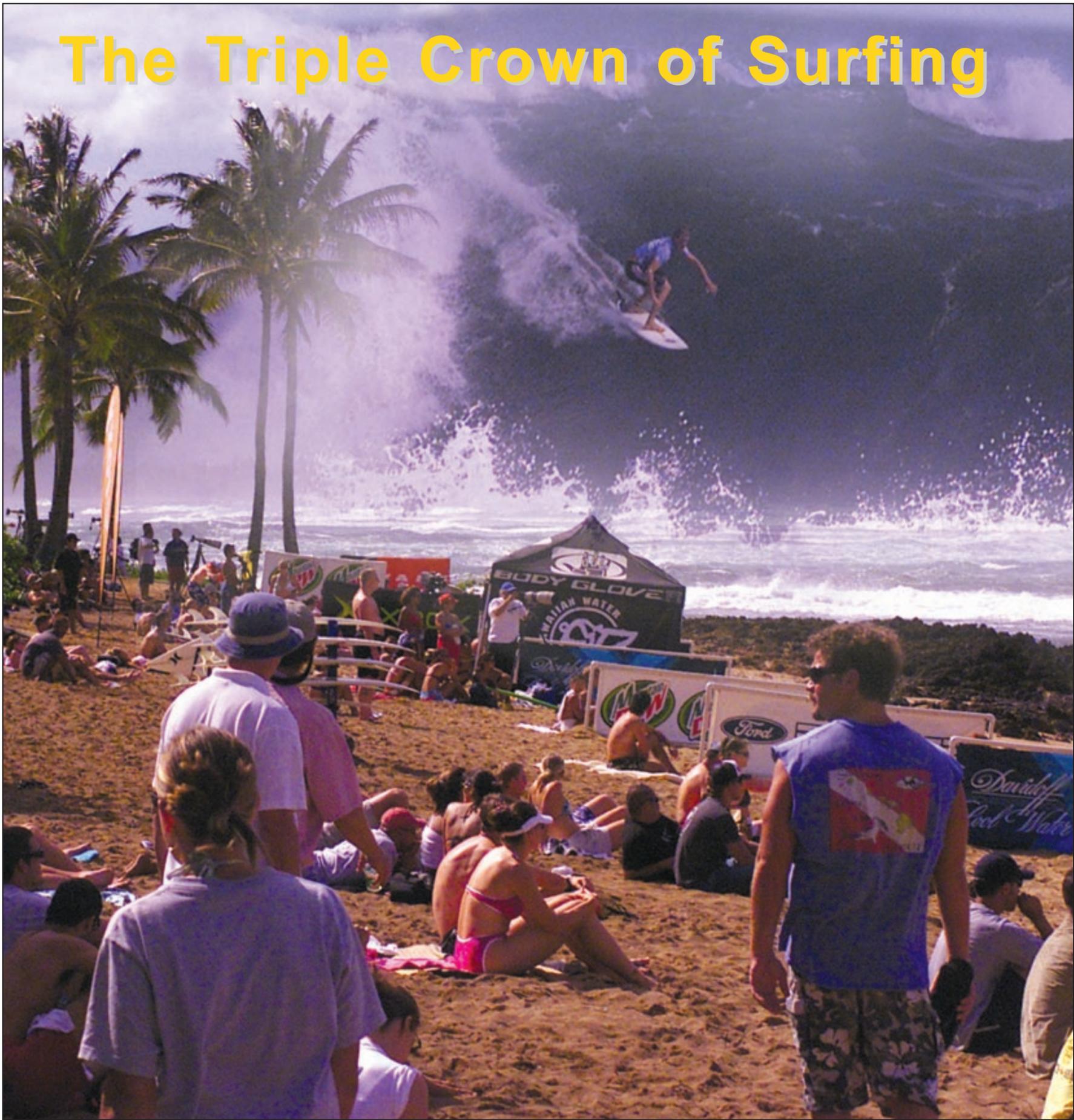


LIFESTYLES

The Triple Crown of Surfing



Digitally altered montage by Sgt. Robert Carlson

The Triple Crown of Surfing, with its festivals, parties, concerts and main events on the big waves, is a perfect destination for residents of Oahu and guests to the island.

