

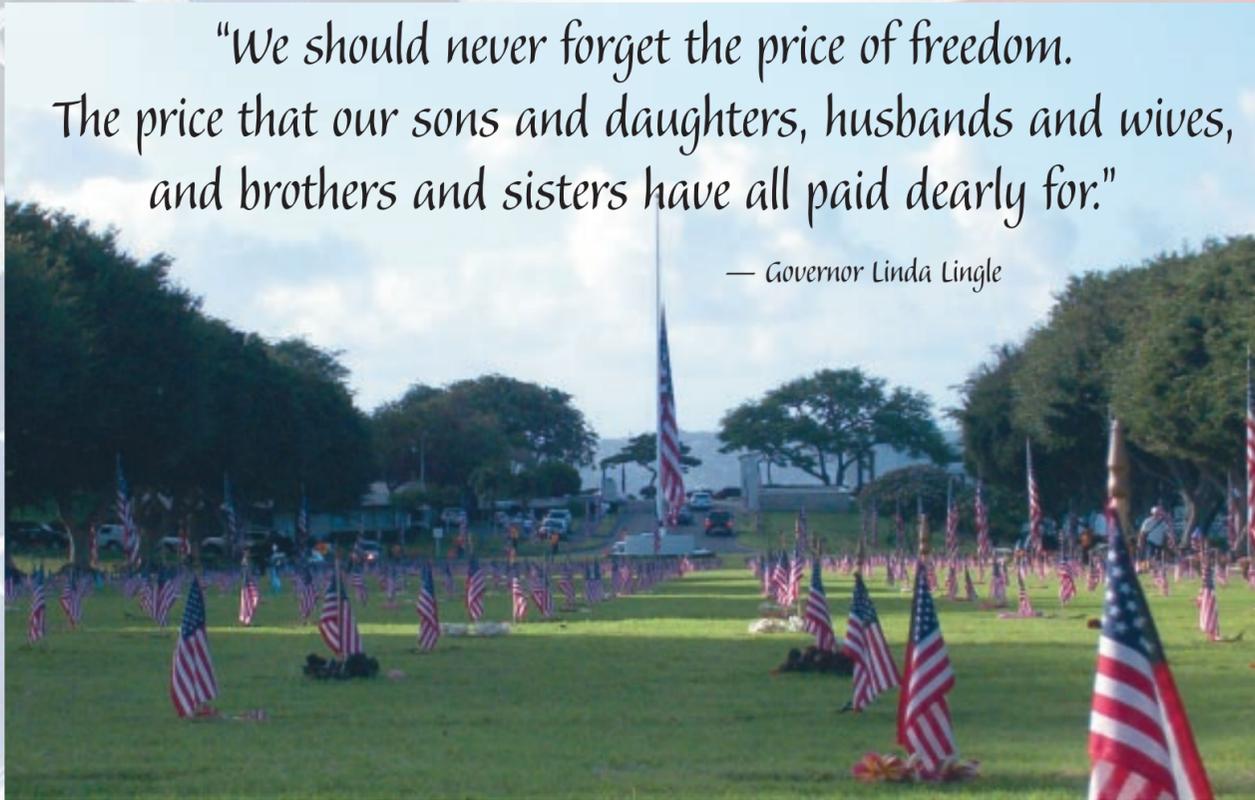
# LIFESTYLES

Hawaii Marine B Section

June 4, 2004

"We should never forget the price of freedom. The price that our sons and daughters, husbands and wives, and brothers and sisters have all paid dearly for."

— Governor Linda Lingle



Cpl. Danielle M. Bacon

## The ultimate sacrifice

Thousands gather to honor those who paid the price for freedom

**Cpl. Jessica M. Mills**  
Sports Editor

**KANEOHE** — Thousands across Hawaii observed Memorial Day in ceremonies and rituals that honored loved ones and fallen comrades, and prayed for the safe return of Americans deployed overseas. Some even paused to honor those who made the ultimate sacrifice for our freedoms — to put the "memorial" back in the observance — during the National Moment of Remembrance, the national act of unity in which all Americans were encouraged to remember fallen patriots at 3 p.m., Monday.

Locally, more than 700 people — mostly veterans, military personnel and their families, and support organizations — attended the annual Governor's Memorial Day Ceremony, Monday afternoon at the Hawaii State Veterans Cemetery here. Military representatives from each service and two dozen veterans marched forward, proudly carrying a ceremonial wreath to place on the Memorial Plaza in honor of those lives lost in the past, proceeding amidst graves bright with Memorial Day flowers and flags, and a gray sky, gorged with oncoming rain.

