

# LIFESTYLES



## Kilauea Military Camp

### Explore volcanic beauty, waterfalls

Story and Photos by  
**Sgt. Alexis R. Mulero**  
*Community Relations*

**KILAUEA MILITARY CAMP** — When most Marines at MCB Hawaii, Kaneohe Bay, are asked to describe the “Big Island”, they usually talk about Pohakuloa Training Area and the month they spend training atop lava rocks and in freezing temperatures.

But what most Marines tend to forget is that the island of Hawaii is much more than a training ground for Oahu-based military. It is home to Madame Pele, the goddess of volcanoes. In her fiery and majestic domains lies one of the military’s most timeless resorts.

Kilauea Military Camp (KMC) puts vacationers in the heart of creation, with full service amenities and recreation near the active volcano Kilauea.

The camp was founded in 1916 as a private business by several Hilo businessmen who, in 1921, sold it to the U.S. Army because it was not profitable. In 1953, the camp went from sole Army control to a Joint Service Recreational Center. Today, the camp operates under a special permit from the National Park Service.

Additionally, KMC is open to all active and retired military, Reserve and National Guard members, family members, current and retired Department of Defense civilian employees and sponsored guests.

At more than 4,000 feet above sea level, the cottages available at KMC are tastefully decorated and seem more like suites. All are equipped with fireplaces and living rooms.

The prices range from \$45 to \$117 per night and are priced according to rank, amount of rooms needed, and additional luxuries such as kitchens and Jacuzzis.

During their stay, guests have a myriad of options on how to spend their day, whether hiking through one of the many volcanic trails, knocking pins at the bowling alley, playing ping pong and billiards at the Activity Lodge or teeing it up at a nearby 18-hole course.

While at the camp, guests may enjoy eating at the KMC Café, where breakfast, lunch and a specialty buffet for dinner are served every day.

For guests wanting to enjoy nightlife without leaving the facility, the Lava Lounge offers live entertainment or karaoke and a mixed variety of drinks to enjoy.

Vacationers wanting to explore the island’s most popular sights may do so on their own or by taking advantage of KMC’s low-cost



Guests can enjoy several breathtaking waterfalls during the Hilo Tour.

group tours that include the Volcano Chain of Craters Road Tour, which takes guest from the top of Kilauea Volcano down to the ocean’s edge, travelling through miles of landscape touched by past and present lava flows.

The Volcano Crater Rim Tour, offers close-up crater views of Kilauea Volcano with stops at its museum, lava tube, and at the Halemaumau Crater.

*See KMC, B-4*



Learn about the mysteries of ancient Hawaiian life when visiting Pu’uhonua o Honaunau National Historical Park during the Circle the Island Tour.

### Marines head up security at the mountain retreat

**Sgt. Alexis R. Mulero**  
*Community Relations*

**KILAUEA MILITARY CAMP** — When 3rd Marine Regiment units return to MCB Hawaii, Kaneohe Bay, from a seven-month deployment to Okinawa, they usually assign some of their Marines to the Fleet Assistance Program (FAP).

Some of the Marines get assigned to Personal Services, the Mess Hall or other supporting units. Most, however, get “FAPd” to the Military Police Co., Headquarters Bn., MCB Hawaii.

A small percentage of Marines assigned to MP Co., may get stationed at the Kilauea Military Camp, located at more than 4,000 feet above sea level and within the boundaries of the Hawaii Volcano National Park, where they work for approximately six to seven months.

The six or seven Marines assigned to KMC work 24 hours on and 48 off. While on guard, some of their duties include security checks of all buildings within the facility, the walking night patrol to ensure everyone remains safe and adheres to local policies, assisting National Park Rangers with law enforcement and crime prevention measures, and conducting money escort and cash deposit verification for all federal services.

“We like the extra responsibility given to us and we get a little more freedom and time to relax, said Lance Cpl. Aaron Anderson, a mortarman with Weapons Co., 1st Bn., 3rd Marine Regiment.

Although 48 hours may seem like a lot of time off, it’s during that time that the FAPd Marines catch up on their fitness, training and rest.

*See SECURITY, B-4*

Right — Visitors will enjoy beautiful scenery and breathtaking views during all of the Kilauea Military Camp tours. The Camp provides packages that take tourists all around the Big Island of Hawaii.



Punalu’u Black Sand Beach is one of the many wonders that await travellers on their visit to the “Big Island.”



Above — Nightly guardsmen overlook the perimeters of the religious grounds at the Pu’uhonua o Honaunau National Historical Park to make sure no enemy intruders access the grounds.

Right — Many beautiful beaches surround the volcanic island of Hawaii.



