

LIFESTYLES

*Experience the sights
and smells of Oahu along*

Round Top Drive



Story and Photos by
Sgt. Joseph A. Lee

HONOLULU — On an island with so many picturesque shores and skylines, so many places where you can capture the beauty of Hawaii in a single afternoon, the drive up Round Top and Tantalus roads may be one of the simplest ways to remind yourself of where you are.

The approximate half-hour drive zigzags up Tantalus mountain through exotic and fragrant plantlife overlooking the city of Honolulu. A series of switchbacks reveal wild jungle canopy as well as spectacular and unique views of the island.

There are a number of starting points for this scenic drive. Traveling west on H-1, take the Wilder Street exit, and traveling east, take the Punahou Street exit. If you exit on Punahou heading east, turn left from the off-ramp onto Punahou Street. Go through three intersections until you reach the stop light at the base of the mountain where Punahou Street changes into Manoa Street. Take a left at this intersection onto Nehoa Street. From Nehoa, you can loop a couple of ways about the mountain. If you take the Wilder exit, turn left on Punahou and follow the above directions

To travel up the eastern Waikiki side, take a right onto Makiki Street. Traveling this way, you will reach the best spot to view the city fastest, before passing through the rainforest or the state park.

Once you are on Makiki Street, veer to the right at the fork in the road, into Round Top Drive. Drive past the developed housing area, and head up the scenic switchback curves around the edge of the mountain as you climb higher.

Definitely take the Tantalus route with your windows or top down, because once you reach the dense Hawaiian rainforest, the sweet fragrance of the different plantlife will penetrate your senses.

The best view of the city will come quickly, followed by the entrance to Puu Ualakaa State Park some miles farther up the hill. Be sure to stop at the lookout to take in the panoramic view of Honolulu.

As you drive through, the wooded hillside continues, and the rainforest grows dense. The view of the city gives way to a green stretch of weeping willow trees, thick patches of bamboo, and a myriad of other colorful and fragrant plant life.

As you travel down the other side and leave the rainforest, the road changes from Round Top Drive to Tantalus Drive, and eventually into Puowaina Drive.

Once on Puowaina, make a left on Punchbowl Street, head through the School Street intersection, over the H-1 freeway, and back into downtown Honolulu.

The Round Top/Tantalus drive is an experience that doesn't take much time out of the day, and is a quick side trip from the normal route down to Waikiki.

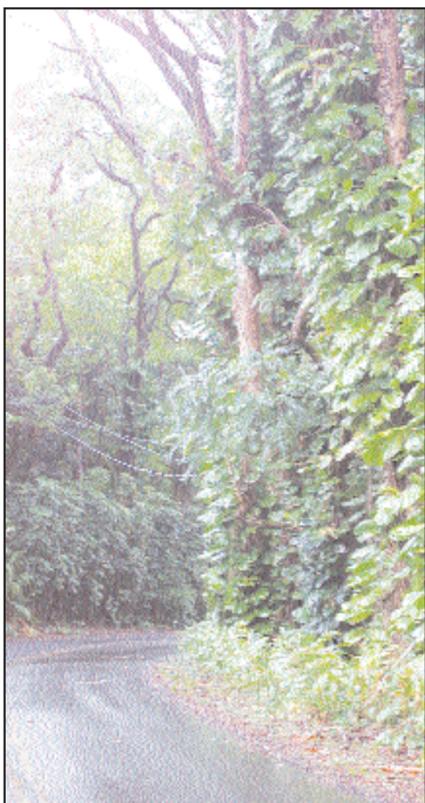
The next time you're looking for a peaceful, picturesque escape to share with friends or loved ones, consider driving through a portion of Honolulu's rainforest not too far off the beaten path.



Above — The entrance to the Puu Ualakaa State Park is lined with a cathedral-like assembly of trees on both sides of the road leading in. The park provides several scenic viewpoints of the city, away from the traffic.

Top left — Hairpin turns lead the way up the mountain to scenic points where the visitor can pull off the road and enjoy the view.

Left — Wild ginger plants bloom along Round Top Drive, adding to the pleasurable scents along the scenic drive, and purple bougainvillea greet visitors along Round Top Drive around nearly every corner with a coastal view. The colorful variety of flora, combined with the view and fragrance, make this scenic drive one to remember.