The first drops began to fall as the Master of Ceremonies, retired Command Sgt. Maj. Miles Miyamoto, U.S. Army Reserves, announced the



Sgt. 1st Class Wayne T. Iha

**Attendees at the Governor's Memorial Day Ceremony in Kaneohe watch four CH-53D Sea Stallions from MCB Hawaii execute a flyover in honor of their fallen brothers.**

joint services color guard, which included Marines from MCB Hawaii, Kaneohe Bay, and members of the Hawaii Royal Guard.

As they posted the flag, the rain pelted down on the ceremony. It continued to soak attendees throughout the "National Anthem" and "Hawaii Ponoii," as each stood fast in salute.

Following the welcome remarks by Maj. Gen. Robert G. F. Lee, the adjutant general for the State of Hawaii, a musical presentation of Lonestar's "I'm Already There" was performed by Sgt. Samuel Hesch of the 111th Army Band, Hawaii Army National Guard.

Hawaii Gov. Linda Lingle gave the

Memorial Day Address and paid tribute to those service members who have lost their lives protecting our freedom, and to those who are currently deployed to Iraq, Afghanistan and other areas of the world.

Lingle commented about the viewpoints of some state residents and their adverse positions about the war and its mission, although they are supportive of service members. She said the comparisons between

Vietnam and Iraq are unimportant.

"We should never forget the price of freedom. The price that our sons and daughters, husbands and wives, and brothers and sisters have all paid dearly for," said Lingle. "I hope that kind of talk ceases, at least here in [Hawaii], and we simply focus on supporting our troops and their mission ... they are involved in. Our prayers are with those who serve us all over the world."

Following the address, Lingle and Lee laid a memorial wreath onto the Memorial Plaza representing all of Hawaii and its prayers.

The 536th Maintenance Co., 17th Combat Support Bn., Schofield Barracks, rendered honors with a rifle salute, followed by "Taps" performed by the 111th Army Band.

Before the ceremony ended, four CH-53D Sea Stallions from Marine Heavy Helicopter Squadron 362, MCB Hawaii, Kaneohe Bay, executed a flyover over the cemetery in honor of their fellow warriors and families.



Susana Choy

(Right) Master Gunnery Sgt. Ted Allen, maintenance chief with Marine Helicopter Training Squadron 301, joined about 30 other members of the MCB Hawaii Motorcycle Association to pay tribute to fallen service members by placing flags on their graves, Saturday.



Susana Choy



Susana Choy

The Mayor's Memorial Day ceremony at the National Memorial Cemetery of the Pacific at Punchbowl, Monday, was one of many held to honor those who paid the ultimate price for freedom and their country. The Punchbowl cemetery is the final resting place of nearly 40,000 veterans and their family members.

# MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

## POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

### June

#### 5 / Saturday

**Talent Show** — Come watch some serious talent when comedians, musicians, singers and dancers converge on the "Best of the Best Armed Forces Talent Show" at Kahuna's Sports Bar & Grill, Saturday. Open to all 18 years and older who are E-5 and below (and equivalent DoD civilians and sponsored guests), the final show begins at 8 p.m., and admission is \$5.



#### 9 / Wednesday

**Summer Adventure** — Youth Activities members are invited to "Summer Adventure" from this Wednesday through Aug. 20. The program will include weekly field trips to local points of interest, indoor and outdoor games and activities, swim-

ming, arts and crafts, and sports clinics. Plus, participants get an Adventure T-shirt, afternoon snacks, and admission fees to all field trips.

Enrollment is limited, and fees are based on total family income, per DoD fee guidelines. For more information, call 254-7610.

#### 12 / Saturday

**BayFest Battle of the Bands** — Star 101.9 and Kahuna's Sports Bar & Grill will be rockin' out to some of the islands' most talented rock and roll bands on Saturday at 10 p.m. The winner will go on to compete in the final Battle competition at the Wave Waikiki on June 26 for a chance to open up for Liz Phair at BayFest on July 2.

Look for details in upcoming issues of the *Hawaii Marine* for names of competing bands.

**Rocker Room B-Day Bash** — The Staff NCO Club is celebrating its birthday with a "Beach Party Birthday Bash" at 6:30 p.m. Entertainment will include contests such as the limbo, the belly flop and karaoke, as well as mega music and door prizes.

Call 254-5481 for more information.

#### 16 / Wednesday

**Summer Reading** — The McDonald's Summer Reading Program will kick off at the base theater at 12:30 p.m. with a special appearance and show by Ronald McDonald himself. Children of all ages are encouraged to read books all summer and earn special awards.

For more information, contact the base library at 254-7624.

**Marriage Skills** — If you're thinking about marriage, then get in the know and attend the next Marriage Skills Workshop, June 16 - 17. Learn more about becoming a successful military family, couples' communication, budgeting and finances, and other resources available to make your relationship a success.

