

LIFESTYLES

Hang on tight for Club Week

Debbie Robbins
MCCS Public
Relations

It's a full house during K-Bay Club Week, Oct. 4 - 11. Club members and guests are invited to celebrate the Kaneohe Bay clubs' week-long celebration aboard MCB Hawaii.

After the highly anticipated Korte Construction Company renovation, the Officers Club, the Staff NCO Rocker Room and the Enlisted Club will each host a grand opening complete with entertainment, games, tours of the updated facilities, free pupus and barbecues, to honor club members, family members and their guests.

At the Officers Club

Friday, Oct. 4, the Officers Club makes its debut with a blessing ceremony.

A reception and a Battle of the Armed Services Bands will kick off at 5:30 p.m.

Complimentary pupus and tours of the modern tropical pool, glass-partitioned restaurant and the Koa Room are scheduled for invitees and base officers.

Saturday, Oct. 5, the Officers Club hosts an open house and a free poolside barbecue from 1 - 4 p.m.

Club members, family members and retirees are welcome to soak up the sun, stroll through the premises, listen and dance to live Hawaiian music, and indulge in barbecue cuisine.

For more O-Club details, call 254-7649.

At Kahuna's Sports Bar

Wednesday, Oct. 9, the Kahuna's Sports Bar will officially open with remarks from Brigadier Gen. Jerry C.



Travis Carl, manager of the bull riding equipment at the Enlisted Club, shows how it's done. Tickets are \$5 for two rides, and the bull is available Wednesday and Saturday nights.

McAbee, commanding general of MCB Hawaii, and a Korte Construction representative.

The excitement will continue with a free "Taste of Kahuna's Pupu Menu," which will feature all the latest, local and favorite pupus from Marine Corps Community Services' Executive Chef Renato Sabalburo.

Guests may sit on the sidelines or get in on the adrenaline rush during the Xtreme Games such as the joust, sumo wrestling and big glove boxing. Inside the ballroom, "Hot Country Nights" will get underway, featuring a

turing a live country and western band from 4:30 - 7:30 p.m.

At the Enlisted Club

Prior to Saturday, E-Club guests didn't have "any bull" to take. But now members of the Armed Services can try their luck taming the only mechanical riding bull on Oahu (\$5 for two rides).

Plus, the first 250 E-5s and below will receive a free commemorative Kahuna's cap.

Hawaiian rhythmic sensations Kapena will play live, and all NCOs are encouraged to invite their boss to Bosses Night, which will kick off at 4:30 p.m. with no-host cocktails.

Fantastic door prizes like a 27-inch television, a DVD player, a portable stereo and six Discman players will be given away.

For more Kahuna's grand opening information, call the Enlisted Club at 254-7661.

At the Staff NCO Rocker Room

Friday, Oct. 11, the Staff NCO Rocker Room will host a grand opening accentuating its new lanai under neon awning.

Maximizing the warm Hawaiian climate, club counsel members knew what they'd be gaining when they voted to create a tropical ambiance just outside of their gathering place. Club members may now linger and enjoy their favorite beverages, free pupus, horseshoes and music outdoors.

Also, be sure to catch the rock and roll group The Kingpins at 6 p.m.

Call 254-5592 for more information.



Sgt. Robert Carlson

Before construction and new improvements got underway at the Officers Club, many members expressed the need for a more professional facility.



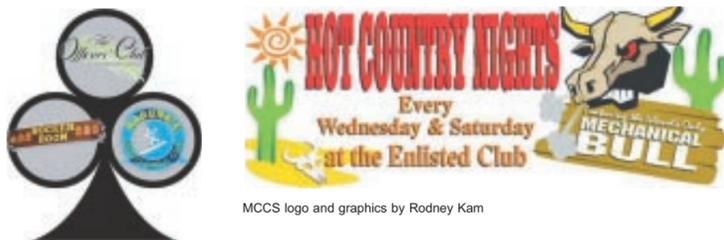
Sgt. Robert Carlson

Above — A relocated kiddie pool, new landscaping and more patio furniture have improved the atmosphere around the pool at the Officers Club. Glass walls that skirt the perimeter of the pool allow for a better view.

Improvements to the exterior of the O-Club may have made it more appealing, but they pale in comparison to changes that have been made to the interior. Now new furniture coupled with magnificent views makes dining at the Officers Club quite a pleasant experience.



Sgt. Richard W. Holtgraver Jr.



