

LIFESTYLES

ADOPT-A-SCHOOL



Photo by Lance Cpl. Glenna D. Dixon

Above — Marines from Charlie Co., 1st Bn., 3rd Marine Regiment, paint the external walls of Kahalu'u Elementary School in Kaneohe Wednesday.



Hawaii Marine file photo

Volunteers help students learn concepts and have fun at scheduled activities and events.

MCB Hawaii helps children throughout Oahu to get the education they deserve, need

Sgt. Robert Carlson
Press Chief

Hawaii's military has been working closely with the Hawaii Department of Education to improve schools in Hawaii, and the Adopt-a-School program is just one way the Marine Corps is helping children in Windward Oahu get the education they deserve.

The Joint Venture Education Forum, which was established in 1999, a cooperative effort between the Department of Defense and Hawaii's DOE has the goal of improving education in Hawaii. The funding provided for JVEF — through the U.S. Pacific Command — helps schools focus on educating students by freeing up assets for things like textbooks and special education programs.

A recent survey conducted by JVEF showed that most of the issues Hawaii's military families have with the education system are related to funding shortfalls. However, initiatives like the Adopt-a-School program allow service members to assist schools with self-help projects that can normally drain funds allocated for books and

teachers in Hawaii's schools.

Marine Corps Base Hawaii leads the Adopt-a-School programs on the windward side of Oahu, and the base is helping improve the relationship between military families and the schools their children attend.

Painting, cleaning, landscaping, and building walls and drainage canals are all projects Adopt-a-School volunteers complete to help improve the educational environment in windward Oahu.

The Marine Corps' portion of the JVEF funding from the U.S. Pacific Command was \$20,000 this past year. The units participating in the Adopt-a-School programs took that money and made bigger improvements at their partnered schools than the schools could have made with the same amount of funding.

The key benefit for the schools is the volunteer hours Marines and Sailors work at their partner schools. Money that would be spent paying a contractor to install a sign, put up a fence, or build a retaining wall can better be spent on education essentials, rather than facility maintenance.

Nineteen schools benefit from Adopt-a-School partnerships with MCB Hawaii's Navy and Marine Corps units.

Among the dozens of projects completed this year, units from MCB Hawaii installed 100 bulletin boards and two air conditioners at Kailua Elementary School, built an art room at Lanikai Elementary School, built a fence at Mokapu Elementary, and installed ceiling fans at Kahalu'u Elementary.

The number of volunteers varies, depending on the type of project performed, but each of the units that have partnerships with the windward schools completed at least four significant projects during the past year, in addition to regular volunteer activities with their school.

This quickly adds up to thousands of hours in volunteer work being provided to the schools by MCB Hawaii personnel. The funding for materials was provided through the \$20,000 allocated to MCB Hawaii for the school programs.

In addition to facility and grounds improvements the volunteers make, the students of the partnered schools benefit even more from direct interaction with the Marines and Sailors of MCB Hawaii. Sports days, field meets, reading programs and tutoring are all sponsored by volunteers from the base. The Marines and Sailors get almost as much out of it as the children do.

Some service members say they volunteer because they have children in school, and they want to help make the schools a better place to learn. Others say they assist because they want to make the world a better place by helping kids grow up with an education.

Whatever the reason, these volunteers are multiplying the benefits of the funding provided by PACOM. They're also helping make windward Oahu a better place to go to school.



Hawaii Marine file photo

Right — Marines and Sailors at MCB Hawaii help with a variety of events at schools throughout Oahu such as at sporting events and fitness activities.

Right — A Marine helps a kindergartener solve mathematics problems.



Hawaii Marine file photo

Below — Sergeant Michael Bean, a nuclear, biological and chemical chief for 3rd TSB, adjusts a gas mask for a student during talks to fifth graders about NBC gear. Students donned the gear to see for themselves what it's like to wear the gear.



Hawaii Marine file photo

Marine Corps Base Hawaii Marines and Sailors help out during a physical fitness activity.



