

LIFESTYLES

Hawaii Marine B Section

June 6, 2003



Lance Cpl. Jess Levens

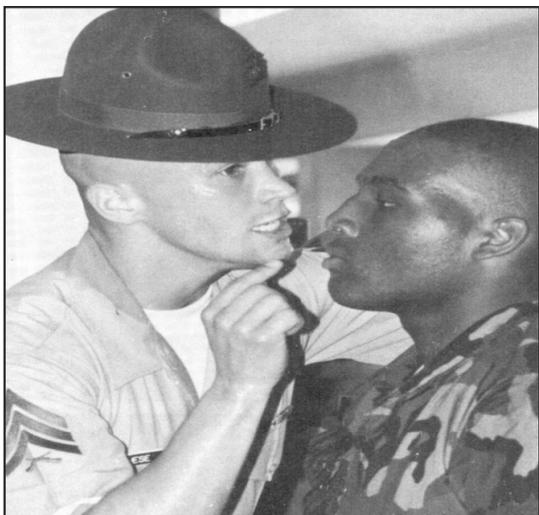
Marine Corps recruit Micah Hareder of Platoon 1142, Charlie Co., observes as Staff Sgt. Adam Sandercock, Senior Drill Instructor for 1st Bn., Charlie Co., inspects the upper receiver of his M16-A2 service rifle at Marine Corps Recruit Depot San Diego.

Depots finest turn civilians into Marines



Official USMC Photo

A Drill Instructor gets up close and personal with a recruit. The photo went on to fame when it was immortalized during a 1970s Marine Corps recruiting campaign.



Official USMC Photo

Former Drill Instructor 1st Sgt. Christopher Borghese, pictured here as a sergeant on the drill field, drives home a point to a recruit at Marine Corps Recruit Depot Parris Island, S.C.. Borghese is living proof that a successful tour in a B-Billet is a great career enhancement booster.

Drill Instructor Duty: "This ain't no rose garden."

Sgt. Joe Lindsay
Combat Correspondent

(Editor's Note: This is Part Two in a two-part series on B-Billets, a term used to describe a 36-month assignment that Marines serve outside of their Military Occupational Specialty, and a position that is often vital for rank promotion in the Corps. This story focuses on Drill Instructor Duty. Look for next week's story in your Hawaii Marine on Marine Security Guard Duty.)

"I am Gunnery Sgt. Hartman, your Senior Drill Instructor. From now on, you will speak only when spoken to, and the first and last words out of your filthy sewers will be 'Sir!'" Do you maggots understand that?" — Gunnery Sgt. Hartman (Boot Camp - Day One)

Many recruits have a preconceived notion of Drill Instructors and boot camp before they even step on the yellow footprints, courtesy of former Marine R. Lee Ermey's role as Gunnery Sgt. Hartman in Stanley Kubrick's Vietnam era film, "Full Metal Jacket."

For the few Marines who've never seen the film, Hartman is a tough as nails DI who instills, and literally beats, a love of Corps into his recruits.

"I'm not going to lie," said Lance Cpl. Victor Mendoza, currently deployed to the Middle East in support of Operation Iraqi Freedom, "when I first showed up to boot camp I was scared to death. I kept waiting for one of my DI's to beat the crap out of me."

Mendoza's beating never came, but a love of Corps and a deep respect for his Drill Instructors did.

"At first you're so caught up in your own little world that you don't realize until much later the amazing job these individuals do," said

Mendoza. "Without Drill Instructors we wouldn't have a Corps. They make Marines."

Drill Instructor Duty is considered one of the most honored and valuable positions a Marine can hold, and is absolutely vital to the process of making Marines, according to Master Sgt. Andre Robinson, a Marine Corps career planner.

"If a Marine comes to me and expresses an interest in becoming a Drill Instructor, one of the first things I inquire about is their physical fitness," said Robinson. "They've got to be in great physical shape and have got to be squared away, but equally important they must live and breathe our Corps values of honor, courage and commitment."

Marines ages 22 to 37 with the rank of sergeant through gunnery sergeant can request Drill Instructor Duty. Corporals may be considered if they will be promoted prior to graduation from Drill Instructor School.