MCCS logo and graphics by Rodney Kam

MCCS

MARINE CORPS COMMUNITY SERVICES
www.mccshawaii.com

POSSIBILITIES IN PARADISE

By Debbie Robbins, MCCS Public Relations

OCTOBER

1 / Tuesday

Cultural Voyage — Ready to embark on a voyage? For this adventure you don't need to pack your bags, just bring your military I.D. card.

All base patrons are invited to explore the Base Library's "Voyages of Freedom" exhibit presented by the Hawaii Committee for the Humanities, Oct. 1 - 15.

This exhibit depicts more than 500 years of Jewish life, in Latin America and in the Caribbean. The Base Library brings your world a little closer.

For more information, call 254-7624.

Dad's Baby Boot Camp & Mom's Basic Training — Is a little bundle-of-joy on the way?

Get ahead of the baby game and attend the free, two-day baby workshop Oct. 1 - 2 at the CREDO Compound from 8:30 a.m. - 4 p.m.

Parents-to-be will gain an understanding of third trimester concerns, pre- and post-natal care, as well as discover many child and family resources.

Reservations are required.

Call the New Parent Support Program at 257-8803.

The Tennis Touch — Before you become a tennis legend — even if it's only in your own mind — you'll need to get the proper gear.

The newly opened Tennis Shop is located in Bldg. 1255, and it's ready to serve you. From rackets and tennis balls, to pleated skirts and shirts, your look will improve, though your game may be a different story.

Remember, also, that tennis professional Connie Zepeda offers tennis instruction. Patrons may sign up for lessons at the store.

3 / Thursday

New Arrivals Orientation — It's like having a best friend show you the ropes. Whether you and your family have been stationed aboard MCB Hawaii

for a week or six months, you're invited to attend the next New Arrivals Orientation from 7:30 a.m. - noon at the Base Theater.

Keynote speakers from the base and Marine Cops Community Services will brief guests regarding upcoming and ongoing resources, events, opportunities and activities.

Make the most of your tropical tour with this comprehensive brief.

Spouses are welcome, and families attending the brief who have children three years and older may bring them to "Keiki Aloha" at the Base Library (in the same building as the Base Theater), from 10 a.m. - 12:30 p.m.

While mom and dad discover tips about the base and Oahu, the keiki will enjoy making Hawaiian crafts and learning about the Hawaiian culture.

For more new arrivals information, call Marie Jesus at 257-7788. For details concerning Keiki Aloha, contact Kim Gates at 257-7786.

9 / Wednesday

Chicken Soup for the PCS-

Bound Soul — Start spreading the news. Is your family about to leave the island? Did you receive your permanent change of station orders?

With so much to do, where does one begin?

Let the professionals at the Relocation Assistance Program help guide you in the right direction during its PCS Moves Workshop in Bldg. 3096 from 8 a.m. - noon.

Topics to be discussed include departure temporary lodging allowance, medical, transportation and more.

Spouses are welcome, and orders are not required.

Spaces are limited and reservations are recommended. For additional relocation assistance details, call 257-7790.

11 / Friday

Island Tour — Become a Hawaiian connoisseur with the free Island Tour.

Have you begun to explore your new paradise? Have you witnessed the skyscraping surf at North Shore's Pipeline?

Have you explored the vari-

ous historic buildings nestled in downtown Honolulu?

Well, now you have no excuse. Hop on the Island Tour bus.

Every second Friday, Personal Services hosts a free Island Tour to all military I.D. cardholders. The tour begins and ends at Personal Services, in Bldg. 216, and lasts from 7:30 a.m. - 4:30 p.m.

Guests are welcome to bring a lunch or may opt to purchase lunch at one of the many stops.

Reservations for this guided bus tour are required, as space is limited.

For additional details or to make your reservation, call 257-7790.

Beat the Barber Blues — If standing in line to get your hair cut is a hair-raising experience, it's time to check out the various base barber locations.

You can make your clipper connection at the following places: the Mokapu Mall, the Base Theater in Bldg. 244, the Flightline in Bldg. 301, or in the Headquarters Bldg. at Camp H.M. Smith.

SM&SP



All events are open to single, active duty military. The SM&SP Office is located in Bldg. 219.

Call 254-7593, for more information on any program or activity.

Program Review

Saturdays: Oceanside Paintball lets your "inner-predator" come out to play from 9 a.m. - 4 p.m., and Sundays from noon - 5 p.m.

