

# Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

SEPTEMBER 10, 2004



Cpl. Megan L. Stiner

The 1st Battalion, 12th Marine Regiment Bulldogs take down one of the Combat Service Support Group 3 players during the kick off game of the season. The Bulldogs met fierce competition against the Outlaws, last year's champions, but still won 19 – 8.

## Tackle Football is back

### Bulldogs crush Outlaws 19 – 8

**Cpl. Megan L. Stiner**  
Combat Correspondent

It's football season and Marine Corps Base Hawaii, Kaneohe Bay, is no stranger to the sport. This year's Intramural Tackle Football season began Wednesday when last year's season champions the Combat Service Support Group 3 Outlaws teamed up in a vicious game against the 1st Battalion, 12th Marine Regiment Bulldogs.

Quarterback Johnny Mathis led the Bulldogs to an awe-inspiring 19 – 8 victory over last year's overall champions in the first game of the 2004 season.

The hard charging Bulldogs took control of the game early in the first quarter when Arthur Lopez ran the ball for the first touchdown. The Bulldogs kicker effortlessly made the extra point leaving the Outlaws trailing by seven points early in the game.

The Bulldogs made no response to the fast action and good techniques by the Bulldogs in the first quarter. On the sidelines, coaches yelled plays and called players to the side to give advice, but on the field nothing ran



Cpl. Megan L. Stiner

Bulldog Arthur Lopez runs the ball into the end zone for the very first touchdown of this year's Intramural Tackle Football season.

smoothly for the Outlaws.

With few mistakes in the game, Mathis and the Outlaws stealthily began their conquest attempt, with Mathis leading them not only by passing, but by frequently running the ball for extra yards and first downs.

The second quarter gave the Outlaws a spark of hope when Nick "the ragin' Cajun" Chapman intercepted the ball with eight minutes left in the first half of the game. Unfortunately for them, the Bulldogs

held off the Outlaws offense until they lost possession ending the first half with the underdogs still with the upper-hand with a 7 – 0 score.

The second half gave the Outlaws a surge of hope when they managed to run the ball into their end zone with 13:05 left in the third quarter. The Outlaws kicker capitalized on the two-point conversion bringing them to an 8 – 7 lead over the Bulldogs.

The rest of the game was dominated by quickness and relentlessness on

the side of the Bulldogs, who ran in yet another touchdown at the latter end of the third quarter. The Outlaws did manage to prevent them from gaining the extra point, however, the score had given a 13 – 8 lead back to the Bulldogs.

The third quarter lasted one hour and 14 minutes due to an injury on the field. An ambulance was called to the scene and the player was removed from the field, conscience but hurt.

Once the game resumed, Mathis came back full swing to leave his mark on the field by scoring a touchdown with 1:10 left in the game. The extra point fell short and the clock ran out, leaving the score at 19 – 8 in favor of the Bulldogs.

"We had a grudge against the Outlaws from last years championship game," said head coach Adam Mallette. "We lost players from last year, and we didn't know how we would size up against them, but we wondered if we could sneak a win. Tonight good heart overcame talent."

Mallette said he wanted to throw out a challenge to any team who makes it to the championship game.

Although both the Bulldogs and the Outlaws will have to put their season on hold, due to the Hawaii Combined Arms Training Exercise on the big island of Hawaii, both teams intend to keep training and see each other in the playoffs.

## Fun run ends 101 Days of Summer

**Cpl. Megan L. Stiner**  
Combat Correspondent

Nearly 200 Marines and Sailors took time away from their lunch break to gain points for their units at the hottest event of this year's 101 Days of Summer campaign.

Cowboy hats, spandex shorts, PT gear and "boots and utes" were among the outfits donned at the Fun Run Sept. 2. Service members volunteered to run four exhausting miles around Nu'upia Ponds during the hottest time of the day. Although some participants would have rather not run in the heat of the day, others enjoyed the trial.

"I really liked it because it was in the heat of the day and that made it more challenging," said Regina D. Shelley, legal specialist/scopist for Headquarters Battalion.

Shelley, who volunteered for the run to help her unit raise funds, believes there needs to be more events that take place during the week like the Fun Run.

"No one wants to take time on the weekends to run a fun run on base," she explained. "If we have more activ-



Cpl. Megan L. Stiner

Marines from 1st Battalion, 12th Marine Regiment, volunteered to run in "boots and utes" and shout cadence during the 4-mile run to represent unit camaraderie.

ities during the week and working hours, Marines and Sailors are more likely to attend them."