World-class surfers converge on Oahu

Sgt. Robert Carlson
Combat Correspondent

It's the biggest event of the year, and it has been drawing world-class athletes from around the world for more than two decades.

It attracts more spectators than high school football, college volleyball, or any other sport on Oahu, and it's televised to more viewers worldwide than the National Football League's Pro Bowl.

Winter in Oahu brings thundering three-story-tall waves to the island, and with them comes the Triple Crown of Surfing, where the world's finest waveriders duke it out for big cash prizes and the world titles.

In its 20th year, the competition has moved around in the schedule of the world tour lineup, but remains the premiere set of events to prove a surfer's worthiness in the heavy North Shore surf.

To celebrate the anniversary, promoters are paying out record amounts of prize money — more than \$750,000 in all

— and throwing parties all over the island.

The Hawaiian Pro at Haleiwa is the first event of the series, and it's the final qualifying event in the Association of Surfing Professionals international tour. More than 130 surfers signed up; however, the field was whittled down to 96, then to 32, then 16 and so on until one rider was named the winner.

The Hawaiian Pro at Haleiwa-Allii Beach wrapped up Nov. 24, and the second event, the Rip Curl Cup at Sunset Beach, kicks off on Sunday.

The shallow reef and strong currents at Haleiwa make getting a good clean ride difficult, and the competitors had to take risks just to even begin their rides.

For spectators, Sunset Beach promises even more excitement as the pros paddle out into what may be some of the biggest surf in the world.

Rules for the Rip Curl Cup limit the number of entrants to 45 plus two wildcards, and in addition to being the second event in the Triple Crown series, it's the second to the last in the World

Championship Tour.

The final event in the series, and the last WCT event, the Pipeline Masters starts Dec. 8 and runs to Dec. 20. Pipeline Banzai has been host to this event for 32 years, and it's the longest-running professional surf competition in the world.

Women's events, including the Billabong Pro on Maui, the Roxy Pro at Haleiwa, and the Turtle Bay Resort Women's Pro, have far fewer competitors but promise just as much excitement.

Since the competitions are scheduled for time frames instead of specific dates, it's a good idea to check the Triple Crown of Surfing website at www.triple-crownofsurfing.com, to find out when the contests are underway.

Depending on the condition of the surf, the competitions could last a few days, or up to three weeks.

Parties, concerts, primetime television show tapings and several broadcast network sports shows are drawing attention to the northern parts of the island, and there are events happening nearly every-day over the next six weeks.



Sgt. Robert Carlson

Australian Mark Mathews scores points as a wave closes out in the 16th heat of the Hawaiian Pro at Haleiwa Sunday.

MCCS

MARINE CORPS COMMUNITY SERVICES
www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Debbie Robbins, MCCS Public Relations

NOVEMBER

29 / Today

It's Beginning to Look a Lot Like Christmas — Bring some holiday cheer into your home with a fresh Christmas tree.

The MCCS tree lot is open today at 6 a.m. in the Marine Corps Exchange Annex parking lot. Normal business lot hours are Monday - Friday from 11 a.m. - 7 p.m., while supplies last.

For more Christmas tree information, call 254-7616.

Homecomings & Holidays — Will this be the year you jet set to an exotic location? How about visiting the homestead?

Wherever you choose to ring in the holidays, stop by your local Leisure Travel Information Office, located inside Mokapu Mall, for discounted outer island and mainland airfares.

Next to Leisure Travel, your Information, Ticket and Tours office offers many discounts on

local attractions, to include luaus, dinner cruises, museums and much more.

For more information, call Leisure Travel at 254-7413 and ITT at 254-7563.

DECEMBER

1 / Sunday

Do the Pancake Pile-Up — How many pancakes can you eat? Find out seven days a week during the Fairways' all-you-can-eat pancake special for only \$2.95.

Fairways piles up this pancake special Monday - Friday from 6:30 - 10:30 a.m. Get your all-you-can-eat \$1.95 pancake coupon, available on all December club coupons.

Visit your club for details, or for more information, call 254-5592.