# MCCS

MARINE CORPS COMMUNITY SERVICES  
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## POSSIBILITIES IN PARADISE

By Debbie Robbins, MCCS Public Relations

### JUNE Today

**A Touch of Class** — Get yourself one step closer to your college degree and register now through June 28 for the next on-base college term that runs July 1 – Sept. 10.  
Discover the many college benefits available to both active duty military and adult family members at the Joint Education Center.

Secure your future with higher education. For more details, call 257-2158.

#### 22 / Saturday

**Radical Reading** — McDonald's of Hawaii and the Base Library proudly present a Summer Reading Program happening now – Aug. 10.  
All base children are challenged to read books throughout the summer to earn special awards. Parents are welcome to read to preschool-aged children.

For more information, contact the Base Library at 254-7624.

#### 23 / Sunday

**Follow the Lure of ITT** — This pricey paradise we call home doesn't have to drain your pocketbook if you properly utilize your Information Ticket & Tour Office.

Discount tickets to the Polynesian Cultural Center, Sea Life Park, dinner cruises, museums, whale-watching adventures and much more are offered every day of the week at Kaneohe Bay's Mokapu Mall and at Camp H.M. Smith Monday – Friday.

Whether you plan to dazzle out-of-town guests or intend to pretend you're on holiday, the ITT professionals will provide you with many recreational opportunities.

For more information, call ITT Mokapu Mall at 254-7563 or ITT Camp H. M. Smith at 477-5143.

#### 24 / Monday

**Money, Money, Monday** — It's Double Coupon Day all day at the 7-Day Store. Authorized patrons may redeem most coupons and receive twice the savings.

Some restrictions may apply.

Call the 7-Day Store for details at 254-7645.

#### 25 / Tuesday

**Key Volunteer Training** — All military spouses interested in becoming a liaison between the command and family members are invited to attend the next Key Volunteer Training scheduled Tuesday through Thursday from 8:30 a.m. – noon at the KV Center, Bldg. 3022.

For more information, contact Toni Spofford at 257-2410.

#### 26 / Wednesday

**Wicked Wing Wednesday at the Rocker Room** — All Staff NCOs are invited to tantalize their taste buds with some sweet, hot and spicy wings beginning each Wednesday at 4:30 p.m.

Club members and their guests may indulge in their favorite wicked

wings in four flavors: teriyaki, honey mustard, hot and barbecue.

Patrons may also order wings "to go" for just 50 cents more.

Bring your darts. Bring your pool cue. Bring your appetite.

For more information, call the Rocker Room at 254-5592.

#### 27 / Thursday

**Summer Storytime Special** — In conjunction with the Exceptional Family Member Program, the Base Library will host a special Storytime session from 10 – 11 a.m.

Auntie Lori will dazzle young guests with stories about special needs children and how these traits make each individual distinctive and remarkable.

For more details, call 254-7624.

#### 28 / Friday

#### Musical Sunset Picnic

— The Child Development Center will host a band concert and family picnic June 28 from 5:30 – 7 p.m. on the CDC grounds — Bldg. 6111 across from the Marine Corps Exchange.

All base families are invited to listen to the Marine Forces Pacific Band and bring in a picnic basket.

Celebrate summer at sunset.

For more information, call the CDC at 257-1388.

#### Deals on Wheels

The Auto Hobby Shop, located in Bldg. 3097, hosts a weekly auto auction where wheels get new owners for as little as \$100.

Call 254-7674 for more. Here are the latest Deals on Wheels up for auction:

Year	Make	Lowest Bid
1986	Corolla	\$300
1989	Grand Am	\$600
1988	Honda Civic	\$4,400
1994	VW Golf	\$700
1989	Maxima	\$500

### SM&SP



All events are open to single, active duty military.

The SM&SP Office is located in Bldg. 219. Call 254-7593, for more info.

#### Program Review

**BayFest Volunteers Sought:** It's not too early to be thinking about Windward Oahu's largest water sports festival. Many volunteer positions are available. Call SM&SP for information.

**Saturdays:** Ocean-side Paintball lets your "inner-predator" come out to play on Saturdays from 9 a.m. – 4 p.m. and Sundays, noon – 5 p.m. Call SM&SP for information on equipment rental fees.

**Monday - June 28 and Aug. 5 - 9:** Sailing classes get underway at the Base Marina. Classes are convenient and inexpensive. You'll be captain after your first lesson.

#### SM&SP Benefits

Single Marines and Sailors enjoy these:

- At the Klipper Golf Course — free range balls, club rental at \$5 and 18 holes of play for \$8.

- At K-Bay Lanes — games at \$1.50 each, free shoe rental (Mon. - Thu.), and no-tap at \$15 on Thursday at 8:15 p.m.

#### We Got It Goin' On

Have your voice heard. Make a difference. Get involved. Grow. Have a blast.