Luke J. Alsub, a Logistics Vehicle

Systems operator with Headquarters Battery, 1st Battalion, 12th Marine Regiment, was one of 41 Marines from 1/12 who volunteered to run in boots

and utilities as a formation.

"It was very hot in what we wore to run," he said. "But knowing all the Marines around you were doing the same thing allowed us to stay together throughout the four miles."

According to Alsub, only one Marine from 1/12 fell out of the run, and that was due to the heat.

"We all had a really good time, it is fun when you can go out and do something productive outside of work, with the people from your unit," he said.

Barry Harkins, a new join clerk with Base Personnel Administration Center, explained he thought the run was a good chance for Marines and Sailors to get out and be around other service members and participate in something productive like running.

Heat, exercise and camaraderie were all major factors contributing to the success of the last event of the 101 Days of Summer 2004.

"It was a lot of fun, and I look forward to more events like this next year," said Shelley. "Even though it was tough, a lot of people came out and enjoyed the opportunity to be a part of it."

## Base pool begins seasonal hours

**Sgt. Jereme L. Edwards**  
Combat Correspondent

Hawaii's year-round warm climate and tropical paradise appeal to thousands from around the world each year. Due to the year-round warmth, most visitors or stationed personnel end up taking a dip in either the clear shores around Oahu or even the base pool for those who prefer a calmer environment.

"The summer holidays, Labor Day and Memorial Day, mark the change in operation hours for most of the base pools in the continental United States, and MCB Hawaii's base pool is no different," said Semper Fit Water Safety Manager, Harry Sprague.

According to Sprague, lap and recreational hours have changed.

Lap swim goes from 11 a.m. – 1 p.m. and 5 – 6 p.m. Tuesdays – Fridays with three lanes available from 1 – 5 p.m. during all recreation swim hours. Recreation swimming goes from 1 – 5 p.m. Tuesday through Friday and from noon to 5 p.m. Saturdays, Sundays, and Holidays, and all Pools are closed on Mondays.

The base pool also offers several other programs for those interested in its facilities.

"Swim lessons will continue until Oct. 29. Sessions are two-weeks long and consist of eight and one half hours of instruction for \$35," said Sprague.

"Pool parties are available day and night, which are perfect for birthdays and special occasion parties. The base pool also has a swim team and spring board diving club," added Sprague.

MCB Hawaii, Kaneohe Bay offers several great beach experiences as well.

Among the greatest attractions are its beautiful beaches. Pyramid Rock and North Beach offer expertly-guarded expanses of beach, providing a wide variety of aquatic activities including swimming, diving and snorkeling, sunbathing, and of course, surfing. In fact, the beaches on base offer some of the best surfing spots in Hawaii.

These activities may be enjoyable, but keep in mind they can also be dangerous. Winter months bring high surf and lots of fun for safety-conscious folks who are alert to quickly changing conditions.

Occasionally, conditions are too dangerous for beaches to open. These circumstances are pre-set and enforced by lifeguards and the Provost Marshal's Office. In the event of a beach closure, exit the water and beach as soon as possible. Closures are sometimes necessary to protect the safety of beach patrons.

For maximum safety Marine Corps Community Services Aquatics advises beachgoers to speak with lifeguards at the beach or call 254-7655 for current conditions before venturing out.

Lifeguards are knowledgeable, thoroughly trained seasoned professionals whose main goal is to support good, safe water fun. Please follow their advice.

"Remember, always enjoy the beach during posted lifeguard hours, have appropriate equipment, a buddy with you and check in with lifeguards for the conditions of the day. It could save your life," said Sprague.

# BASE SPORTS

## September

### 14 / Tuesday

**Camp Smith Flag Football Begins** — September marks the beginning of football season, and Camp Smith is gearing up with Flag Football.

Get your team together and motivated and call Marine Corps Community Services Camp Smith Athletics at 477-0498.

### 22 / Wednesday

**Camp Smith 5K Grueler** — The 8th Annual Camp Smith 5K Grueler run will begin at Camp Smith's Sunset Lanai at 11:30 a.m.

Registration fees are \$15 for individuals, and \$60 for six-person teams before Tuesday. Late registration will be \$18 for individuals, and \$78 for teams.

First place awards will be given for individual categories (Ages 19 &

Under, 20 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 & Above), top three for teams, and top three overall for men and women. The course winds through approximately 5 kilometers of rugged terrain at Camp Smith. To register, call 254-7590/7591 or look to [www.mccshawaii.com](http://www.mccshawaii.com) for online registration.

### 25 / Saturday

**Pyramid Rock Beach Surf Showdown** —

Show your worth in the surf at the Pyramid Beach Surf Showdown. The meet hits the beach Sept. 25, from 7 a.m. to 5 p.m., and is open to military of all services, dependents and DoD cardholders.

