



## 'Friends' strike down lanes

### Kaneohe Bay bowling league welcomes rollers new and old

**Cpl. Jessica M. Mills**  
*Combat Correspondent*

Tuesday night is league night at the K-Bay Lanes Bowling Center aboard MCB Hawaii, Kaneohe Bay, and "The Friends of K-Bay" mixed-handicap bowling league was wearing down the lanes during the eighth week of the season as the league prepares to compete for a national title on Monday at the National Handicap Tournament in Reno, Nev.

"Our league is made up of a wide array of bowlers," said Leo Oller, the secretary and treasurer for the Friends of K-Bay Bowling League. "We have active duty service members, retirees, government workers and civilians all competing and having a good time."

The Friends of K-Bay is a competitive bowling league made up of 12 four-man teams, the largest league aboard MCB Hawaii, which practices every Tuesday evening throughout the year. It consistently competes in local and national competitions.

The league itself has been in existence for more than 30 years, but it has always been located aboard Kaneohe Bay.

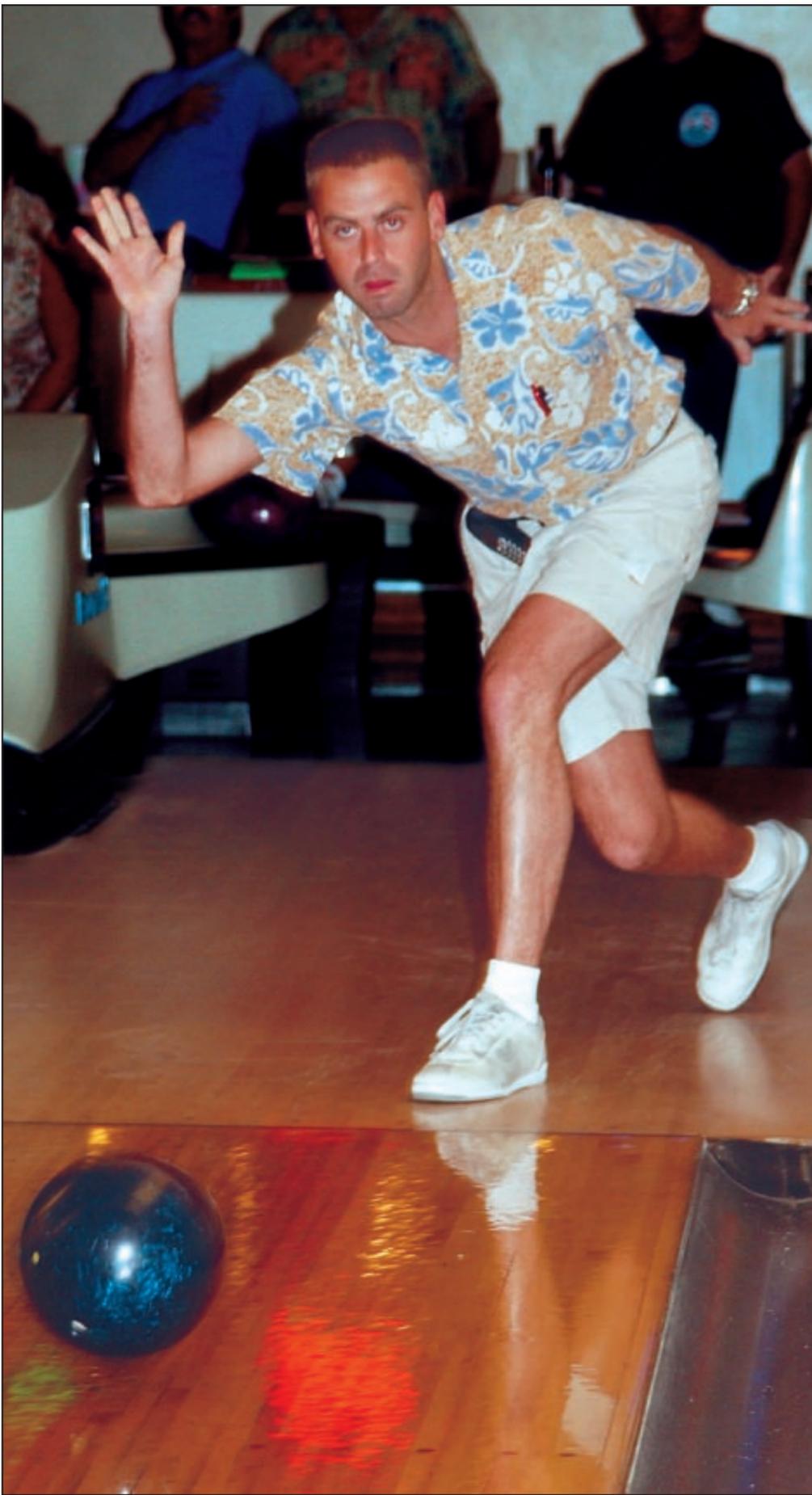
"I bowled in this league down at K-Bay in 1974 as a young sergeant," said Oller. "It has been at least 30 years, and it is still a talented and enjoyable league to be a member of."