Hawaii Marine file photo

PARTNERSHIPS

Military Unit

HMH-362
1st Bn., 12th Marines
HMH-363
3rd Bn., 3rd Marines
4th Force Recon.
H&S Co., Camp Smith
1st Radio Bn.
1st Bn., 3rd Marines
HMT-301
CSSG-3
MALS-24
ComPatReconForPac
Marine Corps Air Facility
Branch Medical Clinic
HQ Co., 3rd Marines
HQ Bn., MCB Hawaii
Combat Support Company
1st Bn., 3rd Marines
HMH-463
MarForPac Band

Adopted School

Ahuimanu Elementary
Aikahi Elementary
Benjamin Parker Elementary
Blanche Pope Elementary
Enchanted Lake Elementary
Ka'ahumanu Elementary
Kaelepulu Elementary
Kahalu'u Elementary
Kailua Elementary
Kailua Intermediate
Kainalu Elementary
Kaneohe Elementary
Lanikai Elementary
Maunawili Elementary
Mokapu Elementary
Puohala Elementary
Waihole Elementary
Waimanalo Elementary/Intermediate
St. Anthony's Elementary
Music Enrichment Programs

MCCS

MARINE CORPS COMMUNITY SERVICES
www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Debbie Robbins, MCCS Public Relations

OCTOBER

11 / Today

The Rocker Room Welcomes the Great Outdoors — Rocker Room members may now enjoy their favorite beverages, pupus and entertainment on the new tropical lanai.

All club members and their guests are invited to attend the grand opening featuring the rock band "The Kingpins" performing at 6 p.m.

Party-goers will enjoy free pupus. Also, the member to bring along the most potential members — who then sign up for membership this evening — will win a DVD Player.

For more information, call 254-5592.

Creepy Creation Art Contest — The Base Theater invites all ghouls and goblins ages 3 – 12 years old to creatively embellish a Halloween illustration for free movies, popcorn and soda.

All MCB Hawaii children in

this age range may pick up a "Creepy Creation Art Contest" entry form at the Base Theater.

The three creepy categories are ages 3 – 5, 6 – 8 and 9 – 12. Each age category has a unique Halloween illustration.

Creepy Creation Art Contest submissions must be turned in to the Base Theater, Bldg. 244, no later than Oct. 23. Winners will be announced on Oct. 30 at the Base Theater, just before the Halloween movie at 7:15 p.m.

For more information, call 254-7641.

Information, Ticket & Tours Offers Special Discounts — ITT is now offering a military discount to several music concerts held at World Café. All ticket prices are for general admission, and a \$2 service fee will be added to the price of each ticket.

Oct. 10, catch "Bad Religion," \$20; Oct. 25, "Unwritten Law," \$17.50; and Oct. 30, "Goldfinger," \$17.50.

Your ITT is also offering the Entertainment Book 2003 for only \$30. These comprehensive books contain a myriad of coupons and discounts to Hawaii's most sought-after restaurants and island events.

Entertainment books are available at both the Mokapu Mall and Camp H.M. Smith ITT locations.

For more information, contact ITT at 254-7563.

12 / Saturday

Hot Country Nights — Every Wednesday and Saturday night, guests of the Enlisted Club don't have to take any bull. Hot Country Nights features a live

country and western band, or a country disc jockey, and the only mechanical bull on the island.

Members of the Armed Services may try to tame the bull for only \$5 for two rides.

For those gifted in rodeo riding techniques, a bull riding contest kicks off at the E'Club, every Wednesday night. Winners from this weekly competition will advance to the final round in December, where contestants have a chance to win \$2,000 in cash and prizes.

For more information, call the E'Club at 254-7660.

15 / Tuesday

Reading, Writing & Resumes — The first step in landing your dream job is to create a flawless, professional resume. You can learn how, if you attend the free Resume Workshop in Bldg. 3096 from 9 – 11 a.m.

Once your resume is perfected, you'll want to make sure your interviewing skills are honed as well. The Family Member Employment Assistance Office offers a free Interviewing Workshop for all authorized military I.D. cardholders.

The next Interviewing Workshop is scheduled Thursday in Bldg. 3096 from 9 – 11 a.m.

For more information or other employment tips, to include federal jobs, call 257-7790.

22 / Tuesday

Key Volunteer Training — If you're a military spouse who would like to get more involved with the military lifestyle, and if you have some extra time and

are good with people, becoming a Key Volunteer may be just right for you.

As a liaison between the command and family members, Key Volunteers attend a three-day workshop to learn the details of chain-of-command information, military resources and more.

The next KV session is Oct. 22 – 24 in the KV Center, Bldg. 3022, from 8:30 a.m. – noon.