The competitions include youth surfing and body boarding for dependents ages 14 years and under as well as contestants ages 15 – 19 years. Amateur surfers can battle it out in the Men's Division (18 – 30 years), Men's Masters (31 and up), the Women's Open (all ages), the Men's Longboard Division (all ages) and the Women's Longboard Division (all ages).

The entry fee is \$15 for adults, \$10 for youth, however day-of-event entries will be charged an additional \$10. Each participating surfer will receive a Surf Showdown T-shirt. Entry forms can be found and dropped off at the MCBH Aquatics building 274 or at the beaches.

Come down to participate or spend the day in the sun and check out the action. For more information, contact MCCS Aquatics at 254-7655.

## Ongoing

**Gone Fishin'** — Join Mahalo Kai Fishing Charters for a day beyond the bay. Located at the base marina, the charter contractor now has two different boats to accommodate all of your fishing needs. Check out its newest boat, the Bill Collector, built for charter fishing at its finest. Call 254-7667 for more information.

**NASCAR Sundays** — Race to Kahuna's Sports Bar & Grill to catch NASCAR. The club opens with breakfast at 7 a.m. and serves selections from the grill menu until closing

time at 8 p.m.

To receive \$1 off chicken wings, just wear your favorite race car driver's gear.

**Inexpensive, Fun Entertainment** — Look no further for economical entertainment, as Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game. This discount is good for open play, and does not qualify for tournaments, leagues or unit functions.

Call the K-Bay Lanes now to get the spin at 254-7693.

**Parents for Fitness** —

This cooperative baby-sitting effort is available at the Semper Fit Center, for children ages 6 weeks and older. All active duty service members and their families may participate; however, PFFP participants are required to volunteer three times per month. Call 235-6585 for more information.

**Paintball Hawaii** — Near the Lemon Lot, by the intersection of Harris Road and Mokapu Road lays Paintball Hawaii. Shoot over for the great deals and have a blast.

Cost is only \$25 per person, and the fee includes one air refill, equipment and the field fee (paint is extra). Players can purchase paint at the field from \$45 – \$50 for a case of 2,000 balls.

The field is open on weekends from 9 a.m. to 5 p.m. Call 265-4283 for Friday appointments.

**Junior Lifeguards** — The base pool is currently offering Junior Lifeguard instruction for the youth at MCB Hawaii. Let your kids enhance their skills and abilities in the water, plus gain confidence and experience that can lead to a job. Contact the base pool at 254-7655.

**Massage Therapy** — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp Smith. The massage therapy program will help relieve your mental and physical fatigue and improve your overall circulation and body tone.

Appointments are available. Call the K-Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

**Take the Plunge** — Wet your feet and beat the heat at any one of

four MCCS pools that serve your swimming demands. Splash to the K-Bay main pool at building 981, the Hilltop Pool at building 502 (for O' Club members only), the Camp Smith pool at building 125, or the Manana Housing pool in building 840.

**Semper Fit Center** — The Semper Fit Center offers Aerobics classes Monday through Friday for service members, family members and DoD civilians.

For more information on the schedules contact the Semper Fit Center at 254-7597.

## Semper Fit Center classes and times

• Monday  
8:45 a.m. – Step 2 It  
11:45 a.m. – Gut Cut  
4:45 p.m. – Spinning  
5:45 p.m. – Cardio-Kick  
6:45 – Pilates

• Tuesday  
6 a.m. – Spinning  
8:30 a.m. – Muscle Conditioning  
9:45 a.m. – Yoga  
11:30 a.m. – Spinning  
6:30 p.m. – Step & Tone