The Single Marine & Sailor Program is all about that and more.

## Mokapu student receives \$1,000 from MCX

Middle and high school students are eligible for many quarterly awards, if they maintain good grades

Debbie Robbins  
MCCS Public Relations

Making the grade really does pay off. Just ask 11-year-old Natalie Guest, the \$1,000 U.S. savings bond winner of the Marine Corps Exchanges' Super Star Student program June 7.

Pioneered through the Marine Corps Community Services headquarters, the Super Star Student Program reaches out to all military family members in grades 6 – 12 who maintain a B grade average.

Eligible students simply bring their quarterly report card, with at least a B average, and their military I.D. card to the MCX to receive a bumper sticker and a scratch card.

Star scratch cards reveal prizes like compact discs, stuffed animals, disposable cameras and more.

Each of the 16 worldwide MCXs receive two grand prize scratch cards containing the \$1,000 U.S. saving bonds. Interested students must bring their report cards no later than 30 days after issue to the MCX. Kids then have 30 days to collect their prize.

The Super Star Program site resides in the



GUEST

Customer Services section inside the MCX.

Beverly Borges, Retail Programs assistant and Super Star Student Program coordinator, said she hasn't seen this much excitement since Willy Wonka's quest for the golden tickets. According to Borges, the program provides a venue so that the MCX can reward students for a job well done. The program will continue in the 2003 school calendar year.

When many 11 year olds carry cash, they are compelled to purchase video games, clothes and candy — not Natalie Guest. As this \$1,000 richer preteen makes certain, her money will be saved

for college.

"I really want to be an Egyptologist," said Guest. Behind her studious, thin-wired glasses, the serious yet light-hearted 11 year-old is articulate and ambitious for her future.

"I couldn't believe I won the Super Star Student's grand prize," noted Guest. "It's great that our Marine Corps Exchange gives prizes to kids for doing a good job in school."

The 6th grader from Mokapu Elementary School spends most of her time studying Egyptian culture, designing web pages and hanging out with friends. Guest and her family are relocating to Camp Pendleton this summer.

What does all this mean? It means kids need to earn good grades in school. It means the MCX goes the extra mile to enhance the quality of life for military personnel and their family members. It means that one \$1,000 U.S. savings bond is still waiting to be claimed at the MCX!

For more Super Star Student Program information, call the MCX at 254-3890.



Debbie Robbins

Above — Students in grades 6 - 12, who maintain a B grade average, are eligible for several prizes in the Super Star Student Program. Below — Students receive "superstar" notice of their award.



## MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free.

Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Please show your ID at the box office.

Phone 254-7642 for recorded info.

- High Crimes (PG13)
- The Sweetest Thing (R)
- Murder by Numbers (R)
- Van Wilder (R)
- \*\*Catch the free screening of: \*\*Hey Arnold! The Movie (PG)
- Van Wilder (R)
- High Crimes (PG13)
- Scorpion King (PG13)
- Murder by Numbers (R)

- Today at 7:15 p.m.
- Today at 9:45 p.m.
- Saturday at 7:15 p.m.
- Saturday at 9:45 p.m.

- Sunday at 3:30 p.m.
- Sunday at 7:15 p.m.
- Wednesday at 7:15 p.m.
- June 28 at 7:15 p.m.
- June 28 at 9:45 p.m.

(\*\*The base theater doors will open at 2:30 p.m. for this free screening.)

# K-Bay spouse receives national VIP award

Stephane Jones-Ortega receives the 2002 "Very Important Patriot Award of Honor"

**National Military  
Family Association**  
Press Release



The Very Important Patriot (VIP) Program recognizes 15 exceptional volunteers worldwide — five Very Important Patriots, five Awards of Honor and five Awards of Merit recipients — for their outstanding service that contributes to improving the quality of life in their military

and neighboring communities.

Active duty, guard, reserve, and retired members of the seven uniformed services and their family members and survivors are eligible to receive the awards.

**The 2002 recipients of the five Very Important Patriot Awards are:**

- Master Sgt. James C. King of Camp Pendleton, Calif.;
- Navy Chief Warrant Officer 2 David W. Olson of Naval Computer and Telecommunications Station, Guam;
- Air Force Capt. Sarah U. Cleveland of Keesler Air Force Base, Miss.;
- Senior Airman Seth D. Ehrlich of Dyess AFB, Texas; and
- Sgt. Tim Anthony Chambers of Henderson Hall, Va.

Each of the five VIP recipients and a companion receive air accommodations to Washington, D.C. During their stay in the nation's capitol, they receive a \$1,000 cash award, meet with senior leaders of their individual services, visit with their elected officials on Capitol Hill, attend the National Military Family Association (NMFA) annual meeting and luncheon, and meet the generous sponsors of the VIP Program.