For more Key Volunteer information, contact KV Coordinator Toni Spofford at 257-2410.

Lifestyles, Information, Networking & Knowledge Skills — The military seems to have acronyms for everything, and this can be challenging for a spouse to decipher.

Now military spouses don't have to figure this enigma lifestyle on their own. They have L.I.N.K.S.

This three-day adventure introduces military spouses to seasoned spouses who have many stories and resources to share, as well as information on daily living while in the military.

The next L.I.N.K.S. session is set for Oct. 22 – 24 in the L.I.N.K.S. House, Bldg. 3074, from 9 a.m. – 12:30 p.m.

Reservations are recommended. Call 257-2368.

25 / Friday

Adventure Night for Mom's & Dad's — With life as busy as it is, when was the last time you and your spouse enjoyed an evening out?

Parents whose children are members of Youth Activities may now take advantage of

"Adventure Nights."

Youth Activities will supervise your little ones from ages 5 – 9 years from 5 – 9 p.m. every last Friday of the month for only \$8.

Reservations must be made in advance, as spaces are limited. Children must also be YA members.

While you and your spouse are hitting the town, your keiki will be under the guidance of supervised, trained staff. Kids will also enjoy crafts and snacks.

For more information, call YA at 254-7610.

29 / Tuesday

Spooky Tales & Treats — It's time for the keiki to get creepy and attend the Base Library's "Spooky Tales & Treats," a Halloween celebration on Oct. 29 from 6 – 7 p.m.

All children are encouraged to dress in their costumes as Halloween stories will be read, ghoulish crafts assembled and taunting treats devoured.

The Base Library is located in Bldg. 219.

For more daunting details, call 254-7624.

30 / Wednesday

Monster Manor — Youth Activities will host "terror-ific" fun during the annual Haunted House at the Teen Center, Bldg. 477, from 6:30 – 8 p.m.

Ghouls four years and under are free, goblins five years and up are \$2, and Youth Activity members showing membership cards are free.

All keiki may don their spookiest costumes. For more taunting tales, call 254-7611.

SM&SP



All events are open to single, active duty military. The SM&SP Office is located in Bldg. 219.

Call 254-7593, for more information on any program or activity.

Program Review

Thursdays: Enjoy free tennis lessons from 11 a.m. – noon at K-Bay's tennis courts. Call 258-8081 for reservations.

Oct. 19: Get outdoors to Kualoa Ranch for horseback riding and a secret beach excursion, all for only \$48 per person.

Nov. 9: Mark your calendar to enjoy the Barefoot Splash Snorkel Cruise at \$30 per person.

Nov. 27: You won't want to miss the Holiday Base Thanksgiving Dinner Party for single, active duty personnel, only. Volunteers are needed.

Dec. 7: Don't forget to take advantage of Santa's Village at the Enlisted Club. Volunteers are also needed to support this event. Call 254-7593.

(Transportation is provided for all above mentioned events.)

SM&SP Benefits

Have your voice heard. Make a difference. Get involved. Grow. Have a blast.

The SM&SP is about all that and more. Program Coordinator Leslie Graham is here for you. Give her a call or stop by the SM&SP office.

Bull riders can get \$2,000 richer at the E' Club

Debbie Robbins
MCCS Public Relations



Get out the cowboy hat. Dust off the cowboy boots. The Kaneohe Bay Enlisted Club and Ala Moana Center's western apparel shop "Out of the West" will present "The Buck-Out Contest," every Wednesday night from 9:30 – 10 p.m., now through Dec. 4 during the E'Club's "Hot Country Nights."

The contest challenges all members of the Armed Forces to tame the only mechanical riding bull on the island with a chance to win \$2,000 in cash and prizes.

The Buck-Out Contest entry fee is \$10 for two rides. Weekly winners will receive \$25 – \$50 in "Out of the West" retail outlet gift certificates. They are then invited back to the Dec. 7 final run-off.

Contest riders must stay on the bull for a full, eight-second count to qualify. All riders must don cowboy or western attire when competing.

The K-Bay Enlisted Club hosts Hot Country Nights every Wednesday and Saturday from 9 p.m. – 1 a.m. Each night a live country band or disc jockey will entertain cowboys and cowgirls. Every one gets in free. For more information, call 254-7660.