Call 257-7780 or 257-7781 to register.

#### 19 / Saturday

**Kahuna's Texas Hold'em** — It's your turn to buy in, as Kahuna's is hosting a Texas Hold'em Tournament for all E-5 and below at 7 p.m. The tournament is limited to the first 50 people, and the entry fee is \$5 for all players. The top three players will go on to compete in the base wide Texas Hold'em Tournament at Fairways.

Prizes and a chance for bragging rights are all at stake at this event, so bring your best game. Dealers are still needed. Call 254-7660 for more details.

#### 20 / Sunday

**Father's Day Brunch** — You don't have to travel far or spend a lot to show dad how very much you appreciate him, as you can find the way to your dad's heart at the Staff NCO Club or at the Officers' Club. Let Marine Corps Community Services do the cooking with a delectable Father's Day Brunch cooked up especially for the man of the house.

Reservations are required, so call the Staff NCO Club at 254-

5481 and the Officers' Club at 254-7650.

#### 23 / Wednesday

**NCO Appreciation** — Invite your noncommissioned officers to the Rocker Room from 4:30 to 6:30 p.m. for 25-cent wings, cool beverages and a bit of camaraderie.

#### 24 / Thursday

**O'Club Block Party** — The new porte cochere and landscaping are finished, and the front entrance has a refreshing, beautiful look at your Officers' Club. Celebrate summer and the new scenery with merriment and munchies at the O'Club Block Party beginning at 5 p.m.

#### 26 / Saturday

**Toga! Toga! Toga!** — Kahuna's Sports Bar & Grill is hosting its 2nd Annual Toga Party, and all E-5 and below, DoD equivalent and sponsored guests are invited. All menu items will be \$1 off for those dressed in costume, and the best dressed will garner prizes.

Kahuna's will open at 6 p.m., so get there early. For more information, call 254-7660.

**Casino and Latin Night** — Try your luck at the Fairways Ballroom from 6 to 8 p.m. when bingo, black jack, the roulette wheel and Texas Hold'em Poker throw down. Also, be sure to get in on the door prizes and cheap eats. Admission will be \$5 for members and \$8 for nonmembers.

Plus, don't forget to break-away from the casino and head

on over to the Rocker Room for Latin Night at 8 p.m.

### September

#### 16 / Thursday

**Island Getaway** — If you have friends and family on the West Coast, bring them to the islands with the Hawaii Aloha Tour package, Sept. 16 - 20. For \$729 per person (based on double occupancy) the package includes roundtrip airfare from/to Los Angeles International Airport, four nights of hotel accommodations at the Outrigger East in Waikiki, plus tickets to the Polynesian Cultural Center Alii Luau, a Hawaiian beach party, Pearl Harbor's Arizona Memorial and the Honolulu City Tour.

Space is limited to 50 people, so call now for reservations at 254-7413.

### Ongoing

**7-Day Store** — The 7-Day Store, located on Lawrence Road, is now open 24 hours. Alcohol, however, is not sold between midnight and 6 a.m.

**Family Child Care** — Family Child Care is a home setting child care service provider operated by the Marine and Family Services Division of Marine Corps Community Services, with certified providers trained in child development, nutrition, guidance and more.

To find a Family Child Care provider, call the Children, Youth and Teen Programs officer at 257-7430.

## SM&SP



All events are open to unaccompanied and active duty military, E-5 and below. The SM&SP Office is located in Bldg. 1629, inside the Kahuna's Recreation Center. Get more details on activities at [www.MCCSHawaii.com](http://www.MCCSHawaii.com) under the "Semper Fitness" icon, or call 254-7593.

#### Upcoming Events

**Today - June 22, from 5 to 6 p.m.:** Take advantage of the Golf Clinic by golf pro Pat Clark every Tuesday through June 22. Get your game "up to par" by participating in this specially priced offer at \$40, a whopping 50 percent discount on regular golf clinics. This opportunity is only available to E-5 and below.

**June 16:** Stay tuned for more details on the next Shank & Slice golf tournament.

#### SM&SP Benefits

Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:

• **At the Tennis Courts:** You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. to 12 p.m. Call 258-8081 to make your reservations.

• **At the Kaneohe Klipper Golf Course:** Practice your swing with free range balls, club rental at \$5 per set, 9 holes of play at \$5, or 18 holes of play for \$9.

## Registration underway for BayFest events

**Bobbie Brock and Edward Hanlon V**  
MCCS Public Relations

For the past 15 years, BayFest, Oahu's biggest summer carnival, has grown exponentially and matured from what started as the Windward Family Festival in '89. This mega-thrilling festival is chock-full of numerous contests, games, competitions, entertainment, displays and spectacular fireworks — all surefire guarantees to keep you, your family, your friends and your neighbors (and strangers too!) amused and delighted throughout the entire Fourth of July weekend.