Additionally, Marines must have scored a 90 or higher on the general and technical portion of the Armed Forces Vocational Battery test, must have no adverse Page 11 entries within two years, no alcohol related incidents within three years, no courts-martial within five years, no non-judicial punishments within two years, and must not have filed for bankruptcy within two years or have divorce or separation proceedings still pending prior to reporting for duty.

After passing the screening process and being selected for the 36-month Drill Instructor Duty tour, a Marine must first attend Drill Instructor School at Marine Corps Recruit Depot, San Diego, or MCRD Parris Island, S.C.

The 12-week course emphasizes leadership, judgment, professionalism, time-management, and, of course, physical fitness.

"It takes a lot of stamina and character to be a

Drill Instructor," said Gunnery Sgt. Rose Cole, who served as a Drill Instructor from 1996 to 1999. "You have to be able to stay focused on the training no matter what. The worst part was the long hours and lack of sleep. Drill Instructors are up before the recruits and don't hit the rack until long after they are asleep, usually getting about three hours of rest a night for three months."

Still, despite the hardships, Cole

See B-BILLET, B-7



MCCS

MARINE CORPS COMMUNITY SERVICES

www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

JUNE

Today

Mongolian Barbecue at the Officers' Club – Don't feel like cooking dinner? Head out to the Officers' Club for Mongolian Barbecue and leave the work to the professionals.

Buffet style, select your favorite veggies and meat including chicken, shrimp, pork and beef; pile your bowl high, and kick it up a notch with a sauce of your choice. Then watch the grill masters flip, sautee and grill your dinner to perfection. Mongolian Barbecue is served every Wednesday and Friday from 5:30 to 8 p.m.

For more, call 254-7649.

Through Monday

Youth Activities Summer Adventure Program Registration — The Summer Adventure Program is an activity where

children will enjoy weekly field trips, and indoor/outdoor run. Schedule options are available Tuesday - August 22.

To get questions answered or for more qualification and registration information, call Youth Activities at 254-7610.

Monday/ Tuesday

The Laugh Factory Is At Kahuna's – Some of the Islands funniest comedians will have you in tears with their humor and antics. Paul Ogata and Godfrey will be at Kahuna's Ballroom Monday, and a second showing on Tuesday. The doors open at 7:30 p.m. with show time at 8:00 p.m. Cost is \$15 for civilians and \$10 for active duty military members. Tickets may be purchased at all MCCS and MWR locations, or call The Laugh Factory ticket booth at 924-6616.

9 / Monday

Kids Night at Kahuna's Kahuna's Bar & Grill, 1800-2000. For every kids meal purchased, receive 50% off one adult meal. Sesame Street Live family four pack giveaway. 254-7661.

10 / Tuesday

Stress Reliever — Every Wednesday from 1 – 2:30 p.m., eliminate stress and anxiety

with help from Personal Services.

Catch the "Thought Field Therapy Workshop," in Bldg. 216, to learn some exciting new stress-relieving techniques that work with people of all ages.

For more information or to register, call 257-7780.

Youth Activities Piano Lessons

– Hone your children's musical talent or involve them in extra-curricular activities with piano lessons for youth ages 6-17 years old.

Lessons are limited to 30-minute classes once per week, either Tuesday or Thursday between 2 and 6 p.m.

The cost for the lesson is \$24.

For more information, call 254-7610.

10/ Tuesday

Kids Splash Day at the Officers' Club Pool – School is out and summer is heating up!

HQBN will sponsor games and races for the kids to enjoy from 10 a.m. to 4 p.m.! Kids' Splash Day will be hosted every Tuesday until the end of the Summer.

11 / Wednesday

McDonald's Summer Reading Program Kick-Off Join Ronald McDonald at the base library on Wednesday at 11:30

a.m. for the start of the Summer Reading Program. Children of all ages are encouraged to read books all summer and earn special awards.

For more information, call 254-7624.

Helping Children Learn and Grow with Family Child Care

— Family Child Care is a home setting child care service provider operated by the Marine Corps Community Services' Personal Services department with certified providers trained in child development, nutrition, guidance and more.

Family Child Care provides a flexible schedule including evenings, weekends and overnight care.

To find a Family Child Care provider, call the Children, Youth and Teen Programs officer at 257-7430, or contact Family Child Care at 257-7030.