**The recipients of the 2002 Very Important Patriot**

**Award of Honor are:**

- Stephane Jones-Ortega, a Marine Corps family member at MCB Hawaii;

- Janet Peppers, an Air Force family member at Stanger, Norway;

- William A. Mereno, a retired Sailor at Naval Support Activity, Norfolk Va.;

- Janet A. Clossman, a retired Air Force service member at Dyess AFB, Texas;

- Air Force Staff Sgt. Charla Lindsay of Keesler AFB, Miss.; and

- Air Force Chief Master Sgt. Anthony J. Gojmerac of Hickam AFB, Hawaii.

**The recipients of the 2002 Very Important Patriot Award of Merit are:**

- Veronika Lancaster, a Navy family member at the U.S. National Element, Larissa, Greece;

- Navy SH1 Jacqueline Hester of Transient Personnel Unit, Va.;

- Air Force 2nd Lt. Gregorio Armand of Randolph AFB, Texas; and

- Air Force Lt. Terrill McCall of Keesler AFB, Miss.

Preserving the value of the commissary benefit as a savings for our uniformed service families and a contribution to their



**JONES-ORTEGA**

quality of life has been a long-standing goal of NMFA. As well, NMFA continues to work closely with the management of the Defense Commissary Agency (DeCA) and applauds DeCA's current Customer Appreciation Program, which encourages activities such as the Very Important Patriot recognition.

The NMFA is grateful to its sponsors for their generous support and is proud to be a part of this exciting program.

The National Military Family Association is a non-profit, predominately volunteer organization with membership from the active duty, retired and reserve components of the seven uniformed services, to include family members and survivors. It is the only national organization whose sole focus is the military family and whose mission is to serve those families through education, information and advocacy.

For more information about the VIP Program, or to read more about any of the awardees, visit <http://www.nmfa.org/VIP/VIPFact.pdf>.



Above — One of the Pouahala students hurls herself off of the high dive at the pool. Below — Pouahala Elementary School students gathered in the corner of the pool, prior to swimming, to receive a safety brief from one of the lifeguards.



Swimmers took advantage of the pool's waterslide while enjoying a day in the sun at the K-Bay pool. The elementary school students swam for nearly three hours while they visited the base.

## Pouahala learns about military, enjoys facilities

Story and Photos by  
Cpl. Jason E. Miller  
Combat Correspondent

Dozens of energetic children from Pouahala Elementary School in Kaneohe, visited the MCB Hawaii, Kaneohe Bay, base swimming pool June 4, as part of Headquarters Bn.'s Adopt-A-School program.

Nearly 50 children returned for their second visit in two weeks, having viewed a free movie at the base theater while here on their first visit.

The successful first outing at K-Bay prompted Marines and Sailors to invite the school back for another day of fun.

The program's sponsor, Master Sgt. Duane Keys, MCB Hawaii's equal opportunity advisor, met the two school buses at the front gate and led the guests to the pool area where warm sun and crystal blue water beckoned everyone on hand to cool off.

After a brief class from one of the pool's lifeguards, the children quickly leaped into the shimmering water. Kids hurled themselves off of the diving boards and down the waterslide, splashing with the kind of reckless abandon that children possess.

"It's near the end of the school year for these chil-

dren, and it's time for them to have some fun," said Keys. "We lost a little of the focus we had had with the community after September 11 — because of all of the security issues — but since then, we're getting back to where we were in helping support the school."

Many of the children visiting Kaneohe Bay had never been on the base before, so it was a surprise to them to see that an entire community existed in such a small area.

Part of the Adopt-A-School program's purpose is to educate children on what exactly Marines and Sailors do. Their field trip not only allowed them to have a good time, but also to learn about the military.

"We love coming out here, because it really psyches the kids up," said Lisa Yamashiro, a 6th grade teacher at Pouahala. "Most of these kids don't get a chance to come on the base, and they really like to see the military."

"This year, all of the programs have been really good, and we've had a really nice experience working with the base," she added.

The kids finished their day at the base with lunch at the Anderson Hall dining facility, then headed back to school with full bellies and a better understanding of MCB Hawaii.

## Summer heat requires extra care with pets

Sgt. Robert Carlson  
Press Chief

As the weather in Hawaii heats up, residents aboard MCB Hawaii are urged to take extra care with their four-legged friends.

Dogs left outside base housing units can overheat quickly if not provided with enough shade and water.

Marine Corps Base Hawaii has rules in place to ensure the safety of both animals and other base residents.

Dogs may be left outside for periods of up to four hours at a time if they are provided adequate food, water and shade.

In addition to protecting dogs from the heat, pet owners are required to pick up after their pets while walking in common areas.