The teams compete against each other each week for the top spots, but they also support each other in outside tournaments.

"I just started a year ago, but this league has really supported me to become aggressive about learning the game," said Tisa Marie Canlas, a civilian investigator. "I went from a 95 average to my current average of 131, that is an awesome jump for one season."

For those who would rather play individually, K-Bay Lanes is open Monday through Friday for individual play. Specials are offered Monday through Thursday to E-5 and below: free shoes and \$1.50 games. K-Bay Lanes also offers Xtreme Bowling on Friday, Saturday and Sunday; hours vary.

Last but not least is the newest addition to the lanes, Neon Pin Night. Wednesday night, if the first pin is a neon pin and you hit a strike, then you win a free game.



Cpl. Jessica M. Mills

**Raymond Potts, a staff accountant for the Comptrollers Office, attempts to raise his game average during the position round of the "Friends of K-Bay" Bowling League at K-Bay Lanes. The league is in its eighth week of competition, and members will be competing for a national title on Monday at the National Handicap Tournament in Reno, Nev.**

## Women's b-ball seeks players for team

**MCB Hawaii**  
*Public Affairs Office*

Calling all female, big-time ballers. The Kaneohe Bay Women's Basketball Team is currently recruiting players to join their quickly building team. Some background in basketball and its fundamentals is preferred, but no prior training or league experience is required.

The team hopes to travel to regional competitions and tournaments, and showcase events throughout the Pacific, including California and Japan, so being able to take time off from work is also a necessity.

Contact Tiffany Martin at 778-2239 for more information on joining the team.

## Far East extends softball invites

**MCB Butler**  
*Press Release*

**CAMP BUTLER, OKINAWA, Japan** — Marine Corps Community Services' Semper Fit at Camp Foster is hosting a softball tournament from July 1 – 5 here at Camp Butler. The tournament will run at the Camp Foster Sports Complex, and the tournament is limited to 24 men's teams and 12 women's teams.

The tournament will consist of round robin play followed by a double elim-

See **SOFTBALL**, C-6



Pfc. Rich Mattingly

**Mike Howell (left) of 3rd Battalion, 3rd Marine Regiment, blocks BAS player Doug Feagin's spike, Wednesday at the Semper Fit Center.**

## Aid Station pushes past 3/3

**Pfc. Rich Mattingly**  
*Sports Editor*

The high-flying Team One from 3rd Battalion, 3rd Marine Regiment Battalion Aid Station used superior verticals and powerful shots to shut down 3/3, two games to one, Wednesday night in Intramural Volleyball action at the Semper Fit Center.

The BAS hit hard early and often in the first game of the match, with setters extraordinaire Melanie Toloumu and Lester Lazo lofting easy balls to a spiking Doug Feagin.

Feagin was on fire for the

first few minutes of the game, bouncing volleyballs off 3/3 defenders like he was playing the volleyball version of whack-a-mole.

