

Hawaii MARINE SPORTS

Hawaii Marine C Section

September 5, 2003



Sgt. Joseph A. Lee

Duke Chung, a member of the Paradise Flyers, checks his plane's serviceability before launching Sunday. Chung flies an assortment of planes with the Flyers.



Sgt. Joseph A. Lee

(ABOVE) Mark Malczon, a boat captain and member of the Paradise Flyers, fuels up his American corsair fighter for its flight over the Marine Corps Base Sunday. His plane is detailed with the realism of the World War II fighter.

(LEFT) Larry Derego, retired air national guardsman and member of the Paradise Flyers, reassembles his miniature version of an F-15, which operates on a similar engine system as the full-size fighter plane.



Paradise Flyers take control of skies high above MCB Hawaii

Lance Cpl. Monroe F. Seigle
Combat Correspondent

Imagine this - an 11-year-old boy is in control of an F-18 aircraft as it races over a crowd of onlookers.

It gains speed as it pushes through the Hawaiian skies faster and faster and suddenly, it drops altitude and is descending on the crowd of people below.

Surprisingly, they have nothing to fear. The plane weighs less than 100 pounds and is being remotely controlled.

Several members of the Paradise Flyers gathered recently for a high-flying, adventurous day along the flight line aboard MCB Hawaii, Kaneohe Bay, to fly remote-controlled aircraft in the warm Hawaiian sun.

"My dad got me interested in flying model airplanes and we have built a few of them together," said Zach Loescher, 11, and a sixth grader at Mokapu Elementary School. "We do it just to have fun, but at the same time, I have learned a lot about aviation and hope to be able to assemble one of the planes on my own soon."

According to several of the members of the Paradise

Flyers Club, the average cost of a beginner level aircraft is \$75-100, and can bring loads of fun to whoever becomes interested.

A wide variety of planes are flown in the Paradise Flyers club that can range from \$75 all the way up to \$1,000. The majority of the aircraft run off of castrol oil mixed with nitro. Some of the planes come pre-constructed, but the majority of the members prefer to build their own aircraft.

Currently, the organization has approximately 75 members, but is always looking for new and friendly faces to come out and fly with them.

"We have been here on Hawaii for more than seven years and we are also sponsored by the (Marine Corps Community Services)," said Pete Davidson, vice president of the Paradise Flyers. "We teach anyone that is interested in flying with us, how to build and even fly remote-controlled aircraft. The more participants we have in our events, the more exciting they become."

For more information on participating in the adventures with the Paradise Flyers, call Pete Davidson at 371-7352.

MCCS rentals makes it easy to hit the beach, waves in style

Sgt. Joseph A. Lee
Combat Correspondent

Marine Corps Community Services offers a wide array of gear available for rental at the marina at reasonable prices, to include body boards.

For military and family members stationed here in Hawaii, body boarding can be an easy and enjoyable way to have fun at the local beaches and ride the steady Hawaiian waves in minimal learning time.

Unlike surfing, which may require extensive practice to gain proficiency, body boarding takes the art of riding waves to the simplest form, allowing people to enjoy the ride with little balance or coordination.

Beaches around the base and the island, to include

Waikiki Beach, are well suited for the novice body boarder to take advantage of the wave-riding sport while enjoying their day at the beach.

A pair of swim fins, also available through MCCS, allows the rider to gain the momentum necessary to catch waves with minimal paddling.

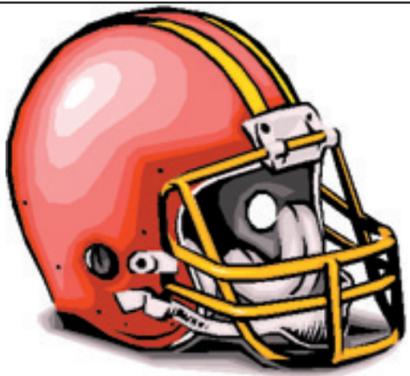
Purchasing the necessary equipment is fairly inexpensive as well, with a cost less than \$100 for adequate equipment including the board and a pair of fins.

Most body boards come with a leash that attaches to the rider's arm to prevent the board from floating away if the rider happens to fall off. This leash should be strapped to the arm of the rider at all times, as it can serve as a flotation device as well.

