

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

OCTOBER 8, 2004



Cpl. Megan L. Stiner

Bandit's running back Calvin Wheelous fights his way through the Hater's defensive line during Monday nights intramural football game. The Bandits led the game the entire time and ended the night with a 43-0 lead over the Haters.

Bandits crush Haters, 43-0

Cpl. Megan L. Stiner
Combat Correspondent

The Marine Aircraft Group 24 Bandits showed no mercy to the 3rd Radio Battalion Haters in an intramural football showdown Monday at Pop Warner Field with a dramatic score of 43-0.

The offensive dynamic duo of running back Calvin Wheelous and wide receiver Christian Gonzales made scoring look easy for the Bandits as they repeatedly broke through the Haters defense and into the end zone.

It was almost as if the coin toss foreshadowed the rest of the night's events. The Bandit's captains won the toss and took first possession on the field to begin game play.

After quickly moving the ball up the field, the Bandits came close enough to go for the goal. The toss was just out of the reach of Gonzales' fingertips for what would have been their first touchdown.

Two five-yard penalties and a fumble on the offense convinced them to go for a field goal. The Bandits ended up a bit short.

The Haters took possession of the ball, but only for a short while. The Bandit's defense wouldn't let them find a way down the field and they were eventually forced to punt the ball.

Once the Bandits regained control, Wheelous wasted no time running the ball up to their 35-yard line for a first down. A couple plays later he found room for yet another first

down just before the end of the first quarter.

Once the teams turned around, so did the momentum of the game, for a short while at least.

The second quarter began and it wasn't long before the Hater's Brock Goss caught a pass from the Bandit's quarterback to turn the ball over. But their glory was short lived. Again the Bandit's defense was too much for them to handle and they were forced to punt the ball.

Unfortunately for the Haters, the ball landed into the talented hands of Gonzales who twisted and turned his way up the field right around the Haters and into the end zone for a 45-yard run and the Bandits first touchdown.

With Bandit's kicker Tim Legros making the extra kick through the goal posts, the Bandit's

gained a seven-point lead over the Haters.

The Haters fans didn't show their disappointment as they yelled shouts of encouragement for their home team when they gained possession of the ball again.

The support from the bleachers didn't turn the game around for the Haters though. Soon after they got the ball, they punted to the Bandits again.

Wheelous quickly gained a first down. Then the next play went to the hands of Mike Hershfeldt, who worked his way up the field for another first down.

It seemed to be an ongoing trend for the Bandit's to move back five to 10-yards every

See FOOTBALL, C-6



Sgt. Jereme L. Edwards

Members of the youth after school tennis program pair off and practice volleying the ball back and forth across the net while being instructed by pro volunteer Thierry Chastel.

Tennis lessons offered by MCCS

Sgt. Jereme L. Edwards
Press Chief

Marine Corps Community Services hosts a tennis program for youth and adults of all ages to enjoy.

"What we have is an after-school program for beginners, which includes children ages 5 - 16, Mondays - Fridays from 3:30 to 4:30 p.m. 10 lessons for \$50," said Connie Zepeda, tennis professional and manager of all tennis programs on base. "Monday, Wednesday and Friday we have an advanced class for youth age 8 to 18 who are currently playing or want to play in tournaments, and that is 16 lessons for \$220. For adults we have a beginner's class on Thursdays from 4:30 to 5:30 p.m. at 10 lessons for \$50. Also, on Wednesday we have a ladies advanced class from 6 to 7:30 p.m. at 6 lessons for \$75, and an advanced class for gentlemen on Tuesdays

See TENNIS, C-7

Xtreme sports Paintball Hawaii builds new fields

Cpl. Jessica M. Mills
Sports Editor

Paintball Hawaii, located aboard MCB Hawaii, has expanded its field to include five different fields for its patrons to enjoy.

The fields include an inflatable bunker field, which was built specifically for speedball. There is also a tire field for recreational paintball, which is good for young and beginner paintball players. A Lego field and a blue stand-up field which can be used for recreational or speed ball. The newest field is called the jungle, a field set up in the woods perfect for scenarios and jungle training.

"Many Marines, Sailors and units use our newest field, the jungle, to train for operations," said Roland Manahan, owner of Paintball Hawaii. "But paintball is really an all-around family sport."

"Anyone over the age of 10, with a parent or guardian's signature, can play this sport, and it can be played year-round," Manahan continued. "It boils down to one thing — it is fun and gets all your stress out."