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free.

Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Please show your ID at the box office. Phone 254-7642 for recorded info.

Serving Sara (PG13)
XXX (PG13)
Spy Kids 2 (PG)
Signs (PG13)
Master of Disguise (PG)
Signs (PG13)
XXX (PG13)
Blue Crush (PG 13)
Spy Kids 2 (PG)

Today at 7:15 p.m.
Today at 9:45 p.m.
Saturday at 7:15 p.m.
Saturday at 9:45 p.m.
Sunday at 3:30 p.m.
Sunday at 7:15 p.m.
Wednesday at 7:15 p.m.
Oct. 18 at 7:15 p.m.
Oct. 18 at 9:45 p.m.

FREE SNEAK PREVIEW: Catch the film "Ghost Ship" free of charge, Sunday, Oct. 20 at 7:15 p.m. (This film has not yet been rated.) Also, be sure to read about the "Creepy Creation Art Contest" for keiki in the "Possibilities" column above. Entry forms are available at the theater.

At the O'Club grand reopening



Pfc. Monroe F. Seigle

The grand reopening of the MCB Hawaii Officers Club, Oct. 4, kicked off with the precision movements of Headquarters Bn., MCB Hawaii's, color guard and celebratory speeches. For more details regarding the newly renovated O'Club's hours of operation or membership information, contact staff at 254-7650.

For up-to-the-minute news about MCCS, log onto www.mccshawaii.com.

DOMESTIC VIOLENCE AWARENESS MONTH

The good news is problems can be solved

October is Domestic Violence Prevention Month. The theme this year is "It's Your Business."

Maybe you know someone who has faced violence. You may have witnessed the violence, heard it, seen physical signs of it, or merely suspected it. Maybe you have experienced it yourself.

The violence will stop only when each one of us decides to act. It's our business.

You may know someone who is in an abusive and/or violent relationship — maybe a friend,

coworker or family member. If you do, reach out to them.

Too often we decide not to get involved; we feel that what goes on in between partners is not our business.

Silence, disregard, or disinterest implies unspoken approval or acceptance of domestic violence. In contrast, acknowledgement and concern confirm the seriousness of the problem.

If you know someone, or suspect someone is in an abusive relationship, make it your business and offer your

support.

The good news is that domestic violence is a problem we can solve.

If you know someone, or suspect someone you know is being abused, she or he will need a friend who will offer support and encouragement.

How can I help someone whom I suspect is being abused?

- Let possible victims know you care and are willing to lis-

ten without judging. You can ease the isolation by listening, providing information and helping them to explore options.

Never repeat what has been shared with you without permission.

Tell them that the abuse is not their fault. Never blame the victim for what is happening.

- Give them the emotional support needed to know they are a good person. Make sure they know they are not alone. Unfortunately, there are mil-

lions of Americans from every ethnic, racial and socio-economic groups who are victims of abuse.

There are also caring people available to help. Give and share with them information about helping programs and services.

- Explain that relationship abuse is a crime. Physical violence or threats of physical vio-

See "IT'S YOUR BUSINESS," B-8

“Have you seen the Joint Women’s Conference banner?”

If you are a spouse attached to MCB Hawaii and have spotted the Joint Women’s Conference banner anywhere aboard MCB Hawaii, note the location of the banner on the four dates below, and bring the form to the conference.

Nico Duncan will collect the forms, and the JWC director will pull a name from all correct entries received.

A winner will be announced in the Oct. 25 edition of the *Hawaii Marine’s* “Word to Pass” column, and the winner will receive a small “mahalo” gift for participating.

Name: _____ Phone #: _____

Date spotted: _____ Location of banner: _____

Sept. 20: _____

Sept. 27: _____

Oct. 4: _____

Oct. 11: _____

(Note: Contest participants must be attached to MCB Hawaii and have registered for the 8th Annual Joint Women’s Conference.)

Patrons may give groceries as gifts

Bonnie Powell

Defense Commissary Agency

FORT LEE, Va. — Want to make sure someone special is getting a bountiful dinner this holiday season? Worry no more because commissary gift certificates are now available at store Customer Service counters, online at www.commissaries.com or toll free in the U.S., at 1-877-770-GIFT (4438).