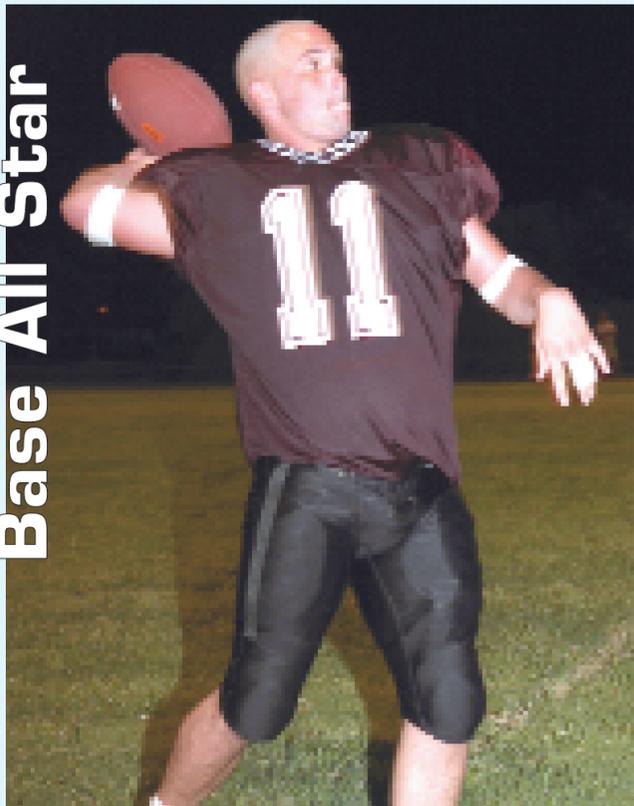
• Wednesday  
6 a.m. – Skills & Drills  
8:45 – Step  
11:45 a.m. – Gut Cut  
4:45 p.m. – Spinning  
5:45 p.m. – Cardio-Kick  
6:45 – Pilates

• Thursday  
6 a.m. – Spinning  
8:30 a.m. – Muscle Conditioning  
9:45 a.m. – Yoga  
11:30 a.m. – Spinning  
12:30 – Tai Chi  
6:30 p.m. – Step & Tone

• Friday  
6 a.m. – Unit PT (Space is limited)  
8:45 – Step 2 It  
11:45 a.m. – Gut Cut  
4:45 p.m. – Spinning  
5:45 p.m. – Pilates

• Saturday  
7:45 a.m. – Spinning  
9 a.m. – Step & Tone

## Base All Star



## Nick Chapman

**Unit:** Headquarters Co., Combat Service Support Group 3

**Billet:** Logistics Embarker

**Hometown:** Lafayette, La.

- Chapman has participated in soccer, baseball, track, softball, and football competitively since he was young.
- He has been in all-state semifinals in soccer and quarterfinals in football as a high school athlete in Louisiana.
- He has been active in football since entering the sport at age 6.
- He plays on both intramural football and softball for CSSG-3, and has participated in the 101 Days of Summer Softball Championships for two years running.



# 5th Annual Niketown 5 is the biggest ever

## Press Release

The Limtiaco Company

**HONOLULU** — Hawaii's third largest race has just gotten bigger. Due to the overwhelming popularity of the Niketown 5 event, race organizers have increased the race cap to 6,000 entries — an increase of 1,000 entries from last year. Runners will take their mark for the 5th annual race on Oct. 3 at 7 a.m.

Through the event, Niketown renews its annual efforts to encourage physical activity among Hawaii's youth.

"NikeGO is Nike's national effort to inspire youth at the local level to be physically active, which is particularly important for Hawaii," said Keala Peters, marketing and events manager for Niketown Honolulu.

"Our long-term goal is to make sure kids remain active and healthy by providing schools with much needed play and athletic equipment."

As in past years, 100 percent of entry fees will be donated to Oahu schools (grades K-12) for athletic programs and play equipment. Over the past four years, Niketown has raised and distributed over \$200,000 to 242 participating schools through the event.

As an added bonus, Niketown will also donate five percent of the race weekend sales (Oct. 2 – 3) in the form of new shoes and sports equipment to Oahu's schools through Hawaii's



for pick up at Niketown, or by calling (808) 943-6453. Early registration deadline is Sept. 20. (Race limited to the first 6,000 entries. If space is available, race fee increases to \$25 after Sept. 20.)

The certified 5K (3.1 mile) run starts and finishes at Niketown (King Kalakaua Plaza, 2080

Adopt-A-Teacher program.

The cost to participate is \$20 for adults 19 years and older, and \$15 for kids 18 years and under. Runners can designate which school they would like their entry fees to benefit, and each participant will receive a Niketown 5 T-shirt. Race forms are available

for pick up at Niketown, or by calling (808) 943-6453. Early registration deadline is Sept. 20. (Race limited to the first 6,000 entries. If space is available, race fee increases to \$25 after Sept. 20.)

The certified 5K (3.1 mile) run starts and finishes at Niketown (King Kalakaua Plaza, 2080

Kalakaua Ave). Runners will proceed on Kalakaua Avenue to Monsarrat Avenue to Paki Avenue and down Ala Wai Boulevard. The finish line will be at the intersection of Kalaimoku Street and Kuhio Avenue.

The event also features the NikeGO Kids Run, a one-mile course around Fort DeRussy Park encouraged for children 12 and under. Parents are welcome to participate with their children if they wish. Goodie bags will be provided to the NikeGO Kids Run participants at the finish line.