Third Battalion, 3rd Marine Regiment, started to fire on all cylinders after the BAS had jumped out to a significant lead, but it couldn't seem to react to the rain of hard-hit balls coming from the opposite court.

Nick Fancher of the BAS had one of his most stellar moments early in the match as he drove the game point home like a well-delivered argument, past the outstretched arms of the

ironically named William Wiph of 3/3 to end the first game, 25-12.

The last volley of the game, which showed 3/3 to be gelling a little more as a team, indicated that the match-up wasn't going to be easily decided.

In the second game, Justin Knight and Wiph of 3/3 decided to up the ante, moving quickly to the ball and playing solid defense. Their savvy play forced more unforced errors than the BAS could afford. In fact, 3/3 looked like another team altogether in the second

See **VOLLEYBALL**, C-6

# BASE SPORTS

**Edward Hanlon V**  
MCCS Public Relations

## May

### 14 / Today

**Massage Therapy** — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp H. M. Smith.

The massage therapy program helps to relieve your mental and physical fatigue and improve overall circulation and body tone.

Appointments are available by calling the Kaneohe Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

### 15 / Saturday

**Hawaii Championship Wrestling** — The ring will be

rocking at the Kahuna's Community Ballroom from 7 to 9 p.m. as the Hawaii Championship Wrestlers take the stage. This slammin' event is open to all E-5 and below, and the cost is \$8 for active duty and \$10 for civilians.

Call Kahuna's at 254-7661 for more details.

### 16 / Sunday

**Gone Fishin'** — Join Mahalo Kai Fishing Charters for a day beyond the bay.

Located at the base marina, the charter contractor now has two boats to accommodate all of your fishing needs, so you can spend your day with family and friends off the coast of windward Oahu, catching some of the ocean's most exotic and tasty fish.

For more information, call

254-7667.

### 18 / Tuesday

**Intramural Soccer Coaches** — The MCCS Intramural Soccer season will be kicking off soon, so get your voice heard at the Semper Fit Center at 2 p.m., Tuesday.

All interested coaches should call MCCS Athletics at 254-7591 for more information.

### 21 / Friday

**Annual MAG-24 Sprint Triathlon** — Hardcore athletes, mark your calendars for the 8th Annual MAG-24 Sprint Triathlon to be held aboard MCB Hawaii, Kaneohe Bay, May 22 at 7:30 a.m.; check-in time is 5:30 a.m.

The triathlon will consist of a 500-meter swim, an 11.1-mile bike race and a 3.5-mile run. Participants may enter individually or in three-man relay teams, where one

person can swim, another bike and still another run.

The triathlon is open to military, family members, DoD civilians and the general public. Cost is \$22 for military, \$27 for civilians and \$66 for triathlon teams, to include the race T-shirt.

Register at the Semper Fit Center (Bldg. 3037), pick up forms at Island Triathlon & Bike or print out applications at [www.mccshawaii.com](http://www.mccshawaii.com).

All participants will be entered into the Island Triathlon & Bike drawing to win a free FELT F80 racing bike, valued at more than \$800. Mega Mahalo to Island Triathlon & Bike and Gatorade for making the 8th Annual MAG-24 Sprint Triathlon possible.

For more information, call 254-7590.

### 22 / Saturday

**Wrestling Club Tournament** — Youth and adults are invited to participate in the first-ever USA Wrestling meet at MCB Hawaii, Kaneohe Bay, May 22 from 8 a.m. to 3 p.m.

The meet will be held at the Semper Fit Center gymnasium, and the cost is \$5 for USAW members, and \$35 for nonmembers (includes membership

fees). Prove your skills in this sanctioned meet; call Youth Activities at 254-7611 for registration information.