Above — Obvious roadside decoration and beautiful natural landscaping make every corner of Round Top Drive a pleasurable experience.

Left — The variety of plantlife along the drive ranges from bamboo forests, to fragrant night-blooming cereus to coastal eucalyptus trees that tower over the road, making for a very unique and breathtaking experience.

MCCS

MARINE CORPS COMMUNITY SERVICES

POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

OCTOBER

17 / Today

Pau Hana Friday — It's finally Friday, so you can relax, forget about the hectic week, and join in on the camaraderie at Kahuna's Sports Bar & Grill.

Enjoy half-priced pupus from 4:30 - 6 p.m., plus live entertainment that will help you ease into the weekend.

Sunset Lanai Dance — Enjoy a beautiful sunset over the Leeward Coast and take in a little culture at the Hispanic Heritage Dance at Camp H. M. Smith's Sunset Lanai.

Entertainment will be provided by El Conjunto Tropical and the Mariachi Group. Admission is free and open to all ranks. Doors will open at 5 p.m.

18 / Saturday

Staff NCO Club Oktoberfest

— Sample a large variety of excellent German foods and beverages, and do the "chicken dance" to live music by Senior Vault Band.

Doors will open at 6 p.m., and admission is free for members and \$3 for nonmembers.

MCX Shoe Show — Check out the latest trends in footwear at the "Kenneth Cole Reaction Trunk Show." This special event will be located in the shoe department of the Marine Corps Exchange at Mokapu Mall, Kaneohe Bay, from 11 a.m. - 4 p.m.

21 / Tuesday

LINKS Learning Workshops — All military spouses are invited to get to know more about the Lifestyles, Insight, Net-working, Knowledge and Skills Program and network with other military spouses from 5:30 - 9 p.m.

Attendees will learn about the military lifestyle and what services MCB Hawaii offers for them.

For more information, call 257-2368.

23 / Thursday

Kahuna's Karaoke Contest — Enter the preliminaries in Kahuna's Karaoke Contest, Oct. 23 and 30. Those who place first or second at the preliminaries will be asked to return for the finals Nov. 6.

Contestants will be judged on stage presence, knowledge of song and vocal talent.

For more information on Kahuna's Karaoke Contest, call 254-7660.

24 / Friday

Halloween Haunted House — It will be two freaky nights of ghosts and goblins at the Youth Activities haunted house. Test the spooks at the Youth Community Center, Bldg. 5082, on Oct. 24 and 25 from 6:30 - 8:30 p.m.

For more details, call 257-7610.

25 / Saturday

Base Library Spooky Tales and Treats — Bring your little monsters to the base library to hear stories, join in on activities and partake of Halloween treats at 1 p.m.

For more Halloween story time information, call 254-7624.

30 / Thursday

Headquarters Battalion Haunts — See if you're frightened by Headquarters Bn., MCB Hawaii, haunts in Bldg. 1391 (behind the 7-Day Store) on Oct. 30 and 31 from 7 - 10 p.m.

For more information, call 257-7610.

31 / Friday

ASYMCA Fall Fun Fest — Parents, day care providers and children are invited to the Fall Fun Fest from 9 - 11 a.m. Dress in costume, play games, sing songs and enjoy a pizza lunch.

Call 254-4719 by Oct. 27 to sign up.

Frightful Halloweens — Visit your MCB Hawaii, Kaneohe Bay, clubs for a spooktacular evening: Kahuna's for E-1 through E-5, the Staff NCO Club for E-6

through E-9, and the Officers' Club for commissioned officers.

Auto Skills Center Car Auction — Catch any of the following deals on wheels at the Auto Skills Center:

(Model and Minimum Bid)

'98 Hyundai Elantra, \$800 (Running, but needs some work.)

'89 Honda Prelude, \$500 (Running, but needs a head gasket.)

For more information, call the Auto Skills Center at 254-7674.

ASYMCA Holiday Food Drive — You can make a difference this holiday season. Donate a Thanksgiving food item or a complete dinner basket to the Armed Services YMCA.