Call SM&SP for information on equipment rental fees.

Sept. 28: Participate in the softball tournament. Call Leslie Graham for more details.

Nov. 21: Volunteers are needed for the Thanksgiving Dinner Party holiday bash.

Dec. 7: Don't forget to take advantage of Santa's Village at the Enlisted Club. Volunteers are also needed to support this event. Call 254-7593.

SM&SP Benefits

Single Marines and Sailors enjoy these:

- At the Klipper Golf Course, get free range balls, club rental at \$5 and 18 holes of play for \$8.

- At K-Bay Lanes, get games at \$1.50 each and free shoe rental, Mondays - Thursdays.

We Got It Goin' On

Have your voice heard. Make a difference. Get involved. Grow and have a blast with SM&SP.

Receiving senatorial attention

Marines and Sailors from Combat Service Support Group 3 received a special visit from Senator Daniel K. Inouye (center), and Admiral Thomas B. Fargo (not pictured), commander in chief, U.S. Pacific Command. Inouye recognized the volunteers for repair work they accomplished at Pearl Harbor Kai Elementary School.



Petty Officer 1st Class Clinton Beard

Hispanics hold block party for all

Sgt. Alexis R. Mulero
Combat Correspondent

"Hispanic Americans: Strength in Unity, Faith, and Diversity," is this year's Hispanic Heritage Month theme.

To celebrate this unique month, the Joint Hispanic Heritage Committee put together a block party and dance at the Enlisted Club on Saturday.

"It's an occasion to give our Marines, Sailors, civilians and family members an opportunity to learn about Hispanic life and culture, and about the contributions Hispanic Americans have made to the United States Armed Services," said Master Sgt. Juan D. Rivera, chairman of the committee.

During the day, the block party entertained family members of all ages with a myriad of arts, crafts and games such as striking at a pinata for the keiki, and the loteria — an old traditional Mexican-style

"Everyone in the service has a commonality."

Master Sgt. Juan D. Rivera
Chairman, Joint Hispanic Heritage Committee

bingo game for older guests.

After the block party, more than 225 service members, civilians and family members gathered at the E-Club ballroom to enjoy a night of listening and dancing that included an assortment of Latin Music styles such as salsa, merengue, cumbia and bachata.

A live band named Mariachi Loco filled the room with traditional sounds of Mexican folk music, while guests enjoyed

a traditional Hispanic dinner.

This is the Third Annual JHHC event sponsored by Marine Forces Pacific and MCB Hawaii. The committee is comprised of 12 active duty personnel and family members stationed on Oahu. Three years ago, they consolidated their efforts to reach out and educate the entire Navy and Marine Corps team in Hawaii about Hispanic culture, traditions and way of life.

"Everyone in the service has a commonality," said Rivera. "We're all volunteers from different walks of life, here to defend and uphold our nation's freedom. But we are bonded by our different cultural backgrounds."

"That is why it's important to know about and understand each other's heritage."

For more information on the Joint Hispanic Heritage Committee events, con-

See **HISPANIC**, B-5

MOVIE TIME

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free.

Matinee prices are \$2 for adults and \$1 for children. Parents must purchase tickets for "R" rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Please show your ID at the box office. Phone 254-7642 for recorded info.

Austin Powers Goldmember (PG13)	Today at 7:15 p.m.
Road to Perdition (R)	Today at 9:45 p.m.
Blood Work (R)	Saturday at 7:15 p.m.
8 Legged Freaks (PG13)	Saturday at 9:45 p.m.
The Country Bears (G)	Sunday at 3:30 p.m.
Austin Powers Goldmember (PG13)	Sunday at 7:15 p.m.
Pluto Nash (PG13)	Wednesday at 7:15 p.m.
Signs (PG 13)	Oct. 4 at 7:15 p.m.
Blood Work (R)	Oct. 4 at 9:45 p.m.

For up-to-the-minute news about MCCS, log onto www.mccshawaii.com.

BUYING USED CARS

'Is it a good deal or a big gamble?'

NAPS
Featurettes

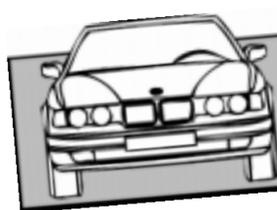
Car shoppers know that a new car depreciates by as much as 20 percent the moment it leaves the dealer's lot. However, buying pre-owned vehicles can mean big savings because the first owner took that initial depreciation hit.