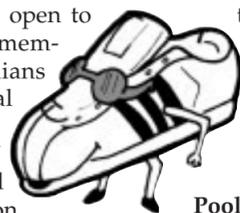
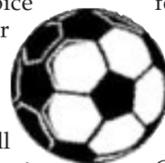
### 23 / Sunday

**Pool Plunge** — Wet your feet and beat the heat at any one of four MCCS pools: the K-Bay main pool, Bldg. 981; Hilltop pool, Bldg. 502; the Officers' Club, for members only; the Camp Smith pool, Bldg. 125; and the Manana Housing pool, Bldg. 840.

**Intramural Golf Tournament** — Head over to the Kaneohe Klipper on May 21 for a day away from the office. The tournament shotguns at 1 p.m.

Prices are \$5 for E-5 and below, \$8 for E-6 and above, and \$10 for DoD cardholders. (Price includes playing fees only.)

The format for scoring is "net score" with four different flights for the golfers. Tournament golfers with handicaps of 1-9, 10-19, 20-29, and 30 and above will all be grouped according to their level of play.



## Base All Star

**NAME:** Doug Feagin

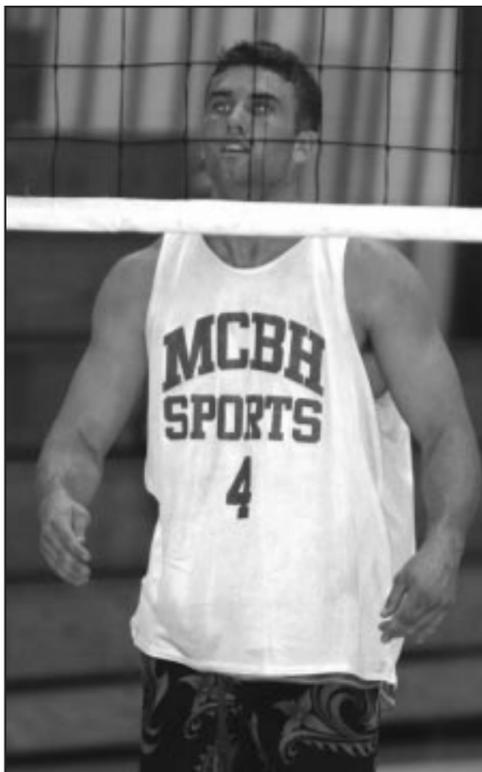
**SPORT:** Volleyball

**Team:** 3/3 BAS One

• Feagin, 22, has been playing volleyball for two years.

• He is an avid basketball player who boasts speed and a 36-inch vertical leap.

• His first experience with volleyball was on the beaches of Oahu, where he learned the fundamentals of the sport.



Pic. Rich Mattingly

*"I play because it's fun as heck. It's interesting to interact with people you work with outside of work, we're always laughing."*

## Intramural Softball Standings

	Wins	Losses
CSSG-3 Supply	4	0
Mess Hall	3	0
MAG-24	3	0
VPU-2	3	0
HSL-37 Easy Riders	3	1
3rd Marines PSC	3	1
3rd Radio Bn	2	1
CPRW-2	2	1
HQBN	1	1
Band Stingers	1	2
CAC Hickerbillies	1	2
One Flew East	1	2
VP-4	0	2
MCAF	0	3
CSSG-3 Electronics	0	3
Dental Young Guns	0	4

*Intramural Softball standings are current as of May 5.*

## COMMUNITY SPORTS

### HTMC Hikes Koko Head, Saturday

Novice hikers can see great views, shoreline plants and crashing waves when the Hawaii Trail and Mountain Club meets for a two-mile stroll of the Hanauma shoreline on its "Koko Head Scramble," tomorrow at 8 a.m.

You do not want to forget your sunscreen for this one, or you will surely suffer serious sunburn.

Call coordinator John Hoover at 528-1206 to tag along.

A \$2 donation is requested from each nonmember, ages 18 and over, and a responsible adult must accompany children under 18. Firearms, pets, radios and other audio devices are prohibited on all hikes.

### Windward Hosts Marathon, Sunday

Athletes can get stretching for the 24th Annual Holokiki O'Alele, a family day for racing, jogging or walking, Sunday morning.