Immediately following both events, participants can enjoy a post-race celebration at the Finish Line Party, including prizes, food, beverages and entertainment provided by Niketown Honolulu.

# COMMUNITY SPORTS

## HTMC to Hike in Laie, Tomorrow

Enjoy this short and sweet three-mile, intermediate hike on the Windward side that treats you to a little hill and a little stream. A flash flood hazard is always present on any stream hike. Hikers should meet at Iolani Palace at 8 a.m. Call coordinator Laura Owens at 595-9023 for detailed information.

## Sunday Polo at Waimanalo

Gates open at 1 p.m. with games kicking off at 2:30 p.m. for the "Aloha Festivals Week Challenge" at the polo fields across from Bellow AFS. Cost is \$3, keiki 12 and under are free. The ponies will be available for children to visit after the matches. For more information about the Honolulu Polo Club, visit [www.honolulu polo.com](http://www.honolulu polo.com).

## Experience Ancient Hawaiian Culture

Check out the ancient tradition of Hawaiian canoe paddling at the E Lau Hoe race from Magic Island, Honolulu to Pokai Bay on Oahu's west side, Sunday. The Oahu Hawaiian Canoe Racing Association sponsors this women's, six-man, outrigger canoe race, which kicks off at 8 a.m. Be at the finish line at Pokai Bay Beach Park by 12 p.m. as last year's winning crew finished in just under four hours and twenty minutes.



## State Offers Recreation Class

The Hawaii Department of Land & Natural Resources is offering education classes for the public. Subjects covered include firearms and

archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Sept. 17 from 5:45 to 10 p.m. and Sept. 18 from 7:45 a.m. to 4 p.m. in classroom #A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200.

## Range Challenges to 'Take Your Best Shot' at Hunger

Hunters, anglers and any outdoors enthusiast who cares about human and natural resources are encouraged to come out and celebrate the 33rd National Hunting & Fishing Day at Koko Head Shooting Range, (the first left past Hanauma Bay on Kalaniana'ole Highway, headed toward Waimanalo), Sept. 25 and 26 from 10 a.m. to 4 p.m.

Bring a canned food or cash donations for the Hawaii Food Bank, and for each canned good or \$1 donation, you will receive a free activity coupon to participate in skeet, .22 rifle or handgun, muzzleloader, archery, air gun or a fish casting contest.

Lots of fun, demonstrations, food and prizes are planned, so come celebrate and feed the

hungry in the process.

For more details, call Hawaii's Hunter Education Program at 587-0200.

## Honolulu Symphony to Host Run

The 23rd Annual Fun Run hosted by the Honolulu Symphony will start from Fort Ruger (Triangle Park), Oct. 10 beginning at 8 a.m. Runners or walkers can choose a 1.5- or 4-mile course winding through Kahala. More than 25 instrumental and vocal groups will perform along the course and in the park following the run/walk. Pets are welcome at this event. Registration begins at 7 a.m. on run day and fees include a T-shirt designed by Norm Foster, symphony clarinetist. Entry fees are \$30 for adults and \$10 for children. The event will provide funding for Honolulu Symphony programs such as the Hawaii Youth Concerto Competition, the Youth Music Education Program, the East Meets West concert series and Concert Conversations.

## Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs.

For more information, call Turtle Cove at 259-4121 anytime from 8 a.m. to 8 p.m. (Bring bottled water and sunscreen for outdoor activities.)

• **Saturdays at 8 a.m., Morning Paddle:** Take the guided kayak tour to the Mokolua Islands, which offers the opportunity to see birds up close in their natural habitat. Advanced skill level is required.

• **Saturdays at 1 p.m., History Tours by Van:** Learn about and see significant historical land-

marks on Bellows Air Force Station.

• **Sundays at 8:30 a.m., History Tours by Bike:** Ride into off-limits areas on mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows AFS. Day rental of bikes and helmets is included. Wear closed-toe shoes.

• **Mondays at 8:30 a.m., Hike to Makapuu:** Take a moderate 2.5-mile roundtrip hike to the Makapuu Lighthouse. Wear closed-toe shoes.

• **Tuesdays and Thursdays at 10 a.m., Lei Making:** Pick your own flowers to use in making beautiful lei and enjoy ancient Hawaiian folk tales and stories.

• **Wednesdays at 6:30 a.m., Bikram's Yoga:** Gain a sense of well-being and good health in this Indian-style form of yoga, which features 26 postures and two breathing exercises.