July 2, 3 and 4, you can be part of the merrymaking. Certain events, however, require you to make preparations or participate in early registration. So, get going now to join the Nutri-Fit BodySearch Fitness Challenge, the Bathtub Regatta, and/or the Strongman Competition.

#### Nutri-Fit BodySearch Fitness Challenge

The Nutri-Fit BodySearch Fitness Challenge will be held Saturday, July 3, at 3:30 p.m. This brawn and beauty battle pits the hottest, hardest bodies up against each



other for cash, prizes and the title of the Nutri-Fit BodySearch Fitness Challenge "King" and "Queen."

If you think you have what it takes to win, call 254-7597 to enter.

**The Bathtub Regatta**  
If you think you're handy enough to build a boat (that will actually float, at least for a few minutes), then sign up now for the Bathtub Regatta. The Bathtub Regatta is a free race for all four-person military, civilian and corporate teams that have created a homemade boat, and are willing to put their crafts to the test.

The event begins at 1:30 p.m. at the BayFest waterfront on Sunday, July 4. Prizes will be awarded in various categories, including "First to Sink."

Call 254-7655 to register.

#### The Strongman Competition

You might be tough and you might be handy, but you'd better be the strongest to survive the Strongman Competition. This is a pure muscle-match where five-person teams are challenged with power-demanding feats, including truck pulls, barrel carrying and axle runs.

If you are positive that you can handle the challenge, call 477-0498 for more information.

McKenna Motors BayFest is an annual event organized by Marine Corps Community Services Hawaii that is open to the public.

Proceeds from this event enhance the quality of life for Marines, Sailors and their family members stationed aboard Marine Corps Base Hawaii.

BayFest strives to convey an appreciation to the local community and to pay homage to military members who sacrifice themselves for America's freedom.

For more details about BayFest 2004, surf [www.BayFestHawaii.com](http://www.BayFestHawaii.com).

## MOVIE TIME

*Prices: Adults (12 and older) are \$3, children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16 years old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.*

*Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.*

Hellboy (PG-13)	Today at 7:15 p.m.
Walking Tall (PG-13)	Today at 9:45 p.m.
The Girl Next Door (R)	Saturday at 7:15 p.m.
The Whole Ten Yards (PG-13)	Saturday at 9:45 p.m.
Home on the Range (PG)	Sunday at 3:30 p.m.
The Whole Ten Yards (PG-13)	Sunday at 7:15 p.m.
Hellboy (PG-13)	Wednesday at 7:15 p.m.
The Girl Next Door (R)	Thursday at 7:15 p.m.
Jersey Girl (PG-13)	June 11 at 7:15 p.m.
Hellboy (PG-13)	June 11 at 9:45 p.m.

# Base asked to pull plug on waste

Energy Office urges all to do their part in saving energy

**John Dunbar**

*Resource Efficiency Manager*

Just how much money do we waste due to faulty exterior lighting and by leaving lights and office equipment on overnight and on weekends here? You might be surprised by the following statistics:

- One high pressure sodium exterior building light uses approximately .06 kilowatts of electricity per hour. If the light remains on during the daytime for 12 hours it wastes 7 cents. Not a lot, you say? Well, one building with the typical six exterior lights left on all day long wastes about \$150 per year.

- One fluorescent office fixture with four lamps uses approximately .12 kilowatts of

electricity per hour. Leaving it on overnight for 10 hours wastes 12 cents. Again, this may not seem like much, but that's just one fixture and one day.

A typical office is outfitted with about 40 fixtures. Do the math.

When left on overnight and over the weekend, you can waste as much as \$2,400 per year in just one office.

- One copy machine uses approximately 1.5 kilowatts of electricity per hour and when left on overnight and on weekends, this wastes \$765 per year.

- One personal computer and printer uses about 0.5 kilowatts of electricity per hour and when left on overnight and on weekends, these waste \$250 per year.

"According to the Environmental Protection Agency [EPA], lighting accounts for up to 25 percent of all electricity sold in the United States," said the Leviton Institute, which



gives consumers advice about safe electrical practices and affordable developments in home electrical devices. "As the warmer weather approaches and gasoline prices skyrocket on their way to \$3 a gallon this summer, there is a way to fight back."

The institute further suggests following the following tips within homes and offices:

- Turn off lights when you leave a room or when they aren't needed.

- Keep bulbs and lighting fixtures clean for maximum lighting output.

- Install energy-efficient, compact fluorescent lights, which give off less heat and use as much as 75 percent less ener-

gy than regular bulbs.