New Hours at the Staff NCO Rocker Room

— The Rocker Room is getting a facelift, so until renovations are complete, make a note that new hours of operation are in effect. (The renovation completion date has yet to be determined.)

Sundays through Tuesdays: Closed
Wednesdays: 4:30 - 8:30 p.m.
Thursdays: Closed

Fridays: 4:30 p.m. - 2 a.m.
Saturdays: Closed

New Hours at the Officers' Club — Off duty hours are for relaxing, so stop by the Officers' Club and enjoy fantastic food and panoramic views of the Pacific during these hours:

• "Champagne Sunday" Brunch from 10 a.m. to 1 p.m., for \$18, or without champagne at \$15.

• "Right Hand Man Monday" lunch buffet from 11 a.m. to 1 p.m., with a la carte from 11 a.m. to 1:30 p.m.

• Daily (Mondays – Fridays) lunch buffet from 11 a.m. to 1 p.m.; a la carte from 11 a.m. to 1:30 p.m.; dinner on Thursdays through Saturdays from 5:30 - 8 p.m.

• Koa Bar on Wednesdays and Thursday from 4 - 9 p.m.; Fridays from 3 - 11 p.m.; and Saturdays from 5 - 8 p.m.

New Hours at Kahuna's — You've got the same awesome club, with even better hours. Kahuna's Sports Bar and Grill will now be open as follows for your enjoyment:

Sundays: Closed
Mondays: 6 p.m. - 12 a.m.
Tuesdays: 6 p.m. - 12 a.m.
Wednesdays: 6 p.m. - 1 a.m.
Thursdays: 6 p.m. - 12 a.m.
Fridays: 4:30 p.m. - 2 a.m.
Saturdays: 6 p.m. - 2 a.m.

SM&SP



All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

Upcoming Activities

Saturday: Spend your Saturday at Kualoa Ranch on a horseback riding excursion. Cost is \$38.

June 14: Stay tuned for more exciting details of Sandbar Beach Day.

June 27: Mark your calendars for a golf tourney; stay tuned for more info.

SM&SP Bargains

• Score at K-Bay Bowling Lanes with free shoes and \$1.50 games, Mondays through Thursdays for all E-5s and below.

• Drive over to the Klipper Golf Course and practice your swing. All E-5s and below receive free range balls. Rent clubs for \$5 per set, and golf 18-holes for \$9 or 9-holes for \$5.

• The base marina offers a free Adventure Training Program (unit sanctioned) with classes in scuba, kayaking, power boating and water skiing.

• Get into the swing of things with free tennis lessons, Thursdays from 11 a.m. – 12 p.m. Call 258-8081 to reserve your spot.

Volunteer Opportunities

Make a difference by lending a helping hand. The Single Marine & Sailor Program is actively looking for volunteers for the following events:

Continuing: For Youth Sports and tutors at Mokapu Elementary

Boomers Buy Time With Grandkids

NAPS Featurettes

Many savvy baby boomers who have become grandparents are buying up timeshares as a way to assure spending quality time with their grandchildren.

Grandparents who do not live near their grandchildren will have a place to vacation with their kids and grandkids every year. In addition, a deeded vacation ownership can even be passed on to heirs.

Two grandparents, the co-founders of grandparents.com, have owned their vacations with Marriott Vacation Club International since 1994. Richard Anthony and his wife Marlene bought a week for each of their five children, so they could host each family's vacation.

Those "grandboomers"

are not alone. The American Resort Development Association estimates over four million U.S. families own at least one week of vacations. Of those, 68 percent are 50 years of age or older. What's more, a recent study found that grandparents who own their timeshare vacations are nearly twice as likely to travel with grandchildren.

The family-friendly accommodations offered at these vacation resorts typically feature two-bedroom, two-bath villas that sleep up to six guests and include roomy living and dining areas and private balconies. Most have a kitchen, too, which means you don't have to take young children out for dinner or breakfast every day. Each resort is full of activities like family pool parties, campfires and even karaoke to share fun times.



"GRANDBOOMERS" - Today's timeshares give grandparents a greater opportunity to spend quality time with grandchildren.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Show your I.D. at the box office. Call 254-7642 for recorded info.

