actually deserves to be remade, with real actors.

Sorry John Candy. The Goat still likes you. Oh yeah, never mind. You’re dead.

Bottom Line: The problem with most sports movies is that they try to be too funny. Well, sports are not funny.

Sports are life and death. Sports are what keep most middle-aged American males from driving home after a lousy day at work, closing the garage door and leaving their car running.

The only thing stopping them is that ESPN comes on in 10 minutes. And maybe after that, just maybe, “The Longest Yard,” “Bull Durham,” “The Hustler” or “Raging Bull” might come on. These are enough.