• **Wednesdays and Fridays at 8:30 a.m., Snorkeling Tour:** Discover the magnificent underwater world of the ocean at a nearby, undisturbed reef. Transportation, instruction and snorkeling equipment are included.

• **Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:** Master ocean-kayaking skills including water safety and efficient paddling techniques in this two-hour class.

• **Thursdays at 9 a.m., Beach 101:** The whole family can attend this fun class.

• **Fridays at 1 p.m., Bodyboarding Lessons:** Learn how to catch and ride the waves. Free day rental of boogie board is included.

## Hawaii Marine Accepts Sports and Recreation Briefs

Advertise sports and recreational activities of general interest to the DoD community in the *Hawaii Marine*. E-mail items to [editor@hawaii-marine.com](mailto:editor@hawaii-marine.com), or call the *Hawaii Marine* at 257-8836 or 257-8837.



# THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the **Hawaii Marine's** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. Our two resident sports junkies welcome your e-mails of no more than 250 words. We will print the top comment of the week from our readers.

Send "Readers Strike Back" comments to editor@hawaiimarine.com. Remember, "If you don't speak up, you won't be heard."

## Can Kobe Bryant find vindication?

**Sgt. Joe Lindsay**

*The Goat*

First, The Goat wants to apologize directly to the Professor for refusing to take part in this week's Bottom Line. He wants to apologize to him for this article and the consequences The Professor has suffered in the past year from all The Goat's articles.

Although this year has been incredibly difficult for The Goat personally, he can only imagine the pain The Professor has had to endure getting out-written every week. The Goat also wants to apologize to the Professor's family members, and to the citizens of Happy Valley, Penn.

The Goat also wants to make it clear that he doesn't question the motives of The Professor in writing The Bottom Line. No money has been paid to The Professor for his efforts, save his paltry salary as a Marine Corps officer. The Professor has agreed this statement will not be used against The Goat in an NJP hearing. Although the Goat truly believes he writes The Professor into the ground every week, The Goat recognizes now that the Professor does not view The Bottom Line articles the same way The Goat does.

After months of reviewing The Bottom Line, reading letters from the clones, and listening to The Professor speak, The Goat

now understands that The Professor did not consent to having his half of the Bottom Line moved into the second, and less desirable slot, on the right side of this page.

The Goat issues this statement today fully aware that while one half of The Bottom Line shines today, another remains in obscurity. The Goat understands The Professor will continue to lobby to have his articles moved back to the first slot. This issue will be decided by and between the editors of this publication, and will no longer be a financial or emotional drain on the citizens of the state of Hawaii.

**Bottom Line:** Many athletes have survived scandal, incarceration, and just about anything you can imagine before resuming their professional careers. Survival, however, does not equate with vindication. Boxer Mike Tyson came out of prison an even bigger drawing card than when he went in.

Sure, he never got any endorsement bucks in the U.S. ever again, but he hawked just about everything imaginable in Japan. Is he vindicated? No, but then again, Tyson doesn't want to be vindicated. He is unrepentant, and America remains transfixed with him in the same manner we are transfixed when passing a fatal car accident.

See GOAT, C-5

**Capt. K.D. Robbins**

*The Professor*

Whether you are a Kobe Bryant fan, a Laker fan, a basketball fan, a sports fan, a celebrity fan or simply an average Joe (not to be confused with The Goat) or Josephine (again, not to be confused with The Goat), you couldn't help but follow the latest rendition of L.A. Law meets Matlock in quaint Eagle, Colo. But, in case you missed it, all sexual assault charges against NBA superstar Kobe Bryant have been dropped as the accuser determined the trial would be too painful for her to participate in, following over a year of public support and more importantly, public ridicule of her personal affairs.

Let's begin with this analysis; whatever happened that fateful evening remains locked behind the minds of two young people and will most likely stay that way.

Whether this woman is a "victim" or not, one must feel remorse for the experience that life has dealt her (to include two suicide attempts). This said, Kobe is back in L.A. and faces the daunting task of rebuilding a life surrounded by silver spoons, Mercedes Benzes and the largest media market this side of Eagle, Colo.

Will Kobe seek vindication? Of course, his ego demands it. Can Kobe find vindication? Absolutely. It comes in the form of an

NBA Championship.

Thus, as we examine whether or not Kobe will find vindication; where does the young lady find vindication. Kobe fans will argue that her vindication comes with a victorious pending civil suit. But, is that really vindication?

Furthermore, where do Kobe's wife and daughter find vindication? Kobe considers the ten-carat ring he purchased for his blushing bride a start. Kobe thinks that crying on television and admitting to adultery is the answer. Stay tuned. ...