Plastic shopping bags are excellent for picking up after a pooch during a walk, and owners should carry enough bags to cover any unexpected emergencies along the way.

Base housing yards must also be kept clean and free of any droppings in order to keep the animals, and other residents, safe from bacteria and disease.

Responsible pet ownership requires a little work, but keeping the animals safe will extend the pleasure a loyal and furry friend can bring.



Sgt. Robert Carlson

Extra care is required during summer months to keep animals safe and healthy.

SECURITY, From B-1

"When we go back to our unit with dozens of new Marines under our leadership, we don't want to show up out of shape," said Cpl. Brian Dorman, an anti-tank assaultman with Bravo Co., 1/3. "We want to provide a good example."

On their time off, the Marines find time to explore the volcanic beauty surrounding them.

"There is different scenery here," said Anderson. "This is much different than tourist-filled Oahu."

Upon return to their parent commands, the Marines will have to change life at the Kilauea Military Camp for the vicious cycle of a unit getting ready to deploy.

"It's a change of pace," said Dorman about the retreat. "When our time here is up, we will be recharged and ready to go."



The steep drop off amazes all who visit Akaka Falls, north of Kilauea Military Camp.

## KMC: Breathtaking views are plentiful

From B-1

Kilauea Military Camp's tour offering of Hilo Town takes guests to the world-renowned Mauna Loa Macadamia Nut Farms, Big Island Candies and some breathtaking views at Akaka and Rainbow Falls.

Once a week, the Circle the Island Tour explores the beauty and rarity of Punalu'u Black Sand Beach, the mysteries of ancient Hawaiian life at the Pu'uuhonua o HoNaunau National Historical Park, and lunch at the beachfront town of Kona.

Reservations are accepted, up to a year

in advance, except during peak seasons such as spring break, winter break, mid-June through mid-August and federal holiday weekends.

Retired military and DoD employees may book no earlier than 60 days in advance.

To take advantage of KMC's volcanic beauty and various tour offerings, visit its web site, [www.kmc-volcano.com](http://www.kmc-volcano.com).

From Oahu, call 438-6707 for reservations. From all other locations, call (808) 967-8833 or (808) 967-8834.

Visitors can e-mail at [reservations@kmc-volcano.com](mailto:reservations@kmc-volcano.com).



Above — A state-protected turtle sunbathes at a black sand beach. Left — The goddess of volcanoes, Madame Pele, is seen in a painting at the Jaggar Museum.

# Foundation provides grants to families with special needs

**Ed Josiah**

*Personal Financial Management Counselor,  
MCCS, Personal Services*

Currently, about 5,000 Marine Corps families are enrolled in the Exceptional

Family Member Program (EFMP). The program is designed to provide assistance to family members with special needs before, during and after relocation due to Permanent Change of Station (PCS) orders.

An exceptional family member is defined as an authorized family member residing with the sponsor who may require special medical or educational services based upon a diagnosed physical, intellectual or emotional handicap such as asthma, cerebral palsy, mental retardation, dyslexia, attention deficit disorder, attention deficit hyperactivity disorder (ADHD) and autism. The disabilities may range from mild to severe.

The Marine Corps Exceptional Family Member Assistance Fund has awarded 21 grants totaling \$31,964 during the past two years. The fund was established through the Community Foundation for the National Capitol Region, to help meet the needs of disabled Marine Corps family members. The grants were made possible through generous private and corporate charitable donations. All donations made to the fund are used to assist Marine Corps special needs families.

"In keeping with the philosophy that "we take care of our own," the purpose of this endowment is to develop a resource that Marine Corps families can look to for assistance not covered by insurance or other means," said Belinda Sims, Exceptional Family Member program manager at Headquarters, Marine Corps (HQMC).

This year, an HQMC panel consisting of subject matter program managers from various disciplines (including Marine Corps Family Team Building, Children Youth and Teens, and TRICARE) reviewed 10 applications.

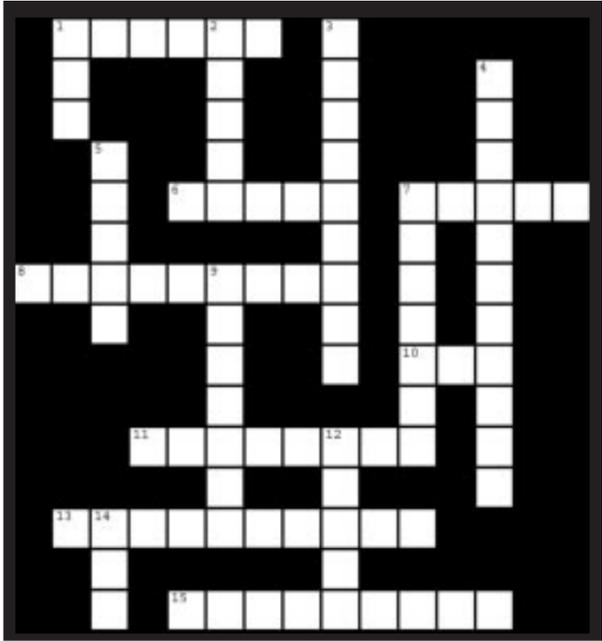
The panel prioritized the applica-

tions according to program guidelines and recommended the following grants:

- A \$4,200 grant to cover the cost of alternative therapy for a spouse diagnosed with breast cancer who has not responded to standard chemotherapy. The therapy is a 21-day intervention into habits and behaviors that have blocked good health.
- A \$3,000 grant to cover the cost for orthodontic services for a 13 year-old with cerebral palsy. The orthodontic services will improve the child's speech and help with self-esteem.
- A \$2,600 grant for an 8 year-old diagnosed with oppositional defiant disorder and ADHD to attend a 4-week academic and outdoor summer camp to help avoid a relapse in his progress.
- A \$1,793 grant to purchase a therapeutic tricycle for a 6 year old who has autism and developmental delay. The tricycle will improve physical development and quality of life.
- A \$1,664.84 grant to cover the cost of attending the Autism Society of American Annual Conference, for a family to learn how to better communicate and improve the quality of life of their 11-year-old with autism.
- A \$1,593 grant to purchase a wheelchair for an 11 year old with cerebral palsy. The special wheelchair will provide independence and mobility.
- A \$1,500 grant for a 5 year-old with autism to attend 100 hours at a therapeutic program called "Together We Grow."
- A \$1,200 grant to cover lodging and expenses for the family of a 6 year old who needs a liver transplant. The child is being evaluated for inclusion to a sec-

*See EFMP, B-7*

## Test Your Knowledge: Hurricane Season



### ACROSS

1. A Category One storm has \_\_\_ wind speeds.  
6. First and most important when facing a hurricane threat is to use common \_\_\_.  
7. Indicates the possibility of hurricane conditions within 36 hours.

8. A severe tropical cyclone with sustained winds of 74 mph or greater. Hazards include high winds, heavy rainfall, flooding, storm surge and high surf.  
10. Major hurricane in Hawaii in 1982.  
11. While storm surge is always a

potential threat, more have died from inland \_\_\_ in the last 30 years.  
13. A tropical \_\_\_ is an organized system of clouds and thunderstorms with a defined surface circulation and maximum sustained winds\* of 38 mph or less.

### Hurricane Season

15. Hurricane should begin long before the event occurs.

### DOWN

1. "Tropical cyclone" is a generic term for a \_\_\_ pressure system.  
2. The greatest potential for loss of life related to a hurricane is from the storm \_\_\_.  
3. History teaches that a lack of hurricane \_\_\_ and preparation are common \_\_\_ threads among all major hurricane disasters.  
4. Tropical \_\_\_ means winds of less than 38 mph, which are not expected to increase within 48 hours.  
5. An organized system of strong thunderstorms with a defined surface circulation and maximum sustained winds of 39-73 mph is a tropical \_\_\_.  
7. Indicates that sustained winds of at least 74 mph are expected within 24 hours or less.  
9. A hurricane is a type of tropical \_\_\_.  
12. This September 1992 hurricane left 14,350 homes or destroyed homes on Kauai.  
14. Strong winds and rain surround a central, calm \_\_\_.

*(Stumped? See page B-6.)*

# On the Menu

Anderson Hall will prepare the following this week.

## Today

### Lunch

Seafood Platter  
Fried Fish Nuggets  
Fried Shrimp  
Fried Scallops  
Breaded Oysters  
Lasagna  
Baked Ravioli  
Macaroni and Cheese  
Chewy Nut Bar  
Yellow Cake Layer  
w/Butter Cream Frosting  
Asst. Fruit Pies

### Dinner

Roast Pork Loin  
Barbecued Chicken  
Mashed Potatoes  
Steamed Rice  
Chewy Nut Bar  
Yellow Layer Cake  
w/Butter Cream Frosting  
Asst. Fruit Pies

### Specialty Bar

(For Lunch and Dinner)  
Pasta Bar

## Saturday

Dinner/Brunch  
Herbed Rock Cornish Hen  
Grilled Strip Loin Steak  
Rice Pilaf  
Mashed Potatoes  
Asst. Fruit Pies  
Chocolate Chip Cookies

## Sunday

Dinner/Brunch  
Yankee Pot Roast  
Baked Ham  
Mashed Potatoes  
Candied Sweet Potatoes  
Chocolate Layer Cake  
w/Chocolate Cream Frosting  
Asst. Fruit Pies