Events will include a half-marathon from Enchanted Lake to Aikahi and back at 6 a.m.; a 20k team (four-person teams in the open, military and business/employee categories — all with male, female and mixed team categories) at 6:15 a.m.; a 5k race or walk once around Enchanted Lake at 6:30 a.m.; a one-mile run for kids 6-13 years old at 8 a.m.; and a 100-yard run for tiny

tikes from 3-5 years old at 8:30 a.m.

This year's effort will support the "No Drug Zone Kailua" project at Castle Medical Center and other organizations hosting the event. Obtain registration information, breakfast specials and race cost details online at [www.active.com](http://www.active.com), or at most running and biking stores around the island.

### Keiki Fun Run Planned for Sunday

The Children's Discovery Center will celebrate its fifth anniversary with the 2004 Keiki Fun Run on Sunday, beginning and ending at the Kakaako Waterfront Park where the museum is located. Sponsored by HMSA, this race is open to keiki ages 12 and under, and accompanying adults. (Parents and guardians must accompany children 5 and under.)

The race will begin promptly at 8 a.m., and entry forms will be available at the Children's Discovery Center, Compadres Bar & Grill, Dixie Grill or on the Web at [www.discoverycenter.hawaii.org](http://www.discoverycenter.hawaii.org).

Registration cost is \$12 for Children's Discovery Center members, \$15 for nonmembers and \$5 for accompanying adults. Keiki will receive event T-shirts with their run packets, and each child who finishes the run/walk will receive a certificate and other surprises.

In addition to the Keiki Fun Run, parents and kids can catch the post-event "Try Fest" Fitness Fair from 9:30 a.m. to 1:30 p.m., where keiki can "try" different sports and physical fitness activities. Health-oriented activities will rule, including cheerleading, karate demonstrations, water safety instruction and yoga. As well, informational booths will provide handouts to school parents on how they can combat childhood diseases and prevent childhood obesity by encouraging physical fitness.

For more details about the Keiki Fun Run, call the Children's Discovery Center at 732-7733.

### State Offers Free Recreation, May 21-22

The Hawaii Department of Land & Natural Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is May 21 from 5:45 to 9:45 p.m. and May 22 from 7:45 a.m. to 4:30 p.m. in Classroom #A-212 at the Nimitz Business Center, 1130

N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions.

For more information about outdoor education, or to sign up for this course, call 587-0200.

### Arena Football Hosts 'Military Appreciation Night,' May 22

General admission tickets will be 50-percent off — only \$5 — for the Saturday, May 22, Islanders Arena Football match against the Central Valley Coyotes. From 4:30 to 6:30 p.m., children can enjoy the "Family Fanfest" sponsored by Meadow Gold Dairies; at the same time, the Islanders Business Club will host an adult-sized event.

Kickoff for "Military Appreciation Night" will go at 6:30 p.m., and fans can get one of 500 free team posters (sponsored by Taco Bell Hawaii) at the post-game autograph session.

For tickets, which are available for advance and game day purchase, call Ticketmaster at 1-877-750-4400 (including Times Supermarkets), visit the Blaisdell Box Office or surf [www.ticketmaster.com](http://www.ticketmaster.com).

"You're in the game" of the 2003 Western Division Champions at [www.hawaiianislanders.com](http://www.hawaiianislanders.com).



# THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the Hawaii Marine's weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both.

Our two resident sports junkies welcome your e-mails. We will print the top comments of the week from our readers. Contact Sgt. Lindsay at [lindsayjb@mcbh.usmc.mil](mailto:lindsayjb@mcbh.usmc.mil), or Capt. Robbins at [robbinskd@13meu.usmc.mil](mailto:robbinskd@13meu.usmc.mil). Remember, "If you don't speak up, you won't be heard!")

## Can Smarty Jones win the Triple Crown?

**Capt. K. D. Robbins**  
*The Professor*

It happens once a year. The aristocrats of society band together and join our fraternity of sports fanatics. Vertically challenged young men in checkered suits smile, as it is once again the little guy's chance to shine.