A Man Apart (R)	Today at 7:15 p.m.
The Core (PG 13)	Today at 9:45 p.m.
Piglets Big Movie (G)	Saturday at 7:15 p.m.
Basic (R)	Saturday at 9:45 p.m.
Sneek Preview "Rug Rats Gone Wild" (G)	Sunday at 3:30 p.m.
Head of State (PG 13)	Sunday at 7:15 p.m.
A Man Apart (R)	Wednesday at 7:15 p.m.
Phone Booth (R)	June 13 at 7:15 p.m.
Malibu's Most Wanted (PG 13)	June 13 at 9:45 p.m.

MCCS MISSION

The MCCS Mission: To uplift the spirits of the Marine Corps and Navy families and to support Marine Corps and Navy readiness and retention through customer-owned and driven MCCS programs, goods and services — in garrison and deployed environments. (For up-to-the-minute news about MCCS, log on to www.mccshawaii.com.)

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ON THE MENU

Anderson Hall will serve the following this week:

TODAY

Lunch

Seafood Platter
Fried Fish Nuggets
Fried Shrimp
Fried Scallops
Lasagna
Baked Ravioli
Macaroni and Cheese
Yellow Cake Layer
w/Butter Cream
Frosting
Asst Fruit Pie

Dinner

Roast Pork Loin
Barbecued Chicken
Mashed Potatoes
Steamed Rice
Yellow Layer Cake
w/Butter
Cream
Frosting
Asst Fruit Pie

SPECIALTY BAR

Lunch and Dinner
Pasta Bar

SATURDAY

Dinner Brunch

Herbed Rock Cornish
Hens
Grilled Strip Loin Steak

Rice Pilaf

Mashed Potatoes
Chocolate Chip Cookies
Asst Fruit Pie

SUNDAY

Dinner Brunch

Yankee Pot Roast
Baked Ham
Candied Sweet Potatoes
Chocolate Layered Cake
w/Chocolate Cream
Frosting
Asst Fruit Pie

MONDAY

Lunch

Meatloaf
Creole Pork Chops
Mashed Potatoes
Pork Fried Rice
Apple Crisp
Asst Fruit Pie

Dinner

Baked Turkey and
Noodles
Baked Fresh Fish
Chocolate Chip Cookies
Asst Fruit Pie

SPECIALTY BAR

Lunch and Dinner

Pasta Bar

TUESDAY

Lunch

Beef Sukiyaki
Pork Chop Suey
Egg Foo Young
Chinese Fried Egg Roll
Steamed Rice
Pork Fried Rice
Chocolate Pudding
Asst Fruit Pie

Dinner

Creole Macaroni
Baked Fish Fillet
Mashed Potatoes
Rice Pilaf
Noodles Jefferson
Chocolate Pudding
Asst Fruit Pie

SPECIALTY BAR

Lunch and Dinner
Taco Bar

WEDNESDAY

Lunch

Bar-B-Que Spareribs
Country Style Steak
Steamed Rice
Mashed Potatoes
Oatmeal Cookies
Asst Fruit Pie

Dinner

Baked Chicken
Beef Pot Pie
Boiled Egg Noodles
Mashed Potatoes
Brownies
Asst Fruit Pie

SPECIALTY BAR

Lunch and Dinner
Country Bar

THURSDAY

Lunch

Baked Lasagna
Chicken Parmesan
Asst Pizza Slice
Garlic Toast
Brownies
Asst Fruit Pie

Dinner

Chicken Vega
Simmered Corned Beef
Parsley Buttered
Potatoes
Steamed Rice
Apple Pie
Oatmeal Cookies
Asst Fruit Pie

SPECIALTY BAR

Lunch and Dinner
Taco Bar

RECIPE CORNER



ROGIES TACO SALAD

Looking for a dinner idea that's easy to make and fun to eat? Taco salad will bring everyone to the dinner table in a hurry!

This version is heartier and tastier than the usual taco salad because it has a surprise ingredient: Mrs. T's 'Rogies' a bite-sized pasta crescents, filled with creamy whipped potatoes, cheese and other good flavors.