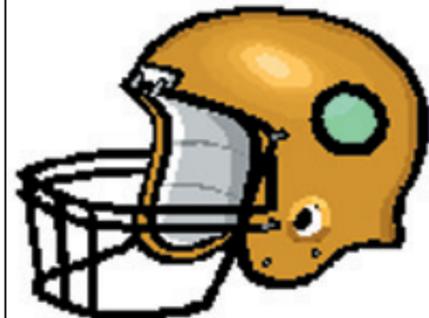


Sgt. Joseph A. Lee

Body Boarders easily ride the waves at Waikiki Beach. Body Boarding can be an easy and fun ocean learning experience even for the most novice of beachgoers.



**GRID IRON ACTION
STARTS MONDAY
SEE SCHEDULE C-2**



BASE SPORTS

Edward Hanlon V MCCS Marketing

Intramural Tackle Football Hits K-Bay

The passing of summer and the arrival of autumn signals a notable and meaningful change in many Marines' lives — intramural tackle football season is back!

Every Monday, Wednesday and Thursday beginning Monday, prepare to see Pop Warner Field exploding with action, as the teams seize the field and the fans hit the stands. All games kickoff at 6 p.m.

The teams representing major commands include 3rd Radio Bn., CSSG-3, Camp Smith, MAG-24, Headquarters 3rd Marines; 1/12 and Headquarters Bn., MCB Hawaii.

"We should have an exciting brand of football, this year, because we've had one year of experience to back it up," said Joe Au, intramural sports coordinator for Marine Corps Community Services. "We will also be playing with nine players versus eight, which adds

another eligible receiver on the field."

The season lasts until mid-November, when all teams compete in a playoff tournament.

Next time you see the field lights on at Pop Warner Field, stop by for a game and cheer on your favorite warrior or team.

MCB Hawaii Hosts CFC 5K Fun Run/Walk

Marine Corps Base Hawaii, Kaneohe Bay, will be hosting the Combined Federal Campaign's 5K Fun Run/Walk on Sept. 13 at 8 a.m.

The race will start and finish at officers' club aboard Kaneohe Bay. The 5K course distance is approximate.

Runners must be in place at officers' club for run instructions at 7:30 a.m. The race will start at 8 a.m. sharp, and the finish line will close at 9:30 a.m.

Plan to stay a while and enjoy the festivities after the race.

No headsets or pets will be allowed during the race.

Registration entry forms are available now at www.cfc.hawaii.org, or call 257-1026, and leave a message with an e-mail

address, and an entry form will be sent to you.

The entry fee is \$15 and includes a T-shirt, free barbecue and entertainment, which will be offered to participants following the race.

Parking will be available. However, parking is limited, so please carpool when possible.

For more information on the Combined Federal Campaign 5k run/walk race hosted aboard MCB Hawaii, call 257-1026.

Semper Fit Seeks Resumes for All-Marine Rugby Team

The All-Marine Rugby Trials Camp will be Oct. 12 - 18 at Marine Corps Reserve Support Command Kansas City. The Armed Forces Rugby Championships will be Oct. 20 - 27 at Naval Station Everett, Wash.

The armed forces team will be selected to compete in the Invitational Territorial Tournament Dec. 5 - 7 in Tampa, Fla.

Marines will return to their assigned duty stations upon completion of the rugby championships. If selected for the armed forces team, a message

will be sent to the Marine's command requesting additional duty from Dec. 5 - 7.

Interested Marines must submit resumes no later than Sept. 16. Resumes must include the past two year's playing experience and contain command endorsement stating that the Marine will be made available to attend all events if selected.

Rugby resumes can be found at www.usmcmccs.org, and they must be sent through local Semper Fit athletic directors.

For more information on how to submit your resume for the All Marine Rugby Team, call the athletics staff at the SemperFit Center at 254-7590.

MCCS Seeks

Male and Female Boxers

Marine Corps Community Services is now recruiting male and female boxers.

Resumes are being accepted for the All-Marine Boxing Trials at MCB Camp Lejeune, N.C., Nov. 17 - 22.

Those who make the All-Marine Team will compete in the Armed Forces Boxing Championships, Dec. 6 - 12.

Resumes must contain command endorsement stating you will be made available to attend all events if selected.

Resumes are due to MCCS Athletics no later than Sept. 28. Call 254-7590 for more details.

Kahuna's Brings Tsunami Surf Saturdays

Surf's up at Hawaii's only indoor surf meet from 10 p.m. - 2 a.m., Saturdays, at Kahuna's Sports Bar & Grill.

