

Hawaii MARINE SPORTS

Hawaii Marine C Section

June 11, 2004

'101 Days' soccer wraps



Lance Cpl. Jared Piotts

Marine Corps Base Hawaii Soccer Team forward Victor Avalos, left, pushes the ball down the field during the 2003 soccer season. The 2004 soccer season for MCB Hawaii picked up in full swing Thursday.

Lance Cpl.
Michelle M. Dickson
Combat Correspondent

Soccer wrapped up on Monday night in the "101 Days of Summer" campaign, but a new, competitive soccer season began Thursday night.

"We hope to really get our heads together and perform better for the soccer season," said Lance Cpl. Jason O'Day, bulk fuel specialist for Headquarters Bn., MCB Hawaii. "We have to build ourselves up and learn to communicate with each other better. That's what has been the most difficult for us in the past."

The Pennsylvania native has been playing soccer for 15 years, but this is his first season aboard Kaneohe Bay.

"I really love the sport, and it really helps you get to know a lot of people," said O'Day. "It keeps me in good shape and relieves the stress that a day's work can inflict on somebody."

The 101 Days of Summer program abounds with a variety of competitions, giveaways, entertainment

See 101 DAYS, C-4

Intramural football players warm up

Lance Cpl. Megan L. Stiner
Combat Correspondent

It is the season again for helmets and pads, bleachers and fans. Around base here, teams from various commands are preparing to battle this year for the championship title. Yes, football fever is in the air.

Preseason conditioning actually begins in August; however, teams are forming now, and individuals are meeting and practicing conditioning exercises to get a jump-start on competing

units. Hard-core fans, though, must wait until September for the season to officially get underway.

Just in its third year, intramural football is fairly new to Marine Corps Base Hawaii. No other armed forces branches on the island provide a tackle football intramural program, but Marine Corps Community Services says it's been received with enthusiasm at Kaneohe Bay and Camp H. M. Smith. The previous two years, games have been well attended and the competitive spirit between units has made for a very suc-

cessful program.

"Every year the program generates more interest, fans and participation," said Joe Au, intramural sports coordinator here. "Since we [at MCB Hawaii] are the only participants, it really gives us something to be proud of."

Once the season begins, two games will be played per week in single, round-robin tournament style, until each team has played every other team. Then, once the regular season has ended, the playoff tournament will be scheduled and decided by a series of single elimination

games. The entire football season should last into the first week of December.

2003 ended in an upset. Marine Aircraft Group 24 began the year as the dominant force, vying to become returning champions, defending their title from the first season. The 2002 favorites did not make it into the playoffs in tackle football's second season.

Last year's championship title went to the Combat Service Support Group 3

See FOOTBALL, C-4

Shank & Slice to heat up at Klipper

Edward Hanlon V
MCCS Public Relations

It's all fair game on the fairways Wednesday, as the Single Marine & Sailor Program's Shank & Slice Best-Ball Tournament golfers hit the Kaneohe Klipper Golf Course.

This day on the links is open to unaccompanied E-5 active duty Marines and Sailors. Shank & Slicers will begin the tournament with a 12:30 shotgun start and end with sodas, pupus and prizes. Prizes will also be awarded by blind draw giveaway.

The cost for the tournament is \$25 and includes golf fees, a golf cart, pupus, sodas and prizes. Players can win awesome prizes from companies such as Papa

See SHANK, C-4

Swamp Romp guarantees fun in the mud

Edward Hanlon V
MCCS Public Relations

It's going to be survival of the toughest and the dirtiest at the 10th Annual JN Chevrolet CSSG-3 Swamp Romp, next Saturday, June 19, beginning at 7 a.m. from the Boondocker building (down the street from the Marine Corps Exchange Annex) here. However, be sure to arrive early for check in, which begins at 5:30 a.m.

Combat Service Support Group 3 and Marine Corps Community Services put on Oahu's dirtiest footrace, and the MCCS Athletics crew is still taking applications for a few good men, women and kids who want to get filthy dirty alongside other contestants.

The Swamp Romp is a grueling competition amongst teams of six individuals. An estimated five-mile course with various obstacles — including rope climbing, low crawls, mud pits and tunnel crawls — constitute the foot race. This challenge is a true test of physical skill and endurance, and the ability to work well within a team, as all six members must cross the finish line together in order to qualify.