That is why so many bargain hunters prefer pre-owned vehicles. Yet, for some, buying a used car can feel like a bit of a gamble.

"Buying a used car is very nerve-racking," says used car shopper Jon Spetrino. "Just to find the right car and make sure it has the miles it says it has on it — and that it's a safe vehicle — it's very tough."

Jon is not alone. No one wants to inherit someone else's problems.

Two Web sites are trying to alleviate those fears by helping shoppers make better decisions — The Carfax.com Web site, which boasts the creator of the vehicle history report, and the Edmunds.com



Auto Advice

Web site, the first company to provide consumer automotive information on the Internet.

"The Internet has become a wonderful tool for consumers, in recent years, to go out and shop, and research used cars. They can compare different models, get performance ratings and check the vehicle's history before they put down their hard-earned money on a used vehicle," says Scott Fredericks, vice president of Carfax.

Karl Brauer, editor-in-chief for Edmunds says, "At Edmunds.com, you can research the true market value prices of vehicles and learn which used vehicles

are recommended as 'Best Bet picks.'"

Consumers can visit Edmunds.com to view the complete Best Bets list and other automotive insight at no charge. Brauer also recommends going to Carfax.com for a detailed Vehicle History Report. For a nominal fee, Carfax can help consumers avoid hidden problems like rebuilt wrecks and odometer fraud.

Both Edmunds.com and Carfax recommend doing research before making a car purchase as well as following these suggestions:

- *Take advantage.* Get a free Carfax vehicle history report by asking for one

from the dealer or visiting www.carfax.com and using their "Find a Car" feature.

- *Do your homework.* Check resources like Edmunds.com's True Market Value pricing, "Used Car Best Bets" list and other shopping advice, to become an empowered, informed customer.

- *Get in the driver's seat.* Examine the cars inside and out, then take them for thorough test drives, trying a variety of road types and conditions at various speeds, if possible.

- *Visit a pro.* Always get a pre-purchase vehicle inspection from a qualified and trustworthy mechanic.

Consumers aren't the only ones who benefit from Carfax, according to auto dealer Ken Shepherd.

"We don't want to be fooled anymore. We offer it, customers ask for it, and it's a real help in selling the vehicle and putting customers, you know, at ease about buying a used vehicle," says Shepherd.

Auto Skills Center holds auctions at Kaneohe Bay

Debbie Robbins
MCCS Public Relations

Several vehicles have been identified for auction at the Auto Skills Center aboard MCB Hawaii, Kaneohe Bay.

All the vehicles require operational maintenance, and only authorized personnel may view vehicles.

Bidding goes weekly and closes every Monday at 8 p.m. The "bid box" is turned in every Tuesday morning.

The highest bidder will be notified the same day by Auto Skills Center staff.

The following vehicles are currently available:

Year	Make	Lowest Bid
1986	Chevrolet S-10	\$700
1987	Nissan Maxima	\$100
1987	Pontiac Fiero	\$200
1989	Toyota Camry	\$600
1989	Ford F150	\$1,500
1991	Nissan Sentra	\$600
1993	Chrysler Lebaron	\$1,500
1993	Nissan Altima	\$1,100

For further information, contact Don Miller at the Auto Skills Center, 254-7674.

Auto Hobby savings



Sgt. Robert Carlson

Corporal Donny Fulton, a team leader with Weapons Co., 3rd Bn., 3rd Marine Regiment, adjusts the linkage on the transmission of his 1968 Chevelle at the MCB Hawaii, Kaneohe Bay, Auto Skills Center, Monday. The Auto Skills Center is open from noon to 8 p.m., Mondays through Fridays, and from 9 a.m. to 4:30 p.m. on Saturdays, Sundays and holidays. The shop's equipment and the staff's experience can help Marines, Sailors and their families with just about any kind of maintenance or repair, on just about any type of car. The staff also offers safety checks Monday through Friday from noon to 6 p.m. Call 254-7674 for information.

Buyers demand safe automobiles

NAPS
Featurettes

Consumers list safety as one of their top concerns when purchasing a vehicle. Yet, many car buyers (and dealers) are unaware of the different safety features available on today's vehicles.

Dealers sometimes pre-order cars without optional safety features, and consumers may be unaware that critical safety features are often optional or only available on specific vehicles. Analysts say this may be because safety features can become a fleeting thought when compared to other, more glamorous amenities available on modern cars, for example, electric moon roofs.