5 / Thursday

"Tree-mendous" Holiday Gifts — Add your last minute

entries to your holiday shopping list and head to the Camp H.M. Smith Craft Fair from 7:30 a.m. - 2 p.m. in Bldg. 4, adjacent to the Marine Corps Exchange.

Craft-goers will find yuletide treasures from homemade crafts to baked goods, all at bargain prices.

For more information, call 477-5143.

Pupu Party — Thursdays are "Pupus-O-Plent," at the Officers Club.

Every Thursday evening, bring the crowd to the Kauai Room for half price pupus. Every pupu is half-priced from 5 - 9 p.m. with the purchase of any beverage. Call your Officers Club at 254-7650.

7 / Saturday

Santa Visits MCB Hawaii Families — Over the Koolaus and through the surf, Santa is bound for MCB Hawaii Dec. 7

Santa will make his grand appearance during Santa's Village



from 10 a.m. - 1 p.m. inside the Enlisted Club Ballroom.

All base families are invited to visit this winter wonderland complete with tinsel trees and hundreds of twinkling lights.

Bring the little elves to meet, greet and receive a free photo with Santa.

Once the keiki are satisfied sitting on Santa's lap and reciting their holiday wish lists, children may participate in the 12 Days of Christmas Crafting.

Additional entertainment during this holly-day will include performances by Di Rodin's dance classes, a bouncy house and a guest appearance by Mrs. Hawaii 2002, who will sign autographs and read seasonal stories to the children.

All Santa's Village guests may enter a free drawing to win one of three Razor fold and store bicycles.

Mahalo to the Santa's Village sponsors: AAA Hawaii, Mary Kay, Princess House, and Creative Memories.

For more information, call Personal Services' Jeanne McGuire at 257-7787.

13 / Friday

Bring Your Own Boss — Bring your "top dog" to Kahuna's Sports Bar & Grill from 4:30 - 6:30 p.m.

Guests will enjoy free pupus, beverage specials and bull rides.

Who's ready to jet set to the Super Bowl? It could be you.

Find out during the Super Bowl drawing to be held at 6 p.m. Entries from all three clubs will be entered into one box. Winners from this drawing will be sent to Headquarters for the final draw.

For more details, call Kahuna's at 254-7660.

SM&SP



Mahalo to AT&T In-Room Service for supporting the Single Marine & Sailor Program.

All events are open to single, active duty military. The SM&SP Office is located in Bldg. 219. Call 254-7593, for more information on any program or activity.

Program Review

Thursdays: Enjoy free tennis lessons from 11 a.m. - 12:30 p.m. at K-Bay's tennis courts. Call 258-8081 for reservations.

Dec. 6: Participate in the Shank & Slice Golf Tournament at the K-Bay Klipper. Register by Dec. 5 for this event, which is open to all active duty military. All E-5 & below play for \$22, E-6 & above, \$30. The fee covers cart, green fees, pupus and prizes. Prizes will be awarded on blind draw.

Dec. 7: Don't forget to take advantage of Santa's Village at the Enlisted Club. Volunteers are also needed to support this event. Call 254-7593.

Jan 18: Mark your calendars now for the following 2003 SM&SP Island Get-Aways:

•Maui, Jan. 18 - 20 & May 24 - 26 at \$270.

•Kauai, Feb. 15 - 17 at \$250.

•The Big Island of Hawaii, Aug. 30 - Sept. 1 at \$270.

Fees cover airfare, transportation and accommodations. See www.MCCS Hawaii.com for more details, under "Semper Fit."

(Transportation is provided for all events above.)

Tire pressure checks best made monthly

NAPS

Featurettes

A study by the National Highway Traffic Safety Administration at the U.S. Department of Transportation found that one out of every four passenger cars on U.S. roadways are driving with one or more substantially underinflated tires.

The NHTSA estimates that proper tire inflation could help save up to 80 lives and prevent up to 10,000 injuries each year. Yet, some 60 percent of drivers do not know that they should check their tire pressure once a month. Furthermore, half of all drivers don't even know how to find the correct tire pressure for their vehicle.