Catch a big one on the surf simulator, and win a brand new surfboard from Local Motion.

For more information Kahuna's Sports Bar and Grill Tsunami Saturdays, call 254-7660.

Youth Activities Presents New Ice Hockey Program

Youth Activities is beginning a new Ice Hockey Program for the children of MCB Hawaii. Registration is now in progress at Youth Activities, Bldg. 5082.

The league is sponsored by the Hockey Equipment Program in conjunction with the Ice Palace.

For more, call 254-7610.

Base All Star

NAME: Arthur Morten

UNIT: Tripler Army Medical Center

BILLET: Chief of Health Physics

SPORT: Remote Control Airplane Flying

•He has participated in flying remote controlled aircraft for more than 28 years.

•He has flown in F-3A international aerobatics competitions

•He has assembled more than 30 aircraft.

•He has won more than 25 competitions.



Lance Cpl. Monroe F. Seigle

"Flying remote controlled aircraft is a good break from the world, and it gets me outdoors, while giving me a chance to enjoy the world of aviation."

2003 TACKLE FOOTBALL SCHEDULE

POP WARNER FIELD

SEPT. 8			
6:00 p.m.	Camp Smith	VS	3rd Marine Reg.
SEPT. 10			
6:00 p.m.	Headquarters Bn.	VS	3rd Rad. Bn.
SEPT. 15			
6:00 p.m.	3rd Rad. Bn.	VS	MAG 24
SEPT. 17			
6:00 p.m.	Camp Smith	VS	Headquarters Bn.
SEPT. 22			
6:00 p.m.	3rd Rad. Bn.	VS	Camp Smith
SEPT. 24			
6:00 p.m.	MAG-24	VS	3rd Marine Reg.
SEPT. 29			
6:00 p.m.	3rd Marine Reg.	VS	Headquarter Bn.
OCT. 1			
6:00 p.m.	Camp Smith	VS	MAG-24
OCT. 6			
6:00 p.m.	MAG 24	VS	Headquarters Bn.
OCT. 8			
6:00 p.m.	3rd Marine Reg.	VS	3rd Rad. Bn.

(Editors Note: The remainder of the 2003 tackle football schedule will be published as the season progresses.)

COMMUNITY SPORTS

HTMC Hikes Ahuimanu

Join the Hawaiian Trail and Mountain Club on a two-mile hike Saturday at 8 a.m. a pleasant hike that takes you back to the old days of rock wall terraced areas. There are several interpretive signs describing the area — an educational hike as well as a good physical workout. Bring your mosquito repellent. Participants are reminded to stay alert at key junctions to avoid straying off the trail.

A \$2 donation is requested for each nonmember, age 18 or over. Children under 18 must be accompanied by a responsible adult.

For hikes, the club meets at Iolani Palace, mountainside, at 8 a.m., unless otherwise noted. It does not provide transportation.

All hikers are reminded to bring lunch and water on all hikes. Wear sturdy shoes and clothing.

Firearms, pets, radios and other audio devices are prohibited on hikes.

For more information, contact coordinator Joyce Oka, at 674-1459.

Bellows Hosts Outdoor Recreation

This summer, you can be awash in outdoor activities at Bellows.

You can learn how to choose the best waves to shoot the curl, as Bellows

offers bodyboarding lessons Fridays at 1 p.m.

The cost is \$12 per person and includes the use of a bodyboard.

Also, learn ocean kayak skills, including deep water recovery, navigation, water safety and efficient paddling techniques.

Classes are every Wednesday and Thursday at 1 p.m. The cost is \$14 for adults and includes kayak rental.

For more information, call 259-8080.

Bellows Sponsors Camping

Bellows offers a great climate for year-round camping. You can pitch your tent at one of 60 wooded and oceanfront campsites, all within a close walk to what many consider the best beach on the island of Oahu.

Bellows offers a full line of camping gear rentals to meet all of your camping needs. Camping kits include one six-man tent, a lantern, a Coleman stove, a cooking kit, two camping cots, two sleeping bags, an extra large ice chest, and a five-gallon water jug — all for just \$30 a day or \$154 a week.

Marines and Sailors

Get in Shape with ShipShape

You can win the war on body-fat! You may think the best way to lose weight is

by deprivation or taking a fat-burning pill or some quick technique, but it's not.

Whether you are just starting a fitness program, exercising for weight management, or need to improve your physical fitness standard, the Ship Shape program can help you meet your goal.