Kobe's Hollywood hometown offers plenty of twelve-step retreats, with hundreds of attractive teenage girls working as front desk clerks. Will he enroll? Who cares?

**Bottom Line:** At the end of the day, Kobe knew what he was doing. Somewhere between his pre-game Big Macs and his smokescreen "Beaver Cleaver" image, he woke up. He realized that he is an overgrown child with a bank account wealthier than many oil barons. The solution is simple for Mr. Bryant — Win an NBA title without Shaquille O'Neal dominating the middle and keeping defenders off your back. Win an NBA title without Phil Jackson mentoring you. That is Kobe's vindication; a pathetic price to pay for a night of "fun" with a teenage girl in a small town in Colorado.

## READERS STRIKE BACK

**"However, if I want to see Hawaiian-type sports though, I will definitely not find them in The Bottom Line."**

Dear Bottom Line,

About six months ago I wrote a letter to The Bottom Line asking if you could occasionally write articles on the subject of ocean sports, such as scuba diving, surfing and of course spear fishing. To date I have never seen an article on any of these sports. I am curious as to why The Bottom Line prints letters from their readers every week but never listens to them.

I have long since given up on you both doing something with local ties, which is a shame since

we all live in Hawaii. Sometimes I don't know why I still read The Bottom Line. I guess I do to see what off the wall stuff The Goat is going to say next and also to get some real sports insight which we only seem to get from The Professor.

A perfect example was your NFL preview last week. The Professor had quality picks that made sense. The Goat, on the other hand, was... well, the Goat ... original, funny, slightly insane and dead wrong. But if I want to laugh I will watch the Chappell Show and if I want quality sports picks I will go to ESPN. So neither The Professor

or Goat are really doing me any good. However, if I want to see Hawaiian-type sports though, I will definitely not find them in The Bottom Line.

I still like your articles and for some unknown reason still look forward to next weeks stories, which will no doubt be about football, baseball or basketball. But my patience is running thin. Oh, and by the way, even though I am a Rams fan, this year will belong to the Seahawks.

**Wes Davis**  
St. Louis, MO

## USE YOUR HEAD



(800) 446-9227

**WEAR A HELMET**



A wish can teach a sick child that anything is possible. Even the future.

Visit us at [www.wish.org](http://www.wish.org) or call (800) 722-WISH

Share the Power of a Wish®

Make-A-Wish Foundation® is a CFC participant.



*Give platelets, give life*

# Tripler in need of more blood donors

**Petty Officer 3rd Class Erica Mater**

*National Naval Medical Center Public Affairs*

**BETHESDA, Md.** — Officials at the National Naval Medical Center are reminding folks that there's another way to serve your country, whether you are on active-duty or not. Head to the Armed Services Blood Bank Center and donate platelets.

"We are using a lot of platelets right now because of the Marines we have coming in from Operation Iraqi Freedom, so we are constantly looking for donations," said Mary Lewis, supervisor for the ASBBC Apheresis Section at NNMCC.

Lewis said the bank is always looking for new donors.

"Right now, we are going through highs and lows. Some days we have five donations. Other days we have no donations," said Lewis. "Ideally, we would like two to three donations per day, in order to keep a constant supply on the shelf."

Edward Potts, a retired master chief hospital corpsman and director for the Navy/Marine Corps Relief Society at the hospital, has been donating platelets at the Naval Medical Center for more than 12 years.

"I donate because I believe in it. Donating platelets helps more than one person and I want to be able to help as many people as possible," said Potts.

The guidelines for donating platelets are the same as donating whole blood. However, the process of donating platelets is different. Platelets are one of three types of blood cells.

Platelets form clots to stop bleeding and help people who are undergoing treatment for serious health problems such as cancer, leukemia, surgery patients, newborn babies, and patients with significant blood loss.

One of the key aspects of platelets is their shelf life. Red blood cells can be stored for up to 42 days before they need to be used or discarded. Platelets have a shelf life of only five days.

Donors like Potts can make platelet donations every 15 days. In rare instances a donor may be asked to make donations sooner.

"At one point, I was making a donation a day for five days for an intensive care patient," said Potts. "They were smaller donations and after I finished donating I was required to take a longer recovery time."

A normal platelet donation can take up to two hours depending on your blood levels and after the screening process is completed. The length of time is a drawback to most people donating, according to Lewis. However, she emphasizes that command involvement could help reduce this drawback.

"If everyone became involved in the process, it would be much easier to handle the time commitment. When a person wants to donate, their chain of command must approve their absence from the workspace for at least two hours or the recommended four hours, two of which are recovery time," said Lewis. "It becomes a team effort of the entire command to make it happen."