This is the time of year when speculation begins. Will this be the year? Will we finally see another thoroughbred win horse racing's greatest honor?

Fresh off a \$5 million bonus, the largest in horse racing history, Smarty Jones is this year's hope. The colt has been in seven races and he won all seven. However, can he, or any horse, carve a niche in horse racing immortality and win a Triple Crown? No.

It is doubtful, at best, that there will ever be another Triple Crown winner. Take a look at the numbers: In more than one hundred years of competition,

only 11 horses have won the Triple Crown (Kentucky Derby, Preakness Stakes and Belmont Stakes). The last to do so was Affirmed in 1978. Furthermore, only 18 horses have won the first two jewels, to include Funny Cide last year.

The Triple Crown ranks near the top in one of the most difficult accomplishments in all of sports. In this day of parity in athletics, it is near impossible to go undefeated.

There is just too much competition. Just ask St. Joseph's men's basketball, the last undefeated to get America pumped up, only to burst the proverbial, undefeated bubble.

Smarty Jones can win The Preakness. But, that will be the end of the line. In fact, The Cliff's Edge will give him all he is looking for at Pimlico.

Lion Heart has the name, but Saturday may be the end of the line for this stud that does

See **PROFESSOR**, C-6

**Sgt. Joe Lindsay**  
*The Goat*

*Motown Philly back again  
Doin' a little east coast swang...*

Let the hype begin. It does almost instantaneously every year as soon as the Kentucky Derby winner crosses the finish line, and the question is always the same: Does this horse have what it takes to win the Triple Crown?

C'mon. Let the horse have a chance to eat an apple or a sugar cube for a second, and let the jockey plug his sponsors on camera by pointing to the advertisements on his uniform before starting the inevitable Hollywood search for "Seabiscuit II" starring Ben Affleck as a blind jockey and Jennifer Lopez as the horse's rich, conniving owner who wants to kill the thoroughbred in a stable fire to collect insurance money just before the race.

The sad thing is, that sickening story line and casting call making it to the big screen is closer to real-

ity than Kentucky Derby winner Smarty Jones actually winning the Triple Crown. Not that Smarty Jones isn't a great horse, or even a better story — the horse comes straight out of the mean streets of Philly, not the blue grass of Lexington or Louisville, and the jockey, Stewart Elliott, is a convicted criminal who was recently on probation for aggravated assault for beating the hell out of someone with a pool cue, beer bottle, and wooden stool — it's just that winning the Triple Crown is very, very difficult.

There have only been 11 Triple Crown winners in history, and with the exception of the heyday of great horses in the 1970s (Secretariat '73, Seattle Slew '77, Affirmed '78), the last horse to accomplish the Triple Crown feat was Citation in 1948.

Since 1978, 15 horses have won two of the three legs of the Triple Crown, including nine who won both the Kentucky Derby and

See **GOAT**, C-6

## READERS STRIKE BACK

**"...go back to topics  
'The Bottom Line'  
might have better  
knowledge about"**

Dear "Bottom Line,"

Both of you gentlemen missed the mark in last week's "Bottom Line" ("What is the biggest surprise in baseball?" May 7, page C-3). For The Professor to tout the Texas Rangers as the next great thing in baseball was a joke, and The Goat seemed to sidestep the whole issue by falling back on the old sky is falling on the Yankees.

The Goat's argument was like a crutch for someone without the guts to make an opinion. I would have respected him more if he just would have picked the Oakland A's, like everybody knew he wanted to.

How either of you failed to mention the Baltimore Orioles made me question your overall knowledge of baseball. Please go back to topics "The Bottom Line" might have better knowledge about such as figure skating or celebrity boxing matches starring Tonya Harding.

— **Martin Mooney**  
*Baltimore, Md.*

(Editor's Note: Except for punctuation corrections, comments are printed as they are received, or "sic.")