According to Manahan, paintball is not a violent sport. Paintball Hawaii has all types come to play at its fields, from church groups and birthday parties, to professional teams and military units.

"Before you criticize this sport, you should come out and play," said Manahan. "We have grown by more than 80 percent in participants since last year. This game has got the lowest amount of injuries in sports, even compared to bowling and golf."

According to Everett Fujii, a volunteer worker at Paintball



Cpl. Jessica M. Mills

21st Dental Company senior chief Roland Manahan, the owner of Paintball Hawaii, prepares for the upcoming North Eastern Paintball Championship in Philadelphia.

Hawaii, paintball is the fastest growing sport in America and it is also the second most popular extreme sport in the country.

Paintball Hawaii is open Saturdays and Sundays for walk on games, and Mondays through Fridays for appointments. On weekends, teams can schedule private play for 15 players or more, but must call ahead of time.

See PAINTBALL, C-6

BASE SPORTS

October

8 / Today

Youth Basketball Now Registering — From now until the end of October, register your child for Youth Basketball.

Practice begins in December, and the season runs January through February 2005. Leagues are available for ages 6 through 17 years.

The registration is \$40 for Youth Activities members, and \$50 for non-members. A photocopy of a military ID or a birth certificate is needed for registration.

Call Youth Activities at 254-7610 or 254-7611 for further information, or stop by building 5082, Monday through Friday from 9 a.m. to 5:30 p.m.

Youth Basketball Coaches Needed — Be a youth sports team mentor through Youth Activities sports programs. Youth Activities is actively looking for interested coaches for their Youth Basketball season that runs from November 2004, to January 2005. If you are interested, call Youth Activities at 254-7610 or 254-7611.

Youth Activities Manana is also looking for interested volunteer

coaches for their sports, fitness and recreational leagues. For details, call 456-1662.

11 / Monday

Intramural Tackle Football at K-Bay — Head to Pop Warner Field after work at 6 p.m. and watch MCB Hawaii units take on each other in hard-hitting intramural football action.

Monday's game will be MAG-24 against 3rd Radio Battalion. Check out the schedule and standings at www.mccshawaii.com or call 254-7591.

16 / Saturday

MCB Hawaii Cross-Country Running Team Trial (#2) — Tryouts for the MCB Hawaii Cross Country running team will be conducted in conjunction with the University of Hawaii's 5,000 meter cross-country run at the Klipper Golf Course at 6 a.m. on Oct. 16.

Marines and Sailors interested in trying out for the five-man/three-women team must register with the Varsity Sports Coordinator no later than Oct. 14.

Another tryout is slated for Nov. 4 if you are unable to attend the October run. Call MCCS Athletics at 254-7590 for further information.

14 / Thursday

Women's Golf Clinic — Head to the Kaneohe Klipper Golf Course, from 5 to 6 p.m. for the Women's Golf Clinic.

The classes run five consecutive Thursdays, and teach everything from basic swing fundamentals to long and short game form. Game strategy, golf etiquette, safety and golf rules are also instructed.

The fee is only \$80 for all five courses. The program is open to all females, but limited to the first 15 students to register. Register at the Klipper Pro Shop in person or call 254-1745 or 254-3220.

15 / Friday

Improve Your Short Game Golf Clinic — The Kaneohe Klipper Golf Course is also offering a "Short Game Clinic", held from 5:30 to 6:30 p.m., for five consecutive Fridays beginning Oct. 15.

The course focuses on shots made around and on the green — from pitch shots, to chipping, to sand play, to putting — the fastest and eas-

iest way to improve golf scores.

The cost is \$80 in all, and the course is open to all, but limited to the first 15 students. Sign up at the Pro Shop, or call 254-1745 or 254-3220.

19 / October

All Marine Wrestling Clinic — The All-Marine Wrestling Coach, Capt. Dan Hicks, will conduct a wrestling clinic Oct. 19 through Oct. 22.

The purpose of the clinic is to identify qualified Marines for the All-Marine Wrestling Team. If you think you have what it takes — including command approval — contact MCCS Athletics at 254-7590 or 254-7591.

Fall Swim Lessons Session 4 — Join the Kaneohe main base pool for Swim Lessons Session 4, for eight classes, held Tuesday through Friday for two weeks. The class costs only \$35, and numerous levels are available for all levels of instruction. Stop by the base pool for more information.

Ongoing

Gone Fishin' — Join Mahalo Kai Fishing Charters for a day beyond the bay. Located at the base marina, the charter contractor has two different boats to accommodate all of your fishing needs.