“We are continually seeking ways to improve customer service, and we hope this program proves to be a great addition to the commissary benefit,” said DeCA Director Air Force Maj. Gen. Michael P. Wiedemer. “The certificates are ideal for family and friends to give to young service members and their families as gifts.”

Anyone may purchase the gift certificates with a U.S. credit card, but only

authorized commissary shoppers can redeem them at the store.

The new customer service is made possible through a business agreement with CertifiChecks, Inc. However, the Defense Commissary Agency doesn’t derive any income from the agreement.

The commissary gift certificates are available in a variety of denominations ranging from \$5 to \$100. A standard charge of \$4.95 pays CertifiChecks’ costs for printing, mailing and handling of up to 20 certificates, as long as all are going to the same address. Typical delivery takes 4 - 10 days. Other charges may apply for special handling or bulk orders.

“The new gift certificates are good at any commissary location worldwide,” added Patrick Nixon, DeCA’s deputy director.

On the Menu

Anderson Hall will prepare the following this week:

Today

Lunch

Grilled Strip Loin Steak
Boiled King Crab Legs
Wild Rice
French Fried Steak Cut Potatoes
White Cake w/Vanilla Frosting
Strawberry Shortcake
Asst. Fruit Pies

Dinner

Roast Turkey
Beef Pot Pie
Paprika Buttered Potatoes
Steamed Rice
Sugar Cookies
Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Pasta Bar

Saturday

Dinner/Brunch

Baked Lasagna
Chicken Parmesan
Pizza Slices
Garlic Bread
Marble Cake w/Chocolate Icing
Asst. Fruit Pies

Sunday

Dinner/Brunch

Barbecue Beef Cubes
Baked Turkey & Noodles
Steamed Rice
Ginger Molasses Cookies
Spice Cake
w/Butter Cream Frosting

Monday

(Columbus Day Holiday)

Dinner/Brunch

Meatloaf
Pork Ham Roast
Steamed Rice
Mashed Potatoes
Chocolate Chip Cookies
Asst. Fruit Pies

Tuesday

Lunch

Simmered Corned Beef
w/Mustard Sauce
Honey Glazed Cornish Hens
Parsley Buttered Potatoes
Egg Noodles
Peanut Butter cake
w/Peanut Butter Frosting
Asst. Fruit Pies

Dinner

Turkey Pot Pie
Sweet & Sour Pork
Steamed Rice
Parsley Buttered Potatoes
Peanut Butter Cake
w/Peanut Butter Frosting
Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Taco Bar

Wednesday

Lunch

Pork Adobo
Beef Yakisoba
Steamed Rice
Pork Fried Rice
Oatmeal Cookies

Strawberry Shortcake
Asst. Fruit Pies

Dinner

Steak Smothered w/Onions
Southern Fried Catfish
Mashed Potatoes
Steamed Rice
Oatmeal Cookies
Strawberry Shortcake
Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Hot Dog and Sausage Bar

Thursday

Lunch

Turkey A La King
Beef Porcupines
Mashed Potatoes
Boiled Egg Noodles
Marble Cake
w/Chocolate Cream Frosting
Pineapple Upside-Down Cake
Asst. Fruit Pies

Dinner

Braised Liver w/Onions
El Rancho Stew
Honey Ginger Chicken
Steamed Rice
Boiled Egg Noodles
Marble Cake
w/Chocolate Cream Frosting
Pineapple Upside-Down Cake
Asst. Fruit Pies

Specialty Bar

(For Lunch and Dinner)
Taco Bar

Worth Repeating: After a good dinner one can forgive anybody, even one’s own relations. — Oscar Wilde

Marine Makepono

“HAWAIIAN FOR “MARINE BARGAINS”
message at 237-1234.

Vehicles

Whirlpool washer, seven cycle, extra-large capacity, \$225; Kenmore dryer, large capacity, \$150. Both for \$325; both in excellent condition. Call 261-9326.

1976 Triumph TR6, right hand drive, fuel injection, electronic ignition, burly walnut dash, walnut steering wheel, \$10,000. Leave a message at 237-1234.

1969 Rolls Royce, Silver Shadow, leather power seats, power windows, hydraulic powered suspension, salon mirrors, \$12,000. Interested buyers, leave a

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

Ads are free and will appear in two issues of the Hawaii Marine, if space is available for ads.