# Carbohydrates are a dietary downfall



Cpl. Jessica M. Mills

Lance Cpl. Murray McNichol, parachute rigger with Marine Aviation Logistics Squadron 24, eats a submarine sandwich, which is full of carbohydrates. Similar sandwich wraps are a good low-carb alternative.

**Steven Rosenblatt, M.D., Ph.D.**

*NAPS Featurettes*

Health care researchers equate the health impact of obesity to that of smoking, and fear that obesity may reverse the tremendous gains modern medicine has made in increasing human longevity. Currently, it is estimated that 60 percent of adult Americans are either overweight or clinically obese.

Overweight individuals have an increased risk of adult onset diabetes, coronary heart disease, hypertension, stroke, degenerative arthritis, obstructive apnea and perhaps asthma.

America's weight gain coincides with an increase in carbohydrate consumption. Today, nearly one-half of the total calories in the typical Western diet are composed of carbohydrates. Carbohydrates are quickly converted to sugar — and then into fat — if they aren't burned through exercise. Consequently, an effective strategy would be to reduce the absorption of starch calories.

One of the latest developments in our battle against obesity is an extract of the white kidney bean, called Phase 2 Starch Neutralizer. A recent study showed that individuals consuming the starch neutralizer reduced their absorption of starch calories by an average of 66 percent.

To determine if you might be a good candidate for the starch blocker strategy, take this simple carb quiz. For each question, answer "sometimes"

(1 point), "often" (2 points) or "always" (3 points):

- 1) My fat storage is more in my abdomen than my hips or thighs.
- 2) Dinner doesn't feel complete without dessert.
- 3) Diabetes runs in my family.
- 4) I've never stayed at my ideal weight for more than a year.
- 5) I think I gain weight more easily than most people.
- 6) My metabolism seems to have slowed down, as I've gotten older. I have to eat less and exercise more to keep from gaining.
- 7) Hunger affects my mood. When I'm hungry, I get irritable and/or spaced-out.
- 8) I seem to have less willpower about eating than I do about other aspects of my life.

#### Scoring

1-4: Excellent. Starch blockers might not help as your metabolism works well.

5-8: Few problems, good control. Might use occasional starch blocker.

9-12: Possible trouble. May need to restrict sweets and neutralize starches.

13-16: Be wary. Significant dysfunction of carb metabolism. Need starch blockers.

17 or over: Potentially severe problems. Need immediate attention to block carbs and prevent early-onset diabetes.

## Experts take a closer look at LASIK vision correction

### NAPS

*Featurettes*

According to a recent survey, the public's understanding about laser vision correction or LASIK is not keeping pace with technological advances in the field.

The Gallup Poll of men and women who wear eyeglasses or contact lenses and who have never had laser eye surgery shows the following:

- One in five are fearful of the side effects or pain that they believe are associated with LASIK.
- More than half admit that they have never spoken with a doctor about the procedure.

•Most admit that they know little, or nothing, at all about new advances in the field.

"These survey results show that most people are not taking the right steps to stay informed, or to make informed decisions about laser eye surgery," explained Andrew Caster, MD, clinical instructor of ophthalmology at UCLA's Jules Stein Eye Institute and medical director of the Caster Eye Center.

According to Caster, LASIK is a virtually painless procedure. He also explains that side effects such as glare, halos and night vision problems were of significant concern in the past, but that the potential for such unwanted side effects is reduced today given the use of new wavefront-guided LASIK procedures.

For example, eye surgeons have used the CustomCornea procedure for more than a year to help improve both the quantity and quality of a person's vision, and to reduce long-standing concerns about glare, halos and night vision problems.

"Anyone who might be considering LASIK needs to learn about this new wavefront technology, and how it can potentially help improve their visual outcomes," he said. "A qualified eye surgeon can address their questions, discuss the risks and benefits and help determine if they are a good candidate for the procedure."

To learn more about the latest advances in LASIK procedures, see your eye doctor.



Photo Courtesy of Dr. Will Horsley

Dr. Will Horsley performs LASIK surgery on Dr. Jannelle Diaz, a radiologist from Stoneham, Mass., at his optometry clinic.