Check out its newest boat, the Bill Collector, built for charter fishing at its finest. Call 254-7667 for more information.

Inexpensive, Fun Entertainment — Look no further for economical entertainment, as Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game.

This discount is good for open play, and does not qualify for tournaments, leagues or unit functions.

Call the K-Bay Lanes now to get the spin at 254-7693.

Color Pin Special — Every Wednesday, roll a strike when a colored pin is in the head-pin position, and win up to three free games of bowling.

All patrons are welcome to this deal. If you make the play, you win!

Parents for Fitness — This

cooperative baby-sitting effort is available at the Semper Fit Center, for children ages 6 weeks and older.

All active duty service members and their families may participate; however, PFFP participants are required to volunteer baby-sit three times per month. Call 235-6585 for more information.

Paintball Hawaii — Near the Lemon Lot, by the intersection of Harris Road and Mokapu Road lays Paintball Hawaii.

Shoot over for the great deals and have a blast. Cost is only \$25 per person, and the fee includes one air refill, equipment and the field fee (paint is extra).

Players can purchase paint at the field from \$45 – \$50 for a case of 2,000 balls.

The field is open on weekends from 9 a.m. to 5 p.m. Call 265-4283 for Friday appointments.

Junior Lifeguards — The base pool is currently offering Junior Lifeguard instruction for the youth at MCB Hawaii.

Let your kids enhance their skills and abilities in the water, plus gain confidence and experience that can lead to a job. Contact the base pool at 254-7655.

Take the Plunge — Wet your feet and beat the heat at any one of four MCCS pools that serve your swimming demands.

Splash to the K-Bay main pool at building 981, the Hilltop Pool at building 502 (for O' Club members only), the Camp Smith pool at building 125, or the Manana Housing pool in building 840.

Massage Therapy — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp Smith. The massage therapy program will help relieve your mental and physical fatigue and improve your overall circulation and body tone.

For appointments call the K-Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

Okinawa Kenpo Karate — Every Tuesday and Thursday, join MCCS Youth Activities' contractor for Kenpo Karate Kobudo classes, held from 6 to 7:30 p.m. in building 1391, located behind the 7-Day Store.

Adults and children are welcome, and costs are only \$35 for adults and \$25 for children.

Call MCCS Youth Activities for information at 254-7610.



Base All Star

David Borrego

Unit: Installation Personnel Administration Center, Headquarters Bn.

Billet: Unit Diary Clerk

Hometown: Pueblo, Col.

- Borrego has been active in football since he was 8 years old. He began playing the sport because he was an avid fan of the San Francisco 49ers.
- He is also a member of the Headquarters Battalion Intramural Baseball Team.
- He also played for the Headquarters Battalion Flag Football Team which won the championship tournament in the intramural league.
- This is his second season as the Headquarters Bn. team quarterback.



HSL-37 hosts 'Splash & Dash' Biathlon

Edward Hanlon V
MCCS Marketing

The "Easyriders" of Helicopter Anti-Submarine Squadron 37 have a challenge for the die-hards aboard MCB Hawaii this Month; the 1st Splash and Dash Biathlon.

The race begins at 7:30 a.m. on the pad at hangar 101. A 500-meter swim kicks off the

Biathlon, followed by a 5-kilometer run. The event is open to the public.

"The best thing about HSL's Biathlon, is that you don't need all of the equipment required for a triathlon," said Steve Kalnasy, MCCS Athletics Coordinator. "All you need is a pair of shoes and a swim suit."

The entry fee for the event is \$15 and includes a race tee shirt. There is a \$3 late fee

per runner after Oct. 22. Registration is available on race-day, but a race shirt will not be guaranteed.

Packet pick-up upon registration will also be held Oct. 28 and 29, from 9 a.m. to 4 p.m. at the Semper Fit Center. Awards will be presented to the top three finishers overall, both men and women, as well as the top three in the following age categories: ages 19 and under, 20 –

24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 and above.

"We expect a great turn-out because the event is genuinely an enjoyable race," said Kalnasy. "It gives everyone a chance to push themselves, but also have a lot of fun."

To register or for more information, contact MCCS Athletics at 254-7591 or go to the Semper Fit Center, building 3037.

COMMUNITY SPORTS

HTMC to Hike Waimalu Ditch, Sunday
Hikers should meet at Iolani Palace at 8 a.m. for this six-mile intermediate, valley hike.