Experts say before buying a car, a consumer should be sure it comes equipped with five safety features: *side-curtain air bags* that are positioned above the vehicle doors and come down like curtains over windows in side-impact collisions; *seat belt pretensioners* that tighten the seat belt during the first fraction of a second of a collision; *side-thorax air bags* that deploy to protect the occupants' midsection from an intruding vehicle; *anti-lock brakes* that let the driver maintain greater steering control; and *frontal dual-stage air bags* that deploy at various lower forces and speed levels based on the severity of the crash.

Auto specialists recommend consumers demand safety on their next trip to a dealership — prerequisites which can help put the brakes on some injuries.

How-to guide gives car upkeep tips

NAPS
Featurettes

Keeping a car or truck running smoothly doesn't always have to be a job reserved for a professional or expert mechanic.

Even those who aren't mechanically inclined — armed with some know-how, a few of the right tools, and suggestions from the pros — can perform basic and preventative maintenance.

To help make the process easier, a brochure of tips and tricks for everyday auto maintenance was developed by WD-40. Designed with

the help of NASCAR Winston Cup driver Ward Burton, the *Stock Car Full of Uses* brochure features simple diagrams illustrating how the product can be used to clean, lubricate and protect a number of items on a vehicle.

Tips include using a lubricant to:

- Polish and shine chrome bumpers, trim, license plates, headlights and wheels
- Clean and maintain vinyl parts and restore lost oils from dashboards, which need to be treated regularly due to high sun

exposure

- Dry moisture from distributor caps or other unwanted areas

- Help remove paint streaks, road tar and street oil from fenders and chassis

- Lubricate door and trunk locks to prevent them from freezing during cold weather

- Remove unwanted adhesive left over from bumper and price stickers
- Lubricate lug nuts for easy removal

- Ease application of tire chains

- Lubricate mechanisms in automatic mirrors and windows

- Help remove tree sap and bugs from exterior
- Lubricate convertible top gear mechanisms.

The brochure is free to consumers, and it's available by sending a self-addressed stamped envelope to:

WD-40 Stock Car Full of Uses
P.O. Box 881515
San Diego, CA
92168-1515.

Surf online at <http://wd40.com/Racing/index.html> to view a thumbnail sketch of the maintenance brochure.

“Have you seen the Joint Women’s Conference banner?”

If you are a spouse attached to MCB Hawaii and have spotted the Joint Women’s Conference banner anywhere aboard MCB Hawaii, note the location of the banner on the four dates below, and bring the form to the conference.

Nico Duncan will collect the forms, and the JWC director will pull a name from all correct entries received.

A winner will be announced in the Oct. 25 edition of the *Hawaii Marine’s* “Word to Pass” column, and the winner will receive a small “mahalo” gift for participating.

Name: _____ **Phone #:** _____

Date spotted: _____ **Location of banner:** _____

Sept. 27: _____

Oct. 4: _____

Oct. 11: _____

(Note: Contest participants must be attached to MCB Hawaii and have registered for the 8th Annual Joint Women’s Conference.)

Worth Repeating — “Who forces time is pushed back by time; who yields to time finds time on his side.”

— The Talmud

Marine Makepono

“HAWAIIAN FOR “MARINE BARGAINS”

Vehicles

1995 Grand Cherokee Laredo, very clean, with air conditioning, power windows, 12 disc CD, low 88,500 miles. Asking \$7,600 OBO. Call 254-8796.

1988 Nissan Maxima, runs, road legal, needs some work, see it at the Lemon Lot, \$750 OBO. Call 261-2349.

1976 Triumph TR6, right hand drive, fuel injection, electronic ignition, burly walnut dash, walnut steering wheel, \$10,000. Leave a message at 237-1234.

Classic 1971 Buick Skylark, low 31,473 miles, 4-door, clean car, with air conditioning, new tires. Must sell. Asking \$3,000 OBO. Call Jo Ann at 737-4419.

1969 Rolls Royce, Silver Shadow, leather power seats, power windows, hydraulic powered suspension, salon mirrors, \$12,000. Interested buyers

should leave a message at 237-1234.

Motorcycles

2000 Sportster Harley Davidson, bronze pearl, lots of chrome, low magnum pipes, extras included, original owner, \$10,500. Call 254-0075.