## Monday

Lunch  
Meatloaf  
Pork Ham Roast  
Steamed Rice  
Mashed Potatoes  
Chocolate Chip Cookies  
Asst. Fruit Pies

### Dinner

Beef Brogoul  
Fresh Baked Cajun Fish  
Mashed Potatoes  
Steamed Rice  
Chocolate Chip Cookies  
Asst. Fruit Pies

### Specialty Bar

(For Lunch and Dinner)  
Taco Bar

## Tuesday

### Lunch

Simmered Corned Beef  
w/Mustard Sauce  
Honey Glazed Cornish Hens  
Parsley Buttered Potatoes  
Egg Noodles  
Peanut Butter cake  
w/Peanut Butter Frosting  
Asst. Fruit Pies

### Dinner

Turkey Pot Pie  
Sweet & Sour Pork  
Steamed Rice  
Parsley Buttered Potatoes  
Peanut Butter Cake  
w/Peanut Butter Frosting  
Asst. Fruit Pies

### Specialty Bar

(For Lunch and Dinner)  
Taco Bar

## Wednesday

### Lunch

Pork Adobo  
Beef Yakisoba  
Steamed Rice  
Pork Fried Rice  
Oatmeal Cookies  
Strawberry Shortcake  
Asst. Fruit Pies

### Dinner

Steak Smothered w/Onions  
Southern Fried Catfish  
Mashed Potatoes  
Steamed Rice  
Oatmeal Cookies  
Strawberry Shortcake  
Asst. Fruit Pies

### Specialty Bar

(For Lunch and Dinner)  
Hot Dog and Sausage Bar

## Thursday

### Lunch

Turkey A La King  
Beef Porcupines  
Mashed Potatoes  
Boiled Egg Noodles  
Marble Cake  
w/Chocolate Cream Frosting  
Pineapple Upside Down Cake  
Asst. Fruit Pies

### Dinner

Braised Liver w/Onions  
El Rancho Stew  
Honey Ginger Chicken  
Steamed Rice  
Boiled Egg Noodles  
Marble Cake  
w/Chocolate Cream Frosting  
Pineapple Upside-Down Cake  
Asst. Fruit Pies

### Specialty Bar

(For Lunch and Dinner)  
Taco Bar

# Marine Makepono

"HAWAIIAN FOR "MARINE BARGAINS"

## Vehicles

**1997 Mercury Mystique**, 51K, V-6, A/C, 5-speed, leather, CD, cruise control, dual exhaust, power everything. New tires and all maintenance records. Immaculate, must see. Only \$7,500. Call 224-1121.

**1995 Nissan Altima GXE**, 4-door sedan, champagne beige, 85K miles, in excellent condition. Asking \$5,850. Call 230-8305.

**1991 Volvo 740**, silver, pow-

er windows and doors, automatic sun roof. Asking \$4,850. Call 254-3174.

## Miscellaneous

**Dining room table**, turtle-shaped sand box, end table, baby stroller, suitcase, clothes, housewares and more. Call Tina at 254-0859.

## Real Estate

**For Sale**, 2BR/2.5 bath townhouse, gated on Kaneohe Bay, has upgraded kitchen and

bathrooms, large attic, pool, Jacuzzi, two parking spaces, boat ramp and more. Pets are O.K. For sale fee simple by owner, \$239,000. Call 235-8821.

## Yard Sales

**Saturday, June 22**, from 7:30 a.m. till noon, get scuba gear, tour bikes and many more bargains at 6460-A Woodward Court (at the end of Cochran St. across from the new housing development).

Free Ads--Free Ads--Free Ads--Free Ads--Free Ads

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service workers. Ads are free and will appear in two issues of the Hawaii Marine, or as applicable.

The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication. Forms may be filled out Monday through Friday from 7:30 a.m. to 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216, aboard Kaneohe Bay.

Makeponos may be used only for noncommercial classified ads containing items of personal property offered by and for individuals authorized to use this service. Such ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served, space-available basis. Call 257-8840 for more.

## Answers to Crossword (from B-5)



## Did You Know?



NAPS

If you coat baked potatoes with vegetable oil before you pop them in the oven, they will come out a beautiful golden brown.

**Worth Repeating: "Live together like brothers and do business like strangers."**  
—Arabic proverb



*EFMP, From B-5*

ond transplant center list.

- A \$240 grant to cover the cost of a 2-week summer day camp for a 4 year-old with Down's syndrome. The camp will help to improve developmental delays and quality of life.

- A \$200 grant to cover the cost of respite care for the parents of two special needs children. Respite care will provide the parents with time apart from their children and will improve the quality of life for this family.