The pleasant valley walk along an abandoned water ditch leads to some agreeable swimming holes. Slippery stream crossings and low hau tangles make for an adventurous hike.

Call coordinator Stuart Ball at 247-5380 for detailed information.

A \$2.00 donation is requested for each non-member, age 18 or over. A responsible adult must accompany children under 18.

Bring lunch and water on all hikes and wear sturdy shoes and clothing. Firearms, pets, radios and other audio devices are prohibited on hikes.

Experience Ancient Hawaiian Culture

Check out the ancient tradition of Hawaiian canoe paddling Sunday at the Molokai Hoe race from the island of Molokai to Waikiki, Oahu.

This men's outrigger canoe race will take paddlers across the 41-mile Kaiwi Channel. Be at the finish line at Fort DeRussy by 12:30 p.m. when the finishers should begin to cross.

The parking lot across from Victoria Ward Center will be the site of the "Awards and Block Party Celebration" starting at 4:30 p.m. with entertainment, live footage of race, dancing, giveaways and food and retail booths. Admission to the celebration is \$5.

Honolulu Symphony to Host Run

The 23rd Annual Fun Run hosted by the Honolulu Symphony will start from Fort Ruger (Triangle) Park, Sunday beginning at 8 a.m. Runners or walkers can choose a 1.5- or 4-mile course winding through Kahala.

More than 25 instrumental and vocal groups will perform along the course and in the park

following the run/walk. Pets are welcome at this event.

Registration begins at 7 a.m. on run day and fees include a T-shirt designed by Norm Foster, symphony clarinetist. Entry fees are \$30 for adults and \$10 for children.

The event will provide funding for Honolulu Symphony programs such as the Hawaii Youth Concerto Competition, the Youth Music Education Program, the East Meets West concert series and Concert Conversations.

Call 524-0815 for more information.

Sunday Polo at Waimanalo

Gates open at 1 p.m. with games kicking off at 2:30 p.m.

for week 19 of the Honolulu Polo Club's 2004 tournament at the polo fields across from Bellows AFS. Cost is \$3, keiki 12 and under are free. The ponies will be available for children to visit after the matches. For more information about the Honolulu Polo Club, visit www.honoluluholo.com.

Ko Olina to host Triathlon

Sunday's triathlon features a unique swim, run, swim in and between the four pristine lagoons at Ko Olina, a bike route on the Ko Olina property and around Campbell Industrial Park, finishing with a run along the lagoons.

There are elite and age group entry categories along with two keiki divisions for kids 7 – 10 and 11 – 14 years old. A masters division will be held for those 50 and older.

Detailed information about registration and the course is available at www.koolina.com or by calling 782-2161.

State Offers Outdoor Education

The Hawaii Department of Land & Natural

Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Oct. 22 from 5:45 to 10 p.m. and Oct. 23 from 7:45 a.m. to 4 p.m. in classroom #A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/Welcome.html.

Race for the Cure, Oct. 24

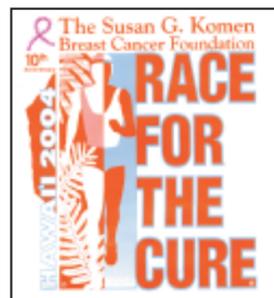
The 10th Annual Komen Hawaii Race for the Cure will kick off at 7 a.m. Oct. 24 at Kapiolani Park. More than 7,000 male and female runners and walkers are expected for this coed 5K (3.1 miles) race and a 1-mile fun walk/run.

Over 450 breast cancer survivors are expected to turn out. There will be a survivor recognition ceremony prior to the race and survivors will receive pink T-shirts and hats.

Pin "In Memory Of" and "In Celebration Of" back signs will be available for all entrants who wish to recognize family members and friends who have been touched by breast cancer.

The top three finishers in the 5K Run and the male and female top three finishers in 16 age divisions will receive awards.

Entry forms are available at area fitness and



0330 for more information.

Hawaii Marine Accepts Sports and Recreation Briefs

Advertise sports and recreational activities of general interest to the DoD community in the *Hawaii Marine*.

E-mail items to editor@hawaiimarine.com, or call the *Hawaii Marine* at 257-8836 or 257-8837.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the **Hawaii Marine's** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send "Readers Strike Back" comments to editor@hawaiimarine.com. Remember, "If you don't speak up, you won't be heard.")

Who will rule the league divisions?

Sgt. Joe Lindsay

The Goat

October is much, much more than just the start of a new fiscal year. It is rather a glorious time of the year when football fans can delude themselves into thinking either that their team is on pace to have a championship season or that there is plenty of time for them to turn it around.