Cost to participate is \$102 for all teams

registering today, which includes event T-shirts. A late fee applies starting tomorrow; therefore, prospective teams should be sure to pick up a race packet at the Semper Fit Center today.

Awards and medals will be provided to first, second and third place finishers. Mahalo is extended to Gatorade for providing refreshments for Swamp Romp athletes.

You don't have to get stuck in the mud; you can play in it at the CSSG-3 Swamp Romp. No need to worry about your car's upholstery either, as showers will be provided on-site to rinse off after the race — you'll definitely need one!

Spectators are invited to stop by to watch the start of the dirtiest action on the



Cpl. Jason E. Miller

Staying mud-free during the 2003 Combat Service Support Group 3 "Swamp Romp," wasn't an option, so some runners simply dove head-first into the wet dirt to get as filthy as possible.

windward side, or cheer along teams as they make their way along the Swamp Romp route.

Mega mahalo to JN Chevrolet, Running Room, Sprint PCS and Paradise Beverages for making this event possible.

For more details, call the Semper Fit Center at 254-7590.

BASE SPORTS

Edward Hanlon V
MCCS Public Relations

June
11 / Today

Cancelled Sports — In observance and remembrance of President Ronald W. Reagan, no base sports activities will be played today.

Pau Hana Pin Party — Head over to K-Bay Lanes for an organizational meeting regarding the Friday bowling league here. Tonight's meeting begins at 6, and league play will start June 18.

This mixed league is open to any combination of 18-years-and-older foursomes of all eligible patrons. Both men and women must pay the one-time sanction fee, and the weekly cost is only \$10, which includes three games, awards and a banquet ceremony.

Call K-Bay Lanes at 254-7664 for more information.

Soccer Coaches — Youth Activities is looking for anyone

interested in coaching Youth Soccer aboard MCB Hawaii. The season begins soon, and interested coaches can call 254-7610 for more details.

Give back to the community in a fun and meaningful way, and then brag about how much your team rules!

All-Marine Women's Softball — If you're an active duty Marine or a spouse of an active duty Marine who is interested in playing on the base Women's Varsity Softball Team, contact Marine Corps Community Services' Athletics, today. Trials will be held from Aug. 21 through Sept. 12 at Marine Corps Air Facility New River, so Athletics needs to field a winning team now.

Those selected to the All-Marine Team will compete in the Armed Forces Championship at Peterson Air Force Base, Colo., and athletes selected to the Armed Forces Team will compete at the Women's Nationals in San Antonio, Texas, from Sept. 24 through 26. Interested players should

contact MCCS prior to the July 10 registration deadline, and they must submit resumes along with command authorization to MCCS Athletics (located at the Semper Fit Center).

Call Coach Pagud at 753-5396 or Athletics at 254-7590 for more information.

All-Marine Golfers — Semper Fit is seeking résumés beginning today for 72-hole medal play at the All-Marine Golf Trials on Sept. 11 - 18 at Marine Corps Air Ground Task Force Training Center, 29 Palms, Calif. The top six men and top three women will then proceed to the Armed Forces Championship Sept. 19 - 25 at Fort Carson, Colo.

Interested Marines must submit résumés along with command authorization to the highest level of competition. Proof of handicap is required (4 and below for men, 14 and below for women). Résumés are due to MCCS

Athletics no later than July 10. Call 254-7590 for more details.

Youth Activities Cheerleading — Registration is underway beginning today for Youth Cheerleading. There are numerous leagues open for children born between '88 and '98. Practice begins in August; however, the season begins in October. Cost is \$40 for Youth Activities members, and \$50 for nonmembers.

Volunteer coaches are needed to make this league a success.

Call Youth Activities at 254-7611 for more details.

Summer Swim Lessons — Taking swim lessons from MCCS Aquatics can boost your confidence in the water, and may even save your life. Registration is underway beginning today at the Kaneohe Bay and Manana Housing base pools for swim programs in all age groups and abilities, from ages 6 months to adults. Sessions will run until August, and students can select from a number of schedules that best fit their own needs.

Swim lessons will begin around 9 a.m. and be offered until 5 p.m. Prices vary for individual lesson and private and semiprivate groups. Family discounts are also available.