"Caring for a family member with special needs can require assistance and care beyond the financial scope of most Marine Corps families," said Sims. "Medical or adaptive equipment, therapeutic intervention programs, respite care and specialized childcare are just a few of the additional demands," he explained.

While the Marine Corps cannot solicit donations, those wishing to make a tax-deductible charitable contribution can do so by contacting the Foundation at (202) 955-5890.



Lance Cpl. Jessica M. Mills

## Retiree Day

The MCB Hawaii Retired Activities Program hosted its annual luncheon June 14 at the Fairways Club to update retired leathernecks in Hawaii about Marine Corps issues. Brigadier Gen. Jerry C. McAbee, MCB Hawaii commanding general, provided the keynote address and answered questions. "Just because these military members are retired does not mean we forget about them," said Kim Gates, an Information and Referral Services coordinator (with MCCS).

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# WORD TO PASS

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## Heald College Holds Open House

Participants can learn about the hottest careers in business, technology and healthcare at the Heald College, Honolulu Campus, Open House, tomorrow from 10 a.m. - noon at its 1500 Kapiolani location. Attendees will also get tips on how to prepare for jobs in the 21st century at this free event, which is open to the public.

Heald is a nonprofit college, accredited by the Western Association of Schools and Colleges. It offers 18-month degree programs in accounting, business software applications, computer business administration, computer information technology, electronics technology, hospitality and tourism, medical assisting and more.

Call 955-1500 for more about Heald College, its financial aid and scholarship programs.

## Navy League Seeks TV Volunteers

A new monthly TV show called "Now Hear This," to be produced by the East Oahu Council of the Navy League of the U.S., will begin in September on Oahu's Olelo community access Channel 52.

The program will highlight some of the more unique and often unpublicized activities of the Navy, Marine Corps and Coast Guard in Hawaii.

Volunteers are needed to help produce the show, which will be run entirely by volunteers and local residents who are interested in such TV production aspects as camera operations, audio engineering, videotape editing, directing and other critical areas like script writing.

Oleo will provide required training that qualifies volunteers to operate its equipment. What's more, the Navy League will pay for volunteer training of anyone helping with the monthly production.

Give your time, learn new skills, and pick up

certification, as well. Call local council president Bill Bigelow at 373-7867 to volunteer, or email him at alohabilly@aol.com.

## Aquarium Hosts Tours

Each summer, the Waikiki Aquarium offers educational field trips, activities and special events for the community. Enjoy one of the following:

- *Tuesdays, July 23 - Aug. 20, 8:30 - 10 a.m. or 10:30 a.m. - noon:* Your youngest learners, from 1 to 3 years old, can make ocean discoveries of amazing undersea exhibits during "Small Fry." Through craft, play and guided exploration, this introduction to sea life can't be beat. Youngsters must be accompanied by an adult, and pre-registration is required at \$70 for adult and child.

- *Sunday, 7:30 - 10 a.m.:* Families and adults can explore shoreline, reef conservation and tide pool habitats during "Explore the Reef by Day." The minimum age is 5 years old, and youngsters must be accompanied by an adult. Pre-

registration is required at \$10 adults, \$8 children.

- *Friday, June 28, 7 - 9 p.m.:* Explore the night-time reef without getting wet. In this lights-out tour of exhibits, families and adults can discover the changes that take place when the sun goes down. Minimum age is 5 years old, and youngsters must be accompanied by an adult. Preregister for \$7 adults, \$6 children.

- Contact the Aquarium at 923-9741.

## WAVES Seeks Members

Active, retired and female reservists of the Sea Services are invited to get involved with the local chapter of WAVES, Na Nalu O'Hawaii.

Meetings are held every second Saturday. For more information, call Eugenia Woodward at 623-4735.

## Theater, Festivals Get Underway

If you want to be entertained, catch any of the following performances.

- *Saturday, Dragon's Dance:* The Hawaii Theater presents a new concert of

classical Okinawan Women's Dances, June 22 at 5 p.m. Tickets cost \$15. Call 528-0506.

- *July 19 - Aug. 11 at Diamond Head Theater:* "You Somebody," a world premiere musical by columnist Lee Cataluna. Performances are scheduled Thursdays through Saturdays at 8 p.m. and Sundays at 4 p.m. Tickets cost \$10 - \$40. Call 733-0274 for more details.

- *July 26 - Aug. 4 at Hawaii Theater:* "Once Upon One Kapakahi Time." Call 528-0506 for more information.

- *Honolulu Theater for Youth:* Stimulating and entertaining plays for children of all ages and adults are scheduled throughout the year by the Honolulu Theater for Youth. Call HTY at 839-9885 for a current schedule.

## Word to Pass Receives Faxes

If you have "Word to Pass," fax your items to the *Hawaii Marine* at 257-1289, two weeks prior to the date of your event.