Motorists are advised to practice these safe driving tips before getting underway on the road:

•Check tire pressure in all four tires, at least once a month, with a tire gauge, available for as little as \$3 to \$5 at automobile parts stores. An underinflated tire may not



Sgt. Alexis R. Mulero

Lance Cpl. Cedric Reid, an administrative clerk with the Personnel Support Center, checks tire pressure on his truck before exploring the many wonders of Oahu.

be obvious and can't always be detected with a visual check.

•Check your tire pressure when tires are

cool, and use the automaker's recommended tire pressure printed on a placard that usually appears in the vehicle's door-jamb, inside the fuel filler door or on the inside of your glove box lid.

•If the pressure is too high in any of the tires, slowly release air by gently pressing on the tire valve with the edge of your tire gauge until you get to the correct pressure.

•If the pressure is too low, note the difference between the measured tire pressure and the correct tire pressure. At a service station, add the missing pounds to each tire that is underinflated.

•Perform a monthly tread check. Take any penny and put it in the grooves of your tire with Lincoln's head down. As you look at it from the side, if you can see the top of Lincoln's head, you need new tires.

•Don't overload your car; it puts on added stress.

For more information on tire safety tips, visit the following Web site: www.safetrip.org.

New oil needed every 3,000 miles

NAPS

Featurettes

Doing simple things on schedule, such as taking your car in for an oil change and following the service directions found in your owner's manual, can be a good thing.

The following are some common questions about the right things to do for your car. The answers can help to keep your car healthy and safe, and they can add a little fun to your driving at the same time.

Frequently asked Qs & As:

Q: Is there a way to have my car serviced without having to leave it somewhere?

A: Most manufacturers

recommend an oil change every 3,000 miles. There are many "fast lube" centers where you can get your car serviced in no time at all, which will check important fluids and make sure your engine is all set without an appointment and in less than 30 minutes.

Q: I suddenly have a longer commute. Do you have any ideas about how I could make the best use of the hours I spend traveling?

A: Books on tape have become quite popular, and you should have no problem finding them in bookstores and libraries. Also, consider purchasing a hands-free kit for your cellular phone, which will enable you to make calls during your commute without sacrificing safety.

Q: My kids are constantly taking their seat belts off. Is this really something I should make a fuss about?

A: Wearing safety belts is something you should never compromise. And for new parents, the proper installation of child seats can dramatically reduce the risk of fatal injury to infants and toddlers.

Q: My car seems to be running fine except the yellow "check engine" light keeps coming up on the dashboard. How can I find out what is causing it to go on without having to pay big bucks?

A: The Auto-Xray(tm) On-Board Computer Diagnostic Service may determine the problem that has caused the "check engine" light to turn on.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free.

Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Please show your ID at the box office, Bldg. 219. Phone 254-7642 for recorded info, 254-7641 for the theater manager.

Barbershop (PG13)
The Tuxedo (PG13)

*FREE SNEAK PREVIEW of:

*Analyze That (PG13)
Trapped (R)

*FREE MILITARY APPRECIATION
MOVIE FOR ACTIVE DUTY FAMILIES:

*To Be Determined (PG13)
*To Be Determined (PG13)

The Tuxedo (PG13)
Sweet Home Alabama (PG13)
Red Dragon (R)

Today at 7:15 p.m.
Today at 9:45 p.m.

Saturday at 7:15 p.m.
Saturday at 9:45 p.m.

Sunday at 3:30 p.m.
Sunday at 7:15 p.m.

Wednesday at 9:45 p.m.
Dec. 6 at 7:15 p.m.
Dec. 6 at 9:45 p.m.

Christmas Services

Base Chapel
MCB Hawaii, K-Bay



Catholic Penance
Dec. 10, 6 p.m.

Ecumenical
Children's Pageant
Dec. 22, 3 p.m.

Protestant Candlelight
Christmas Eve Service
Dec. 24, 6 p.m.

Catholic Christmas Eve Mass
Dec. 24, 7:30 p.m. & 12 a.m.

Catholic Christmas Day Mass
Dec. 25, 9:30 a.m.

(Contact the Base Chapel,
located in Bldg. 1090 adjacent
Dunkin' Donuts, at 257-3552.)