1985 Harley Davidson Electric Glide Classic, half shovel, half evolution, forerunner of Road King, with gangster white-walls, \$11,000. Leave a message at 237-1234.

Appliances

Whirlpool dryer, full size, brand new, \$150 OBO. Call 262-6174.

Whirlpool washer, seven cycle, extra-large capacity, \$225; Kenmore dryer, large capacity, \$150. Both for \$325; both in ex-

cellent condition. Call 261-9326. **Sharp Microwave**, Carousel II model, medium sized, digital, 800 watts, \$45. Call 261-9326.

Miscellaneous

Tutor wanted for struggling, but very bright first-grader. Single parent will pay for instruction. Seeking tutor from 8 a.m. to 12 p.m. Call 253-0396.

Aluminum shed with wooden platform, two sliding doors, in good condition. Asking \$30 OBO. Call 254-8796.

Fiesta Classic Gas Grill, brand new, \$75 OBO. Call 262-6174.

Bangles, natural apple green jade, will fit small or medium wrist, \$60; baby bangle at \$20. Call 254-1621.

Pro Form Airwalker; exercises arms and legs, cardio muscle tones, \$75. Call 261-9326.

Free Makepono Ads--Free Makepono Ads

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

Ads are free and will appear in two issues of the Hawaii Marine, if space is available for ads.

The deadline for submitting ads

to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication. Forms may be filled out Monday - Friday from 7:30 a.m. to 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216, aboard Kaneohe Bay.

Makepono may be used only for

noncommercial classified ads containing items of personal property.

Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served, space-available basis.

Call 257-8840.

HISPANIC: Celebrations continue here

From B-2

Contact any of the following members:

- Master Sgt. Juan Rivera
At MCB Hawaii
257-8872

- Master Sgt. Duane Keys
At MCB Hawaii
257-7720

- Staff Sgt. Joseph R. Barnes
At MarForPac
477-8361

- Send email correspondence to the Joint
Hispanic Heritage Committee at
HispanicHeritage@mcbh.usmc.mil.



Sgt. Alexis R. Mulero

Mariachi Loco provided live entertainment to the more than 225 guests attending the Hispanic Heritage Dance on Saturday.

Building concrete benches



Courtesy of Combat Service Support Group 3

(From left to right) Corporal Michael Hammond, Lance Cpl. Patrick Brooks-Kenney and Cpl. Arona Teo, all of Combat Service Support Group 3's Landing Support Co., spread concrete in forms that will later be assembled into eight benches for students at Kailua Intermediate School. In all, 12 Marines prepared forms, poured concrete and moved the school's sign, re-securing it with concrete Sept. 5. Part of the unit's continuing Adopt-a-School partnership, site manager 1st Lt. Gary Humphries of Landing Support Co. and the CSSG-3 Religious Ministries Team coordinated the project.

On the Menu

Anderson Hall will prepare the following this week:

<p>Today</p> <p><u>Lunch</u> Beef Balls Stroganoff Baked Fish Fillets Macaroni & Cheese Steamed Rice Raisin Drop Cookies Asst. Fruit Pies</p> <p><u>Dinner</u> Ground Beef Tacos Chicken Enchiladas Chili Conquistador Burritos Refried Beans Mexican Rice Raisin Drop Cookies Asst. Fruit Pies</p> <p><u>Specialty Bar</u> (For Lunch and Dinner) Pasta Bar</p>	<p>Asst. Fruit Pies Yellow Cake w/Butter Cream Frosting</p> <p>Monday</p> <p><u>Lunch</u> Beef Stew Baked Fish Filets Baked Macaroni and Cheese Steamed Rice Oatmeal Cookies Asst. Fruit Pies</p> <p><u>Dinner</u> Italian Veal Steak Bone In Braised Pork Chops Boiled Egg Noodles Steamed Rice Oatmeal Cookies Asst. Fruit Pies</p> <p><u>Specialty Bar</u> (For Lunch and Dinner) Pasta Bar</p>	<p>Wednesday</p> <p><u>Lunch</u> Chili Macaroni Roast Turkey Grilled Cheese Sandwich Mashed Potatoes Brownies Asst. Fruit Pies</p> <p><u>Dinner</u> Meat Loaf Pork Ham Roast Tossed Green Rice Mashed Potatoes Brownies Asst. Fruit Pies</p> <p><u>Specialty Bar</u> (For Lunch and Dinner) Hot Dog and Sausage Bar</p>
<p>Saturday</p> <p><u>Dinner/Brunch</u> Turkey A La King Baked Stuffed Pork Chops Steamed Rice Boiled Egg Noodles Spice Cake w/Lemon Cream Frosting Sugar Cookies Asst. Fruit Pies</p>	<p>Tuesday</p> <p><u>Lunch</u> Southern Fried Chicken Beef Balls Stroganoff Parsley Butter Potatoes Boiled Egg Noodles Oatmeal Raisin Cookies Asst. Fruit Pies</p> <p><u>Dinner</u> Braised Beef Cubes Cajun Fish Filets Steamed Rice Boiled Egg Noodles Oatmeal Raisin Cookies Asst. Fruit Pies</p> <p><u>Specialty Bar</u> (For Lunch and Dinner) Taco Bar</p>	<p>Thursday</p> <p><u>Lunch</u> Salisbury Steak Barbecue Chicken Rice Pilaf Oven Browned Potatoes White Cake w/ Lemon Cream Frosting Apple Cobbler Asst. Fruit Pies</p> <p><u>Dinner</u> Beef Yakisoba Pork Adobo Pork Fried Rice Steamed Rice White Cake w/ Lemon Cream Frosting Apple Cobbler Asst. Fruit Pies</p> <p><u>Specialty Bar</u> (For Lunch and Dinner) Taco Bar</p>
<p>Sunday</p> <p><u>Dinner/Brunch</u> Swiss Steak w/Mushroom Gravy Glazed Rock Cornish Hens Rice Pilaf Corn Bread Dressing Mashed Potatoes</p>		

Did You Know?

More than 100 years ago, Jules Verne wrote a satire about life in the 1960s, in which he forecast the telephone, the computer and the fax. The name of the book is *Paris in the 20th Century*. Written in 1863, it was rejected by a French publisher, tossed into a trunk and forgotten by Verne. It was published in 1994 after a Verne descendant happened upon the yellow manuscript.



NAPS

WORD TO PASS

HCDC to Provide JWC Child Care

The Joint Women's Conference and the Hourly Child Development Center have joined forces to make child care available to JWC 2002 participants.

However, you should register early, as reservations are only open at the HCDC on Oct. 18 and 19 to registered JWC participants. On Tuesday, child care will be opened to all HCDC patrons (in addition to conference participants).

The CDC registration fee can be waived for those attending the conference.

Contact Kelli Allen for more regarding JWC 2002 childcare at 257-8354.

NMCRS Gives Aid

The Navy-Marine Corps Relief Society is available to assist service members and their families with financial emergencies.

To inquire, contact NMCRS' Kaneohe Bay office (in Bldg. 216, the "general's building") at 254-1327 or the Pearl Harbor office (1514 Maka-lapa Drive, across from the Makalapa Branch Medical Clinic) at 423-1314.

Aquarium Hosts Tours

Each summer, the Waikiki Aquarium offers educational field trips, activities and special events for the community. Call 923-9741 to enjoy one of the following:

- Oct. 11, 7 - 9 p.m.: Find out if fish snooze or lobsters sleep. Join staff for an after-dark, flashlight tour and informative presentation of night ecology. The minimum age is five, and youngsters must be accompanied by an adult. Preregistration is required at \$7 for adults, \$6 for children.

- Oct. 1 - Nov. 9: Attend the free, six-week training program to become a docent.

'Iolani Holds Kama'aina Sunday

Local residents and active duty military families can walk in the footsteps of kings and queens at any free tour of 'Iolani Palace, offered the first Sunday of each month, with presentation of military I.D.

Located at 364 South King St. in the heart of downtown Honolulu, the 'Iolani Palace is the majestic symbol of Hawaii's monarchy era, and the staff has enhanced the tour selection with a new comprehensive, 90-minute, guided grand tour and a shorter, 30-minute, self-guided tour, both of which include the palace video and galleries.

Kama'aina and active duty military

families may enjoy discounted admission during regular palace hours. Call 522-0832 to make reservations or for more information.

Kilauea Hosts Volcano Special

Enjoy a four-night stay for the price of three, and experience the Big Island with Kilauea Military Camp's Volcano Special, now through Dec. 19.

A joint services recreation center, KMC is open to all active duty and retired military, Reserve and National Guard members, current and retired Department of Defense civilian employees, all family members and sponsored guests.

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