## Get your motor runnin'...



Lance Cpl. Kevin J. Ridlon

**MARINE CORPS LOGISTICS BASE ALBANY, Ga. — Marines here enjoyed a beautiful, hot weekend filled with speeding race cars and thousands of NASCAR fans yelling "get 'er done" as they worked a concession stand and sold beverages in the stands at the Talladega Super Speedway, April 23 - 25. They had traveled to Talladega to raise money for the Marine Corps birthday balls. After a total of three days working at the race, \$9,000 to \$11,000 was raised; however, a portion was paid to the catering company. Some of the Marines also got a chance to go and tour the garage area and see the Team Marines racecar, as well as meet and talk with the pit crew and driver.**

### SOFTBALL, From C-1

ination championship, composed of the top three teams from each round robin division.

The team fee is \$225 for all teams. Off-island teams must register and make entry fee payment to the MCCA Accounting Management Office by June 18. Send checks payable to MCCA; Attn: AMO-Foster Athletics; Unit 35023; MCB Camp S. D. Butler; FPO AP 96373-5023.

On-island teams must register and make entry fee payment at any MCCA athletic facility by June 23.

Team size is limited to 15 players, plus a coach. A coach who participates as a player will count against the 15-player limit.

A coaches meeting will be held at the

Camp Foster Community Center, Bldg. 5908, June 30 at 6 p.m. Attendance is required for team participation.

A skills competition will be conducted on Camp Foster's Field #1 immediately following the coaches meeting. The competition will include a relay-throw, base running and home run hitting contests.

For billeting at Camp Foster, team rosters must be submitted by June 18. Coaches are responsible for their team members' conduct while in billeting.

For billeting, competitors must submit their entry form and payment to Camp Foster Athletics by fax to 645-3901 DSN, or 011-81-611-745-3901 commercial toll charge, or e-mail Robert Shadley at [Shadleyr@okinawa.usmc-mcca.org](mailto:Shadleyr@okinawa.usmc-mcca.org).

Call 645-4866/3985/2235 (DSN) for more information.

### PROFESSOR, From C-3

everything but finish strong. He will jump out to the lead, but that will do nothing more than get the gamblers excited.

**Bottom Line:** The Triple Crown isn't meant to be won. It certainly isn't the curse of the "Billy Goat" for the Cubs or Ruth for the Red Sox. But, winning the first two jewels of the horse racing's "championship" is just too darn difficult.

The only people who dare to believe another Triple Crown winner is out there are the marketing representatives at Visa, who will do nothing but promote their annual namesake to drive America further into debt, or in this case, the betting window.

### GOAT, From C-3

Preakness before losing in the final jewel that is the Belmont Stakes.

**Bottom Line:** With possibly as few as seven horses slated for the Preakness on Saturday, Smarty Jones has as good a chance to win the first two legs of the Triple Crown as any horse in recent memory.

And two out of three ain't bad, but neither is meat loaf. Except nobody serves meat loaf at victory parties — they serve steak and lobster and champagne and cigars.

Elliott is going to have to settle for a Philly cheese steak, a cold Pabst Blue Ribbon and an unfiltered Lucky Strike after Belmont. There's no shame in that.

### VOLLEYBALL, From C-1

game.

Playing conservatively, their strategy seemed to be to play small, safe ball and push the ball to their opponents court both literally and figuratively, an important strategy in rally scoring games.

The BAS, hoping to overcome the deficit it suddenly faced, tried too hard to spike the ball on every possession, costing the team many points.

The final score was 25-18 in the second game, forcing the match to a tie-breaking 15-point game.

The last game was a balance of the two previous, as both teams played a little more conservatively. The biggest difference was 3/3's willingness to try for blocked shots, which kept 3/3 in contention until the end.

Again on the big arm of Feagin, the BAS wrote 3/3 a bed-rest chit, ending the game with more controlled shots.



Pic. Rich Mattingly

**Doug Feagin of BAS attempts to spike the ball during his team's win Wednesday.**