Also, basketball fans begin to salivate as NBA training camps and college practices get underway across the nation in anticipation of the upcoming season.

But what really makes October special is baseball.

American League

New York Yankees vs. Minnesota Twins — Minnesota is a lot more dangerous than people give them credit for, and New York isn't as dangerous as people might think. The Twins are perhaps the most athletic team in the post season; yet still thrive off a blue-collar intensity — and the arm of ace Johan Santana, who has won 13 consecutive decisions entering the playoffs. Without Clemens, Pettitte and Wells, the Yankees are going to have to outslug everyone they face. Not exactly a recipe for success. Twins in four.

Anaheim Angels vs. Boston Red Sox — Everyone who was hoping that the Red Sox

would face off against the Yankees needn't bother, because neither team will live up to its part of the bargain. It's just as well though, since it has been ordained that the Red Sox will never win another World Series.

This year, however, their downfall will be more about the Angels' top closers — K-Rod and Troy Percival — than about "The Curse." Angels in five.

National League

St. Louis Cardinals vs. Los Angeles Dodgers — Let's get this out there as soon as possible. "The Freeway Series" will NOT happen. Repeat, "The Freeway Series" will NOT happen. Anybody who actually entertained thoughts of Anaheim facing off against Los Angeles in the World Series probably lives in SoCal and only has basic cable. Otherwise they would have caught a couple St. Louis games this year and realized that there's no way in Hades the Dodgers are going to get past LaRussa and Co. Cardinals in three.

Atlanta Braves vs. Houston Astros — Houston is hot, hot, hot. Since mid-August, they are a major league best 36-10, including an 18-game home winning streak — the longest in MLB in ten years.

Unfortunately for Houston, J.D. Drew plays for Atlanta, and the Braves knows how to get out of the Division Series, if not much

See GOAT, C-6

Capt. K.D. Robbins

The Professor

SoCal. SoCal. SoCal! Two Southern California teams, the Dodgers and Angels, both won their respective divisions for the first time in 44 years. As for the rest, it's the usual suspects: Astros, Braves, Red Sox, Twins and the Steinbrenners.

American League

Minnesota Twins vs. New York Yankees — Johan Santana is the man. But, will that be enough? The balance in the Yankee lineup is amazing. This could be the most talented Yankee lineup to ever take the field in the post-season. Just compare the top four in the batting orders: Stewart, Guzman, Ford, Morneau vs. Jeter, ARod, Sheffield and Williams. The Twins run into a juggernaut. Yankees 3, Twins 1.

Anaheim Angels vs. Boston Red Sox — Boston boasts AL Cy Younger Curt Schilling and Anaheim counters with AL MVP Vladimir Guerrero.

Conversely, this series pits an Angels pitching staff with the second-lowest team ERA in the AL, versus Boston's #1 team batting average.

There is little doubt that this will be the most entertaining division series. In the end, Boston prevails with Schilling and Pedro. Red Sox 3, Angels 2.

National League

Atlanta Braves vs. Houston Astros — Did any player single-handedly make a bigger difference to his team after the trading deadline than Carlos Beltran? With Beltran, the Astros tore up the NL, including 39-18 August – October stretch run. The Braves won the NL East, again (13 straight division titles), and they appear quietly confident for a playoff run. Not gonna happen — Clemens and Oswalt get it done. Astros 3, Braves 1.

Los Angeles Dodgers vs. St. Louis Cardinals — The Cardinals are focused for a World Series run, while the Dodgers are relieved to be there.

Tony LaRussa has the Cards focused. With Edmonds, Pujols and Rolen swinging the L.A. batting practice-style pitching staff, the Cards will post touchdowns and field goals, vice runs. This could get ugly. Cardinals 3, Dodgers 0.

Bottom Line: October is the best month of the sporting year: College football is in full bloom, the NFL is rocking and baseball's playoff season is among us. In October, experience is key and this group of teams has it. Every team, with the exception of the Dodgers, has recently competed in the playoffs. That said, free agency has players all over the map. Look for Schilling to shine, the Dodgers to whine, Clemens to dominate and LaRussa to move his troops forward. Either way, it will only get better.

READERS STRIKE BACK

"I would like to see an article on the New England Patriots just breaking the all time NFL winning streak."

To the Bottom Line,

A few months ago my husband, who like me, is an active duty Marine, wrote a letter to your newspaper without ever mentioning it to me.