Taco Salad with Mini-Pierogies

8 ounces ground beef
1 package 12 ounces frozen Mrs. T's 'Rogies'
1 package 1.25 ounces taco seasoning

1 package 10 ounces mixed greens

1 cup grated Jack cheese
1 cup prepared salsa
1 cup diced avocado

In a large skillet, over medium-high heat, place beef; cook and stir until meat loses its pink color, about 3 minutes. Add frozen 'Rogies'.

Cook and stir until partially thawed, about 5 minutes. Sprinkle with taco seasoning; add 3/4 cup water. Cook and stir until flavors are blended, about five minutes.

Meanwhile, arrange salad greens on a platter. Top with 'Rogies' and meat mixture, Jack cheese, salsa and avocado.

These measurements provide four servings.

DRINKING WATER.
POUR OVER THE FACTS.



WORD TO PASS

'Mom's Life/Kid's Life' Debuts at Chapel

Join the next meeting of the Christian ministry "Mom's Life/Kid's Life" at the base chapel aboard MCB Hawaii, Kaneohe Bay, any second or fourth Thursday from 9:30 - 11:30 a.m.

The ministry is based on the principles of Titus 2: 3-5. While moms are enjoying their time of fellowship, inspiration and refreshment, children are involved in supervised, positive, social activities.

All women and their children are welcome to attend. Child care and refreshments

are provided; however, please call in advance and state how many and what ages are your children.

For more details, call Susie Bailey at 254-2660.

Girl Scouts Accept Applications for 'Summer Fun'

Girls entering the first through 12th grade this fall are invited to participate in the Girl Scouts' "Summer Fun" activities, in and around their neighborhoods, including within military family housing areas.

Scheduled activities are designed to help girls ex-

plore and discover their abilities, make new friends, and become a self confident young lady.

Activities will be scheduled at various locations, times and days, but generally on weekends or in the early evening.

Girls who are not Girl Scouts can join for the summer at \$7. Prices of activities range from \$3 to \$25; however, spaces are limited.

To receive information, send your name, address and phone number to the following e-mail address: jareilly@girlscoutshawaii.org.

MARINE MAKE-PONO

HAWAIIAN FOR "MARINE BARGAINS"

Vehicles

254-4898.

1999 Toyota RAV4, 5-speed fully loaded with warranty, only 58k miles. Asking \$11,000.

For more information, call 254-2362.

1997 Dodge Neon, runs well, \$3,250 OBO, must sell. Call 254-2362.

1994 Lexus ES300 sedan, 4-door, new tires, power everything, 97K miles, must sell. Call 254-0468 or 330-9624.

1990 Ford Bronco II 2.9 liter, fixer-upper. Engine runs great, but needs body work. Call

1990 Jeep Wrangler, Excellent condition, asking \$5,000. Call 782-2575.

1987 Jeep Cherokee, Excellent condition, asking \$2,500. Call 782-2575.

1983 Porsche 944, runs, but needs body work, \$1,200. Call 262-7953.

Furniture

6-piece Living Room Set. Tane and dark wood, will e-mail pictures \$450 or best offer.

For more information, call 254-4898.

Appliances

Air conditioner, 20k BTU, w/3-year warranty, \$350. Call 782-2575

Miscellaneous Officer's Evening Dress uniform, size medium-regular, \$200. Call 253-0657 for more information.

Carpet 1 year old. Two rooms with beige shag, \$120 each. One large cream carpet for living room, hall runner and extra unused carpet, asking \$250. Carpet will be available in mid-June. Call 254-4898.



Official USMC Photo

Former Senior Drill Instructor Sgt. Maj. Leon Jordan, pictured here as a staff sergeant with Platoon 1011 at Marine Corps Recruit Depot Parris Island, S.C., checks over recruit Wilson Mobile's weapon before turning it in to the armory.

B-BILLETS, From B-1

says she wouldn't trade her experience as a Drill Instructor for anything.

"It's a tremendous feeling of accomplishment when you graduate a platoon," said Cole. "You can't help but remember what they were like on that first day of boot camp."

For more information on Drill Instructor Duty, contact your career planner.

"There is nothing more challenging or satisfying than Drill Instructor Duty," said Cole.

"Today you people are no longer maggots. Today you are Marines. You're part of a brotherhood." — Gunnery Sgt. Hartman (Graduation Day)