RECIPES

Delicious minty desserts five-star at the holidays

NAPS

Featuring

This holiday season, give yourself a gift with festive peppermint and gingerbread this holiday season.



Gingerbread Star Cookies

1 18 oz. tube refrigerated sugar cookie dough
1/2 cup dark molasses
1 cup flour

1 tbsp. ground ginger

Peppermint Ice Cream
Colored sugar sprinkles
Prepared icing

In large bowl, combine cookie dough, molasses, flour and ginger. If dough feels sticky, add more flour to make dough easier to handle. Preheat oven to 375 degrees.

Roll dough 1/8-inch thick on well-floured surface. Cut 24 star shapes with cookie cutters. Place cookies on ungreased baking sheets; sprinkle with colored sugar if desired. Bake 10-12 minutes. Cool on wire rack.

To assemble: While cookies are cooling, remove ice cream from freezer. Lay ice cream container on its side on cutting board. Using a serrated knife, slice 3/4 inch rounds, one at a time, like loaf of bread. Cut ice cream into star shapes with cookie cutter. Place cookie on top and bottom of ice cream to make sandwich.

Make one sandwich at a time to prevent melting and freeze quickly.

Remove cookies from freezer and dec-

orate them with icing.

Serve immediately or re-freeze. To store longer than two hours, place sandwiches in airtight container or wrap each in plastic. Makes 1 dozen ice cream sandwiches.

Mint Holiday Wreath

Chocolate Shortbread Cookie Base
3/4 cup butter, softened
3/4 cup powdered sugar
1/2 tsp. vanilla
1 1/4 cups all-purpose flour
1/3 cup unsweetened cocoa powder
Mint Ice Cream & Green gum drops
Red cinnamon candies or M&M'S

Butter 9-inch round cake pan; dust with cocoa powder. Set aside. Preheat oven to 325 degrees.

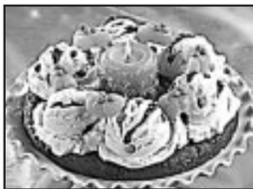
Beat butter, powdered sugar and vanilla with electric mixer until light and creamy. Mix flour and cocoa with butter mixture until just combined. Dough will be stiff.

Pat into prepared pan, pressing evenly. Bake 25 minutes. Cool in pan. Run a knife around edge of shortbread and turn out onto a plate that fits in the freezer.

Place large scoops of ice cream around edge of cookie to form wreath. Cut green gum-drops into thin slices.

Arrange three slices for holly leaves and decorate with red candy for berries.

Cover with plastic wrap and return to freezer. To serve, cut into wedges with sharp knife. Makes about 8 servings.



Mint Holiday Wreath

On the Menu

Anderson Hall will prepare the following this week:

Today
Dinner/Brunch
Oven Roast Beef
Baked Tuna & Noodles
Steamed Rice
Asst.. Fruit Pies
Chocolate Chip Cookies

Saturday
Dinner/Brunch
Grilled Steak
Pork Chops Mexicana
Mashed Potatoes
Spanish Rice
Fruit Nut Bars
Asst.. Fruit Pies

Sunday
Dinner/Brunch
Beef Pot Pie
Baked Fresh Fish
Steamed Rice
Bread Pudding
w/ Lemon Sauce
Peanut Butter Cookies
Asst.. Fruit Pies

Monday

Lunch
Teriyaki Chicken
Salisbury Steak
Mashed Potatoes
Steamed Rice
Apple Crisps
Fruit Bars
Asst.. Fruit Pies

Dinner
Baked Meat Loaf
Oven Roast Beef
Pork Fried Rice
Parsley Buttered Potatoes
Apple Crisps
Fruit Bar
Asst.. Fruit Pies

Specialty Bar

(For Lunch and Dinner)

Pasta Bar

Tuesday

Lunch
Barbecued Spareribs
Veal Parmesan
Oven-Browned Potatoes
Buttered Egg Noodles
Devil's Food Cake w/
Mocha Cream Frosting
Asst.. Fruit Pies