Thanksgiving baskets will be created from single item donations, and all dinner baskets will be provided to military families in the MCB Hawaii community.

For more information or to volunteer to support this effort, call 254-4719.

ASYMCA Playmornings — Parents, day care providers and children under five years old are invited to Armed Services YMCA Playmornings, Mondays - Fridays from 9 - 11 a.m. The program is a free parent/child interactive playgroup where learning is active, sharing is practiced, cooperation is encouraged, social skills are blossomed, confidence is created and fun is mandatory.

For more information, call 254-4719.

Staff NCO Club All Hands Lunch — Looking for some-

thing different for lunch? The Staff NCO Club restaurant is now open to all hands for lunch on Wednesdays, Thursdays and Fridays from 11:30 a.m. - 1 p.m.

Staff NCO Club Sunday Breakfast — Let someone else do the cooking this weekend. Head to the Staff Club for its breakfast buffet served from 9 a.m. - 1 p.m.

Enjoy the ever-popular "S.O.S.," a made-to-order omelet station and a continental buffet with all the goodies.

Cost is \$11.95 for members and \$5.95 for children.

For more information or to make reservations, call 254-5481.

MCCS Leisure Travel — If travel is in your future, look to the Information, Tickets and Tours Leisure Travel office to book your next trip. Located in Mokapu Mall, Leisure Travel can arrange mainland flights, interisland packages and now Norwegian Cruises.

Leisure Travel is open Mondays - Fridays from 10 a.m. - 6 p.m.

For more information, call 254-7413.

Looking for a Job? — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality, fitness, child and youth activities, water safety, logistics and administration.

Stop by the MCCS Personnel Office located in Bldg. 219 to get a job or career that suits your skills, schedule and style.

Call 254-7619 or visit www.mccshawaii.com/jobs_listings.html and find the position that's perfect for you.

SM&SP



All events are open to single, active duty military, E-5 and below.

The SM&SP Office is located in Bldg. 219.

Call 254-7593 for more details about any activity or event.

SM&SP Goes Online

Get more on SM&SP at www.MCCSHawaii.com under the "Semper Fitness" icon.

SM&SP Benefits

Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:

- *At the tennis courts:* You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. - 12 p.m. Call 258-8081 to make your reservations.

- *At the Kaneohe Klipper Golf Course:* Practice your swing with free range balls, club rental at \$5 per set, 9 holes of play at \$5, or 18 holes of play for \$9.

- *At K-Bay Lanes:* Score with games at \$1.50 each, free shoe rental (Mondays - Thursdays), and no-tap at \$15 on Thursdays at 8:15 p.m.

- *At the Base Marina:* Enjoy free, unit "Adventure Training" (unit sanctioned) with classes in scuba, power boating, water skiing and much more.

We Got it Goin' On

Have your voice heard. Make a difference. Get involved. The SM&SP is all about that and more. Contact Program Coordinator Leslie Graham regarding SM&SP events.

The other side of domestic violence

Research shows women also abuse loved ones

Personal Services Center MCB Hawaii

What do most of us think of when we hear the words "domestic violence?" Maybe most think of a woman who has been hurt by her abusive male partner.

But is it possible that if one spouse can become violent, the other probably can too? After all, we've seen that women have the ability to excel — just like men.

It shouldn't be surprising that some women, just like some men, are abusive to the ones they love.

We may not hear much about women abusing their male partners, but research tells us that it occurs more often than most of us think: A man is battered every 16 minutes in the United States.

Many couples live a pattern of mutual

abuse — hurting everyone, including their children (whether their children are actually hit or not).

There are many differences between the violent male and the violent female, but in both cases the victim can be severely hurt emotionally and physically.

The bottom line is that domestic violence hurts people regardless of the abuser's gender. If someone is

being abused, it's a problem.

It's important to understand that each of us has the responsibility to reject violence.

A woman who initiates violence, just like a man who does the same thing, is responsible for her behavior.

Ignoring the victimization of male partners just because they're male is not okay.

Every time a battling couple learns to live without violence, their children also live better lives.

For more information call Counseling Services at 257-7780/7781.