The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the

Motorcycles

2000 Suzuki GSX-R 750, 2200K, garage kept, custom bike w/cover, plus extra parts. Must sell, \$9,000 OBO. Call 235-4463.

1985 Harley Davidson Electric Glide Classic, half shovel, half evolution, forerunner of Road King, with gangster whitewalls, \$11,000. Leave a message at 237-1234.

Boats

199 Pontoon Boat, Johnson 90 hours motor, galvanized trailer,

new bottom paint, CD and radio, excellent condition. Only \$11,500. Call 220-5609 or 253-0424.

Furniture

Sofa and Loveseat, \$300; dining table, \$200; crib with mattress, \$50; playpen, \$40; single seat stroller, \$20. Call 254-1678.

Miscellaneous

Scuba Gear, BCD Seateck with new power inflator, \$50; standard aluminum 80 tank, \$75; mask, fins, Hawaiian sling, \$25. Email GunnyK@hotmail.com.

Friday of the week prior to publication. Forms may be filled out Monday - Friday from 7:30 a.m. to 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216, aboard Kaneohe Bay.

Makepono may be used only for noncommercial classified ads containing items of personal property.

Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served, space-available basis. Call 257-8840.

WORD TO PASS

VFW Sponsors Scholarship

• Hawaii's Veterans of Foreign Wars and its Ladies Auxiliary are hosting their annual Voice of Democracy Youth Scholarship competition, now through Nov. 30.

This scholarship is designed to give high school students in grades 9 - 12 the opportunity to voice their opinion on their responsibility to America, using as a theme "Freedom's Obligation."

Winners are first selected at the school level, then the top Hawaii school district winner will receive a trip to Washington, D.C., in March 2003; at least a \$1,000 scholarship; and the chance to compete for a \$25,000 scholarship.

• The VFW/AUX is also sponsoring the National Patriot's Pen Program for 7th and 8th graders. This year's theme is "My Pledge to America," and the entry deadline is Dec. 1.

Winners will first be selected at the school level, then the top Hawaii school district winner will receive a cash prize.

Only one national winner will receive a trip to Washington, D.C., in March 2003, and the \$10,000 savings bond prize.

• For more details on either of these contests, contact Nicholas Young, state commander, at 541-1709 or visit the Web site www.vfw.org/vod.

Bishop Museum Holds Family Sunday

It will be an electrifying day of great food, terrific tunes, family fun and kids' activities when Bishop Museum hosts "Family Sunday, Fun in the Sun, It's Electric," sponsored by the Hawaiian Electric Company, from 9 a.m. to 5 p.m., Sunday.

Visitors will be able to participate in a number of hands-on electric activities, including learning to measure solar energy, operating solar cars, experiencing time with a sun dial, using solar ovens to cook, learn-

ing about wind energy and much, much more.

Admission to Family Sunday is complimentary with presentation of a HECO bill, or \$3 per person, \$10 per family of four.

Bishop Museum is located at 1525 Bernice Street. Visit its Web site at www.BishopMuseum.org, or call 847-3511 for more information.

Aquarium Invites 1 - 3 Year Olds

Spend this fall pursuing ocean adventures at the Waikiki Aquarium. Parents and their 1 - 3 year olds can learn about marine life in five weekly sessions that include crafts, songs, movement and exploration of exhibits.

Session A runs from 8:30 - 10 a.m., and Session B runs from 10:30 a.m. to noon.

Oct. 16 - Nov. 13.

Class size is limited, so register now at \$70 for adult/child packages.

Call 923-9741 for more details.

Windward Mall Opens Haunts

• Spooky's Halloween Town, a costume retailer at the Windward Mall, has teamed up with Mothers Against Drunk Driving to sponsor "Halloween Horrors," which opens today at the mall.

The courageous will experience the creepy collage of Halloween sights, intermingled with spine-tingling eerie sound effects, through Nov. 3.

This Haunted House is located in the upper level of Windward Mall, between The Gap and Suncoast Motion Pictures.

See WORD TO PASS, B-8

WORD TO PASS, From B-7

Cost is \$6 for adults, \$4 for keiki.

Call 239-1956 for more details.

• Participate in the Windward Mall McDonald's Annual Costume Contest, Oct. 26 from 10 a.m. to 3 p.m.

Entry forms are available at any McDonald's location in three categories: toddlers (4 years and younger), kids (5 - 12 years) and teens to adults (13 years and older).