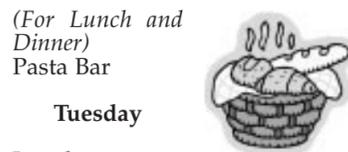
Dinner
Swiss Steak
w/ Brown Gravy
Baked Fish Filets
Lyonnais Potatoes
Steamed Rice
Devil's Food Cake w/
Mocha Cream Frosting
Asst.. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Taco Bar

Wednesday

Lunch
Baked Ham
Chili Macaroni
Sweet Potatoes
Grilled Cheese Sandwich
Peanut Butter Cookies
Bread Pudding
w/ Lemon Sauce
Asst.. Fruit Pies

Dinner
Stuffed Pork Chops
Turkey Pot Pie
Steamed Rice
Mashed Potatoes
Peanut Butter Cookies
Bread Pudding



w/ Lemon Sauce
Asst.. Fruit Pies

Specialty Bar
(For Lunch and Dinner)

Country Bar

Thursday

Lunch
Cantonese Spareribs
Baked Tuna & Noodles
Shrimp Fried Rice
Corn Bread Dressing
Pineapple Upside-Down Cake
Asst.. Fruit Pies

Dinner
Swedish Meatballs
Caribbean Chicken
Steamed Rice
O'Brien Potatoes
Pineapple Upside-Down Cake
Asst.. Fruit Pies

Specialty Bar
(For Lunch and Dinner)
Taco Bar

(The Anderson Hall dining facility will run holiday hours Thanksgiving weekend, as follows:

*Breakfast/Brunch on Friday, Saturday & Sunday, 8 - 11 a.m.

*Dinner/Brunch on Friday, Saturday & Sunday, 4 - 6 p.m.

*The Satellite Facility will be closed all three days. *Normal operating hours resume on Monday.)

A stress-free holiday season is possible

NAPS Featurettes

Quite often, the holidays are a source of the blues for many people, but everyone can take a break and enjoy this holiday season relaxing with friends, if not family. Stress doesn't have to put a damper on your merriment, if you take steps to heart that can help turn tension into a ghost of Christmas past:

- *Shop early, at one location.*

The sooner you get started on your holiday shopping spree, the better off you'll be. See if you can narrow down the number of stops by finding a diverse, useful store that offers delightful gifts for everyone on your list.

Your local mall, for instance, offers one-stop shop alternatives, where you'll find a variety of gifts to rejuvenate the senses and lift the

spirits.

- *Get organized.*

Make a list of everything that needs to be done, from shopping to entertaining to decorating. Divvy up the work you need to accomplish between family and friends.

There's no need to do everything yourself. In fact, the feeling of being overwhelmed is a major contributor to stress.

- *Have extra holiday gifts on hand.*

When unexpected guests arrive, a simple something can go a long way toward making them feel welcome.

Some suggestions include festive and fragrant candles, pampering personal products and beautifully wrapped soaps and lotions.

- *Pamper yourself-and others.*

Taking time out for yourself is

key to keeping calm during this busy season.

Even the simplest things like comforting your feet after a hard day of holiday shopping or a therapeutic lotion, bath oil, mist or scrub in soothing, relaxing and energizing scents can calm you.

These simple pleasures can provide you or your loved ones an air of happiness.

- *Celebrate life.*

Take some time and treat yourself to a massage or relax and soak in a soothing bath. When you feel fresh and rejuvenated, you're much more likely to appreciate, and revel in the magic of the holiday season.

Do something different this holiday season, for example, try your hand at holiday baking, whip up a unique decorating idea in your home or on those gifts, or create some personalized gifts.



Sgt. Robert Carlson

Karma Lima, frontline monitor at the Marine Corps Exchange, Kaneohe Bay, adjusts ornaments on one of several Christmas trees set up with ornaments and decorations for the holiday season. Out since October, shoppers are snatching up the items they need early, to avoid stress and the close-to-Christmas shopping rush.

LEGAL ASSISTANCE

'Warfighting principles' apply to consumer issues

Capt. David J. Fennell
Legal Assistance Officer

War is a clash between two opposing wills. Warfighting necessitates that, before a commander engages an enemy on the battlefield, he first evaluate the capabilities and weaknesses of that enemy. In this way, the vulnerabilities of the enemy can be attacked with an overwhelming violence of action.