Achieving and maintaining a healthy and fit lifestyle is often difficult; skills and tools provided during this program will enable you to meet your goals. The eight-week, action-oriented program focuses on combining balanced nutrition, exercise and behavior modification techniques.

For more information regarding the Ship Shape program, or to register to attend the next orientation, contact Health Promotion Naval Medical Clinic Pearl Harbor at 471-9355.

Oceanic Time Warner Scores With Animated Virtual Technology

Oceanic Time Warner Cable will start the new season of live Oahu Interscholastic Association Football broadcasts on Channel 16 with a virtual technology system that will create a variety of new enhancements for OIA games.

Using the same technology that appears on NFL and national college football broadcasts, Oceanic will bring

the virtual 10-yard chalk line, graphics and video overlays to OIA football viewers starting with the live broadcast of Kahuku vs. Waianae from Aloha Stadium today.

The new innovative technology is designed to turn Oceanic's broadcasts of live OIA sports into an original, exciting experience by enhancing live and instant replay videos with tied-to-the-field commentary, animation, Jumbotron screens and banners.

While fans in the stadium will only see the action on the actual football field, viewers at home will see the new virtual effects on their television screens.

Oceanic will broadcast OIA football live every Friday night throughout the season on Channel 16.

For more information on the new additions to OIA football, call 625-8100 to speak to a customer representative, or log onto the web site at www.oceanic.com.

Fax Us Your Recreation Ads

Advertise sports and recreational activities of general interest in the "Base Sports" or "Community Sports" columns. Fax items of interest to the Department of Defense community to 257-2511.

SPORTS AROUND THE CORPS

Marines win rifle championship

Lance Cpl. J. Agg
MCB Quantico

MARINE CORPS BASE QUANTICO, Va.

— The Marine Corps Rifle Team returned to Quantico victorious having made a clean sweep of the National Rifle Association-sponsored 2003 National Rifle Team Championships held Aug. 10 through 18 at Camp Perry, Ohio.

For only the third time in history, the Marine Corps Rifle Team won both the National Trophy Team Match to capture the famous "Dogs of War" trophy and the National Infantry Trophy Team Match. The Marines previously accomplished this feat in 1956 and 1993.

Staff Sgt. Julia L. Watson, who has been twice meritoriously promoted through rifle competition, won the Women's National High Shooter Trophy in addition to competing in the National Trophy Team Match.

Nine Marines also placed in the President's Top 100 match.

Additionally, the Marines saw one of their own claim the title 2003 National Rifle Champion. A relative newcomer to the team having joined in the summer of 2002, Sgt. Jerome W. Bostick, competed on both eight-man championship teams in addition to winning the Daniel Boone Trophy as victor of the National Trophy Individual Match. As the high scoring Marine in the NTL, Bostick was awarded the Coast Artillery Trophy. Bostick also won the General Shepherd Trophy with the high aggregate score in the National Trophy Individual Match, and National Team Trophy Match and the Mountain Man Trophy with the high aggregate score in the NTL, IIT and the President's Match.

Bostick has also been recommended for meritorious promotion to staff sergeant following his performance at Camp Perry, but remains modest about his exceptional achievements.

"I just practiced the basic fundamentals," said Bostick. "There's no way I could have won the [National Trophy Individual Match] without the help of my team on the firing line."

Bostick also hopes to return to the fleet in about a year as a platoon sergeant so he can share his experience from competition with other Marines.

"I'm going to take the basics of what I learned back to my unit to help the shooters who are having trouble [with marksmanship]," said Bostick. "There's no secret to what we do here. What I taught at bootcamp for two-and-a-half-years as a [primary marksmanship instructor] is exactly what we teach here, [but] unless we continue to practice, our program will fail and go away just like the Army and Navy programs did."

Unlike the rifle teams fielded by other services that allow their best

shooters to compete indefinitely, most Marine Corps Rifle Team shooters return to the operational forces after only three years. This practice guarantees that the wealth of knowledge and experience gained by Marine marksmen through competition is passed on to those in the fleet who need it most, but also poses a greater challenge for the team as it faces veteran competition from their archrival, the U.S. Army Marksmanship Unit.

"It means more to us to win as a team against individuals with 8-15 years experience when we each have three at most," said Bostick. "Pitting our experience against the experience of that other team and pulling out the win is a miracle. It shows everybody our marksmanship program is much better put together."