I always read your paper every week but never the sports section so I had no knowledge about The Bottom Line. Believe me, I do now.

Right after my husband's letter came out I can't even begin to count how many people came up to me to give me gruff about it. It was Bottom Line this and Bottom Line that and "I

can't believe your husband said that" and so on and so forth. I still don't read The Bottom Line regularly, but I just felt the need to write to say to everyone please stop telling me about my husband's letter in The Bottom Line.

I know ... I know ... enough already.

I did read the article this week and I liked it that The Professor and Goat did a movie review about "Hu\$tle," which was a fitting name for the made-for-TV movie since Pete Rose was such a two-bit hustler.

One other thing. I would like to see an arti-

cle on the New England Patriots just breaking the all time NFL winning streak. I would have loved to have seen the game against Buffalo where they broke the 32-year-old record but the manager at the E-Club refused to play it when I asked, so maybe The Bottom Line could do a story about it because it really is a great accomplishment. Thank you very much.

*The #1 Patriots Fan
Amy Goss
Auburn, Maine*

Warriors demolish Raiders, 45-0

Story by
Cpl. Jared Plotts and
Cpl. Megan Stiner
Combat Correspondents

The Headquarters Battalion Warriors confidently ran up and down the “dazed and confused” Camp Smith Raiders 45-0 at Pop Warner Field Wednesday.

Warriors quarterback Kevin “K-Mart” Martin, set the tone with a 60-yard run into the end zone on the first play of the game. The Warriors never looked back, and according to sources, the Raiders never saw them.

The usually steadfast Raiders defense appeared tired from the start, and got little help from their offensive counterparts who received penalty after penalty on the field. The Raiders ended up burning two time outs in the first eight minutes of the game, but still the Raiders offense never crossed the 50-yard line.

“We definitely looked dazed and confused out there,” Raiders Head Coach James Rogers said dismissively after the game. “That is the best description of our team tonight, dazed and confused.”

On the other hand, the Warriors defense was stellar. Swarming the ball every play and making key stops.

“I think we had a very good game,” said Head Coach Avis Tolliver. “Our offense, special teams and defense all made big plays and performed well for all four quarters of the game.”

The offensive authority of Martin, tailback Darrel Rhea, cornerback David Borrego and fullback Carlos Mora had no problem breaking through the tired defense in the second half by pounding the ball up the middle and quick options and sweeps to the outside. The Warriors scored four touchdowns in the second half, all coming on the ground.

The Raiders defensive line, though they appeared weary, never backed off from delivering huge hits that repeatedly took down, but couldn't stop the Warrior offense.



Cpl. Megan L. Stiner

Warrior defender Stefon Herbert attempts to take down one of the Raider's players. Although small in stature Herbert is quite possibly one of the best defenders in the league. The Warriors went on to win against the Raiders with a score of 45-0 to add another victory to their record of 3-1 this intramural season. Their next big game is against the MAG-24 Bandits Oct. 24.

“We were only down 18-0 at half-time. No one had given up at that point, and we didn't plan on it. Our players had to play both ways (offense and defense) including positions they're not use to,” said Raiders offensive coordinator John McClure.

The Warriors also had members playing both sides of the ball, which added to the intensity on the field. It seemed as though, for both teams, players who got laid out would come

back on defense with three times the intensity and hit who ever they could as hard as they could.

For example, the Warriors team got fired up when Borrego made a massive hit against the offense in the third quarter after being taken down repeatedly by the defense.

Although the Raiders looked good last week, they came back off their first win of the season to a dramatic and disheartening loss.

Overall, throughout the game the Raiders played with full intensity while the Warriors displayed both skill and heart to result in the win.

This loss may become the fuel that leads the Raiders to more victories. That same victory for the Warriors may just be another stepping stone to a championship year.

Only time will tell where both teams may end up.

Did You Know

Girls and Boys Town

- Provides treatment and care to more than 40,000 abused, abandoned and neglected girls and boys across the country each year.

- Provides assistance to nearly one million children each year by training parents, teachers and child-care professionals how to meet the needs of children in the 21st century.

- Assists more than 450,000 callers annually through the Girls and Boys Town National Hotline (800-448-3000).

- Cares for children regardless of race, color, creed, gender, national origin, or ability to pay. On average, girls make up about 50 percent of the youth cared for each year.