Graphic courtesy of Personal Services MCB Hawaii

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for "R"-rated movies in person at the box office for children 16 years old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your I.D. at the box office. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

Jeepers Creepers 2 (R)	Today at 7:15 p.m.
My Boss's Daughter (PG 13)	Today at 9:45 p.m.
Dickie Roberts (PG 13)	Saturday at 7:15 p.m.
The Order (PG 13)	Saturday at 9:45 p.m.
The Medallion (PG 13)	Sunday at 3:30 p.m.
Jeepers Creepers 2 (R)	Sunday at 7:15 p.m.
Cabin Fever (R)	Wednesday at 7:15 p.m.
The Medallion (PG 13)	Thursday at 7:15 p.m.
Matchstick Men (PG 13)	Oct. 24 at 7:15 p.m.
Jeepers Creepers 2 (R)	Oct. 24 at 9:45 p.m.

— MCCS MISSION —

The MCCS Mission: To uplift the spirits of the Marine Corps and Navy families and to support Marine Corps and Navy readiness and retention through customer-owned and driven MCCS programs, goods and services — in garrison and deployed environments. (For up-to-the-minute news about MCCS, log on to www.mccshawaii.com.)

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4th Force Recon makes school safer

Lance Cpl. Monroe F. Seigle
Combat Correspondent

KAILUA — It was a sad sight for the students and teachers at Enchanted Lakes Elementary School here in Kailua when they returned to school in the early morning hours and noticed that some thoughtless individuals had once again, not only vandalized their precious school, but also destroyed some of the horticultural projects on the property.

Problems such as these have been occurring on the school grounds for quite some time before it was brought to the attention of

Marines in the 4th Force Reconnaissance Co. aboard MCB Hawaii, Kaneohe Bay. Once they found out, they decided to dedicate their time and labor to deter the problem with the support of funds through the Adopt-A-School program.

"We have had

an outstanding relationship with the children and the faculty at Enchanted Lakes for more than two years now," said Maj. Edward Novack, the inspector-instructor with 4th Force Recon. "We wanted to step in and help the school, along with the community, and deter the vandalism that has repeatedly occurred at this school."

The school campus sits in the middle of a residential community. Along with

the repeated vandalism, there have been incidents of burglars breaking into the school at night and stealing expensive computer and software equipment used for the children's classwork.

There have also been incidents of car thieves stealing and then abandoning vehicles behind the school after stripping them of their parts.

The Marines arrived at the school campus recently with the goal of installing a security fence around the campus. After renting mechanical drills, post-hole diggers and several bags of concrete mix, the recon Marines began

breaking the ground to install the fence poles that would later support the security fence.

"We were so happy to see the Marines come to our school and start the construction necessary to install a security fence," said Pua McElhaney, principal at Enchanted Lakes. "We re-

ceived full funding for this project through the Adopt-A-School program, and the Marines were kind enough to donate all the necessary hours of labor."

The first phase of the project was to get the poles installed and then let them set in the concrete to create a good, solid foundation.

The second phase called for the Marines to return and install fencing that would encircle the school and serve as a

"The local community feels the Marine Corps is a positive part of the community"

Pua McElhaney
Principal, Enchanted Lakes Elementary School



Courtesy of 4th Force Reconnaissance Co.

As part of the Adopt-A-School program through MCB Hawaii, Sgt. Jeff Franco, an NBC chief with 4th Force Reconnaissance, helps install a fence around Enchanted Lakes Elementary School to give the perimeter more security.

deterrent to anyone wanting to come onto campus and violate the children's school grounds.

The recon Marines put in 36 hours of manual labor to establish the much-needed security barrier. The elementary school kids constantly thanked them for their interest and dedication to make their school safer.

In addition to the children's warm and welcome gestures of gratitude for the Marines' efforts, every day the school provided lunches and pizza for the Marine volunteers.

"We now have a more safe and nurturing environment, which is more conducive to the learning environment,"

said Principal McElhaney. "The local community feels the Marine Corps is a positive part of the community. We can plant plants and allow the children to make a garden on the school campus."

According to Novack, 4th Force Reconnaissance will attempt to gain more funding to set up a second security fence and gate to encircle the parking lot and close shut during the hours when the school is not in session.