- Pull the plug on instant-on appliances (such as televisions) when you don't plan to use them for a few days or more. They draw current even when they're switched off.

- Use task lighting directed at a specific area instead of overhead or general lighting.

- Turn off unnecessary lights since much of the energy used is given off as heat that your air conditioner will have to work harder to compensate for.

- Keep windows clean so daylight can come through better; you'll use fewer lights.

- Install outdoor motion detectors to light walkways and outdoor areas. This spares the expense of leaving floodlights on all the time.

- Install electronic timers to control fans and indoor and outdoor lights. You can program these to remain on for a specified interval and then shut off.

- Install occupancy sensors to automatically switch on lights when a person enters a room, and off after the area is unoccupied. These are ideal for walk-in closets and hallways, laundry rooms, basements, work areas, tool sheds and garages — all the places where lights may be needlessly left on for hours or even days at a time.

- Install dimmer switches in place of light switches. Dimmers not only enhance the atmosphere of a room, but also use less electricity. For example, a light bulb at 50 percent brightness uses approximately 40 percent less electricity. A dimmer switch also extends the life of your bulbs. A bulb at 50 percent brightness will last approximately 20 times longer.

For more details about how you can help save energy aboard Marine Corps Base Hawaii installations, or in your home, call the Energy Office at Base Facilities, 257-2171, ext. 251.

## Online MBA available

Cameron University set to provide MBA degrees

**Marine Corps Community Services**

*Press Release*

QUANTICO, Va. — The U.S. Marine Corps and the University of Oklahoma have developed an agreement to provide the Master's of Business Administration (MBA) degree through Cameron University for the Marine Corps. This agreement allows the University of Oklahoma to use the Marine Corps' Satellite Education Network to offer classes to Marines stationed at 19 bases worldwide.

Cameron University's MBA is currently offered at all Marine Corps installations on the East and West Coast and provides military students the opportunity to obtain their degree in an intensive format that fits their active duty schedule. Courses are offered to allow students to earn up to three credit hours by complet-

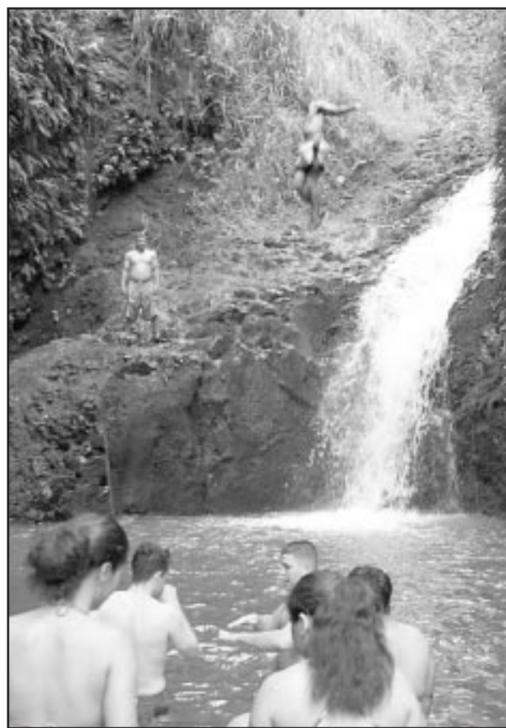
ing pre-course assignments, and by attending a one-week intensive seminar and additional independent coursework.

Courses are primarily taught by main campus faculty providing the same curriculum and content as those courses offered to conventional students.

Courses are scheduled nonsequentially, which allows students to enroll at any time during the year, and no entrance examinations are required.

The MBA is a 33-credit-hour program (providing students resident credit) and is regionally accredited by the North Central Association of Colleges and Schools, and nationally accredited by the Association of Collegiate Business Schools and Programs.

For frequently asked questions (FAQs) about the program, view [www.usmccs.org/perssvc/Life\\_Learn/life\\_learn\\_main.asp](http://www.usmccs.org/perssvc/Life_Learn/life_learn_main.asp). Students interested in the program can contact Davida Mahoney at (405) 325-9143 or e-mail: [dmahoney@ou.edu](mailto:dmahoney@ou.edu).



Staff Sgt. Ronna M. Weyland

## Jumper

The Maunawili Falls trail, located at the foot of the Koolau mountains, is one of the island's more popular stream trails that presents magnificent views of the Koolau Mountains, small waterfalls, and deep, cool pools perfect for swimming and diving. The next scheduled hike up Maunawili Falls, with the Single Marines & Sailors Program hiking club, is set for Saturday, June 12. For more information about the hike, call Lance Cpl. Sarah Powell at 257-0059 or 382-0150.