- For more information, call 1-800-217-3700, or visit www.girlsandboys-town.org



A CFC participant -
 provided as a public service



Cpl. Jessica M. Mills

The Mighty-Mights Cheerleading Squad show their spirit during a flag football game here, Saturday. The Mighty-Mights league is combined of 7- to 9-year-olds, and are just learning to combine gymnastics with their cheers.

Youth Activities

Cheerleaders show spirit

Cpl. Jessica M. Mills

Sports Editor

The fall sports season is upon us, and while football usually takes the spotlight, other sports have also begun this season, like cheerleading. The MCB Hawaii Youth Cheerleading League began practicing at the beginning of September in preparation for the Youth Flag Football season, which began Sept. 25.

There are four divisions in the league, and they are separated by age. The Mini-Might cheerleaders are the youngest in the league; they are between the ages of 5 and 6. According to the Mini-Might's Head Coach Kim Rucker, this is the first time most of these girls have ever tried cheerleading.

"At this age, the girls are just learning their cheers and maybe a few jumps," said Rucker. "This division is basically just to introduce the girls to the sport of cheerleading, and they are doing pretty well, especially since this is their first time."

Each team is made up of 10 cheerleaders and a few assistant coaches, who help train the team. The divisions practice two days a week, for one hour each practice. Each division learns new things, including cheers, dance moves, and gymnastics.

"One of the biggest lessons we try to teach the younger girls is to be loud and try to get the crowd involved in the cheers, as well as cheering the football

players on, of course," said Rucker.

The next division up is the Mighty-Mights, which are made up of 7- to 9-year-olds, who also practice twice a week.

"We are trying to teach them how to be confident and loud, and how to coordinate their cheers," said Sheri Haren, one of the four coaches for the Mighty-Might team. "Whether people realize it or not, cheerleading is an organized sport, and it keeps kids out of trouble."

According to Haren, at this level of the

sport, the girls are learning a few gymnastics moves, like cartwheels, and they are being introduced to a three-level pyramid. Another plus is that the girls are learning a lot about the game of football, which according to Haren, is a complicated sport for a child to understand.

"Cheerleading teaches these children confidence in themselves and shows them how to work as a team," said Haren.

See CHEER, C-6

CHEER, From C-5

"To do well in cheerleading, the girls need to understand that you cannot depend on one person, it is all about the team."

Many of the assistant coaches in the division are single Marines, Sailors, and family members who just enjoy spending time with the children and teaching them positive things.

"I love kids and I wanted to volunteer my time to something worthwhile," said Stacie VanEmmerik, another coach for the mighty-might cheerleading team. "It means a lot to me to be able to help these girls and keep them out of trouble. Cheerleading occupies their time and gives them something positive to do."

The older cheerleading teams are the Termites, ages 9 to 11, and the Pee Wees, ages 11 to 13. These two teams are more advanced than the younger teams and the children learn more dance and gymnastics to incorporate into their cheers. The Pee Wee squad also receives some of its training from the Di Rodin Dance Movement and Gymnastics Academy, which is located here on base.

This year, the entire league received a lot of support from Youth Activities and received all new cheer uniforms and pom pom. Many of the parents also pitched in and helped create accessories for the girls to wear with their uniforms, such as hair bands and shoe clips.

The league will have a game every weekend until Nov. 7, when they will cheer on the winning teams for the flag football championship game.

For more information about the youth cheerleading teams, contact Youth Activities at 254-1662.

GOAT, From C-3

else. Braves in five.

Bottom Line: Anybody who gambles on the NFL spread (for entertainment purposes only of course) knows deep in their heart of hearts that they might as well just be flipping a coin. The same is not true in baseball. Picking baseball winners is more like Rock, Paper, Scissors. And in Rock, Paper, Scissors, if you are good enough — even if just by a little — you can gain an advantage over a less intelligent opponent. No offense Professor.

FOOTBALL, From C-1

time they got close to a goal due to offensive penalties. But that never stopped them from eventually working their way into the end zone.

Wheelous proved he could ultimately bring it home by moving up the left side and dodging defenders on his way to another six points.

This time the Haters defense was ready for Legros and Erik Strandquist blocked the ball before it could reach the goal posts. Leaving the score at 13-0, Bandits lead.

The Haters tried again to work it up the field but were met with fierce competition from Tyrone Payne and the rest of the defensive line. Soon enough, the ball was back in the possession of the Bandits.

After being halted by the Haters defense a couple times, the Bandits managed to get a long pass off. Bandit's wide receiver Dan Lee found the open hands of Gonzales and the rest is history. This time they went for a two-point conversion, but couldn't quite find the end zone. The Bandit's brought a 19-point difference to the score. And the exhaustion began to show on the Hater's sideline.