"This is another example of how the Marine Corps helps its friends in the local community," said Novack. "We are all eager to support school-based projects and initiatives that will support the children and their right to learn."

RECIPE CORNER

Almonds may reduce risk of heart disease

NAPS
Featurettes

Just about everyone's nuts about almonds especially since the Food & Drug Administration recently announced a health claim for almonds and several other nuts.

"Scientific evidence suggests, but does not prove, that eating 1.5 ounces per day of most nuts, including almonds — as part of a diet low in saturated fat and cholesterol — may reduce the risk of heart disease," according to the FDA.

One and a half ounces equals one-third cup, or about 34 almonds.

Also, *The Journal of the American Medical Association* published a study about the significant role almonds play in a cholesterol-lowering eating plan that works as well as a starting dose of cholesterol-lowering drugs.

This "Portfolio" eating plan was created by the University of Toronto. Patients in the "Portfolio" eating plan study ate a menu of foods low in saturated fat and high in plant sterols, such as almonds, soy burgers, oat bran, beans and other heart-healthy foods.

Comparison groups either ate a low-fat diet, or combined a low-fat diet with lovastatin, a cholesterol-lowering drug. In four weeks, both the people taking the lovastatin and the people eating almonds and foods high in plant sterols lowered their cholesterol by approximately 30 percent.

Scientists have known about the almond's heart-healthy benefits for

many years, but this recent news is just one more reason to "grab a handful for the heart," according to Carolyn O'Neil, M.S., R.D.

"Almonds are a perfect snack; they're tasty and crunchy," she said. "And there's all the research on their ability to lower cholesterol because they contain heart-healthy unsaturated fats. Plus, ounce for ounce, almonds are the most nutrition-packed nut."

A 1.5 ounce handful of almonds is a leading source of vitamin E and magnesium, and offers protein, fiber, potassium, calcium, phosphorus and iron in 246 calories. O'Neil suggested eating almonds as a snack, in place of less nutritious foods such as popcorn, pretzels and potato chips.

Some of her other favorite ways to eat almonds:

- Eat a handful of whole, natural almonds as a snack with a piece of fruit.
- Sprinkle a few sliced almonds in granola, cold cereal and hot cereal.
- Sprinkle some slivered almonds in a salad.
- Include chopped almonds in a stir-fry, roasting a few in a dry pan or wok, and then setting them aside before cooking the other ingredients. Sprinkle them on at the end so they stay crunchy.



NAPS

ON THE MENU

Anderson Hall will serve the following this week:

Today	w/Chocolate Frosting Asst. Fruit Pies	Wednesday
Lunch Seafood Platter Fried Fish Nuggets Fried Shrimp Fried Scallops Breaded Oysters Lasagna Baked Ravioli Macaroni and Cheese Chewy Nut Bar Yellow Cake Layer w/ Butter Cream Frosting Asst. Fruit Pies	Monday Lunch Meatloaf Creole Pork Chops Mashed Potatoes Pork Fried Rice Apple Crisp Chocolate Chip Cookies Asst. Fruit Pies Dinner Baked Turkey and Noodles Baked Fresh Fish Rice Pilaf Apple Crisp Chocolate Chip Cookies Asst. Fruit Pies Specialty Bar (Lunch and Dinner) Pasta Bar	Lunch Pork Adobo Beef Yakisoba Steamed Rice Pork Fried Rice Oatmeal Cookies Strawberry Shortcake Asst. Fruit Pies Dinner Steak Smothered w/Onions Southern Fried Catfish Mashed Potatoes Steamed Rice Oatmeal Cookies Strawberry Shortcake Asst. Fruit Pies Specialty Bar (Lunch and Dinner) Country Bar
Dinner Roast Pork Loin Barbecued Chicken Mashed Potatoes Steamed Rice Chewy Nut Bar Yellow Layer Cake w/ Butter Cream Frosting Asst. Fruit Pies	Tuesday Lunch Barbeque Spareribs Country Style Steak Steamed Rice Mashed Potatoes Oatmeal Cookies Asst. Fruit Pies Dinner Baked Chicken Beef Pot Pie Boiled Egg Noodles Mashed Potatoes Brownies Asst. Fruit Pies Specialty Bar (Lunch and Dinner) Taco Bar	Thursday Lunch Baked Lasagna Chicken Parmesan Asst. Pizza Slices Garlic Toast Brownies Asst. Fruit Pies Dinner Chicken Vega Simmered Corned Beef Parsley Buttered Potatoes Steamed Rice Apple Pie Oatmeal Cookies Asst. Fruit Pies Specialty Bar (Lunch and Dinner) Taco Bar
Saturday Dinner/Brunch Herbed Rock Cornish Hens Grilled Strip Loin Steak Rice Pilaf Mashed Potatoes Chocolate Chip Cookies Asst. Fruit Pies	Sunday Dinner/Brunch Yankee Pot Roast Baked Ham Mashed Potatoes Candied Sweet Potatoes Chocolate Layered Cake	