Buying and selling on the open market cannot be compared to the friction, violence and danger of war, but because buying and selling is a clash between two opposing wills, warfighting principles can be applied by the everyday military consumer.

Any significant purchase should include a planning stage followed by the actual purchase. A significant purchase can be approximately defined as the greater of \$500 or 5 percent of a consumer's monthly take-home pay after taxes.

In planning for a significant purchase, consumers should educate themselves on general consumer protection and consider some questions specific to the purchase.

Marine Corps Base Hawaii's Legal Assistance Web site at www.mcbh.usmc.mil/sja/sjadir.htm helps service members educate themselves on a wide variety of legal issues, including consumer protection. Service members can also seek advice from their command or fellow service members who have made similar purchases from similar sellers in the past.

Armed with a solid background of information, the service member should develop a plan for how to conduct the purchase.

The following are just some of the questions a consumer should consider when planning for a purchase.

Will I purchase the item in one transaction, or will I finance the purchase?

Making the purchase in one transaction makes it easier for you to determine if you can afford the transaction, by determining how much money is available to you and how much of that you are willing to use on the purchase.

You should write down a price tag limit from which you will not deviate.

Financing the transaction makes the determination of affordability more complicated.

What is the seller's total price?

Get a concrete figure from the seller including taxes and fees. If you are financing, you should look both at your monthly payments and at the total amount the financing agreement will cost.

For what price are others selling similar items?

You should employ comparison shopping. You should compare the total cost of the item as well as terms of any financing agreement.

Never purchase an item on the first visit. You should drive the timing of

the sale.

If you are financing, how much can you afford to pay?

You should subtract monthly expenses such as rent, utilities, phone, cable, credit account payments and food from your monthly take-home income after taxes.

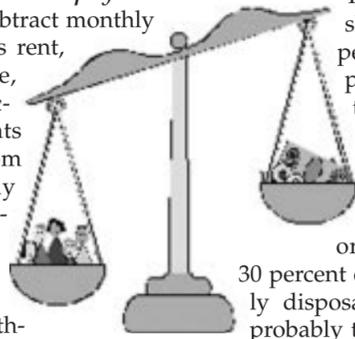
The remaining amount is your disposable monthly income (monthly income minus monthly expenses = disposable income).

Calculate the monthly pay-

ment on the finance agreement as a percentage of the buyer's monthly disposable income.

The purchase should not exceed too great a percentage of that disposable income.

A monthly car payment that is equal to or greater than 30 percent of your monthly disposable income is probably too great a percentage, considering that insurance, gas and maintenance costs will further increase that percentage.



What is the annual percentage rate?

Consider the rates from several lending institutions. Remember, even if you hold poor credit, you may find a bank that will lend money at a lower percentage rate than that offered by the seller.

When conducting your purchases, uncertainty is certain, and the fog of war may confuse or intimidate you. However, if you are secure in your intent and stick to your plan, you will drive the purchase.

You should always have the power to walk away if the seller does not provide what you want, for the price that you

want to pay and with a financing agreement that is acceptable. Otherwise, the only vulnerabilities exposed are those of your own.

You allow yourself no chance to impose your will on the seller.

(Editor's Note: Part I of this article considers how a consumer should plan and conduct a significant purchase. However, human factors are always present and no amount of planning will guarantee a fair purchase for the buyer. In Part II titled "Consumer Protection Marine Style," Capt. Fennell discusses some remedies that are available to service members when a good purchase goes bad.)

Marine Makepono

“HAWAIIAN FOR “MARINE BARGAINS”

Vehicles

1976 Triumph TR6, right-hand drive, fuel injection, electronic ignition, burly walnut dash, walnut steering wheel, \$9,000. Interested buyers, call 237-1234 .

1969 Rolls Royce, Silver Shadow, leather power seats, power windows, hydraulic powered suspension, salon mirrors, \$11,000. Interested buyers,

leave a message at 237-1234.

Motorcycles

2000 Harley Davidson Sportster 1200, custom, bronze pearl, original warranty and lots of chrome. Only asking \$10,000 OBO. Call 222-4422.