Once possession was regained by the Haters they fumbled in their end zone, and gave an easy touchdown to Bandit's line backer Terrance Carson, who was injured later in the game from a hit that came after a play ended.

"It was a cheap shot," said Head Coach Richard Hargrave, "if the players aren't more careful they might not see this league continuing on K-Bay in the future."

The score widened to a 25-point gap and the Haters took control of the ball again, but without enough time on the clock to make any progress.

The final two quarters of the game proved to be repetitive yet exciting for the Bandit's players as they confirmed their dominance again.

With the clock running again Gonzales stole the ball through an interception from the Haters quarterback, then made his way up the field to put the Bandits in position to score again.

But the next four points didn't come from a touch down instead two separate safeties brought the score to 29-0 Bandit's continue to lead. If there was a way to score more points,



Cpl. Megan L. Stiner

Bandit's running back Mike Hershfelt moves up the field in the fourth quarter of Monday's game against the Haters.

the Bandit's found a way.

"We played awesome," said Hargrave, "the players came back after a one point loss last week with a lot of intensity and emotion."

Hershfelt made a name for himself in the fourth quarter. He was the dominant offensive player to move the ball into scoring position, but it was Lee that added the points to the board. With the extra kick good, the score rose to 36-0.

And with less than two minutes left in the game, Gonzales intercepted the ball again to run it into the Bandit's end zone. Legros put the ball through the posts yet again for the extra point and a final score of 43-0 Bandits.

"Everything fell into place, the offense executed extremely well and the defense was on fire," said Hargrave. "Our next challenge is against Headquarters Battalion and from there we will just continue to play one game at a time until the season ends."

PAINTBALL, From C-1

It costs \$25 per person to play, and this fee includes one air fill, all equipment, and field fee. Paintballs are extra, and purchase price ranges from \$45 to \$50 for a case of 2,000. For those players who wish to purchase all-day air, the cost is \$10, and for those who have their own equipment the field fee is only \$10.

"A lot of our players are very loyal, and are here every weekend," said Manahan. "This is where we all get our exercise and build long-term friendships. It is our golf."

Manahan is part of a professional paintball team that represents MCB Hawaii. His team, Twisters Hawaii, has participated at many state and national championships and will be leaving Wednesday to participate in the North Eastern Championship in Philadelphia.

The team is made up of six members; one female family member, two navy personnel and three Marines from Marine Aviation Logistics Squadron 24 and Combat Service Support Group 3.

"We just returned from the International Amateur Open in August and we took 10th place out of 89 teams, which is not bad at all," said Manahan. "This sport has really grown in the last few years, but it is still in its infancy in Hawaii. What people need to understand is that this sport is not a muscle sport, it is a game of chess or hide-and-seek for adults. People just need to give it a chance."

For more information on the sport, or to make an appointment to play at Paintball Hawaii, call 265-4283 or come to fields located adjacent to the vehicle resale lot.



Cpl. Jessica M. Mills

Members of the Twisters Hawaii paintball team prepare to face off at the Paintball Hawaii tire field Sunday afternoon. The team recently returned from the International Amateur Open where they performed well, taking tenth place out of 89 teams.



Sgt. Jereme L. Edwards

Patrick Tourek, a family member and base resident, sets up to send the ball back over the net during practice at the after school tennis program practice Monday.

TENNIS, From C-1

for the same price and at the same time." Explained Zepeda.

The classes offered teach a wide variety of things about the game, and prepares the students to play on a competitive level.

"They learn all the basic strokes, how to keep score, what the lines are, tennis etiquette, learning how to play matches and strategy, footwork and fitness," said Zepeda. "Tennis is a sport that is for life, so the earlier the kids learn the better they'll get as they get older."

"On the lessons we are pretty flexible on our classes," said Zepeda. "We want children and adults to come out so we try to work with them. Our kids classes go Monday – Friday and we know that the members can't always attend all inclusive lessons consecutively, so we issue them a lesson card that is punched each time they attend a lesson," explained Zepeda.

According to Zepeda, the participants in the program

have varying reason why they play.

"Some play just to have fun, some of them actually have aspirations to become tennis pros and then there are some who play because this is the most accommodating sport since so many others have restrictions on the what they can do," said Zepeda.

The tennis shop is located inside the China Garden building. They also offer an assortment of tennis apparel and equipment. For more information on tennis lessons, call 258-8081.

first impressions



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