See you at the ball!

In approximately a month the Marine Corps will be celebrating its 228th birthday. Every Marine is invited to the ball. See your unit rep. for more information.

QUOTABLE: "The superior man will watch over himself when he is alone. He examines his heart that there may be nothing wrong there, and that he may have no cause of dissatisfaction with himself."
— Confucious

COMMENTARY

Blueprint for marital bliss eliminates conflict

**Chaplain (Lt.)
Daniel M. Klender**
*Headquarters Bn.,
MCB Hawaii*

Marriage is perhaps the most challenging of all relationships. It is a matrix for intense conflict on many fronts, and though conflict in a marriage is both normal and healthy, if not properly managed, it can create unhealthy stress that makes marital bliss seem like an impossible dream.

At the very beginning, however, God outlined a blueprint for marital bliss.

Grounds for a Great Marriage

God declared in Genesis 2:18, "It is not good for man to be alone. I will make him a helper suitable for him." The word "helper" was assigned to

Eve and literally means "completer." It denotes a perfect partner to shore up what is lacking in man.

This completer concept suggests that every wife possesses the God-given potential to complement the spiritual, intellectual, emotional and physical needs of her husband. However, this compatibility is often disguised as incompatibility.

To our own peril, we husbands are prone to refuse the advice of our wives (often dismissing it as nagging), and therefore, cheat ourselves out of wholeness and marital fulfillment.

Marital Water is Thicker than Family Blood

The miraculous creation of Eve informed us that the relationship between husband and wife is

unique and transcends all other relationships (Genesis 2:21-22).

Eve's formation from Adam's rib was highly symbolic. It teaches us that the marital union is a joining of two into one. It is a relationship that tolerates no rival affections, from either inside or outside the family.

The original blueprint reads, "... a man shall leave father and mother and cleave to his wife and the two shall become one flesh" (see Genesis 2:21-22); the word "cleave" denotes being "glued together," signifying an unbreakable bond.

Husbands and wives must vigilantly guard their unique relationship. Keeping the marital union sacred will serve as preventative maintenance for unwanted conflicts.

Permanence is God's Prescription

It has been well documented that the degree of difficulty for any task is greatly diminished when a commitment is made to complete it.

God's blueprint for marriage made staying married nonnegotiable.

Jesus underscored the divine intention of perma-

nence, which is often recited at weddings: "What God has joined together let no man put asunder." (Matthew 19:6.)

Self-Giving Love is Best

Adam and Eve's relationship was unique in that it was "transparent." They didn't keep secrets or respond selfishly.

But transparency can be

a traumatic experience and maintaining self-giving love can be a titanic struggle. Yet, cultivating these virtues has proven to enhance nuptial intimacy.

As in life, "a good offense is the best defense." Practicing God's blueprint for marriage is the best offensive strategy for eliminating unhealthy conflict before it starts.

WORD TO PASS

Club Invites Square Dancers, Oct. 22

Square Wheelers Square Dance Club invites the military to join the club for a free community square dance at the Ala Wai Community Park Recreation Center (McCully & Kapiolani Blvd.) on Wednesday, from 7:30 - 9:30 p.m.

New dancers will be introduced to the fun and fitness of square dancing. No experience or dancing ability is required. Couples, singles, families, and teens are welcome. Casual dress is suggested.