Categories include Most Creative and Best Fictional Character for kids, and Most Spookiest, Most Creative and Best Fictional Character for teens and adults. The top two winners in each costume category will compete in finals for their age category.

• Also catch the "Halloween Celebration," Oct. 26 from 10

a.m. to 3 p.m. There will be keiki jumpers, keiki crafts, clown shows, balloons and more.

• Halloween night, Oct. 31, collect sweet treats and no tricks during "Windward Mall Merchants Safe Trick or Treating," from 6 - 8 p.m.

At 6:30 p.m. enjoy the a keiki magic show on Center Stage and bring a camera for Halloween photo sessions at the Spooktacular Halloween display.

• For more details on any of these events, call Nancy Bush at 235-1143.

Hale Koa Seeks Donors, Halloween Contestants

• Give the gift of life this Halloween and donate blood. The Blood Bank of Hawaii will conduct the Hale Koa Hotel's annual blood drive Oct. 28 from 9 a.m. to 2 p.m.

To donate, you should be in

good health, weigh 110 pounds or more, be 18 years or older and not have donated blood in the last eight weeks.

For more details, call 955-9424.

• On Halloween, mask yourself for competition in the annual costume contest and karaoke at the Hale Koa Hotel's Warriors Lounge.

Prizes will be awarded for the scariest and most original costume, with a \$100 first place cash prize to the best costume overall.

Register by 8:30 p.m. for the 9 p.m. contest. Karaoke starts at 6 p.m. for \$1.

Maritime Exhibit Opens

Beginning Saturday at the Hawaii Maritime Center, catch "Navigating Change: The Northwestern Hawaiian Islands." Developed entirely by the Bishop Museum, this new,

interactive exhibit will allow visitors to role play as researchers and Polynesian navigators.

The displays were designed "to teach both Hawai'i visitors and residents alike the importance of managing and caring for our pristine and fragile ecosystem," said Bob Moore, executive director of the Center.

The Hawaii Maritime Center is located at Pier 7 in Honolulu Harbor (adjacent Aloha Tower). Admission is \$6 for military and free for children under 5 years.

Call 536-6373 for more details.

NMCRS Gives Aid

The Navy-Marine Corps Relief Society is available to assist service members and their families with financial emergencies. To inquire, contact NMCRS' Kaneohe Bay office (in Bldg. 216, the "general's build-

ing") at 254-1327 or the Pearl Harbor office (1514 Makalapa Drive, across from the Makalapa Branch Medical Clinic) at 423-1314.

Water Quality Contest Announced

The City and County of Honolulu, in partnership with Protect the Planet, a nonprofit environmental organization, announces its Water Quality Contest, an annual questionnaire about nonpoint source pollution.

The contest is open to all Hawaii residents over the age of 14, and forms are available at Satellite City Halls, parks, the Honolulu Zoo and online at www.CleanWaterHonolulu.com. Prizes will be awarded.

Entrants must answer all questions on the contest form and submit them online or by mail, no later than Oct. 31.

"IT'S YOUR BUSINESS," From B-3

lence are against the law — no matter who does it.

Suggest a safety plan in case of an emergency. Also, make a list of people they can call in an emergency.

The Family Advocacy Program's victim advocate can help you get information on resources and items to consider

in a safety plan, as acting impulsively is not safe.

• Think about ways you might feel comfortable helping possible victims. They may need financial assistance, transportation or a place to store their belongings.

Decide if you feel comfortable helping in these ways.

• Support them in making their own

decisions. Continue to be their friend even if they decide to remain in the relationship.

• Lastly, continue to communicate that they do not deserve to be in an abusive relationship, and emphasize that when they are ready to leave the abusive relationship, there *is* help available.

What's the first step, to help?

**B e i n g
a b l e t o t a l k
w i t h s o m e-**

one is the first step to getting out of or changing an abusive relationship. You can help possible victims to reach out for help by contacting the Family Advocacy Program at 257-7780 or 7781.

The FAP can be a source of support for both you and your friends, as domestic violence is indeed your business.

(Editor's Note: During October, there will be informational tables at Personal Services and at other MCB Hawaii locations. Stop by and pick up an informational brochure and your purple ribbon to observe Domestic Violence Prevention Month.)