# WORD TO PASS

## Today, NFCU Collects Clothes

The United Cerebral Palsy Association and the Navy Federal Credit Union want "the shirt off your back," along with all other pieces of clothing you can donate, to benefit cerebral palsy research.

Drop off your donations at the NFCU in Aikahi Shopping Center (in Kailua, outside the back gate of MCB Hawaii), today between 8:30 a.m. and 6 p.m. Donors will receive a tax deduction receipt, as well as a \$5 gift certificate for Savers Stores.

## Saturday,

### KBAC Hosts 'Stream Walk'

Windward Oahu is invited to "get to know" Waianu and Waiahole streams, Saturday from 9 a.m. till noon when the Kailua Bay Advisory Committee hosts "Community Stream Walk," free and open to the public. RSVP to Mike McMahon, KBAC's community coordinator, at 342-4548 or e-mail [mcmahon1@hawaii.rr.com](mailto:mcmahon1@hawaii.rr.com).

Meet at the Waiahole Poi Factory, 48-140 Kamehameha Highway, and be sure to wear walking shoes, and bring sunscreen and bug repellent. Refreshments will be provided.

## Bishop Hosts Family Sunday

As summer kicks off, island families are invited to loop, spin and free fall with Bishop Museum on "Scream Machines' Family Sunday." Visitors can

enjoy diverse, live music; drama performances and storytelling; ono grinds; children's crafts, activities and inflatables; and the 5,000-square-foot interactive exhibit that brings visitors face-to-face with unruly, invisible G-Forces — "Scream Machines: the Science of Roller Coasters." Military and locals will be treated to \$3 admission this Sunday; museum members and kids under 3 are free, as well as Bank of Hawaii customers with one guest.

Also participate in the free seminar "Streamside Plant Restoration," June 10 at 4 p.m.; and see "What in the World Is It?" a giant maze featuring five multisensory touch stations, through June 30; "Seasons of Life and Land," a photo exhibit, until Aug. 1; and "Dr. Hillebrand in Hawaii," which explores the botanist's contributions to the Kingdom, on display in the Hawaiian Hall through April 2005.

The museum is located at 1525 Bernice St., and is open from 9 a.m. to 5 p.m. daily. Military, youth (4-12) and senior admission is \$11.95; regular, \$14.95; and kids under 4 and museum members are free.

## Monday, FBI Searches for Agents

If you're interested in a career with the FBI as a special agent, you're in luck. Marine and Family Services at Kaneohe Bay will host a career seminar, Monday from 10 to 11 a.m. in

Classroom 2 of Bldg. 267.

Entry-level salary for special agents is \$45,735, and increases upon graduation from the FBI Academy. For more details, call 257-7790.

## Ala Moana Sponsors Father's Day Giveaway

Sons and daughters can enter their dads in the "Dazzle Your Dad" contest at Ala Moana Center, beginning Monday through June 20, at the Customer Service Center on the Mall Level (or online at [www.AlaMoanaCenter.com](http://www.AlaMoanaCenter.com)), just in time for Father's Day on June 20.

Prizes include a \$750 gift certificate package. The winner will be selected July 5 and announced via e-mail. For more details, call 955-9517.

## Tuesday, Jackie Chan to Showcase Latest Disney Venture

World-famous actor and humanitarian Jackie Chan will arrive in Honolulu for the private screening of his latest movie, "Around the World in 80 Days," this Tuesday.

Doors will open at 6 p.m. for this fund-raiser (benefiting non-profits affiliated with Jackie Chan Charitable Foundation, USA), a diverse program will start at 7 p.m., and the movie at 8 p.m.

Only 2,000 tickets will be sold, ranging from \$35 to \$100. Call the Neal Blaisdell Box Office at 591-2211 for more info.

## Wednesday, NCOA Hosts Job Fair

The Non Commissioned Officer's Association Job Fair will be held Wednesday at the Banyans Club at Pearl Harbor, from 9:30 a.m. to 2:30 p.m. Also, Intelligence Careers will offer a free seminar for job seekers at 8:30 a.m. entitled "Opening Doors for Cleared Career Opportunities," to give job seekers tips on how to compete for jobs that require security clearances.

The NCOA Job Fair is free and open to the public, as well as all military and veterans; NCOA Membership is not required. Both national and local companies will review personal résumés of job applicants. For more info, call 1-800-662-2620, ext. 222, or visit [www.ncoausa.com](http://www.ncoausa.com).

## Wednesday, Garlic & Ginger to Highlight Festival

The savory aromas of garlic and ginger will be in the air, Wednesday from 4 to 10 p.m. at the Ward Warehouse parking lot facing Auahi Street during the Garlic & Ginger Festival of Hawaii. This event will offer ideal pau hana fun, including live entertainment, games, fortune-tellers, massages and much more. Call 545-4195 for details.