The free Community Dance opportunity will continue on Oct. 29 and Nov. 5. A 10-week instruction program will follow the introduction period beginning on Nov. 12.

For more information, contact Dave at 456-8465.

Back Care Classes Offered, Oct. 25

Eighty percent of Americans have some form of back pain in their lives. Often, the source of the pain can be difficult to isolate because it can originate from a variety of sources. Lack of exercise, having underlying spinal deformities, poor posture, improper lifting, and smoking are just a few of several factors that increase a person's risk of back injury or pain.

At the SMART (Sports Medicine and Reconditioning Team Clinic) Center, patients learn about back anatomy, the causes of back pain, proper exercises to stretch and strengthen their back, and what changes they can make in their daily lives to decrease the pain and increase their mobility.

The ultimate goal is to help patients return to work and their daily activities with the ability to prevent further injury.

To learn more, active duty Marines and Sailors aboard MCB Hawaii, Kaneohe Bay, are invited to attend a lunchtime seminar on Back Care Oct. 25 from noon - 1 p.m. at the SMART Center, Bldg. 221 (behind the base theater).

Participants should bring lunch. Call 257-8708 for more details.

Leeward Hosts Family Craft Fair at LCC, Oct. 25

The Leeward Community College welcomes all to its 14th Annual Family Fun and Craft Fair, Oct. 25 from 9 a.m. to 2 p.m., to start your holiday shopping and celebrate Hawaii Children & Youth Month.

The craft fair will feature more than 75 vendors of local arts and crafts, a mini Midway of carnival games and crafts for youngsters, and a wide variety of food booths, entertainment and

interactive, educational exhibits.

The Leeward Community College is located at 96-045 Ala Ike St. in Pearl City.

Free parking will be available. For more information, call 455-0527.

Halloween Blood Drive Planned, Oct. 27

Donate a pint at Hale Koa's Blood Drive in the Waikiki Ballroom, Oct. 27, between 9 a.m. and 2 p.m., and enter to win dinner for two at its signature restaurant, the Hale Koa Room.

To donate, you should be in good health, weigh at least 110 pounds, be at least 18 years of age and have not donated blood in the past eight weeks of the drive date.

Call 955-9424 to schedule an appointment. Walk-ins are also welcome as time allows.

Volunteers Needed at Makahiki Games, Oct. 30

Volunteers are needed to help supervise the Makahiki Games, to be held at Mokapu Elementary on Oct. 30, from 9 a.m. - 1:30 p.m. (approximate times).

The next volunteers workshop will be held on Thursday, from 8:15 - 9:45 a.m.

For more information, call Larry

MARINE MAKEPONO

HAWAIIAN FOR "MARINE BARGAINS"

Vehicles

1990 Honda Accord, gray, 129K miles, no rust, excellent condition, great ride. Registered through June 2004. Asking \$3,400. Leave a message at 557-9526.

Bicycles

Giant carbon road bike, asking \$200; Mountain Goat mountain bike, asking \$150. Call 263-0426.

Yard Sales

Saturday at 6433-B Ribillia in E8-E9 housing. From 7 a.m. - 12 p.m. We're moving so we have a lot to sell! Sofa sleeper, bar stools, two swivel rattan chairs, coffee and end tables, toys, books, Japanese slot machine, plants, planters, girl's bicycle, kitchen items, small appliances. Call 254-0803.

Pets

Male Chihuahua/Terrier named Lucky, born Aug. 30, 2002, tan colored, comes w/all shots. Asking \$150. Call 254-2268.

Miscellaneous

Lot 1: Queen bed w/box spring and frame, \$199; floor lamp, \$15; desk lamp, \$10; four wood TV trays, \$30; 27-inch Sharp TV eight months old, \$175; kitchen top toaster oven, \$20; crock pot w/separate ceramic pot, \$15; two sets of masks, fins & snorkels, \$20. Prefer to sell Lot 1 for \$450. Also, 15-inch Hyundai monitor, \$125; Canon S520 printer, USB & parallel exc., \$100. View at back gate of MCB Hawaii, Kaneohe Bay. Leave a message at 557-9526.

Free Makepono Ads

The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication.

Call the Hawaii Marine at 257-8836 or 257-8837.