Potts, who works around his busy schedule to donate, notes that the staff at the donation



Lance Cpl. Michelle M. Dickson

**Sgt. Maly Soukkaseum, operations chief for base fuels, Headquarters Bn., waits while blood is being drawn at the Headquarters Bn. blood drive. Army medical technicians from Tripler Army Medical Center ran a blood drive at the Headquarters Bn. building aboard MCB Hawaii, Kaneohe Bay, June 3.**

center makes every minute worth it.

"When I made my first donation, the staff was very nice," said Potts. "And that hasn't changed one bit. Everyone there makes sure I am as comfortable as possible and they are fun to be around."

Including NNMCC, people interested in

donating blood and platelets can visit Tripler Army Medical Center's Donor Center located at 2A207 (by main elevator on the second floor).

For more information or to schedule appointments, Call Tripler Army Medical Center and leave a message at 433-6779. To schedule a blood drive, call 433-6699.

## Health benefits for families aren't 'automatic'

**Mary Kate Zabroske**

*Bureau of Medicine and Surgery Public Affairs*

**WASHINGTON** — Department of Defense TRICARE officials are working to inform military families that non-active duty beneficiaries must enroll in the health care system before they see a doctor.

Active duty service members are automatically registered in the Defense Enrollment Eligibility Reporting System. However, this isn't the case with family members, who must personally ensure they are properly enrolled in DEERS to be eligible for TRICARE benefits. This is a step many families forget each time they transfer or travel. Not keeping DEERS information current, though, can create extra time in the waiting room or incur costly out-of-pocket

expenses.

"It is extremely important to keep DEERS records up-to-date, because that is the key to receiving timely, effective TRICARE benefits. Prior to rendering services to beneficiaries, network providers and pharmacies will verify DEERS eligibility," said Floyd (Skip) Katon, Navy DEERS medical project officer.

There are several instances where a military family must update its DEERS enrollment information. These times include marriage,

the birth or adoption of a child, divorce or retirement.

Family members over 21 years of age who have a student status must also be registered in DEERS. Active-duty service members can make these changes by completing a DD Form 1172 (application for

Uniformed Services Identification Card and DEERS Enrollment).

While completing the DD Form 1172, the service member will be required to have certain important pieces of documentation, such as a marriage, birth or death certificate, divorce decree, and family members'

Social Security numbers.

Sponsors and their families should contact the nearest uniformed services identification card facility to learn what documents are needed to register or update DEERS information. To

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**BENEFITS, From C-4**

find the closest facility, search by ZIP Code at [www.dmdc.osd.mil](http://www.dmdc.osd.mil).

For family members who do not reside with their sponsors, the sponsors must get the DD 1172 notarized.

Beneficiaries may update information on DEERS in one of the following ways: visit a local uniformed services ID card facility; call the Defense Manpower Data Center Support Office at (800) 538-9552; fax changes to DEERS at (831) 655-8317; mail the address change to the Defense Manpower Data Center Office, ATTN: COA, 400 Gigling Road, Seaside, Calif. 93955-6771; or update addresses electronically at [www.tricare.osd.mil/DEERS](http://www.tricare.osd.mil/DEERS).

**GOAT, From C-3**

Even as an aged, washed-up fighter, his pay-per-view bouts still command millions and millions of dollars. Raven linebacker Ray Lewis, who beat a murder rap and ultimately was found guilty only of obstruction of justice, now finds himself doing commercials and speaking to youngsters about how to stay out of trouble at the NFL's rookie orientation program.

Is Kobe Bryant vindicated now that the charges against him have been dropped? It remains to be seen whether his non-apology "apology," or his non-repentant "repentance," will fly in the court of public opinion. Remember though, there are a lot of different jurisdictions in America. Forgiveness in Philly or Detroit doesn't mean redemption in

Tulsa or Tuscaloosa. Perhaps we are asking the wrong questions though. Perhaps we would be better served by listening to the Visions K.O.B.E has of himself, and let the self-anointed "Thug Poet" ask and answer the questions in his own words:

"Uh, what I live for? Basketball, beats and broads. From Italy to the U.S., yes, it's raw. Think ya eyein' me, all along I'm eyein' you. The hunter becomes the hunted, girl, I'm preying on you. Beautiful, the feelings we share are mutual. Passion that's telling me so for us is suitable. Uncontrollable desire flows through me. When you say my name, such lust in your slang. No time for games, the games I play, all the same. Can't get witcha, Don't let the door hitcha, where the Lord splitcha."

You too Kobe, you too.



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