Stop by either pool to register, or call 254-7655.

12 / Saturday

Okoye Sports Clinic — A free youth football clinic will be held at Pop Warner Field, Saturday from 10 a.m. to 3 p.m.

The clinic is accepting children from 8 to 18 years of age. They should bring shorts, a T-shirt, and a pair of tennis shoes.

For more information, call 909-481-3541.

Summer Bowling League — Lil' bowlers ages 4 - 6 can now get in on the pin action in the Pee Wee Summer Bowling League, which will run every Saturday through Sept. 25 at 10 a.m.

Older bowlers, ages 7 through 21, can check out the Junior Summer Bowling League, which will run concurrently with the Pee Wee league.

Both leagues will host awards banquets on Oct. 2. Call K-Bay Lanes for more information at 254-7664.

13 / Sunday

NASCAR Sundays — Beginning June 6, watch the excitement of NASCAR at Kahuna's Sports Bar & Grill. The club will open at 8 a.m. for breakfast and allows a pit stop for lunch and dinner too. Wear your favorite race driver's gear and receive \$1 off wings (dine-in only). All E-5 and below are welcome to stick around until closing at 8 p.m. Security is enforced.

14 / Monday

Youth Sailing Classes — Kids looking for something fun to do this summer can learn to sail their own boat, be their own captain and skipper their own sailboat. Ages 8 to 18 are welcome to check out the two-week Junior Basic Sailing Course, which is scheduled for Monday through Friday.

The first classes begin Monday, from 9 a.m. until noon, or 1 till 4 p.m. Additional courses will run throughout the summer at a cost of only \$99.

For more information on how your youngster can become a certified sailor, call the marina at 254-7667.



Lance Cpt. Michelle M. Dickson

Base All Star

NAME: Terry Snider

PROFESSION: Personal Fitness Trainer at Semper Fit Gym

AGE: 39

- Snider played football, basketball, baseball, and track at his Los Angeles, Calif., high school.
- He received a football scholarship to UCLA but had to turn it down after a motorcycle accident.
- Snider learned how to walk again after the accident even though doctors told him he never would.
- He served in the Army's Infantry for 3 years.

"There are a million workout routines, but doing them properly is the hardest part, and what people tend to have the hardest time with."

Intramural Volleyball Standings

	Wins	Losses
3/3 BAS #1	9	1
3/3 BAS #2	6	4
HSL-37	6	4
VP-4	6	4
CSSG-3	7	5
HQBN	2	8
3rd Marines	0	10

Intramural Volleyball standings are current as of June 4.

COMMUNITY SPORTS

Surf Aloha Kayak Contest Goes This Weekend

Fledgling or expert surf paddlers will get the opportunity to showcase their skills at the Surf Aloha Kayak Surfing Competition, tomorrow and Sunday at White Plains Beach in Kalaheo (former Naval Air Station) Barbers Point.

You will witness perfection at Oahu's only annual surf paddling event, co-sponsored by the Navy Region Hawaii Morale, Welfare and Recreation Division and Hui Waa Kaukahi Kayak Club, which provides classes for every type of surf kayak: "sit on top" recreational kayaks, closed deck kayaks, wave skis and even double kayaks.

Learn more about this contest at www.gobananaskayaks.com, or visit the Outdoor Adventure Center located at Naval Station Pearl Harbor in the Bloch Arena Complex.

For more details, call 677-3481.

Sunday, Pan-Pacific Festival Hosts Half-Marathon

Sunday at 5 a.m., runners will take their mark and embark on a 13.1-mile half marathon as part of the 25th Annual Pan-Pacific Festival. The race will begin at Ala Moana Regional Park (Magic

Island) and continue along Kalakaua Avenue, round Diamond Head (on Kahala Avenue), before finishing at Kapiolani Park.

Preregistration costs \$25 through tomorrow, \$100 on race day. All finishers will receive T-shirts, and proceeds will benefit the Leukemia and Lymphoma Society's Team in Training Program.

Pick up packets at The Running Room at 819 Kapahulu Ave., surf www.pacific-festival.com, or call 342-9411 for more details.