1985 Harley Davidson Electric Glide Classic, half shovel, half evolution, fore-

runner of Road King, with gangster whitewalls, \$10,000. Leave a message at 237-1234.

Boats

1975 Cargyle Cutter, 28 feet, sport cruiser sleeps seven, marine head, rebuilt Volvo Penta 350 V-8, with up-to-date marine survey. Owner must sell this vessel,

because leaving the island. Must see to truly appreciate this steal at \$17,000. Call 647-1196 to acquire this deal.

Miscellaneous

Two bangle bracelets; both a beautiful, solid burmese lavender jade; makes a unique gift. Asking \$100 OBO. Call 254-1621.

Free Makepono Ads

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

Ads are free and will appear in two issues of the *Hawaii Marine*, if space is available for ads.

The deadline for submitting ads to the *Hawaii Marine* is at 4 p.m. the Friday of the week prior to publication. Forms may be filled out Monday - Friday from 7:30 a.m. to 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216, aboard Kaneohe Bay.

Makepono may be used only for noncommercial classified ads containing items of personal property.

Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served, space-available basis. For more info, call 257-8840.

WORD TO PASS

Waimanalo Shops Open

Though the state of Hawaii has begun the Makapu'u rock slide mitigation project, Waimanalo retailers and vendors along Kalaniana'ole Highway still remain open for business. Shoppers may browse and transact business as usual.

MCBH Gives Reminders

MCB Hawaii residents and patrons are reminded that the mining or taking of sand and dead coral (or coral rubble, rocks, soil or other marine deposits) seaward from the shoreline is prohibited with few exceptions, per Hawaii State Regulation 171-58.5.

Also, motorists aboard Kaneohe Bay are reminded that the posted speed limit along Kaneohe Bay Drive, as they exit the Mokapu Road back gate changes from 30 mph to 25 mph.

JWC Holds Meeting

The planning and formation of the 2003 Joint Women's Conference — a forum for spouses of service members in all armed forces in Hawaii — is about to get underway. Spouses wanting to be involved in the 2003 event are invited to chair or serve on a committee.

If you're interested, attend the informational meeting Monday at 9:30 a.m. at the Hickam Community Center.

The JWC Conference is an opportunity for spouses to share experiences and learn new skills. Call 421-8025 for more details.

K-Bay Hosts Tour of Homes

All hands are invited to first dine on Mongolian Barbecue at the Officers Club, Dec. 6 at 5 p.m., then to pick up their driving tour map of decorated

homes in various housing areas aboard Kaneohe Bay at 6:30 p.m. while at the O-Club.

The Kaneohe Officers Spouses Club is sponsoring this Tour of Homes, which totals 10 military residences.

Purchase tickets in advance for \$6 or for \$8 day of the event. All proceeds benefit local charities.

For more details, contact Kara at 254-6115.

Christmas Events Underway

If you want to be entertained, the holiday season brings with it plenty to do. Mark your calendars for the following events.

•*Today at 7 p.m.:* Several mainland high school bands will join Oahu's military bands for the fourth annual Waikiki Holiday Parade sponsored by the Doubletree Alana Hotel.

The parade begins on Kalakaua Avenue at 7 p.m., and ends at the Honolulu Zoo. The event

provides students the educational opportunity to learn about America's history while visiting various Hawaii attractions.

•*Thursday at 6 p.m.:* The 56th annual Kaimuki Christmas Parade begins at Chaminade University, and ends at Koko Head and Waialae avenues. Santa Claus, Governor-elect Linda Lingle and Mayor Jeremy Harris will be among the VIPs attending. Call 732-7733 for more information.

•*Dec. 6 at 7:30 p.m.:* Experience Christmas from all corners of the globe as Hawaii Pacific University's International Chorale presents "Christmas Around the World," a free holiday concert, at Kawaiaha'o Church, 957 Punchbowl St.

•*Dec. 7 at 9 a.m.:* Enjoy the Kaneohe Christmas Parade, the largest community parade in Hawaii, which travels along Kamehameha Highway, beginning at Windward Mall and ending at Castle High School.