## Wednesday's 'Wildest Show' to Benefit Zoo

All of Oahu is invited to the 2004 AT&T Wildest Show —

any Wednesday in June — where all can help support the Honolulu Zoo and enjoy entertainment provided by the following popular entertainers:

- Wednesday: Gabe Baltazar & Friends (Jazz)
- June 16: 'Ike Pono (Contemporary Hawaiian)
- June 23: Maunalua (Hawaiian)
- June 30: Pacific Fleet Big Band

Gates will open at 4:35 p.m., and shows will run from 6 to 7 p.m. on the stage lawn. A dollar donation is requested. Call the Honolulu Zoological Society at 926-3191 for more details.

## Waikiki Hosts Festival, June 11 - 13

The 25th Annual Pan-Pacific Festival (held in conjunction with King Kamehameha Day celebrations) will take place in Honolulu, June 11 - 13, with drums, dances, and parades. This year's festival should be the most exciting ever, as thousands will arrive from Japan to help promote intercultural friendship.

Festival highlights will include participation by sumo wrestler Konishiki; a street party, June 11; a parade on Kalakaua Avenue, June 13; and cultural performances at the Royal Hawaiian Shopping Center's Fountain Courtyard, as well as at Ala Moana Shopping Center's Centerstage. For more details, visit [www.pan-pacific-festival.com](http://www.pan-pacific-festival.com).

# ON THE MENU AT ANDERSON HALL

## Today

### Lunch

Beef Balls Stroganoff  
Baked Fish Filet  
Macaroni & Cheese  
Steamed Rice  
Raisin Drop Cookies  
Asst. Fruit Pies

### Dinner

Ground Beef Tacos  
Chicken Enchiladas  
Chili Conquistador  
Burritos  
Refried Beans  
Mexican Rice  
Raisin Drop Cookies  
Asst. Fruit Pies

### Specialty Bar

Pasta Bar

## Saturday

### Brunch/Dinner

Turkey À La King  
Baked Stuffed Pork Chops  
Steamed Rice  
Boiled Egg Noodles  
Spice Cake w/  
Lemon Cream Frosting  
Sugar Cookies  
Asst. Fruit Pies

## Sunday

### Brunch/Dinner

Swiss Steak w/  
Mushroom Gravy  
Glazed Rock Cornish Hens  
Rice Pilaf  
Corn Bread Dressing  
Mashed Potatoes  
Yellow Cake w/  
Butter Cream Frosting  
Asst. Fruit Pies

## Monday

### Lunch

Beef Stew  
Baked Fish Fillets  
Baked Macaroni & Cheese  
Steamed Rice  
Oatmeal Cookies  
Asst. Fruit Pies

### Dinner

Italian Veal Steaks  
Braised Pork Chops  
Boiled Egg Noodles  
Steamed Rice  
Oatmeal Cookies  
Asst. Fruit Pies

### Specialty Bar

Pasta Bar

## Tuesday

### Lunch

Southern Fried Chicken  
Beef Ball Stroganoff  
Parsley Buttered Potatoes  
Boiled Egg Noodles  
Oatmeal Raisin Cookies  
Asst. Fruit Pies

### Dinner

Braised Beef Cubes  
Cajun Fish Fillet  
Boiled Egg Noodles  
Steamed Rice  
Oatmeal Raisin Cookies  
Asst. Fruit Pies

### Specialty Bar

Taco Bar

## Wednesday

### Lunch

Chili Macaroni  
Roast Turkey  
Grilled Cheese Sandwich  
Mashed Potatoes  
Brownies  
Asst. Fruit Pies

### Dinner

Meat Loaf  
Pork Ham Roast  
Mashed Potatoes  
Tossed Green Rice  
Brownies  
Asst. Fruit Pies

### Specialty Bar

Country Bar

## Thursday

### Lunch

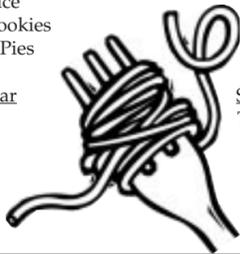
Salisbury Steak  
Barbecued Chicken  
Rice Pilaf  
Oven Browned Potatoes  
Corn on the Cob  
White Cake w/  
Lemon Cream Frosting  
Asst. Fruit Pies

### Dinner

Beef Yakisoba  
Pork Adobo  
Pork Fried Rice  
Steamed Rice  
Brown Gravy  
White Cake w/  
Lemon Cream Frosting  
Asst. Fruit Pies