Sunday, HTMC Hikes Wahiawa Hills

Intermediate hikers can take a dip at a favorite swimming hole midway through Sunday's Wahiawa Hills roly poly trek, which begins at 8 a.m.

After tackling this four-mile jaunt, hikers will relish the great views of Waimanalo and the vicinity. To join the Hawaii Trail and Mountain Club on this six-mile jaunt, register with coordinator Peter Kempf at 384-2221.

Also, mark your calendars for a three-mile, intermediate hike in Kalani, June 19 at 8 a.m. The club will try something new by starting up on a road and walking down a pleasant ridge, returning

through a seldom-seen valley on this enjoyable loop. Call coordinator Joyce Oka at 674-1459 for specifics.

A \$2 donation is requested from each nonmember, ages 18 and over, and a responsible adult must accompany children under 18. Firearms, pets, radios and other audio devices are prohibited.

'Boat Smart' Sets Sail June 19

The Honolulu Sail and Power Squadron will offer a "Boat Smart" course on June 19 from 8 a.m. till noon at the Waikiki Yacht Club. The classes are free, but a \$25 fee will be collected for instructional materials, which include techniques of safe handling of sails and crafts, anchoring, basic knots, chart reading, the mariner's compass, piloting and more. You don't have to own a boat to attend.

Both would-be skippers and experienced captains, whether men, women or teenagers are invited, but the 20-seat capacity boardroom fills quickly, so registration is advised at 846-9000. The club is located at Ala Moana Beach Park, at the foot of Atkinson Drive.

Harvest Hawaii to Host X-Games
Spectators can expect a helping of fly-

ing gravel and the rumbling of revving motors when Harvest Crusades with Greg Laurie comes to town with Extreme Sports and Harvest Hawaii events, June 24 - 27.

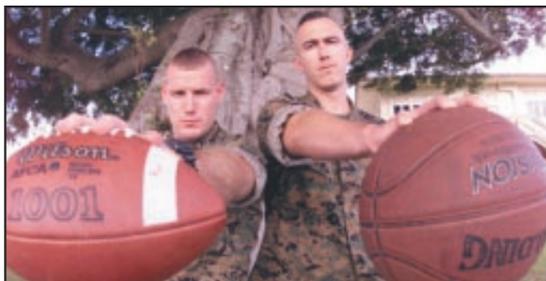
Youth and young adults can participate in BMX, Vert Skate, a SportsZone and KidsZone at Kapiolani Park, June 26 from 2:30 to 5 p.m. All can meet nationally ranked BMXer Thad Miller, nationally ranked skateboarder Lance Mountain and Honolulu-based skateboarder Orlando Baker, as well as numerous entertainers during "Summerfest."

Open to the public, youth and young adults are also especially invited to a host of contemporary performances by national and local performers each night at the Waikiki Shell beginning at 7 p.m., including an inspirational message from popular speaker Greg Laurie.

All events and parking are free. Gates will open at 6 p.m.

Hawaii Marine Accepts Sports and Recreation Briefs

Advertise sports and recreational activities by e-mailing items to editor @hawaiimarine.com, or call 257-8836 or 257-8837.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both.

Our two resident sports junkies welcome your e-mails. We will print the top comments of the week from our readers.

Contact Sgt. Lindsay at lindsayjb@mcbh.usmc.mil, or Capt. Robbins at robbinskd@13meu.usmc.mil.

Remember, "If you don't speak up, you won't be heard!")

"What ever happened to what's his name?"

Capt. K.D. Robbins

The Professor

On Dec. 21, 1969, in the small town of Donora, Penn., a prodigy was born.

George Kenneth Griffey Jr., son of Big Red Machiner Ken Griffey Sr., hit major league baseball by storm some 16 years ago.

Who could forget the acrobatic catches of the cat-quick perennial All-Star? Well, we could, that's who.

Who could forget the historic home run derby battles with the likes of Mark McGwire and Sammy Sosa? We could.

And, who could forget the hat turned to the back and the signature

smile of one of America's brightest young athletes? We did, and that's a cryin' shame.

Furthermore, what we most remember this star for is his battle with injuries.

From shoulders to ankles to hamstrings, chances are, if you have it, Ken Griffey Jr. injured it.

Don't move so fast though. The former young lion, turned Red Cross victim and now turned Super Dad, may have one or two surprises left up his Hall of Fame sleeves.

That's right, Hall of Fame sleeves. As of Monday, the Cincinnati Reds led the National League Central Division by one game.

See *PROFESSOR*, C-6



Sgt. Joe Lindsay

The Goat

After passing the 300-game victory milestone during the 2003 MLB season, and announcing his retirement at the age of 41, everybody thought Roger Clemens would be fishing right now and going to the Little League baseball games of his kids. Guess what folks? He is.

But he also has what arguably might be the best part-time job in the world. That's because Clemens has returned to his beloved home state of Texas to play for the surging Houston Astros, and his contract states he doesn't have to travel with the team or show up on any day that he's not actually pitching. It

doesn't get any better than that — or better than Clemens' performance so far this year.

At the time of this writing, Clemens is 8-0, tops in the National League, both in terms of victories and winning percentage. He also ranks second in NL ERA at 2.27, and second in "K's" with 81.

But perhaps what is most amazing about Clemens' efforts is that he seems to be getting even better with age. Just don't tell "The Rocket" that, as one reporter recently learned the hard way.

Told by a reporter that he didn't expect the soon-to-be, 42-year-old Clemens to be dominating the NL

See *GOAT*, C-6

READERS STRIKE BACK

"Laker haters cannot find fault in Kobe's game, so they resort to ... off-court issues"

Capt. Clown,

First of all, you need to get a dose of reality ("Who will win the NBA

Finals?" June 4, page C-3). You sound like a Laker hater who is trying to convince yourself and other losers (clowns), that the Pistons have

a real shot at winning the NBA championship. Laker haters cannot find

See *STRIKE BACK*, C-6

101 DAYS, From C-1

and educational opportunities for the military throughout the summer, said Dan Dufrene, the health promotion coordinator for Marine Corps Community Services.

"The next events we have coming up in the near future are the Shank & Slice Golf event, the Swamp Romp [competitive fitness challenge] and the swim meet," Dufrene added. "The entry deadline for the golf event is June 14th [Monday], and it's for E-5 and below."

Dufrene hopes that more people choose to participate in the 101 Days of Summer programs.

"It's fun and it promotes friendly competition," he said. "It's a really great program that anyone can look-

ing to do something productive with their leisure time should look into."

The campaign is in its second year and has been expanded to give Marines, Sailors and family members more outlets to better use their free time, explained Dufrene.

"During this program, we encourage the military to play sports, to have some positive options to turn to during their leisure time," he continued. "It's friendly competition that builds camaraderie."

The "101 Days of Summer" campaign kicked off May 20 and continues through September. Its aim is to provide a variety of activities and sports here as an alternative to illegal drug use, as well as to promote responsible use of alcohol within the military.



SHANK, From C-1

John's, Windward Community Federal Credit Union, Maui Tacos, GEICO insurance company, Dream Cruises and Fuji Film Hawaii.

Those interested in participating and spending the day on the spectacular Klipper course, should call 254-7593. All entry forms must be delivered to SM&SP, located in Bldg. 1629, or to the Semper Fit Center or the Camp Smith Fitness Center.

FOOTBALL From C-1

Outlaws who defeated the 1st Battalion, 12th Marine Regiment Bulldogs, 7-6, in the final game of the season.

According to Au, this year, the 30-man teams may be comprised of 11 players on the field — instead of nine players, so this year's outcome might depend even more upon each unit's roster of talented (or untalented!) players.

"[Since] players from some of the teams are already getting together to practice on their own," said Au, "this shows how serious the players really are about this tackle football program. It is a really positive thing."



Kristin Herrick

Intramural football games don't kick off until September, but some hard-core players have already begun training.

STRIKE BACK, From C-3

fault in Kobe's game, so they resort to singing the same old song and talk about off-court issues. Let the judicial system and Kobe Bryant handle off-court issues and you try giving us something of substance that makes basketball sense.

For you to gloat about the Sixers beating the Lakers at home (one game) and not even mention that the Lakers beat the Sixers three consecutive games on their home court to win the NBA championship, leads me to believe that you are a loser searching for hope.

You sound like Kevin Garnett when the Lakers finished them off, and he stated, "You have to look for something positive out of something negative."