### Specialty Bar

Taco Bar

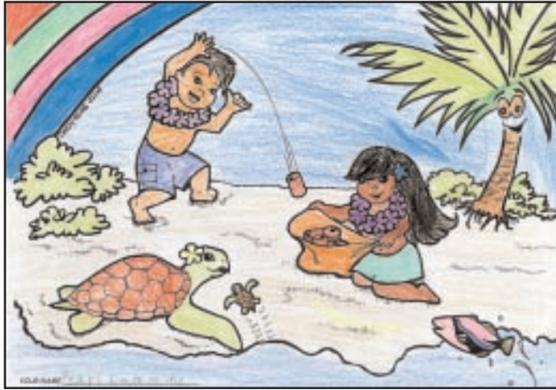




## Budding stewards

The 2nd Annual MCBH Recycling Center Coloring Contest at Mokapu Elementary School for kindergarten-, first- and second-graders concluded recently. The talented winners, (from left) kindergartener Alexander Bowen, first-grader Pearl Cummins, and second-grader Juleyka Andina, were selected by the Environmental Protection and Compliance Department staff. The contest was established at the behest of Commanding General Jerry C. McAbee, to encourage and energize the next generation to become good stewards of the environment.

John Chun



# Club proves membership pays

Members of the Marine Corps Club can win one of many great electronic prizes

**Marine Corps Community Services**  
*Press Release*

MCB QUANTICO, Va. — Throughout Marine Corps history, clubs have been available to support the proud traditions and heritage of the Marine way of life. As well, membership in a club is often the beginning of a lifetime of relationships.

With low monthly dues, club members enjoy exclusive membership benefits such as entry to members-only functions and notable venues to enjoy camaraderie and socialize with other Marines.

Proving that membership pays, new and existing Marine Corps club members now have the chance to win a 42-inch, plasma Panasonic TV, plus many more prizes in the Marine Corps Club Traditions Membership Drive, June 1 through Aug. 2.

Prizes will be awarded to new and existing club members, worldwide, in random drawings. (Current club members are automatically entered to win.) Prizes also include a Bose LS35 Lifestyle package, a Sony digital camcorder and digital camera, Panasonic DVD recorders, and Rio MP3 players.



“We always want to recognize existing members,” said Carol Garland, head of the Food and Hospitality Branch at Headquarters Marine Corps. “They [current members] are the lifeblood of our clubs. Plus, they are one of the best forms of endorsement for Marine Corps Clubs.”

During the drive, Marine Corps Clubs aspires to sign-up 2,000 new members. Applications are available at all clubs as well as at the Web site [www.onecorpsclubs.com](http://www.onecorpsclubs.com).

For more information, contact Nancy Pasternack at (703) 784-3894.

## MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

### Automobiles

'89 Ford Festiva, 2 door, mechanically sound, faded paint. Good island car. Asking \$800, firm. Call Alan at 253-5745.

'92 Nissan Stanza, 4 door. Asking \$1000 OBO. Call 254-1241 or 429-1338.

'95 BMW 325i, green, 4 door, leather, sunroof, CD stacker, new battery, 5 speed, 96k miles, great condition. Asking \$8,700 OBO. Call 286-4617.

'97 Chevy Camaro convertible, 70k miles, runs great, nice car. Maintenance records available. Asking \$7,595. Call 947-5670.

'97 Ford XLT Explorer, V6, new tires, power package, running boards, roof rack, stereo, A/C, runs great. Asking \$8,000. Call 254-3240.

'00 Chrysler 300M, gold, automatic, 30,700 miles, sunroof, multi-disc CD player, cruise control, power package, remote trunk release, heated leather seats, keyless entry, A/C climate control, traction control. Asking \$14,995. Call 381-2887.

### Motorcycles

'00 Suzuki GSXR 750, white/blue, 12k on body, newer engine, too many

extras to list, great condition. Asking \$6,500 OBO. Must see. Call 864-2192.

'02 Honda Shadow, 600cc, purple, new, just out of the crate, 92 miles, with 36 month warranty. Asking \$4,995. Call 254-4023.

### Appliances

Kenmore washer/dryer set, like new, white, large capacity, never needed repairs, all hoses included. Asking \$200. Call 282-0846 or 216-3337.

Panasonic air conditioner, 20k BTU, model #CW-XC203EU, with remote, climate control. Asking \$250. Call 257-0711.

### Yard Sale

Saturday, 7:30 – 11:30 a.m., 1753 Lawrence Rd., a little bit of everything.

### Miscellaneous

Berber carpet, wall-to-wall in Capehart, 2 years old, \$400; 10 feet by 16 feet storage shed, 2 years old, good condition, \$225; 26 inch, 10-speed bicycles, his and hers, \$25 each; BCD, Scuba Pro Men's medium, \$50. Call 257-0711.