Heck, that's what losers say. If they were winners, they would not be search-

ing. Here are a few facts:

The Lakers put away the Spurs and Timberwolves in six games without home court advantage.

They have home court advantage against the Pistons, and the Lakers have not lost at home throughout the playoffs. The Boston Red Sox have a better chance of winning the World Series than the Pistons beating the Lakers at their home court.

The NBA championship was actually played last week between the Lakers and the Timberwolves.

You need to stop begging and hoping for a miracle.

The article you wrote did make me laugh, just like the clowns at the circus. I understand what you are trying to do; you are trying to draw interest to the NBA finals by making everyone believe

the Pistons have a chance, because if you did not, it would be like watching the Sopranos this Sunday and someone telling you ahead of time who is going to get killed (Pistons).

Remember, basketball is played on a hardwood floor, not an ice rink (no "Miracle" on ice). I hate beating a dead horse to the ground, so when you can find some life in the circus you are bringing to town, let me know, because I know a clown who is looking for work.

— Roy Estrada
#1 Laker Fan
Vista, Calif.



Dear "Bottom Line":

With a win in game one, the Detroit Pistons' "ugly" play proved a lot of so-

called experts wrong ("Who will win the NBA Finals? June 4, page C-3), and also right at the same time.

How can that be? Easy. Detroit doesn't have the answer for Shaq, but their defense shut down the rest of the team. Without the rest of the team, the Los Angeles Lakers will never reach 90 points.

Why do I bring up that number? Detroit's "D" has made that figure a dream for most opponents. Detroit has made a job of stopping some of the leagues' best offenses.

With this defense, Detroit's play has been tagged as "ugly." When did defense stop being important? I always thought defense wins championships.

In this case it will. Detroit in six games!

— Aaron Cram
Midwest City, Okla.

PROFESSOR, From C-3

That's right, the same team slated to finish dead last by most prognosticators, is leading its division. The Reds have some talented young players. But, it is the resurgence of "Griffey power" (17 HR, 47 RBI) that has the Big Red Machine kicking on all cylinders.

The 1997 MVP is closing in on the magic 500 home run club, and he shows few signs of looking back. More importantly, his injury résumé reads only a stiff hamstring on May 4, 2004.

Bottom Line: It might just be

a bit early to give him a World Series ring or an MVP award. But, it is time to give Ken Griffey Jr. his due.

In the day of Balco scandals (Barry Bonds), corked bats (Sammy Sosa) and overstocked payrolls (Yankees and Red Sox), there is still a great story to tell. In remaining loyal to his dad's hometown team, his steadfast work ethic and resiliency through injury after injury, "Junior" represents what is great about baseball.

He may not be as flashy, and he may not have the same swagger as some of the "superstars" in the game today, but then again, who would want to?

GOAT, From C-3

like he is, Clemens showed his famous, volatile side, shooting back at the reporter with disgust, saying, "What's the surprise? I would hope you've been paying attention for 20-something years."

Indeed, Clemens has been the consummate pitcher for the past three decades, winning six Cy Young awards ('86, '87, '91, '97, '98, '01), an AL MVP ('86), and an All-Star game MVP ('86), as well as being named to the All-Century Team ('99). Throw in three World Series rings for good measure, 318 wins and 4,180 strikeouts (second all-time), and there are not too many this side of Cy Young himself who could argue that there's anyone better.

The sick thing is, he is still better at his age than anyone pitching today, and though Roger might sock you in the nose for saying that, it really has caught pretty much everybody off

guard. Everybody but Clemens, that is.

Bottom Line: Hey, Ken Griffey, congratulations on getting to 500 homers. You should have by now, or maybe you got hurt again. Never mind, we'll wait.

Hey, Barry Bonds, looks like you are surviving all the media-inspired, steroid hype. Keep your head up, but you're not the biggest story either.

Clemens is the surprise of the year, so far in the MLB. And it's only going to get bigger, especially when Clemens steps up to the mound in front of the home fans in July, as the NL starting pitcher for the All-Star game.

What would really be huge, though, would be if Roger could bring a first-ever World Series to the Houston Astros. That's probably not likely, but then again, neither is a 41-year-old, plus 90 mph pitcher who completely dominates.